1	10A NCAC 13.	F .0802 is readopted as published in 39:06 NCR 282-316 as follows:
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3	10A NCAC 13	F .0802 RESIDENT CARE PLAN
4	(a) An adult care home The facility shall assure a care plan is developed develop and implement a care plan for each	
5	resident in conjunction with based on the resident resident's assessment to be completed within 30 days following	
6	admission acco	ording to in accordance with Rule .0801 of this Section. The care plan is an individualized, written
7	program of per	sonal care for each resident. shall be resident-centered and include the resident's preferences related to
8	the provision o	f care and services. A copy of each resident's current care plan shall be maintained in a location in the
9	facility where it can be accessed by facility staff who are responsible for the implementation of the care plan.	
10	(b) The care plan shall be revised as needed based on further assessments of the resident according to Rule .0801 or	
11	this Section. The resident shall be offered the opportunity to participate in the development f his or her care plan. It	
12	the resident is unable to participate in the development of the care plan due to cognitive impairment, the responsible	
13	person shall be offered the opportunity to participate in the development of the care plan.	
14	(c) The care plan shall include the following:	
15	(1)	a statement of the care or service to be provided based on the assessment or reassessment; and
16		description of services, supervision, tasks, and level of assistance to be provided to address the
17		resident's needs identified in the resident's assessment in Rule .0801 of this Subchapter;
18	(2)	frequency of the service provision. Services or tasks to be performed;
19	(3)	revisions of tasks and frequency based on reassessments in accordance with Rule .0801 of this
20		Subchapter:
21	<u>(4)</u>	licensed health professional tasks required according to Rule .0903 of this Subchapter;
22	<u>(5)</u>	a dated signature of the assessor upon completion; and
23	<u>(6)</u>	a dated signature of the resident's physician or physician extender within 15 days of completion of
24		the care plan certifying the resident as being under this physician's care with medical diagnoses
25		justifying the tasks specified in the care plan. This shall not apply to residents assessed through the
26		Medicaid State Plan Personal Care Services Assessment for the portion of the assessment covering
27		tasks needed for each activity of daily living of this Rule for which care planning and signing are
28		directed by Medicaid. The activities of daily living relevant to the Medicaid State Plan Personal
29		Care Services Assessment are bathing, dressing, mobility, toileting, and eating.
30	(d) The assessor shall sign the care plan upon its completion.	
31	(e) The facility	shall assure that the resident's physician authorizes personal care services and certifies the following
32	by signing and dating the care plan within 15 calendar days of completion of the assessment:	
33	(1)	the resident is under the physician's care; and
34	(2)	the resident has a medical diagnosis with associated physical or mental limitations that justify the
35		personal care services specified in the care plan.
36	(d) If the resident received home health or hospice services, the facility shall communicate with the home health or	
37	hospice agency to coordinate care and services to ensure the resident's needs are met.	

1 (f)(e) The facility shall assure that the care plan for each resident who is under the care of a provider of mental health, 2 developmental disabilities or substance abuse use services includes resident specific instructions regarding how to 3 contact that provider, including emergency contact, and after-hours contacts. Whenever significant behavioral changes 4 described in Rule .0801(c)(1)(D) of this Subchapter are identified, the facility shall refer the resident to a provider of 5 mental health, developmental disabilities or substance abuse use services in accordance with Rule .0801(d) of this 6 Subchapter. 7 (f) The care plan shall be revised as needed based on the results of a significant change assessment completed in 8 accordance with Rule .0801 of this Section. 9 10 Authority G.S. 131D-2.16; 131D-4.3; 131D-4.4; 131D-4.5; 143B-165; History Note: 11 Temporary Adoption Eff. January 1, 1996; Eff. May 1, 1997; 12 13 Temporary Amendment Eff. September 1, 2003; July 1, 2003; 14 Amended Eff. July 1, 2005; June 1, 2004. 2004; 15 Readopted Eff. May 1, 2025. 16

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