1 10A NCAC 13F .1008 is readopted with changes as published in 36:18 NCR 1487-1495 as follows:

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## 10A NCAC 13F .1008 CONTROLLED SUBSTANCES

- 4 (a) An adult care home shall assure a readily retrievable record of controlled substances by documenting the receipt,
- 5 administration administration, and disposition of controlled substances. These records shall be maintained with the
- 6 resident's record in the facility and in such an order that there can be accurate reconciliation. reconciliation of
- 7 controlled substances.
- 8 (b) Controlled substances may be stored together in a common location or container. If Schedule II medications are
- 9 stored together in a common location, the Schedule II medications shall be under double lock.
- 10 (c) Controlled substances that are expired, discontinued discontinued, or no longer required for a resident shall be
- returned to the pharmacy within 90 days of the expiration or discontinuation of the controlled substance or following
- 12 the death of the resident. The facility shall document the resident's name; the name, strength and dosage form of the
- 13 controlled substance; and the amount returned. There shall also be documentation by the pharmacy of the receipt or
- 14 return of the controlled substances.
- 15 (d) If the pharmacy will not accept the return of a controlled substance, the administrator or the administrator's
- designee shall destroy the controlled substance within 90 days of the expiration or discontinuation of the controlled
- 17 substance or following the death of the resident. The destruction shall be witnessed by a licensed pharmacist,
- dispensing practitioner, or designee of a licensed pharmacist or dispensing practitioner. The destruction shall be
- 19 conducted so that no person can use, administer, sell sell, or give away the controlled substance. Records of controlled
- 20 substances destroyed shall include the resident's name; the name, strength and dosage form of the controlled substance;
- 21 the amount destroyed; the method of destruction; and, the signature of the administrator or the administrator's designee
- 22 and the signature of the licensed pharmacist, dispensing practitioner or designee of the licensed pharmacist or
- 23 dispensing practitioner.
- 24 (e) Records of controlled substances returned to the pharmacy or destroyed by the facility shall be maintained by the
- 25 facility for a minimum of three years.
- 26 (f) Controlled substances that are expired, discontinued, prescribed for a deceased resident resident, or deteriorated
- shall be stored securely in a locked area separately from actively used medications until disposed of.
- 28 (g) A dose of a controlled substance accidentally contaminated or not administered shall be destroyed at the facility.
- 29 The destruction shall be conducted so that no person can use, administer, sell, or give away the controlled substance.
- 30 The destruction shall be documented on the medication administration record (MAR) or the controlled substance
- record showing the time, date, quantity, manner of destruction destruction, and the initials or signature of the person
- 32 destroying the substance.
- 33 (h) The facility shall ensure that all known drug diversions are reported to the pharmacy, local law enforcement
- 34 agency, and Health Care Personnel Registry as required by state State law, and that all suspected drug
- 35 diversions are reported to the pharmacy. There shall be documentation of the contact and action taken.

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37 *History Note: Authority G.S. 131D-2.16; 131D-4.5; 143B-165;* 

- 1 Eff. July 1, <del>2005.</del> <u>2005</u>;
- 2 <u>Readopted Eff. October 1, 2022.</u>