

1 10A NCAC 13K .1104 is readopted with changes as published in 34:24 NCR 2380-2383 as follows:

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3 **10A NCAC 13K .1104 DIETARY SERVICES**

4 (a) The hospice shall develop and maintain written policies and procedures for dietary services.

5 (b) Dietary services shall be provided directly or ~~may be provided~~ through written agreement with a food service
6 company. ~~The Any~~ written ~~agreement,~~ if applicable, ~~agreement~~ shall meet the provisions of Rule .0505 of this
7 Subchapter.

8 (c) The hospice shall ~~assure that offer the~~ residents' favorite foods ~~are included~~ in their ~~diets whenever possible.~~ ~~diets.~~

9 (d) The food service shall be planned and staffed to serve ~~at least~~ three ~~balanced~~ meals ~~at regular intervals or at a~~
10 ~~variety of times depending upon~~ ~~throughout the day, timed to meet~~ the needs of the residents. No more than 14 hours
11 shall elapse between ~~a substantial~~ ~~an~~ evening meal ~~which shall consist of three or more menu items, including a~~
12 ~~protein,~~ and ~~breakfast.~~ ~~breakfast that includes a protein.~~

13 (e) The hospice shall appoint a staff member trained or experienced in ~~food management~~ ~~nutrition care services~~ to:

14 (1) plan menus to meet the nutritional needs of the ~~residents.~~ ~~residents;~~ and

15 (2) supervise meal preparation and service.

16 (f) Therapeutic diets shall be prescribed by the physician and planned by a ~~registered dietitian.~~ ~~licensed~~
17 ~~dietitian/nutritionist or licensed nutritionist.~~

18 (g) Between-meal snacks ~~of nourishing quality~~ ~~from the basic food groups~~ shall be offered and be available on a 24
19 ~~hour~~ 24-hour basis.

20 (h) The procurement, ~~storage~~ ~~storage,~~ and refrigeration of food, refuse ~~handling~~ ~~handling,~~ and pest control shall
21 comply with ~~the most current sanitation rules~~ 15A NCAC 18A which are hereby incorporated by reference, including
22 subsequent ~~[amendments and editions]~~ ~~amendments,~~ promulgated by the ~~Division of Environmental~~ Commission for
23 Public Health. ~~[These rules may be accessed at <http://reports.oah.state.nc.us/ncac.asp> free of charge.]~~

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25 *History Note: Authority G.S. 131E-202;*

26 *Eff. June 1, 1994. 1996;*

27 *Readopted Eff. January 1, 2021.*