

10A NCAC 14J .1001 is readopted with changes as published in 32:14 NCR 1371-1387 as follows:

### SECTION .1000 - HEALTH CARE OF INMATES AND EXERCISE

#### 10A NCAC 14J .1001 MEDICAL PLAN

(a) ~~A written medical plan shall be developed in compliance with G.S. 153A-225 and it shall be available for ready reference by jail personnel.~~ A governing body shall develop and adopt a written medical plan in compliance with G.S. 153A-225. The medical plan shall be available for reference by jail personnel. The medical plan shall include a description of the health services available to inmates.

(b) The written plan shall include policies and procedures that address the following areas:

- (1) ~~Health~~ screening of inmates upon ~~admission~~; admission as set forth in Rule .1002(a) of this Section;
- (2) ~~Handling~~ handling routine medical care;
- (3) handling routine care for an inmate's needs related to:
  - (A) mental health;
  - (B) a developmental and intellectual disability; and
  - (C) a substance use disorder;
- ~~(3) (4) The the~~ handling of inmates with chronic illnesses or known communicable diseases or conditions;
- ~~(4) (5) Administration, dispensing~~ administration, dispensing, and control of prescription and non-prescription medications;
- ~~(5) (6) Handling~~ handling emergency medical ~~problems, needs,~~ including ~~but not limited to emergencies involving~~ dental care, ~~chemical dependency,~~ substance use disorder, pregnancy ~~pregnancy,~~ and mental health;
- ~~(6) (7) Maintenance~~ maintenance, preservation, and confidentiality of medical records; and
- ~~(7) (8) Privacy~~ privacy during medical examinations and conferences with ~~qualified~~ medical or mental health personnel.

(c) Inmates ~~must~~ shall be provided an opportunity each day to communicate their health complaints to ~~a health professional~~ medical personnel, mental health personnel, or to an officer. ~~Qualified medical~~ Medical personnel or mental health personnel shall be available to evaluate the ~~medical~~ needs of ~~inmates;~~ inmates related to medical care, mental health care, a substance use disorder, and a developmental or intellectual disability. ~~A written record shall be maintained~~ A jail shall maintain a written record of the request for medical care an inmate's health complaints and the action taken. ~~taken by the jail.~~ The jail shall make these records available to the Construction Section during an inspection upon request.

(d) Inmates shall not ~~perform any medical functions~~ render medical care, [mental health care, substance use disorder services, and developmental or intellectual disability services] and routine care for mental health, substance use disorders, and developmental or intellectual disabilities to anyone in the jail.

(e) ~~The medical plan shall be reviewed annually.~~ The local or district health director shall review and update the medical plan in writing not less than once each year beginning on January 1. The date of the most recent review shall

1 be stated in the plan. The medical plan shall be maintained at the jail and shall be made available to the Construction  
2 Section during an inspection upon request.

3  
4 *History Note: Authority G.S. 153A-221; 153A-225;*  
5 *Eff. June 1, 1990;*  
6 *Amended Eff. December 1, ~~1991~~. 1991;*  
7 *Readopted Eff. July 1, 2019.*