

1 10A NCAC 14J .0904 is proposed for readoption with substantive changes as follows:

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3 **10A NCAC 14J .0904 MENUS**

4 (a) ~~Menus shall be prepared~~ A jail shall prepare menus in consultation with a ~~registered~~ dietitian or nutritionist.

5 (b) Menus shall be written and portion sizes shall be ~~specified~~. specified within the menu.

6 (c) Menus shall be dated and posted in the jail one week in ~~advance~~. advance of serving a meal.

7 (d) ~~Menus shall be served as written to inmates in the jail. Any necessary substitutions shall be of comparable~~

8 ~~nutritional value, and a written record of substitutions shall be kept.~~ Menus shall be served to inmates as written,

9 unless a substitution of comparable nutritional value is served as determined by the dietitian or nutritionist.

10 Substitutions to the menu shall be made in consultation with a dietitian or nutritionist.

11 (e) The same menu shall not be served at lunch and dinner on the same day.

12 (f) Dated menus and records of any substitutions shall be retained for three ~~years~~. years by the jail or the jail's food  
13 vendor either at the jail or at a remote location.

14 (g) If requested during a Construction Section inspection, the jail shall make dated menus and records of substitutions  
15 available to the Construction Section within 30 days of the request.

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17 *History Note: Authority G.S. 153A-221;*

18 *Eff. June 1, 1990. 1990;*

19 *Readopted Eff. December 1, 2018.*