

**STATE OF NORTH CAROLINA
DEPARTMENT OF HEALTH AND HUMAN SERVICES**

**MEDICAL CARE COMMISSION QUARTERLY MEETING
DIVISION OF HEALTH SERVICE REGULATION
1915 HEALTH SERVICES WAY RALEIGH NC 27607**

TEAMS Video Conference: [JOIN THE MEETING NOW](#)

OR

Dial-IN: 1-984-204-1487 / Passcode: 804 857 394#

**June 18, 2026 (Thursday)
9:00 a.m.**

AGENDA

- I. Meeting Opens – Roll Call**
- II. Chairman’s Comments**.....Dr. John Meier
- III. Public Meeting Statement**.....Dr. John Meier

This meeting of the Medical Care Commission is open to the public but is not a public hearing. Therefore, any discussion will be limited to members of the Commission and staff unless questions are specifically directed by the Commission to someone in the audience.
- IV. Ethics Statement**.....Dr. John Meier

The State Government Ethics Act requires members to act in the best interest of the public and adhere to the ethical standards and rules of conduct in the State Government Ethics Act, including the duty to continually monitor, evaluate, and manage personal, financial, and professional affairs to ensure the absence of conflicts of interest.
- V. Bond Project (Action Item)**.....Geary W. Knapp
 - A. Carolina Village** (Hendersonville)

Resolution: The Commission grants preliminary approval to a transaction for Carolina Village to provide funds, to be used, together with other available funds to **1)** refund NCMCC Series 2017A Bonds (\$26,547,850 outstanding balance) and **2)** provide \$15,000,000 for routine capital expenditures and pre-development costs that include:

- Sewer Relining Project for Older/Legacy Sewer Systems
- Planning/Development costs for Renovations to Original Independent Living Unit Apartment Buildings including:
 - Re-skinning of the Exteriors

- Interior Hallway Upgrades
- Mechanical/Infrastructure Systems Upgrades
- Planning/Development for Upcoming 60 Independent Living Unit Apartment Building

Expenditures for the refunding and funding of routine capital expenditures and pre-development costs shall be included as listed below, all in accordance with a preliminary application:

ESTIMATED SOURCES OF FUNDS

Principal Amount of Bonds to be Issued	\$	47,445,000.00
	Total Sources	\$ 47,445,000.00

ESTIMATED USE OF FUNDS

Refunding NCMCC Series 2017A	\$	26,547,850.00
Construction/Acquisition Cost	\$	6,274,005.94
Site Costs (Land Acquisition/Survey/Subsoil Inv./etc.)	\$	1,059,242.00
Site Development Costs (Utility/Engineering/etc.)	\$	674,459.00
Architect Fees	\$	6,929,553.00
Contingency (No more than 1% of Construction/Acquisition Costs)	\$	62,740.06
Bond Interest During Construction	\$	580,863.00
Debt Service Reserve Fund	\$	4,310,894.00
Underwriter Placement Fee	\$	652,368.75
Accountant Fee	\$	45,000.00
Corporate Counsel	\$	50,000.00
Bond Counsel	\$	100,000.00
Trustee Fee (Includes Counsel)	\$	15,000.00
Underwriter Counsel	\$	75,000.00
Local Government Commission Fee	\$	8,750.00
Real Estate/Title/Recording	\$	50,000.00
Printing Costs	\$	5,000.00
Other Financing Costs	\$	4,274.25
	Total Uses	\$ 47,445,000.00

Approval is given with the understanding that the governing board of Carolina Village accepts the following conditions:

1. The project will continue to be developed pursuant to the applicable Medical Care Commission guidelines.

2. Any required certificate of need must be in effect at the time of the issuance of the bonds or notes.
3. Final financial feasibility must be determined prior to the issuance of bonds.
4. The project must, in all respects, meet the requirements of G.S. § 131A (Health Care Facilities Finance Act).
5. The Secretary and/or Assistant Secretary of the Commission is delegated the authority to approve the issuance of bonds for this project, including the details of such bonds to be determined or approved by the Commission pursuant to G.S. § 131A-11, and may approve the issuance of such greater principal amount of the loan as shall be necessary to finance the project; provided, however, that the amount set forth above shall not be increased by more than ten percent (10%).
6. The bonds or notes shall be sold in such a manner and upon such terms and conditions as will, in the judgment of the Secretary and/or Assistant Secretary of the Commission, result in the lowest cost to the facility and its residents.
7. The Chairman, Vice Chairman, Secretary and/or Assistant Secretary of the Commission, with the advice of bond counsel, are hereby authorized to approve the forms, terms and provisions of all documents relating to the bonds and to execute and deliver, on behalf of the Commission, all documents relating to the bonds, and such execution and delivery shall be conclusive evidence of the approval and authorization thereof by the Commission.
8. The Chairman, Vice Chairman, Secretary and/or Assistant Secretary of the Commission are authorized to take such action and to execute and deliver any such documents, certificates, undertakings, agreements, consents or other instruments as they, with the advice of bond counsel, may deem necessary or appropriate to amend or modify any documents relating to the bonds after issuance thereof upon the request of the borrower.
9. If public approval of the bonds is required for the purpose of Section 147(f) of the Internal Revenue Code of 1986, as amended (“Section 147(f)”), this tentative approval shall constitute the recommendation of the Commission that the Governor of the State of North Carolina (the “Governor”), or any elected official designated by the Governor, approve the issuance of such bonds, subject to the satisfaction of the requirements of Section 147(f) concerning the holding of a public hearing prior to the submission of such recommendation.
10. The borrower will comply with the Commission’s Resolution: Community Benefits/Charity Care Agreement and Program Description for CCRCs as adopted.

11. The borrower will furnish, prior to the sale of or issuance of the bonds or notes or execution of the leases, evidence that it is in compliance with the covenants of all of its outstanding Medical Care Commission debt.

Based on information furnished by applicant, the project is:

Financially Feasible: YES

Related Costs are Reasonable: YES

See **Exhibit A** for Selected Application Information

VI. New Business (Discuss Rules) (Action Items)

Adult Care Emergency and Temporary Rules.....S. Black & M Lamphere

- Amendments to 10A NCAC 13E .0302, .0303, .0305, .0306, .0308, .0309, .0312, .0316-.0318, .0403, .0601

(See **Exhibit C**)

VII. Meeting Adjournment

EXHIBIT A

Compliance Summary:

- **Compliant with NCMCC Compliance Policy**

1) Does Organization have a formal post tax issuance compliance policy?

Yes (2012)

2) Who in the Organization will be designated to ensure appropriate compliance with the issuance?

Amber Anderson – CFO

3) What is the Organization’s compliance monitoring plan?

Carolina Village has a compliance check-list that is maintained and updated periodically by the Chief Financing Officer. Adherence to all compliance requirements is reviewed/confirmed by Carolina Village’s auditor on an annual basis.

4) How will the Organization report compliance deficiencies to leadership and the Board?

Carolina Village informs the leadership and the board of any compliance issues immediately upon the any issues being identified.

Selected Application Information:

1) Information from FYE 2025 (3/31 Year End) Audit of Carolina Village

Net Income (Loss)	\$ 2,218,652
Operating Revenue	\$ 37,371,604
Operating Expenses	\$ 35,933,733
Net Cash provided by Operating Activities	\$ 7,571,620
Unrestricted Cash	\$ 5,416,653
Change in Cash	\$ 116,483

2) Ratings:

None

3) Community Benefits:

Per N.C.G.S § 105 – 13.41% (Eligible for 100% property tax exclusion)

- Total Community Benefits and Charity Care - \$4,454,204

4) Long-Term Debt Service Coverage Ratios:

Actual FYE 2025	2.11
Forecasted FYE 2026	2.68
Forecasted FYE 2027	2.80
Forecasted FYE 2028	2.93
Forecasted FYE 2029	3.07
Forecasted FYE 2030	3.27

5) Transaction Participants:

Bond Counsel:	Robinson, Bradshaw & Hinson PA
Underwriter/Placement Agent:	B.C. Ziegler and Company
Underwriter Counsel:	Womble Bond Dickinson
Corporate Counsel:	Prince, Massagee & Alexander
Trustee:	US Bank
Accountant (AUP Forecast):	Forvis Mazars

6) Other Information:

(a) Board diversity

Male:	11
<u>Female:</u>	<u>6</u>
Total:	17

Caucasian:	17
<u>African American:</u>	<u>0</u>
	17

(b) Diversity of residents

Male:	179
<u>Female:</u>	<u>377</u>
Total:	556

Caucasian:	550
<u>Asian:</u>	<u>6</u>
	556

(c) Fee Schedule – Attached (Page A3-A4)

(d) MCC Bond Sale Approval Policy Form – Attached (Page A5)



COMMUNITY PRICING

Apartments

Apartment Type	Square Footage	COUPLE OCCUPANCY		SINGLE OCCUPANCY	
		Entrance Fee	Monthly Fee ¹	Entrance Fee	Monthly Fee ¹
<i>Pisgah</i>					
1-BEDROOM STANDARD	600	\$ 309,000 ²	\$ 4,225	\$ 224,000 ²	\$ 2,650
1-BEDROOM DELUXE	740	\$ 342,900 ²	\$ 4,486	\$ 257,900 ²	\$ 2,911
<i>Summit</i>					
1-BEDROOM	814	\$ 380,500	\$ 5,156	\$ 295,500	\$ 3,581
1-BEDROOM + DEN	1,050	\$ 459,700	\$ 6,030	\$ 374,700	\$ 4,455
<i>Blue Ridge</i>					
2-BEDROOM STANDARD	740	\$ 342,900 ²	\$ 4,486	\$ 257,900 ²	\$ 2,911
2-BEDROOM EXPANDED	900	\$ 382,700 ²	\$ 4,863	\$ 297,700 ²	\$ 3,288
2-BEDROOM CUSTOM	1,040	\$ 429,300 ²	\$ 5,135	\$ 344,300 ²	\$ 3,560
2-BEDROOM DELUXE	1,200	\$ 481,700 ²	\$ 5,455	\$ 396,700 ²	\$ 3,880
<i>Pinnacle</i>					
2-BEDROOM	1,160	\$ 491,200	\$ 6,145	\$ 406,200	\$ 4,570
2-BEDROOM CORNER	1,366	\$ 563,500	\$ 6,775	\$ 478,500	\$ 5,200
2-BEDROOM + DEN	1,372	\$ 566,300	\$ 6,748	\$ 481,300	\$ 5,173
2-BEDROOM CORNER + DEN	1,541	\$ 624,300	\$ 7,132	\$ 539,300	\$ 5,557
<i>Smoky Mountain</i>					
1-BEDROOM + DEN	1,134	\$ 492,600 ²	\$ 5,827	\$ 407,600 ²	\$ 4,252
2-BEDROOM	1,335	\$ 565,300 ²	\$ 6,520	\$ 480,300 ²	\$ 4,945
2-BEDROOM + DEN	1,609	\$ 663,800 ²	\$ 7,549	\$ 578,800 ²	\$ 5,974

We are available to answer your questions:

Cheryl Justus
 Director of Marketing
 828-233-0602
 cheryl@carolinavillage.com

Nora Stepp
 Marketing Specialist
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Cottage Type	Square Footage	COUPLE OCCUPANCY		SINGLE OCCUPANCY	
		Entrance Fee	Monthly Fee ¹	Entrance Fee	Monthly Fee ¹
<i>Woods</i>					
2-BEDROOM EXPANDED	945	\$ 436,500	\$ 4,941	\$ 351,500	\$ 3,366
2-BEDROOM CUSTOM	1,092	\$ 489,800	\$ 5,199	\$ 404,800	\$ 3,624
2-BEDROOM DELUXE	1,260	\$ 552,500	\$ 5,492	\$ 467,500	\$ 3,917
<i>Garden</i>					
2-BEDROOM STANDARD + DEN	1,482	\$ 618,500	\$ 6,033	\$ 533,500	\$ 4,458
2-BEDROOM EXPANDED + DEN	1,612	\$ 665,400	\$ 6,262	\$ 580,400	\$ 4,687
2-BEDROOM CUSTOM + DEN	1,742	\$ 712,200	\$ 6,508	\$ 627,200	\$ 4,933
<i>Meadows</i>					
2-BEDROOM STANDARD	1,322	\$ 560,800	\$ 5,742	\$ 475,800	\$ 4,167
2-BEDROOM EXPANDED	1,422	\$ 597,000	\$ 6,020	\$ 512,000	\$ 4,445
2-BEDROOM CUSTOM + DEN	1,504	\$ 626,300	\$ 6,136	\$ 541,300	\$ 4,561
2-BEDROOM DELUXE + DEN	1,604	\$ 661,800	\$ 6,416	\$ 576,800	\$ 4,841
<i>Clear Creek</i>					
1-BEDROOM + DEN	1,180	\$ 530,300	\$ 5,759	\$ 445,300	\$ 4,184
2-BEDROOM TERRACE	1,270	\$ 564,900	\$ 6,032	\$ 479,900	\$ 4,457
2-BEDROOM DUPLEX	1,415	\$ 619,100	\$ 6,488	\$ 534,100	\$ 4,913
2-BEDROOM + DEN	1,570	\$ 677,300	\$ 6,976	\$ 592,300	\$ 5,401

1. Monthly fee includes basic utilities, as well as high-definition basic cable television and high-speed public Wi-Fi. Phone service not included. Monthly fee also includes: declining balance meal plan equivalent to one meal per day (\$472 for single; \$944 for couple), property insurance (excluding personal belongings), interior and exterior home maintenance, bi-weekly housekeeping services, weekly flat laundry service, social programs, events, emergency nursing services and security available 24/7, fitness center and exercise/therapy pools, and lifetime care in our skilled nursing or assisted living facility when ordered by a physician. Fees are subject to change with Board approval and 30-day notice to residents.

2. Units with a premier view of Tranquil Lake will have a one-time \$10,000 premium added to Entrance Fee.

1 10A NCAC 13E .0302 is amended under emergency procedures as follows:

2

3 **10A NCAC 13E .0302 CAPACITY**

4 (a) Pursuant to G.S. 131D-6.1(c)(8), the Division of Health Service Regulation shall not approve a capacity of greater
5 than ~~six~~ twelve (12) participants for an overnight respite services program. For the purposes of this Rule, "capacity"
6 means the maximum number of participants that the overnight respite services program is licensed to house at any
7 given time.

8 (b) An overnight respite services program shall not exceed the capacity shown on its license. The license shall indicate
9 the overnight respite services program's capacity for ambulatory and non-ambulatory participants permitted that an
10 overnight respite services program facility can house at any given time. For the purposes of this Rule, "ambulatory"
11 means the participant is able to respond and evacuate from the facility without verbal or physical assistance from
12 others in the event of an emergency. "Non-ambulatory" means the participant is not able to respond and evacuate from
13 the facility without verbal or physical assistance from others in the event of an emergency.

14 (c) Prior to an increase in capacity by adding rooms, altering ~~rooms, or~~ rooms, remodeling, changing use of ~~space,~~
15 space, or without building modifications, the overnight respite services program shall submit a request for capacity
16 increase and two building plans of each floor to the Construction Section. One plan shall indicate the current use of
17 rooms in the existing building. The other plan shall indicate the proposed use of rooms in the existing building and its
18 addition, alteration, remodeling, or change in use of space. For an addition to an existing building, the building plans
19 shall also indicate how the addition will be tied into the existing building and any proposed changes to the building
20 structure.

21 (d) When the overnight respite services program increases its capacity by the addition to or alteration of an existing
22 building, the entire overnight respite services program shall comply with the North Carolina ~~Fire Prevention Code,~~
23 State Building Codes, which ~~is~~ are incorporated herein by reference including subsequent amendments and editions.
24 Copies of ~~this code—~~ these codes may be ~~purchased from the International Code Council online at~~
25 ~~http://www.iccsafe.org/Store/Pages/default.aspx at a cost of eighty five dollars (\$85.00) or~~ accessed electronically
26 free of charge at <http://codes.iccsafe.org/app/book/toc/2012/North-Carolina/Fire/index.html>.
27 <https://codes.iccsafe.org/codes/united-states/north-carolina>.

28

29 *History Note: Authority G.S. 131D-6.1;*

30 *Eff. April 1, 2017. 2017;*

31 *Eff. July 1, 2026.*

32

1 10A NCAC 13E .0303 is amended under emergency procedures as follows:

2
3 **10A NCAC 13E .0303 DESIGN AND CONSTRUCTION**

4 (a) For the purposes of this Rule the following definitions apply:

- 5 (1) "facility" means a building or portion of a building housing an overnight respite services program
6 as defined in G.S. 131D-6.1(a);
- 7 (2) "proposed facility" means the new construction of a building for a facility, an addition or alteration
8 to an existing building for a facility, or the change in use of a building for a facility;
- 9 (3) "existing facility" means a currently licensed facility and ~~a proposed facility that will be built~~
10 ~~according to building plans approved by the Construction Section for compliance with the standards~~
11 ~~established in this Section, built prior to the effective date of this Rule; and~~
- 12 (4) "new facility" means a facility that has not been licensed previously as an overnight respite services
13 program and for which an initial license is sought. The term also includes a proposed facility that
14 will be built according to building plans approved by the Construction Section for compliance with
15 the standards established in this Section, on or after the effective date of this Rule.

16 (b) The physical plant requirements for each facility shall be applied as follows:

- 17 (1) A new facility shall meet the standards established in this Section.
- 18 (2) An existing facility shall meet the standards established in this Section that were in existence at the
19 time of change in use of ~~space~~, space, increase in capacity, construction, addition, alteration, or
20 repair.
- 21 (3) An existing building converted from another use that a program intends to use for an overnight
22 respite services program shall meet all the requirements of a new facility as indicated in
23 Subparagraph (1) of this Paragraph.

24 (c) All new construction, ~~additions,~~ additions, modifications, renovations, or alterations for a new facility shall meet
25 the requirements of the North Carolina State Building Codes, Code: Residential Code for overnight respite services
26 programs requesting licensure for less than seven (7) participants. Additionally, overnight respite services programs
27 requesting licensure for four to six participants shall meet the North Carolina State Building Code: Building Code,
28 Licensed Residential Care Facilities Section in effect at the time of licensure. Before starting any construction or
29 alterations, the overnight respite services program shall consult with the local building code official for information
30 about required permits and construction requirements.

31 (d) All new construction, additions, modifications, renovations, or alterations for a new facility requesting licensure
32 for seven (7) to twelve (12) participants shall meet the requirements of the North Carolina State Building: Building
33 Code, Licensed Large Residential Care Facilities Section in effect at the time of licensure. Before starting any
34 construction or alterations, the overnight respite services program shall consult with the local building code official
35 for information about required permits and construction requirements. The North Carolina State Building Codes,
36 which are incorporated herein by ~~reference~~ reference, including subsequent amendments and ~~editions.~~ Copies of these
37 codes ~~editions,~~ may be purchased from the International Code Council online at

1 ~~http://www.iccsafe.org/Store/Pages/default.aspx at a cost of five hundred twenty seven dollars (\$527.00) or accessed~~
2 electronically free of charge at ~~http://codes.iccsafe.org/North%20Carolina.html.~~
3 <https://codes.iccsafe.org/codes/united-states/north-carolina>. ~~All new construction, additions, or repairs of an existing~~
4 ~~facility shall meet the requirements of the North Carolina State Building Codes in effect at the time of construction,~~
5 ~~addition, alteration, or repair.~~

6 (e) All new construction, additions, modifications, renovations, or alterations of an existing facility shall meet the
7 requirements of the North Carolina State Building Codes in effect at the time of construction, addition, modification,
8 renovation, alteration, or repair. Before starting any construction or alterations, the overnight respite services program
9 shall consult with the local building code official for information about required permits and construction
10 requirements.

11 ~~(d)~~(f) A facility shall be constructed, equipped, and maintained to comply with the standards established in this
12 Section for the capacity indicated on its license.

13 ~~(e)~~(g) The Construction Section may grant an equivalency to allow an alternate design or functional variation from
14 the requirements of the rules contained in this Section. For the purposes of this Rule, an "equivalency" is a
15 Construction Section-approved alternate design and functional variation to a requirement contained in the rules of this
16 Section that meets the intent of the rule requirement but does not reduce the safety and operational effectiveness of
17 the facility design and layout. If granted, the equivalency shall apply to a specific facility. A program shall be granted
18 an equivalency if:

- 19 (1) the overnight respite services program submits a written equivalency request to the Construction
20 Section indicating:
 - 21 (A) the rule requirement that will not be met;
 - 22 (B) the justification for the equivalency; and
 - 23 (C) how the proposed equivalency meets the intent of the corresponding rule requirement; and
- 24 (2) the program receives a written approval of the equivalency from the Construction Section.

25 ~~(f)~~(h) If any of the rules, codes, or standards contained in this Section conflict, the most restrictive requirement shall
26 apply.

27 ~~(g)~~(i) For an existing facility whose license is revoked or suspended by the Division of Health Service Regulation
28 pursuant to G.S. 131D-6.1(g)(2) for at least 60 days, the facility shall meet the requirements of a new facility as
29 required by Subparagraph (b)(1) of this Rule prior to being relicensed.

30 ~~(h)~~(j) Prior to commencement of construction or change in use of space, any program intending to offer overnight
31 respite care services that is planning new construction, an ~~addition~~ addition, modification, renovation, or alteration to
32 an existing building, or a change in use of space shall submit building plans and other documents to the Construction
33 Section as specified in Rule .0301 of this Section.

34 ~~(i)~~(k) If the building to be used for a facility is two or more stories in height, it shall meet the following additional
35 requirements:

- 36 (1) construction shall not exceed the allowable area for occupancy in the North Carolina State Building
37 Code;

1 (2) participants shall be housed on the level of the principal exterior door as defined in Rule .0312(c)
2 of this Section; and

3 (3) participant-use areas shall be located on the level of the principal exterior door.

4 ~~(j)(l)~~ The basement and the attic shall not be used for storage or sleeping.

5 ~~(k)(m)~~ The ceiling height throughout the facility shall be at least seven and one-half feet from the floor.

6 ~~(l)(n)~~ Elevation changes in the floor are not permitted in participant-use ~~areas~~. areas. Steps and ramps between levels
7 are not permitted.

8 ~~(m)(o)~~ The door width shall be a minimum of two feet and six inches in the kitchen, dining room, living room,
9 bedrooms, and bathrooms.

10 ~~(n)(p)~~ ~~Windows shall be operable and~~ All windows that are designed to be operable shall be maintained operable. For
11 the purposes of this Rule, "operable" means a window that may be opened and shut to allow outdoor-air ventilation.
12 ~~To inhibit participant elopement from any window, the window opening may be restricted to a six-inch opening.~~

13 ~~(o)~~ ~~Before starting any construction or alterations, the overnight respite services program shall consult with the local~~
14 ~~building code official for information about required permits and construction requirements.~~

15 ~~(p)(q)~~ The facility shall ~~comply with the sanitation rules of the North Carolina Division of Public Health,~~
16 ~~Environmental Health Services Section,~~ meet sanitation requirements set forth in 15A NCAC 18A .1600, Rules
17 Governing the Sanitation of Residential Care Facilities, which are incorporated herein by ~~reference~~ reference,
18 including subsequent amendments and editions. ~~The "Rules Governing the Sanitation of Residential Care Facilities,"~~
19 ~~15A NCAC 18A .1600 are available for inspection at the North Carolina Department of Health and Human Services,~~
20 ~~Division of Public Health, Environmental Health Services Section, 5605 Six Forks Road, Raleigh, North Carolina~~
21 ~~27609. Copies of these Rules may be obtained from the Environmental Health Services Section, 1632 Mail Service~~
22 ~~Center, Raleigh, NC 27699 1632 at no cost or can be accessed electronically free of charge at~~
23 <http://ehs.ncpublichealth.com/docs/rules/294306-4-1600.pdf>. <https://www.oah.nc.gov/>.

24 ~~(q)(r)~~ The facility shall have the following inspection reports available for review upon request by the Construction
25 Section:

26 (1) a ~~current~~ sanitation inspection report from the sanitation division of the county health department;
27 department dated within the past 12 months; and

28 (2) a ~~current~~ fire and safety inspection report from the local fire ~~marshal~~. marshal dated within the past
29 12 months.

30 ~~(r)(s)~~ The building housing a facility shall be equipped with a fire alarm system with pull stations on each floor and
31 sounding devices that are audible throughout the building. The fire alarm system shall be equipped to transmit an
32 automatic signal to the local emergency fire department dispatch center, either directly or through a central station
33 monitoring company connection. The fire alarm system shall be installed in accordance with National Fire Protection
34 Association (NFPA) 72, which is incorporated herein by ~~reference~~ reference, including subsequent amendments and
35 ~~editions~~ editions, and may be ~~obtained from the National Fire Protection Association, 1 Batterymarch Park, Quincy,~~
36 ~~MA 02269 at the cost of ninety six dollars and 50 cents (\$96.50).~~ accessed electronically free of charge at
37 <https://www.nfpa.org/codes-and-standards/all-codes-and-standards/list-of-codes-and-standards/detail?code=72>.

1 (t) Underwriters Laboratory (U.L.) listed heat detectors are required in attics and basements and shall be connected
2 to the fire alarm system. These heat detectors shall be interconnected and provided with battery backup. Corridors
3 shall be equipped with smoke detectors that are connected to the fire alarm system.

4 ~~(u)~~ A building housing an overnight respite services program or an adult day care or adult health care program
5 shall be equipped with a wet pipe sprinkler system in accordance with NFPA 13, which is incorporated herein by
6 ~~reference~~ reference, including subsequent amendments and ~~editions~~ editions, and may be ~~obtained from the National~~
7 ~~Fire Protection Association, 1 Batterymarch Park, Quincy, MA 02269 at the cost of one hundred and three dollars~~
8 ~~(\$103.00).~~ accessed electronically free of charge at [https://www.nfpa.org/codes-and-standards/nfpa-13-standard-](https://www.nfpa.org/codes-and-standards/nfpa-13-standard-development/13)
9 [development/13](https://www.nfpa.org/codes-and-standards/nfpa-13-standard-development/13).

10

11 *History Note: Authority G.S. 131D-6.1;*

12 *Eff. April 1, 2017; 2017;*

13 *Eff. July 1, 2026.*

14

1 10A NCAC 13E .0306 is amended under emergency procedures as follows:

2

3 **10A NCAC 13E .0306 DINING ROOM AREA**

4 (a) Each overnight respite services program shall have a dining area with not less than 20 square feet of floor area per
5 participant. The dining area may be used for other activities during the day.

6 (b) The dining area for the overnight respite care program required by Paragraph (a) of this Rule may be combined
7 with the adult day care program or adult day health program activities and craft areas only after the Division of Aging
8 ~~and Adult Services~~ of the Department of Health and Human Services determines, in writing, that the requirements of
9 10A NCAC 06R .0401(d) for an adult day care program and 10A NCAC 06S .0301 for an adult day health program
10 are met.

11 (c) When the dining area is used in combination with a kitchen, an area five feet wide shall be allowed as work space
12 between the kitchen and dining areas. The work space shall not be used as the dining area.

13 (d) The dining ~~room~~ area shall have windows with views to the ~~outdoors~~, outside, or a door unit with a vision panel
14 directly to the outside. The gross window area shall not be less than eight percent of the floor area required by
15 Paragraph (a) of this ~~Rule~~. Rule and be equipped with insect-proof screens. To inhibit participant elopement, the
16 window opening may be restricted to a six-inch opening.

17

18 *History Note: Authority G.S. 131D-6.1;*

19 *Eff. April 1, 2017. 2017;*

20 *Eff. July 1, 2026.*

21

1 10A NCAC 13E .0305 is amended under emergency procedures as follows:

2

3 **10A NCAC 13E .0305 LIVING ROOM AREA**

4 (a) Each overnight respite care program shall have a living area with not less than 40 square feet of floor area per
5 participant.

6 (b) The living area for the overnight respite care program required by Paragraph (a) of this Rule may be combined
7 with the adult day care program or adult day health program activities and craft areas only after the Division of Aging
8 ~~and Adult Services~~ of the Department of Health and Human Services determines, in writing, that the requirements of
9 10A NCAC 06R .0401(d) for an adult day care program and 10A NCAC 06S .0301 for an adult day health program
10 are met.

11 (c) The living ~~room~~ area shall have windows with views to the outdoors. The gross window area shall not be less than
12 eight percent of the floor area required by Paragraph (a) of this ~~Rule.~~ Rule and be equipped with insect-proof screens.
13 To inhibit participant elopement, the window opening may be restricted to a six-inch opening.

14

15 *History Note: Authority G.S. 131D-6.1;*

16 *Eff. April 1, 2017. 2017;*

17 *Eff. July 1, 2026.*

18

1 10A NCAC 13E .0308 is amended under emergency procedures as follows:

2
3 **10A NCAC 13E .0308 BEDROOMS**

4 (a) There shall be bedrooms sufficient in number and size to meet the individual needs of the participant according to
5 their age and gender.

6 (b) A room used as a bedroom shall meet the requirements of this Rule and be approved by the Construction Section.

7 (c) A room accessed only through a bathroom, kitchen, or another bedroom shall not be approved for a participant's
8 bedroom.

9 (d) Bedrooms occupied by one participant shall be provided with not less than 100 square feet of floor area, ~~including~~
10 ~~excluding accessory areas such as vestibule, closet, or wardrobe space.~~ vestibules, closets, wardrobes, or bathrooms.

11 Bedrooms occupied by two participants shall be provided with not less than 160 square feet of floor area, ~~including~~
12 ~~excluding accessory areas such as vestibule, closet, or wardrobe space.~~ vestibules, closets, wardrobes, or bathrooms.

13 (e) The total number of participants assigned to a bedroom shall be based on the square footage requirements of
14 Paragraph (d) of this Rule as approved by the Construction Section for that bedroom.

15 (f) A bedroom shall not be occupied by more than two participants.

16 (g) Each participant bedroom shall have one or more operable windows with views to the outdoors. At least one
17 operable window shall meet the requirements of the North Carolina State Building Code: Residential Code for
18 emergency egress for facilities with a licensed capacity of less than seven (7) participants. For facilities with a licensed
19 capacity of seven to twelve participants, windows shall meet the requirements of the North Carolina State Building
20 Code. The gross window area shall be equal to at least eight percent of the floor space required by Paragraph (d) of
21 ~~this Rule.~~ Rule, and shall be equipped with insect-proof screens. To inhibit participant elopement, the window opening
22 may be restricted to a six-inch opening, except windows meeting the emergency egress requirements of the North
23 Carolina State Building Code: Residential Code. The windows shall have a maximum sill height of 44 inches.

24 (h) Bedroom closets or wardrobes shall be large enough to provide each participant with a minimum of 22 cubic feet
25 of clothing storage, one-half of which shall be for hanging clothes with an adjustable-height hanging bar.

26
27 *History Note: Authority G.S. 131D-6.1;*

28 *Eff. April 1, 2017. 2017;*

29 *Eff. July 1, 2026.*

1 10A NCAC 13E .0309 is amended under emergency procedures as follows:

2
3 **10A NCAC 13E .0309 BATHROOM**

4 (a) An overnight respite services program shall have one bathroom for each six or fewer respite participants. A
5 bathroom shall contain a toilet, a ~~lavatory~~, sink and one of the following:

- 6 (1) a roll-in shower designed and equipped for unobstructed shower chair entry and use;
7 (2) a bathtub accessible on three sides; or
8 (3) a manufactured walk-in bathtub or a similar manufactured bathtub designed for transfer of
9 participants into the bathtub that is accessible on one short side and one long side of the bathtub.

10 (b) The bathroom required by Paragraph (a) of this Rule may be shared with the adult day care program or adult day
11 health program only after the Division of Aging ~~and Adult Services~~ of the Department of Health and Human Services
12 determines, in writing, that the requirements of 10A NCAC 06R .0401(g) for an adult day care facility and 10A NCAC
13 06S .0301 for an adult day health facility are met.

14 (c) A bathroom shall be designed to provide privacy. A bathroom with two or more toilets shall have privacy partitions
15 or curtains for each toilet. Each bathtub or shower shall have privacy partitions or curtains. The requirements of this
16 Paragraph shall apply to new and existing facilities.

17 (d) The entrance to the bathroom shall not be through a kitchen, another participant's bedroom, or another bathroom.

18 (e) The bathroom shall be located so that there is no more than 40 feet between any participant's bedroom door and a
19 participant-use bathroom door.

20 (f) Hand grips shall be installed at all toilets, bathtubs, and showers used by participants. Hand grips shall be
21 mechanically fastened or anchored to the walls, be located to help participants in entering and exiting bathtubs,
22 showers, manufactured walk-in tubs, or similar bathing fixtures, and be on the wall adjacent to toilets.

23 (g) Nonskid surfacing or strips shall be installed to the floor or bottom of ~~showers and bathtubs~~. showers, bathtubs,
24 or similar bathing fixtures.

25 (h) A bathroom shall have ~~mechanical ventilation at the rate of two cubic feet per minute for each square foot of floor~~
26 ~~area~~. an exhaust system per the North Carolina State Building Code: Residential Code for facilities licensed for less
27 than seven participants, and per the North Carolina State Building Codes for facilities licensed for seven to twelve
28 participants. The ~~mechanical ducted~~ exhaust vent shall be vented directly to the outdoors.

29 (i) The bathroom floor shall have a non-slippery water-resistant covering.

30
31 *History Note: Authority G.S. 131D-6.1;*

32 *Eff. April 1, 2017. 2017.*

33 *Eff. July 1, 2026.*

1 10A NCAC 13E .0312 is amended under emergency procedures as follows:

2
3 **10A NCAC 13E .0312 OUTSIDE ENTRANCE AND EXITS**

4 (a) Each overnight respite services program shall have at least two exit doors on all floor levels. If there are only two
5 exit doors, the exit doors shall be located and constructed to minimize the possibility that both may be blocked by a
6 fire or other emergency condition.

7 (b) One exterior door shall have a minimum width of three feet. Another exterior door shall have a minimum width
8 of two feet and eight inches. For the purposes of this Rule, an "exterior door" means a door used by a participant to
9 enter and exit the building to and from the outdoors.

10 (c) At least one principal exterior door for the participants' use shall be at grade level or accessible by a ramp with a
11 one inch rise for each 12 inches of ramp length. For the purposes of this Rule, a "principal exterior door" means a door
12 that is used by participants to access the vehicular pick-up and drop-off area. If the overnight respite services program
13 serves any participant who must have physical assistance with evacuation, the building shall have two exterior doors
14 at grade level or accessible by a ramp.

15 (d) All exit door locks shall be easily operable, by a single hand motion, from the inside at all times without ~~keys.~~
16 keys, tools, or special knowledge. Deadbolts or turn buttons on the inside of exit ~~doors~~ doors, including screen and
17 storm doors, shall be disabled.

18 (e) Exit doors shall be free of all obstructions or impediments to allow for full instant use in case of fire or other
19 emergency.

20 (f) ~~Steps,~~ All steps, porches, stoops, and ramps shall be provided with handrails ~~or guardrails.~~ and guards. Handrails
21 shall be on both sides of steps and ramps, including sides bordered by the facility wall. Handrails shall extend the full
22 length of steps and ramps. Guards shall be on open sides of steps, porches, stoops, and ramps. For the purposes of this
23 Rule, "guards" are rails or barriers located at or near the open sides of elevated walking surfaces that minimizes the
24 possibility of a fall from a walking surface to an adjacent change in elevation.

25 (g) In each overnight respite services program with at least one participant who is determined by a physician or
26 appropriate licensed health professional or is otherwise ~~known~~ observed by staff to be disoriented or ~~who wanders,~~
27 ~~each~~ exhibiting wandering behavior, all exit ~~door~~ doors for participant use shall be equipped with a continuously
28 sounding device that is activated when the door is opened. The alarm shall be turned on at all times and, when activated
29 by the door opening, the sound shall be continuous and of sufficient volume that it can be heard by staff. audible
30 throughout the facility housing the overnight respite services program until turned off by a staff person. If a central
31 system of remote sounding devices is provided, the control panel for the system shall be powered by the facility's
32 electrical system, and be located in the office area or in a location an area accessible only to staff authorized by the
33 administrator to operate the control panel. ~~staff.~~ The requirements of this Paragraph shall apply to new and existing
34 facilities.

35
36 *History Note: Authority G.S. 131D-6.1;*

37 *Eff. April 1, 2017. 2017;*

1
2

Eff. July 1, 2026.

1 10A NCAC 13E .0316 is amended under emergency procedures as follows:

2
3 **10A NCAC 13E .0316 FIRE SAFETY AND DISASTER PLAN**

4 (a) Fire extinguishers shall be provided that meet these requirements:

- 5 (1) one five-pound or larger (net charge) "A-B-C" type centrally ~~located;~~ located in an area that can be
6 accessed by staff and not stored in rooms with lockable doors or the kitchen;
7 (2) one five-pound or larger "A-B-C" or CO/2 type located in the kitchen; and
8 (3) at any other location as required by the North Carolina State Building Code: Fire Prevention Code,
9 which is incorporated herein by reference including subsequent amendments and editions. ~~The~~
10 availability and cost of the Code is set forth in Rule .0302 of this Section. The North Carolina State
11 Building Code: Fire Prevention Code may be accessed electronically free of charge at
12 <https://codes.iccsafe.org/codes/united-states/north-carolina>.

13 (b) All fire safety requirements required by city or county ordinances shall be met.

14 (c) A written fire evacuation plan that includes a diagram and that has the approval of the local fire marshal shall be
15 prepared and posted in a central location on each floor. The plan shall be reviewed with each participant on enrollment
16 and shall be a part of the orientation for new staff.

17 (d) There shall be at least four rehearsals of the fire evacuation plan each year on each shift. Records of rehearsals
18 shall be maintained for three years. The records shall include the date and time of the rehearsals, staff members present,
19 and a description of what the rehearsal involved.

20 (e) A written disaster plan that has the written approval of, or has been documented as submitted to, the local
21 emergency management agency and the local agency designated to coordinate special needs sheltering during disasters
22 shall be prepared and updated annually and shall be maintained in the program offering overnight respite care services.

23
24 *History Note: Authority G.S. 131D-6.1;*

25 *Eff. April 1, 2017. 2017;*

26 *Eff. July 1, 2026.*

1 10A NCAC 13E .0317 is amended under emergency procedures as follows:

2
3 **10A NCAC 13E .0317 BUILDING SERVICE EQUIPMENT**

4 (a) The building and all fire safety, electrical, mechanical, and plumbing equipment shall be maintained in a safe and
5 operating condition.

6 (b) There shall be a central heating system sufficient to maintain 75 degrees F (24 degrees C) under winter design
7 conditions. Built-in electric heaters, if used, shall be installed or protected so as to avoid hazards to participants and
8 room furnishings. Unvented fuel burning room heaters and portable electric heaters shall be prohibited.

9 (c) Air conditioning shall provide conditions not to exceed 81 degrees F (27 degrees C) under summer design
10 conditions.

11 (d) The hot water tank shall be of such size to provide as much hot water as is needed by the kitchen, bathrooms, and
12 laundry. The hot water temperature at all fixtures used by or accessible to participants shall be maintained at a
13 minimum of 100 degrees F (38 degrees C) and shall not exceed 116 degrees F (46.7 degrees C). The requirements of
14 this Paragraph shall apply to new and existing overnight respite services programs.

15 (e) All participant-use areas shall be lighted for the safety and comfort of the participants. The minimum lighting
16 required is:

17 (1) 30 foot-candle of light at floor level in living rooms, dining rooms, bedrooms, and bathrooms;

18 (2) 10 foot-candle of light for general lighting; and

19 (3) one foot-candle of light at the floor for corridors at night.

20 (f) Fireplaces, fireplace inserts, and wood stoves shall be designed or installed so as to avoid a burn hazard to
21 participants. Fireplace inserts and wood stoves must be Underwriters Laboratories (U.L.) listed.

22 (g) Gas logs may be installed if they are of the vented type, installed according to the manufacturers' installation
23 instructions, approved by the local building code official, and protected by a guard or screen to prevent participants
24 and furnishings from burns.

25
26 *History Note: Authority G.S. 131D-6.1;*

27 *Eff. April 1, 2017. 2017;*

28 *Eff. July 1, 2026.*

29

30

1 10A NCAC 13E .0318 is amended under emergency procedures as follows:

2

3 **10A NCAC 13E .0318 OUTSIDE PREMISES**

4 (a) The outside grounds of the program shall be maintained in a clean and safe condition. For the purpose of this Rule,
5 "clean and safe condition" means free from debris, trash, uneven surfaces, and similar conditions as not to attract
6 rodents and vermin, and provide for safe movement throughout facility grounds. Creeks, ditches, ponds, pools, and
7 other similar areas shall have safety protection. For the purpose of this Rule, "safety protection" means preventive
8 measures, such as barriers, to block access to such areas.

9 (b) If the facility has a fence around the premises, the fence shall not prevent participants from exiting or entering
10 ~~freely and shall not be hazardous.~~ freely, or have sharp edges, rusting posts, or other similar conditions that may cause
11 injury.

12 (c) Outdoor stairways and ramps shall be illuminated by no less than five foot candles of light at grade level.

13 (d) The requirements of Paragraphs (a) and (b) of this Rule shall apply to new and existing programs.

14

15 *History Note: Authority G.S. 131D-6.1;*

16 *Eff. April 1, 2017. 2017;*

17 *Eff. July 1, 2026.*

18

1 10A NCAC 13E .0403 is amended under emergency procedures as follows:

2
3 **10A NCAC 13E .0403 STAFF AND STAFFING**

4 (a) Each staff person shall:

- 5 (1) have a job description that reflects actual duties and responsibilities determined by the program and
6 shall be signed by the administrator and the employee;
- 7 (2) ~~have a tuberculin skin test within 12 months prior to hire and annually thereafter;~~ be tested for
8 tuberculosis disease in compliance with control measures adopted by the Commission for Public
9 Health as specified in 10A NCAC 41A .0205, which is hereby incorporated by reference, including
10 subsequent amendments;
- 11 (3) be able to implement all of the program's policies and procedures as defined in Rule .0501 of this
12 Subchapter and accident, fire safety, and emergency procedures for the protection of the
13 participants;
- 14 (4) be informed of the confidential nature of participant information and protect and preserve the
15 information from unauthorized use and disclosure;
- 16 (5) not hinder or interfere with the exercise of the rights as defined by program policy;
- 17 (6) have no substantiated findings listed on the North Carolina Health Care Personnel Registry pursuant
18 to G.S. 131E-256;
- 19 (7) have a statewide criminal background check, upon hire, of the past five years in accordance with
20 G.S. 143B-932; and
- 21 (8) cooperate with inspectors and the monitoring and licensing agencies in complying with the rules of
22 this Subchapter.

23 (b) Any staff member left in charge of the care of participants shall be 18 years or older.

24 (c) ~~The staffing pattern shall be adequate~~ There shall be staff on duty to meet the needs of each participant, with at
25 least one staff ~~person present on duty and awake~~ person present on duty and awake at all times qualified to administer medications as defined by Rule
26 .0702 of this Subchapter and trained to provide personal care and supervision to current participants.

27 (d) In a facility with a census of 7 to 12 participants, there shall be at least two staff persons on duty and awake at all
28 times who are responsible for providing personal care and supervision to participants, with at least one of the staff
29 persons qualified to administer medications as defined by Rule .0702 of this Subchapter. The staff persons shall be
30 trained to provide personal care and supervision to current participants.

31 (e) Staff assigned to provide personal care and supervision duties shall not provide food service and housekeeping
32 duties, except when housekeeping duties are incidental to the rendering of care services and do not hinder the assigned
33 staff's duties of care or immediate response to participants, nor impede the assigned staff member's ability to monitor
34 the participants. For the purposes of this Rule, "food service duties" means tasks performed by staff related to serving
35 meals to participants, including assisting with food preparation, arranging and setting the dining tables, serving food
36 and beverages, and cleaning the dining room after meal service is complete, and "housekeeping duties" means tasks
37 performed by staff such as cleaning and sanitizing facility common areas and resident rooms.

- 1 (f) There shall be additional staff employed to provide food service and housekeeping duties.
2 ~~(d)(g)~~ Services required beyond personal care and supervision shall not be provided unless staff satisfies the license
3 requirements applicable to such services.
4 (h) There shall be documentation on file in the facility of staff qualifications required by Subparagraphs (1), (2), (6),
5 and (7) in Paragraph (a) of this Rule and medication administration competency evaluation as required in .0702 of this
6 Subchapter.

7

8 *History Note: Authority G.S. 131D-6.1;*
9 *Eff. April 1, ~~2017~~. 2017;*
10 *Amended Eff. July 1, 2026.*

11

1 10A NCAC 13E .0601 is amended under emergency procedures as follows:

2
3 **SECTION .0600 - ENROLLMENT AND SERVICE PLANNING**

4
5 **10A NCAC 13E .0601 ENROLLMENT OF PARTICIPANTS**

6 (a) Prior to enrollment the applicant, responsible party, or other caregiver shall have a personal interview with a
7 program staff member. During the interview, the staff shall complete initial documentation identifying the following:

- 8 (1) social and medical care needs;
9 (2) spiritual, religious, or cultural needs; and
10 (3) whether the program can meet the applicant's expressed needs.

11 The staff person doing the interviewing shall sign the assessment of needs and the applicant, responsible party, or
12 other caregiver shall sign the application for enrollment. These signed documents shall be obtained before the
13 individual's first day of attendance as a participant in the program and shall be maintained in the participant's record.

14 (b) Any adult (18 years of age or over) who, because of a physical condition or mental disability, needs a substitute
15 home for purpose of respite for the caregiver may be enrolled for overnight respite services when, in the opinion of
16 the caregiver, family, participant, physician, appropriate licensed health professional, or social worker and the
17 administrator, the services and accommodations of the facility will meet the respite needs of the participant.

18 (c) Individuals shall not be admitted:

- 19 (1) for treatment of mental illness or alcohol or drug abuse;
20 (2) for maternity care;
21 (3) for professional nursing care under continuous medical supervision;
22 (4) for lodging, when the personal assistance and supervision offered for the participant are not needed;
23 or
24 (5) who pose a threat to the health or safety of others.

25 (d) A medical examination report signed by a physician or appropriate licensed health professional completed within
26 the prior three months, shall be obtained by the program at the time of enrollment. The report must be updated annually
27 no later than the anniversary date of the initial report.

28 (e) The program shall assure that the participant's physician or appropriate licensed health professional is contacted
29 for orders for medications, treatments, and special diets if current physician orders are not part of the medical
30 examination report required in Paragraph (d) of this Rule for inclusion in the participant's record. Prior to or the day
31 of admission, the participant's physician or appropriate licensed health professional shall be contacted for clarification
32 of orders, if orders are not clear or complete.

33 (f) The program shall assure that the participant has been tested for tuberculosis disease ~~within the past 12 months of~~
34 ~~each admission for overnight respite services in accordance with the NC Division of Public Health's Tuberculosis~~
35 ~~Policy Manual, incorporated herein by reference including any subsequent amendments and editions, and shall be free~~
36 ~~of active tuberculosis. This manual may be accessed free of charge at~~
37 ~~<http://epi.publichealth.nc.gov/ed/lhds/manuals/tb/toe.html>~~ in compliance with the control measures adopted by the
38 Commission for Public Health as specified in 10A NCAC 41A .0205 including subsequent amendments and editions.

1

2 *History Note: Authority G.S. 131D-6.1;*

3 *Eff. April 1, ~~2017~~. 2017;*

4 *Amended Eff. July 1, 2026.*

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