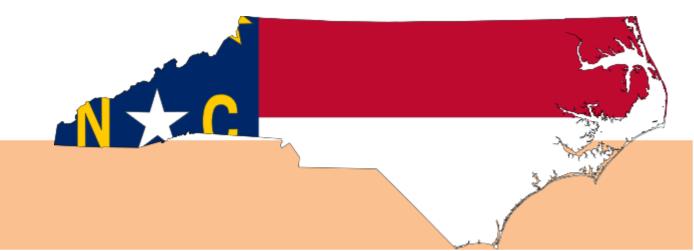
#### ACOs and Medicaid Expansion

Grace Terrell, MD
Cornerstone Health Care, PA
Chief Health Enablement Strategic Solutions
President/CEO



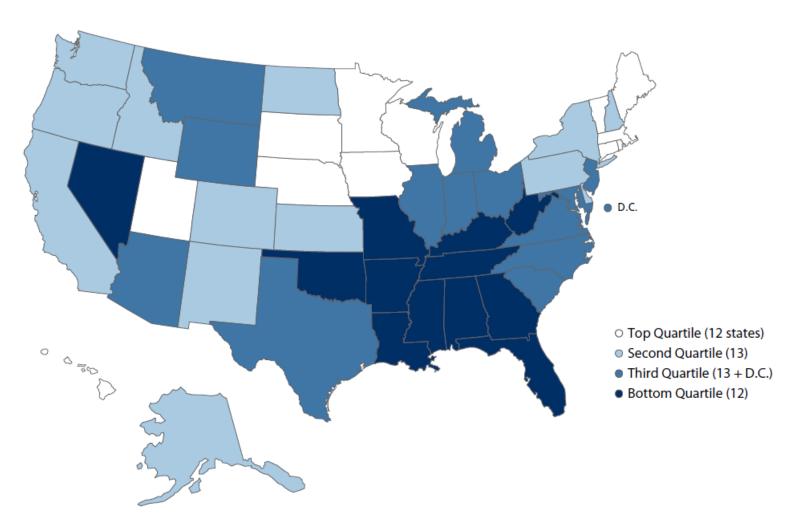


"Medicaid reform
is long overdue and
essential for the
future health of
North Carolina."

Governor Pat McCrory
April 3, 2013
State of NC Press Release

## Overall Health System Performance for Low-Income Populations

Exhibit 1. Overall Health System Performance for Low-Income Populations



#### North Carolina Facts

- NC Population is 9.8 Million (2013)
- 1.5 Million uninsured in 2013
- NC Medicaid Program costs approximately \$36 million a day

#### Medicaid Expansion Expectations

- The Medicaid expansion and other provisions of the ACA would lead state Medicaid spending to increase by \$76B over 2013-2022 (an increase of less than 3%), while federal Medicaid spending would increase by \$952 B (a 26% increase).
- 21.3 M people will enroll in Medicaid by 2022.
- State cost of implementation \$8 billion, saving states \$10 billion over 2013-2022
- Federal cost of implementation \$800 billion
- Reduce number of uninsured by 15.1 million
- If all states expanded, total uncompensated care would decline by ~\$183 billion



#### Economic Factors to Consider

- Costs of new eligible
- Costs of existing eligible
- New Administrative costs
- Savings that could occur from transitioning current Medicaid population to new eligibility groups
- Savings from reductions in state programs for uninsured

## Important Changes Needed



- Change how providers are paid
- Change how providers deliver care
- Change how we invest in new capabilities and infrastructure
- Use health care to drive economic growth

## If NC Expanded Medicaid

- Could trigger reduction in unemployment
- Could trigger economic growth in NC
- Gains in Medicaid revenue would help hospitals who have struggled due to Medicaid payment reductions

#### North Carolina ACOs

There are over 20 ACOs in North Carolina



#### North Carolina ACOs













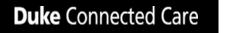
































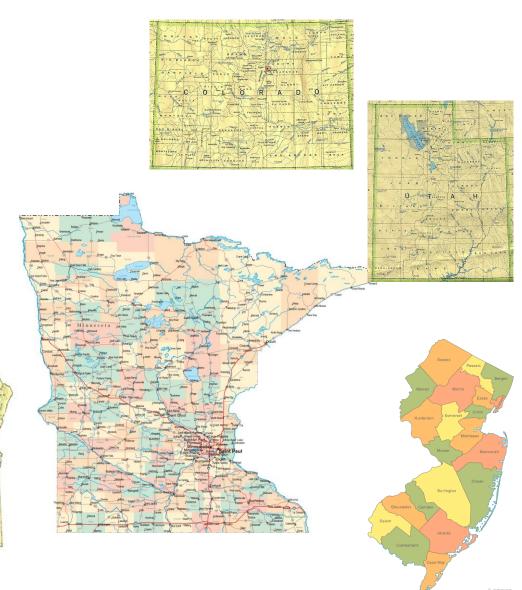
## Potential HMO Impact to NC

- Loss of hospital Medicaid reimbursement
- Reduction of Medicaid FFS payments
- Increased Administration costs
- Loss of clinical autonomy
- Limitation of patient choice/access
- Loss of medical homes
- Loss of Medicaid dollars to HMO profits
- Loss of NC dollars 15% loss

#### States with Medicaid/ACO Concepts

- Colorado
- Minnesota
- Oregon
- New Jersey
- Utah





## Oregon's Findings

- Decreased ED Visits by 13%
- Decreased hospitalization for chronic conditions
  - CHF by 32%
  - COPD by 36%
  - -Adult Asthma by 18%
- Decreased readmissions from 12.3% to 11.3%



# **State Medicaid ACO Movement** States that have shown movement toward the formation of Medicaid ACOs

http://www.beckershospitalreview.com/

## Provider Led ACO Objectives

- Enhance partnership between DHHS and providers
- Create a new provider led ACO model for Medicaid
- Achieve cost savings and improve health outcomes
- Improve quality of life for Medicaid enrollees with chronic health conditions

### Provider Responsibilities

• Decrease ED utilization

• Reduce Medicaid readmissions

 Maximize the use of Medicaid preferred drugs

• Improve collaboration of care



#### Cornerstone Health Care Results

Significant results with dualeligible patients seen in the Cornerstone Care Outreach Clinic already



#### Cornerstone Dual-Eligible Patients

2,106 patients



#### Transformation Model Performance

|                                  | Per Patient (Savings) or Increase |                       |         | Total Extrapolated (Savings) or Increase |                       |             |
|----------------------------------|-----------------------------------|-----------------------|---------|--|-----------------------|-------------|
| Select Programs                  | Overall<br>Change in<br>TCOC      | Inpatient<br>Hospital | Other   | Overall                                  | Inpatient<br>Hospital | Other       |
| All Programs<br>Combined         | (\$3,521)                         | (\$4,527)             | \$1,093 | (\$6,896,469)                            | (\$9,785,874)         | \$2,002,051 |
| Cornerstone Care Outreach Clinic | (\$3,811)                         | (\$2,574)             | \$718   | (\$994,643)                              | (\$671,997)           | \$187,518   |
| Congestive Heart<br>Failure      | (\$5,529)                         | (\$9,219)             | \$492   | (\$1,774,920)                            | (\$2,959,359)         | \$158,225   |
| Personalized Life Care           | (\$5,473)                         | (\$3,701)             | \$1,835 | (\$1,428,545)                            | (\$966,023)           | \$479,102   |
| CIM – Westchester                | (\$739)                           | (\$3,097)             | \$955   | (\$501,238)                              | (\$2,099,944)         | \$648,123   |
| Emerywood MS                     | (\$4,076)                         | (\$5,730)             | \$981   | (\$2,197,123)                            | (\$3,088,551)         | \$529,083   |

## Implementing a Medicaid ACO

- Build coalition of providers across the state
- Pilot full-risk product to the Triad with targeted providers



#### Key Partners

- Regional Groups of Hospitals
- CCNC
- Medical Groups
- Enablement Strategic Companies



## Next Steps

- Move toward Value Based Care
- Obtain partnerships
- Participate in ACOs
- Identify Stakeholders

