

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: mhl043-039	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED R 04/01/2026
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NAME OF PROVIDER OR SUPPLIER SIERRA'S RESIDENTIAL SERVICES GROUP H	STREET ADDRESS, CITY, STATE, ZIP CODE 21 LANEXA LANE SPRING LAKE, NC 28390
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V 000	<p>INITIAL COMMENTS</p> <p>An annual and follow up survey was completed on April 1, 2026. Deficiencies were cited.</p> <p>This facility is licensed for the following service category: 10A NCAC 27G .1700 Residential Treatment Staff Secure for Children or Adolescents.</p> <p>This facility is licensed for 4 and has a current census of 4. The survey sample consisted of audits of 3 current clients.</p>	V 000		
V 114	<p>27G .0207 Emergency Plans and Supplies</p> <p>10A NCAC 27G .0207 EMERGENCY PLANS AND SUPPLIES</p> <p>(a) Each facility shall develop a written fire plan and a disaster plan and shall make a copy of these plans available to the county emergency services agencies upon request. The plans shall include evacuation procedures and routes.</p> <p>(b) The plans shall be made available to all staff and evacuation procedures and routes shall be posted in the facility.</p> <p>(c) Fire and disaster drills in a 24-hour facility shall be held at least quarterly and shall be repeated for each shift. Drills shall be conducted under conditions that simulate the facility's response to fire emergencies.</p> <p>(d) Each facility shall have a first aid kit accessible for use.</p> <p>This Rule is not met as evidenced by: Based on record review and interviews, the facility failed to ensure fire drills were held quarterly and repeated on each shift. The findings</p>	V 114		

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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE _____ TITLE _____ (X6) DATE _____

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V 114	<p>Continued From page 1</p> <p>are:</p> <p>Review on 3/26/26 of the facility's records for fire and disaster drills revealed:</p> <ul style="list-style-type: none"> -No documentation of fire drills held on the 1st, 2nd or weekend 8pm - 8am shift during the 1st quarter of 2025 (January - March). -No documentation of disaster drills held on 1st or weekend 8am - 8pm shifts during the first quarter. -No documentation of fire or disaster drills held on 1st, 2nd, or weekend shifts during the 2nd quarter of 2025 (April - June). -No documentation of a fire drill held on 1st, 2nd, or weekend shifts during the 3rd quarter of 2025 (July - September). -No documentation of disaster drills held on 2nd or weekend shifts during the 3rd quarter. -No documentation of a fire drill held on 1st or 2nd shift during the 4th quarter of 2025 (October - December). -No documentation of disaster drills held on 1st, 2nd or 3rd shifts during the 4th quarter. <p>Interview on 3/26/26 client #1 stated:</p> <ul style="list-style-type: none"> -He participated in fire and disaster drills at the facility. <p>Interview on 3/26/26 client #2 stated:</p> <ul style="list-style-type: none"> -He went outside for fire drills. -He was unsure about disaster drills. <p>Interview on 3/26/26 client #4 stated:</p> <ul style="list-style-type: none"> -He participated in fire and disaster drills. <p>Interview on 3/31/26 staff #2 stated:</p> <ul style="list-style-type: none"> -Fire and disaster drills were held 3 times a month. <p>Interview on 3/26/26 staff #6 stated:</p> <ul style="list-style-type: none"> -The facility held a fire and disaster drill once a 	V 114		

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V 114	Continued From page 2 month. Interview on 3/26/26 the Qualified Professional stated: -The shifts at the facility are 1st- 12am-8am, 2nd -8am - 4pm and 3rd - 4pm - 12am. -The weekends had 12 hours shifts 8am - 8pm and 8pm - 8am. -The facility held 3 drills a month, a fire and 2 natural disaster.	V 114		
V 295	27G .1703 Residential Tx. Child/Adol - Req. for A P 10A NCAC 27G .1703 REQUIREMENTS FOR ASSOCIATE PROFESSIONALS (a) In addition to the qualified professional specified in Rule .1702 of this Section, each facility shall have at least one full-time direct care staff who meets or exceeds the requirements of an associate professional as set forth in 10A NCAC 27G .0104(1). (b) The governing body responsible for each facility shall develop and implement written policies that specify the responsibilities of its associate professional(s). At a minimum these policies shall address the following: (1) management of the day to day day-to-day operations of the facility; (2) supervision of paraprofessionals regarding responsibilities related to the implementation of each child or adolescent's treatment plan; and (3) participation in service planning meetings.	V 295		

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V 295	<p>Continued From page 3</p> <p>This Rule is not met as evidenced by: Based on record review and interview the facility failed to have at least one full-time direct care staff who meets or exceeds the requirements of an Associate Professional (AP). The findings are:</p> <p>Review on 3/26/26 of the client/staff census completed by the Human Resources/Office Manager/Chief Operating Officer (HR/OM/COO) revealed no AP listed.</p> <p>Interview on 3/26/26 the Qualified Professional stated: -The facility did not have an AP. -He had not had an AP in 3 years.</p> <p>Interview on 3/26/26 the HR/OM/COO stated: -The facility did not have an AP. -The facility had a difficult time hiring and retaining an AP.</p> <p>This deficiency has been cited 3 times since the original cite on August 25, 2023 and must be corrected within 30 days.</p>	V 295		
V 297	<p>27G .1705 Residential Tx. Child/Adol - Req. for L P</p> <p>10A NCAC 27G .1705 REQUIREMENTS OF LICENSED PROFESSIONALS (a) Face to face clinical consultation shall be provided in each facility at least four hours a week by a licensed professional. For purposes of this Rule, licensed professional means an individual who holds a license or provisional license issued by the governing board regulating a human service profession in the State of North Carolina. For substance-related disorders this</p>	V 297		

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V 297	<p>Continued From page 4</p> <p>shall include a licensed Clinical Addiction Specialist or a certified Clinical Supervisor.</p> <p>(b) The consultation specified in Paragraph (a) of this Rule shall include:</p> <p>(1) clinical supervision of the qualified professional specified in Rule .1702 of this Section;</p> <p>(2) individual, group or family therapy services; or</p> <p>(3) involvement in child or adolescent specific treatment plans or overall program issues.</p> <p>This Rule is not met as evidenced by: Based on record reviews and interviews the facility failed to ensure face to face clinical consultation was provided in the facility at least four hours a week by a Licensed Professional (LP). The findings are:</p> <p>Review on 3/31/26 of the LP's personnel record revealed: -Hire Date: 6/4/24. -Job: Licensed Professional.</p> <p>Review on 3/26/26 of client #1's record revealed: -14 year old. -Admitted 8/4/25. -Diagnoses of Attention Deficit Hyperactivity Disorder (ADHD) Inattentive Type, Autism Spectrum Disorder, Conduct Disorder and Unspecified Reaction to Severe Stress.</p> <p>Review on 3/26/26 of client #2's record revealed: -14 year old. -Admitted 6/9/25. -Diagnoses of Unspecified Trauma and Stressor</p>	V 297		

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V 297	<p>Continued From page 5</p> <p>Related Disorder, Borderline Intellectual Functioning, Adjustment Disorder with Anxiety and Depressed Mood, ADHD unspecified and Conduct Disorder.</p> <p>Review on 3/31/26 of client #4's record revealed: -14 year old. -Admitted 5/30/23. -Diagnoses of ADHD, Oppositional Defiant Disorder, Disruptive Mood Dysregulation Disorder, Post Traumatic Stress Disorder.</p> <p>Interview on 3/26/26 client #1 stated: -He participated in group therapy in the past. -"Now, we don't do group"</p> <p>Interview on 3/26/26 client #2 stated: -Group therapy was on Thursdays. -Group therapy was held virtually with all clients from the 3 facilities. -The LP did not come to the facility.</p> <p>Interview on 3/26/26 client #4 stated: -Staff at the facility held group. -The LP last did group therapy a couple of weeks ago. -The LP always held group therapy virtually.</p> <p>Interview on 3/27/26 the LP stated: -He worked as the AP for 2 years. -He provided individual and group therapy to the clients. -He was at the facility 3 days weekly on Tuesday for staff meeting and on Thursdays and Friday. -He was last at the facility "last week," -He was at each facility 2-4 hours per week.</p> <p>Interview on 3/26/26 staff #2 stated: -Group therapy was held virtually on Thursdays. -The LP did not visit the facility.</p>	V 297		

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V 297	<p>Continued From page 6</p> <p>Interview on 3/26/26 staff #6 stated: -Group therapy was always held virtually. -The LP did not visit the facility.</p> <p>Interview on 3/26/26 the Qualified Professional stated: -The LP held group therapy virtually on Thursdays. -The LP did not visit the facility.</p> <p>This is a re-cited deficiency and must be corrected within 30 days.</p>	V 297		