

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  <b>MHL032-414</b>	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____  B. WING _____	(X3) DATE SURVEY COMPLETED  <b>03/23/2026</b>
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NAME OF PROVIDER OR SUPPLIER  <b>BREAK OUT, LLC</b>	STREET ADDRESS, CITY, STATE, ZIP CODE <b>412 PINELAND AVENUE DURHAM, NC 27704</b>
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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETE DATE
V 000	<p><b>INITIAL COMMENTS</b></p> <p>An annual survey was completed on March 23, 2026. A deficiency was cited.</p> <p>This facility is licensed for the following service category: 10A NCAC 27G .5600C Supervised Living for Adults with Developmental Disability.</p> <p>This facility is licensed for 4 and has a current census of 3. The survey sample consisted of audits of 3 current clients.</p>	V 000		
V 118	<p><b>27G .0209 (C) Medication Requirements</b></p> <p><b>10A NCAC 27G .0209 MEDICATION REQUIREMENTS</b></p> <p>(c) Medication administration:</p> <p>(1) Prescription or non-prescription drugs shall only be administered to a client on the written order of a person authorized by law to prescribe drugs.</p> <p>(2) Medications shall be self-administered by clients only when authorized in writing by the client's physician.</p> <p>(3) Medications, including injections, shall be administered only by licensed persons, or by unlicensed persons trained by a registered nurse, pharmacist or other legally qualified person and privileged to prepare and administer medications.</p> <p>(4) A Medication Administration Record (MAR) of all drugs administered to each client must be kept current. Medications administered shall be recorded immediately after administration. The MAR is to include the following:</p> <p>(A) client's name;</p> <p>(B) name, strength, and quantity of the drug;</p> <p>(C) instructions for administering the drug;</p> <p>(D) date and time the drug is administered; and</p> <p>(E) name or initials of person administering the drug.</p>	V 118		

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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE \_\_\_\_\_ TITLE \_\_\_\_\_ (X6) DATE \_\_\_\_\_

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V 118	<p>Continued From page 1</p> <p>(5) Client requests for medication changes or checks shall be recorded and kept with the MAR file followed up by appointment or consultation with a physician.</p> <p>This Rule is not met as evidenced by: Based on observation, record review and interview, the facility failed to keep the MAR current affecting one of three audited clients (#2). The findings are:</p> <p>Review on 3/23/26 of Client #2's record revealed: -Admission date of 10/31/19. -Diagnoses of Moderate Intellectual Developmental Disability; Specified Mood Disorder; Impulse Control Disorder. -Physician's orders for the following medications: -8/29/25:     -Bisacodyl 10 milligrams (mg) (Constipation) Suppositories- Place 1 suppository rectally once weekly. -2/25/26:     -Ramelteon 8 mg (Insomnia)- Take 1 tablet by mouth at night. -No physician orders for Belsomra 20 mg (Insomnia)- Take 1 tablet by mouth at night.</p> <p>Observation on 3/23/26 at approximately 10:45 am of Client #2's medications revealed: -Bisacodyl 10 mg was available for administration. -Ramelteon 8 mg was available for administration. -Belsomra 20 mg was not available for</p>	V 118		

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V 118	<p>Continued From page 2</p> <p>administration.</p> <p>Review on 3/23/26 of Client #2's MAR from January 1, 2026 through March 23, 2026 revealed:</p> <p>-January: -Bisacodyl 10 mg Suppository- Was not marked as administered fir the whole month.</p> <p>-February: -Bisacodyl 10 mg Suppository- No staff initials to indicate administration on the weeks of 2/3 and 2/17. -Ramelteon 8 mg- No staff initials to indicate administration on 2/21, 2/22 and 2/26.</p> <p>-March: -Bisacodyl 10 mg- Was not marked as administered for the whole month. -Ramelteon 8 mg - No staff initials to indicate administration on 3/7, 3/8, 3/14/, 3/15, 3/18. -Belsomra 20 mg- Marked as administered from 3/1-3/22.</p> <p>Interview on 3/23/26 with the Qualified Professional revealed:</p> <p>-Client #2's pharmacy had been making some mistakes on the MAR. -She believed Client #2's Bisacodyl was an "as needed" medication. -The weekend staff was supposed to have marked some of the dates as administering the medications, but did not know why they were not marked. -Client #2 had originally been prescribed a sleeping medications (Belsomra) but his insurance would not cover it, his doctor then wrote for Ramelteon instead. -Client #2's pharmacy printed Belsomra on his MAR by error. -Staff should not have marked anything on the MAR for the Belsomra.</p>	V 118		

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V 118	Continued From page 3  -Staff #1 should have reviewed Client #2's MAR for accuracy when she received them. -They would be conducting a medication administration refresher course for all the staff. -She acknowledged there were discrepancies on Client #2's MAR.	V 118		