

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: MHL080-048	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED 02/23/2026
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NAME OF PROVIDER OR SUPPLIER CATAWBA HOUSE	STREET ADDRESS, CITY, STATE, ZIP CODE 3170 DUNNS MOUNTAIN ROAD SALISBURY, NC 28146
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V 000	<p>INITIAL COMMENTS</p> <p>An annual and complaint survey was completed on 2/23/26. The complaint was unsubstantiated (intake #NC00235376). Deficiencies were cited.</p> <p>This facility is licensed for the following service category: 10A NCAC 27G .5600 Supervised Living for Adults with Developmental Disability.</p> <p>This facility is licensed for 3 and has a current census of 3. The survey sample consisted of audits of 3 current clients.</p>	V 000		
V 118	<p>27G .0209 (C) Medication Requirements</p> <p>10A NCAC 27G .0209 MEDICATION REQUIREMENTS (c) Medication administration: (1) Prescription or non-prescription drugs shall only be administered to a client on the written order of a person authorized by law to prescribe drugs. (2) Medications shall be self-administered by clients only when authorized in writing by the client's physician. (3) Medications, including injections, shall be administered only by licensed persons, or by unlicensed persons trained by a registered nurse, pharmacist or other legally qualified person and privileged to prepare and administer medications. (4) A Medication Administration Record (MAR) of all drugs administered to each client must be kept current. Medications administered shall be recorded immediately after administration. The MAR is to include the following: (A) client's name; (B) name, strength, and quantity of the drug; (C) instructions for administering the drug; (D) date and time the drug is administered; and (E) name or initials of person administering the</p>	V 118		

Division of Health Service Regulation LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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V 118	<p>Continued From page 1</p> <p>drug.</p> <p>(5) Client requests for medication changes or checks shall be recorded and kept with the MAR file followed up by appointment or consultation with a physician.</p> <p>This Rule is not met as evidenced by: Based on record reviews and interview, the facility failed to keep the MARs current affecting three of three audited clients (#1, #2, #3). The findings are:</p> <p>Review on 2/19/26 of client #1's record revealed: -Admission date of 2/7/21. -Diagnoses of Autism Spectrum Disorder, Intellectual Developmental Disability, Cerebral Palsy, Scoliosis, Type 2 Diabetes, Borderline Obesity. -Physician order dated 2/11/26 revealed: -Aripiprazole 20 milligram (mg), take one tab by mouth once every day for behaviors. -Benzotropine 1mg, take one tab by mouth once every day for side effect. -Clonidine 0.1 mg, take one tab by mouth twice daily for behaviors. - Duloxetine 60 mg, take one cap by mouth once every day for behavior. - Januvia 100 mg, take one tab by mouth once every day for diabetes. - Lubiprostone cap 24 microgram (mcg), take one cap by mouth twice daily for constipation. - Medroxypr AC inject, inject 1mil intramuscularly every 90 days. - Meloxicam 15mg, take one tab by mouth</p>	V 118		

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V 118	<p>Continued From page 2</p> <p>once every day for pain.</p> <ul style="list-style-type: none"> - PEG 3350 POW, mix 34 grams in 4 to 8oz of water and take by mouth once every day for constipation. - Risperidone 1mg, take one tab by mouth daily at noon for behaviors. - Senna Plus 8.6-50mg, take 2 tab by mouth once every day. - Trazodone 100mg, take one tab by mouth at bedtime for sleep. - Vitamin D2 50, 000, take one cap by mouth once weekly on sat for supplement. - Ketoconazole cre 2%, Apply to topically to affected area of hands and feet once every day for dry skin. - Check blood sugar daily, Check blood sugar daily. Notify nursing if below 70 and above 250. <p>Review on 2/19/26 of MARs dated from December 2025 through February 19, 2026 for client #1 revealed:</p> <ul style="list-style-type: none"> -December 2025- No staff initials to document administration of the following medications: -Benzotropine 1mg on 12/7/25. -Clonidine 0.1mg on 12/7/25. -Duloxetine 60mg on 12/7/25. -Januvia 100mg on 12/7/25. -Lubiprostone cap 24mcg on 12/7/25. -Meloxicam 15mg on 12/7/25. -Risperidone 1mg on 12/1, 12, 15, 24, 25 2025. <p>-January 2025-No staff initials to document administration of the following medications:</p> <ul style="list-style-type: none"> - Risperidone 1mg on 1/21/25 and 1/29 2025. -Check blood sugar daily on 1/18/25. <p>Review on 2/19/26 of client #2's record revealed:</p> <ul style="list-style-type: none"> -Admission date of 4/15/08. -Diagnoses of Urinary Incontinence, Dysmenorrhea, Fecal Incontinence, 	V 118		

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V 118	<p>Continued From page 3</p> <p>Hypercalcemia, Intellectual Development Disability-Profound, Autism Disorder, Major Depressive Disorder.</p> <p>-Physician order dated 2/9/26 revealed:</p> <ul style="list-style-type: none"> -Clear Fiber Powder SF, Mix one tbs (tablespoon) in 8oz (ounce) of water/juice and take by mouth once every day. -Hydrochlorot 12.5mg, take one tablet by mouth once every day. -Junel 1/20, take one tab by mouth once every day continuously. - Metronidaol Gel 0.755, Cleanse vagina/vulva twice weekly on Mondays and Friday for vaginal health. -PEG 3350 POW (powder), mix 17grams in 8oz of water/juice and take by mouth once every day. - Rosuvastatin 20mg, take one tab by mouth every evening. - Vitamin D3 400 Unit, take one tab by mouth once every day. - Check BP (blood pressure) every morning, check BP every morning. Notify nursing is BP is >170/90 <p>Review on 2/19/26 of MARs dated from December 2025 through February 19, 2026 for client #2 revealed:</p> <ul style="list-style-type: none"> -December 2025- No staff initials to document administration of the following medications: -Hydrochlorot 12.5mg on 12/7/25. -Junel 1/20 on 12/7/25 and 12/24/25 -Rosuvastatin 20mg on 12/18/25. -Vitamin D3 400unit on 12/24/25. -Check BP every morning on 12/24/25. <ul style="list-style-type: none"> -January 2025- No staff initials to document administration of the following medications: - Rosuvastatin 20mg on 1/6/25, 1/17/25, 1/28/25. 	V 118		

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V 118	<p>Continued From page 4</p> <p>Review on 2/19/26 of client #3's record revealed:</p> <ul style="list-style-type: none"> -Admission date of 12/1/23. -Diagnoses of Seizure, Insomnia, Agitation, Intellectual Developmental Disability, Major Depressive Disorder, Schizophrenia, Anxiety Disorder. -Physician order dated 1/18/26 revealed: <ul style="list-style-type: none"> -Abilify Maniten-400mg, Inject 400mg intramuscularly every 3 weeks on Thursday for Schizophrenia. -Aripiprazole 5mg, take one tablet by mouth twice daily at lunch and bedtime for mood. - Atorvastatin 10mg , take one tablet by mouth every evening for cholesterol. - Divalproex 500mg, take 3 tab by mouth every night at bedtime for seizures. - Famotidine 20mg, take one tab by mouth once every day. - Fanapt 8mg, take one tab by mouth twice daily. - Folic acid 1mg, take one tab by mouth once every day for supplement. - Lacosamide 100mg, take one tab by mouth twice daily. - Lacosamide 50mg, take one tab by mouth twice daily. - Loratadine 10mg, take one tab by mouth once every day. - Montelukast 10mg, take one tab by mouth once every day. - PEG 3350, Mix 17 in 8oz of water and take by mouth every evening. - Sertraline 50mg, take one tab by mouth once every day. - Vitamin D3 50, 000 units, take one cap by mouth once weekly. - Chlorhex GLU Sol 0.12%, Rinse mouth with 15ml (milliliter) for 30 seconds twice daily after tooth brushing 	V 118		

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V 118	<p>Continued From page 5</p> <p>Review on 2/19/26 of MARs dated from December 2025 through February 19, 2026 for client #3 revealed:</p> <ul style="list-style-type: none"> - December 2025- No staff initials to document administration of the following medications: -Divalproex 500mg on 12/6/25 and 12/7/25. -Montelukast 10mg on 12/20/25. <p>Attempted interviews on 9/20/26 with Client #1, Client #2, Client #3 revealed:</p> <ul style="list-style-type: none"> -Was unsuccessful with Client #1 and Client #2 due to inability to verbally communicate the answers to the questions given. -Was unsuccessful with Client #3 due to therapeutic leave. <p>Interview on 9/23/26 with the Registered Nurse (RN) revealed:</p> <ul style="list-style-type: none"> -It was the RN's responsibility to review the MARs monthly for errors. - " We usually send a form for the staff to fill out to say why the medication was missed, I am certain I sent the forms and did not get it back" <p>Interview on 2/23/26 with the Director revealed:</p> <ul style="list-style-type: none"> -It was the Nursing staff responsibility to review the MARs monthly for errors. 	V 118		
V 736	<p>27G .0303(c) Facility and Grounds Maintenance</p> <p>10A NCAC 27G .0303 LOCATION AND EXTERIOR REQUIREMENTS</p> <p>(c) Each facility and its grounds shall be maintained in a safe, clean, attractive and orderly manner and shall be kept free from offensive odor.</p> <p>This Rule is not met as evidenced by: Based on observation and interview, the facility</p>	V 736		

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V 736	<p>Continued From page 6</p> <p>failed to ensure facility grounds were maintained in a safe, clean, attractive and orderly manner. The findings are:</p> <p>Observation on 2/20/26 at approximately 8:52 AM of the facility revealed the following issues: -Living Room (Staff area)-approximately 8 inches of flooring pulling up from subfloor. -Client #2's bedroom-window blinds: 8 slates missing on left side -Bathroom #2-popcorn ceiling paint peeling away from ceiling approximately 4 inches in width, 6 inches in length.</p> <p>Interview with staff #1 on 2/20/26 revealed: -The blinds in Client #2 bedroom have been broken for a few months.</p> <p>Interview with the Director on 2/23/26 revealed: -The facility will be moving in the middle of March to another location, because the owner does not fix anything in the home.</p>	V 736		