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DEPARTMENT OF HEALTH AND HUMAN SERVICES
CENTERS FOR MEDICARE & MEDICAID SERVICES

PRINTED: 11/03/2025
FORM APPROVED
OMB NO. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 34G113	(X2) MULTIPLE CONSTRUCTION A. BUILDING _____ B. WING _____	(X3) DATE SURVEY COMPLETED R 10/30/2025
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NAME OF PROVIDER OR SUPPLIER MOUNTAIN RIDGE GROUP HOME	STREET ADDRESS, CITY, STATE, ZIP CODE 810 KING ARTHUR DRIVE GASTONIA, NC 28054
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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETION DATE
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W 000	INITIAL COMMENTS A follow up survey was conducted on 10/30/25 for all previous deficiencies cited on 7/29/25. The facility was unable to provide documentation to support completion of all deficiencies cited, therefore, deficiency "Professional Program Services" was recited and the facility remains out of compliance. Interview with the Home Manager (HM) verified by a qualified intellectual developmental professional (QIDP) note dated 9/9/25 revealed the facility is still in process of identifying a psychologist or Behavior Analyst to assist with updating Behavior Support Plans and monitoring behavioral data.	W 000		
{W 167}	PROFESSIONAL PROGRAM SERVICES CFR(s): 483.430(b)(2) The facility must have available enough qualified professional staff to carry out and monitor the various professional interventions in accordance with the stated goals and objectives of every individual program plan. This STANDARD is not met as evidenced by: The facility failed to assure psychological services were consistently available to update, revise, monitor and carry out behavioral interventions in accordance with the behavior support plans (BSPs) of 5 of 5 audited clients (#1, #2, #3, #4 and #5) as evidenced by interview and record verification. The findings are: A. Review of client #1's record on 7/29/25 revealed a BSP dated 9/2/23. Further review revealed the client to have a BSP to reduce episodes of disruptive behavior during which a target behavior is displayed to no more than 3	{W 167}	Mt. Ridge ICF/IDD group home will have available enough qualified professional interventions in accordance with the stated goals and objectives of every individual program plan. In such case of the need for psychological services to be consistently available, to update, revise, monitor and carry out behavioral interventions, The Program Director/QP will collaborate with LSC clinical professionals to identify and hire a consulting licensed psychologist. The Program Director/Qualified Professional will conduct routine Interdisciplinary Team meetings to allow the consultative review and progress update discussions. Prog Dir/QP will ensure that a licensed psychologist is staffed as a specialized consultant on the IDT. Prog Dir/QP will ensure the annual and as needed revisions to the BSP are completed in a timely fashion by the consulting psychologist. Once submitted, Prog Dir/QP will present the BSP to the Human Rights Committee and guardian of the individuals and obtain signatures of approval and consent. Please see attached letter from LSC's Executive Director, Child and Family Clinical Team for a summary of efforts made in pursuit of a consulting psychologist.	11-29-2025

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE <i>Tiffany Grant</i>	TITLE QP/Program Director	(X6) DATE 11/13/25
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Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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NAME OF PROVIDER OR SUPPLIER MOUNTAIN RIDGE GROUP HOME			STREET ADDRESS, CITY, STATE, ZIP CODE 810 KING ARTHUR DRIVE GASTONIA, NC 28054		
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{W 167}	<p>Continued From page 1</p> <p>episodes per month for 6 consecutive months. Continued review of the BSP revealed the following targeted behaviors listed as self injury behavior, aggression, property destruction/misuse, and elopement. Subsequent review of the BSP revealed alarms are to be activated on client #1's bedroom door and exit doors to alert staff. Locked gate on the yard fence at the group home is also needed. Additional review revealed restrictive therapeutic walk or holds may be used as specified to prevent injury, ensure safety, or to prevent major property destruction. Additional review revealed client #1 is currently prescribed psychotherapeutic medications to assist with disruptive behaviors.</p> <p>Interview with the qualified intellectual developmental professional (QIDP) on 7/29/25 substantiated by record verification revealed the facility has been without a contracted psychologist for quite some time. Further interview with the QIDP revealed it has been a challenge to identify a psychologist in the area who will provide services. Continued interview with the QIDP revealed there is no qualified professional available to review the behavioral data to determine progress or to make revisions/updates as needed to the BSP.</p> <p>B. Review of client #2's record on 7/29/25 revealed a BSP dated 9/13/23. Further review revealed the client to have a BSP to reduce indicators of agitation to no more than a total of 71 per month for 6 consecutive months. Continued review revealed the following target behavior listed as agitation.</p> <p>Interview with the QIDP on 7/29/25 substantiated</p>	{W 167}			

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{W 167}	<p>Continued From page 2</p> <p>by record verification revealed the facility has been without a contracted psychologist for quite some time. Further interview with the QIDP revealed it has been a challenge to identify a psychologist in the area who will provide services. Continued interview with the QIDP revealed there is no qualified professional available to review the behavioral data to determine progress or to make revisions/updates as needed to the BSP.</p> <p>C. Review of client #3's record on 7/29/25 revealed a BSP dated 9/30/20. Further review revealed the client to have a BSP to decrease episodes of disruptive behavior during with a target behavior is displayed to no more than 3 episodes per month for 6 consecutive months. Continued review revealed the following target behavior listed as aggression, property destruction/misuse, and self injury. Subsequent review revealed that benign personal restraint will be sued for 10 seconds if client #3 does not respond to the verbal prompt and continues to attempt to engage in SIB such as biting or hitting himself.</p> <p>Additional review revealed that if needed to ensure his safety, an NCI approved therapeutic hold will be used until he is calm for 1 full minute as described above as an intervention for aggression or property destruction. Continued review revealed client #3 is currently prescribed psychotherapeutic medications to assist with disruptive behaviors.</p> <p>Interview with the QIDP on 7/29/25 substantiated by record verification revealed the facility has been without a contracted psychologist for quite some time. Further interview with the QIDP revealed it has been a challenge to identify a</p>	{W 167}			

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{W 167}	<p>Continued From page 3</p> <p>psychologist in the area who will provide services. Continued interview with the QIDP revealed there is no qualified professional available to review the behavioral data to determine progress or to make revisions/updates as needed to the BSP.</p> <p>D. Review of client #4's record on 7/29/25 revealed a BSP Summary dated 2021-2022. Further review of the summary revealed target behavior listed as verbal aggression/loud vocalizations. Continued review revealed alarms activated on exit doors. Subsequent review did not reveal an actual completed BSP for surveyor to review.</p> <p>Interview with the home manager (HM) on 7/29/25 revealed all documentation relative to client #4's BSP has been provided to surveyors. Further interview with the QIDP substantiated by record verification, revealed the facility has been without a contracted psychologist for quite some time. Continued interview with the QIDP revealed it has been a challenge to identify a psychologist in the area who will provide services. Subsequent interview with the QIDP revealed there is no qualified professional available to review the behavioral data to determine progress or to make revisions/updates as needed to the BSP.</p> <p>E. Review of client #5's record on 7/29/25 revealed a BSP dated 8/29/21. Further review revealed the client to have a BSP to decrease episodes of disruptive behavior when a target behavior is displayed to be no more than 2 episodes per month for 6 consecutive months. Continued review revealed the following target behaviors listed as aggression and property destruction/misuse. Subsequent review revealed NCI or other approved therapeutic hold will be</p>	{W 167}			

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{W 167}	Continued From page 4 used immediately if needed to ensure safety, prevent injury or to prevent major property destruction or at other times when a safe area in not immediately available, or if there is imminent danger to the client or others in the environment due to his behavior. Interview with the QIDP on 7/29/25 substantiated by record verification, revealed the facility has been without a contracted psychologist for quite some time. Further interview with the QIDP revealed it has been a challenge to identify a psychologist in the area who will provide services. Continued interview with the QIDP revealed there is no qualified professional available to review the behavioral data to determine progress or to make revisions/updates as needed to the BSP.	{W 167}			