

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: MHL093-058	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED R 01/07/2026
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NAME OF PROVIDER OR SUPPLIER LAKE AREA COUNSELING HALFWAY HOUSE	STREET ADDRESS, CITY, STATE, ZIP CODE 519 WALKER STREET NORLINA, NC 27563
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V 000	<p>INITIAL COMMENTS</p> <p>A limited follow up survey for the Type A1 was completed on January 7, 2026. This was a limited follow up survey, only 10A NCAC 27G .0209 Medication Requirements (V118) and 10A NCAC 27G .5603 Supervised Living for Adults with Substance Abuse Dependency-Operations (V291) were reviewed for compliance. The following was brought back into compliance: 10A NCAC 27G .0209 Medication Requirements (V118). Deficiencies were cited.</p> <p>This facility is licensed for the following service category: 10A NCAC 27G .5600E Supervised Living for Adults with Substance Abuse Dependency.</p> <p>This facility is licensed for 13 and has a current census of 9. The survey sample consisted of audits of 3 current clients.</p>	V 000		
V 117	<p>27G .0209 (B) Medication Requirements</p> <p>10A NCAC 27G .0209 MEDICATION REQUIREMENTS</p> <p>(b) Medication packaging and labeling:</p> <p>(1) Non-prescription drug containers not dispensed by a pharmacist shall retain the manufacturer's label with expiration dates clearly visible;</p> <p>(2) Prescription medications, whether purchased or obtained as samples, shall be dispensed in tamper-resistant packaging that will minimize the risk of accidental ingestion by children. Such packaging includes plastic or glass bottles/vials with tamper-resistant caps, or in the case of unit-of-use packaged drugs, a zip-lock plastic bag may be adequate;</p> <p>(3) The packaging label of each prescription drug dispensed must include the following:</p>	V 117		

Division of Health Service Regulation
LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE _____ TITLE _____ (X6) DATE _____

Division of Health Service Regulation

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V 117	<p>Continued From page 1</p> <p>(A) the client's name; (B) the prescriber's name; (C) the current dispensing date; (D) clear directions for self-administration; (E) the name, strength, quantity, and expiration date of the prescribed drug; and (F) the name, address, and phone number of the pharmacy or dispensing location (e.g., mh/dd/sa center), and the name of the dispensing practitioner.</p> <p>This Rule is not met as evidenced by: Based on observation, record review and interview the facility failed to ensure 1 of 3 audited clients (#1) medication had packaging labels. The findings are:</p> <p>Review on 1/6/26 of client #1's record revealed:</p> <ul style="list-style-type: none"> - Admitted 7/23/25 - Diagnoses: Alcohol Abuse, Cocaine Abuse, Cannabis Abuse and uncontrolled Diabetes with Hyperglycemia - A physician's order dated 11/24/25: Lantus-Inject 80 units (u) everyday (40 morning (am) & 40 evening (pm)) <p>Observation on 1/6/26 at 1:23pm of the Lantus medication label for client #1 revealed:</p> <ul style="list-style-type: none"> - Inject 25u subcutaneously twice a day - Filled 12/16/25 - prescriber: primary care Physician Assistant (PA) <p>During interview on 1/6/26 a representative with</p>	V 117		

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V 117	<p>Continued From page 2</p> <p>the facility's pharmacy reported:</p> <ul style="list-style-type: none"> - Received a prescription dated 12/16/25 for Lantus 25u twice a day from client #1's PA <p>During interview on 1/6/26 client #1 reported:</p> <ul style="list-style-type: none"> - He injected 40u twice a day <p>During interview on 1/6/26 client #1's PA reported:</p> <ul style="list-style-type: none"> - Client #1's Lantus prescription was 40u am & 40u pm) - She would contact the facility's pharmacy <p>During interview on 1/6/26 staff #1 reported:</p> <ul style="list-style-type: none"> - client #1 administered 40u twice a day - she was not sure why the Lantus medication label had 25u twice a day <p>During interview on 1/6/26 & 1/7/26 the Residential Supervisor reported:</p> <ul style="list-style-type: none"> - Client #1's medication label was an oversight by staff - On 1/7/26, the facility's pharmacy will send the corrected label 	V 117		
V 291	<p>27G .5603 Supervised Living - Operations</p> <p>10A NCAC 27G .5603 OPERATIONS</p> <p>(a) Capacity. A facility shall serve no more than six clients when the clients have mental illness or developmental disabilities. Any facility licensed on June 15, 2001, and providing services to more than six clients at that time, may continue to provide services at no more than the facility's licensed capacity.</p> <p>(b) Service Coordination. Coordination shall be maintained between the facility operator and the qualified professionals who are responsible for treatment/habilitation or case management.</p> <p>(c) Participation of the Family or Legally</p>	V 291		

Division of Health Service Regulation

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V 291	<p>Continued From page 3</p> <p>Responsible Person. Each client shall be provided the opportunity to maintain an ongoing relationship with her or his family through such means as visits to the facility and visits outside the facility. Reports shall be submitted at least annually to the parent of a minor resident, or the legally responsible person of an adult resident. Reports may be in writing or take the form of a conference and shall focus on the client's progress toward meeting individual goals.</p> <p>(d) Program Activities. Each client shall have activity opportunities based on her/his choices, needs and the treatment/habilitation plan. Activities shall be designed to foster community inclusion. Choices may be limited when the court or legal system is involved or when health or safety issues become a primary concern.</p> <p>This Rule is not met as evidenced by: Based on record review and interview the facility failed to coordinate with other qualified professionals who are responsible for 1 of 3 audited clients (#1) treatment/habilitation. The findings are:</p> <p>Review on 1/6/26 of client #1's record revealed: - Admitted 7/23/25 - Diagnoses: Alcohol Abuse, Cocaine Abuse, Cannabis Abuse and uncontrolled Diabetes with Hyperglycemia</p> <p>Review on 1/6/26 of client #1's primary care visits revealed: - 11/5/25 - Referral podiatry: reason: patient has onychomycosis on bilateral feet ...neuropathy ...would benefit from nail and possible oral antifungal</p>	V 291		

Division of Health Service Regulation

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V 291	<p>Continued From page 4</p> <ul style="list-style-type: none"> - 11/25/25 - ...Pre-visit planning: glucose, foot check, A1C ...no further concerns notated <p>During interview on 1/6/26 client #1 reported:</p> <ul style="list-style-type: none"> - Thought he was supposed to have a follow up with the cardiologist - Was not aware of the referral to the podiatrist - He spoke with the pharmacy and was informed his insurance did not cover diabetic shoes <p>During interview on 1/6/26 client #1's primary care Physician Assistant (PA) reported:</p> <ul style="list-style-type: none"> - Client #1 visited with the cardiologist on 10/10/25, was supposed to follow up in 4 weeks - She (PA) had not received documentation he followed up with the cardiologist - In November 2025 she referred client #1 to a podiatrist - The podiatrist "maybe" beneficial for the neuropathy - She had not received documentation he followed up with the podiatrist <p>During interview on 1/6/26 staff #1 reported:</p> <ul style="list-style-type: none"> - Client #1 had a sore on his foot, and she took him to the primary care office since he was a diabetic - She and client #1 requested a referral to see a podiatrist - She (staff #1) contacted the podiatrist at least twice since the November 2025 visit but the appointments were scheduled out for several months - Client #1 had signed a lease for a new apartment & maybe discharged soon, therefore an appointment was not scheduled - The podiatrist office representative reported client #1 would be contacted if someone canceled - Client #1 followed up with the primary care PA 	V 291		

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V 291	<p>Continued From page 5</p> <p>after the 10/10/25 visit with the cardiologist</p> <p>During interview on 1/6/26 the Residential Supervisor reported:</p> <ul style="list-style-type: none"> - Staff have a calendar with the clients' appointments - She visited the facility once a week and discussed the appointments with staff #1 - The former house manager informed her client #1 did not want to return to the cardiologist due to some incorrect information in the 10/10/25 cardiologist report - Client #1 followed up with the primary care PA after the 10/10/25 cardiologist visit - Aware client #1 had a sore on his foot that was being treated by the primary care PA - Staff #1 planned to reach out to a podiatrist <p>This deficiency constitutes a re-cited deficiency and must be corrected within 30 days.</p>	V 291		