

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: MHL063-002	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED R 12/05/2025
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NAME OF PROVIDER OR SUPPLIER BETHESDA INC	STREET ADDRESS, CITY, STATE, ZIP CODE 204 NORTH PINE STREET BUILDING A ABERDEEN, NC 28315
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V 000	<p>INITIAL COMMENTS</p> <p>An annual, complaint and follow up survey was completed on December 5, 2025. The complaint was unsubstantiated (intake #NC00234373). Deficiencies were cited.</p> <p>This facility is licensed for the following service categories: 10A NCAC 27G .3200 Social Setting Detoxification for Substance Abuse and 10A NCAC 27G .5600E Supervised Living for Adults with Substance Abuse Dependency.</p> <p>This facility is licensed for 15 and has a current census of 14. The survey sample consisted of audits of 4 current clients.</p>	V 000		
V 114	<p>27G .0207 Emergency Plans and Supplies</p> <p>10A NCAC 27G .0207 EMERGENCY PLANS AND SUPPLIES</p> <p>(a) Each facility shall develop a written fire plan and a disaster plan and shall make a copy of these plans available to the county emergency services agencies upon request. The plans shall include evacuation procedures and routes.</p> <p>(b) The plans shall be made available to all staff and evacuation procedures and routes shall be posted in the facility.</p> <p>(c) Fire and disaster drills in a 24-hour facility shall be held at least quarterly and shall be repeated for each shift. Drills shall be conducted under conditions that simulate the facility's response to fire emergencies.</p> <p>(d) Each facility shall have a first aid kit accessible for use.</p>	V 114		

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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE _____ TITLE _____ (X6) DATE _____

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V 114	<p>Continued From page 1</p> <p>This Rule is not met as evidenced by: Based on record reviews and interviews, the facility failed to ensure fire and disaster drills were conducted quarterly and on each shift. The findings are:</p> <p>Review on 12/4/25 of the facility's fire drill log from December 2024 through December 2025 revealed: -There was no fire drills documented.</p> <p>Review on 12/4/25 of the Facility's disaster drill log from December 2024 through December 2025 revealed: -There was no disaster drills documented.</p> <p>Interview on 12/4/25 with the Co-Manager revealed: -"I didn't know why the fire and disaster drills weren't done."</p> <p>Interview on 12/3/25 and 12/4/25 with the Director revealed: -"I told the staff to complete the fire and disaster drills, but they weren't done." -"I thought the staff were doing the drills." -"He confirmed the facility failed to ensure fire and disaster drills were conducted quarterly on each shift."</p> <p>This deficiency constitutes a recited deficiency and must be corrected within 30 days.</p>	V 114		
V 118	<p>27G .0209 (C) Medication Requirements</p> <p>10A NCAC 27G .0209 MEDICATION REQUIREMENTS (c) Medication administration: (1) Prescription or non-prescription drugs shall</p>	V 118		

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V 118	<p>Continued From page 2</p> <p>only be administered to a client on the written order of a person authorized by law to prescribe drugs.</p> <p>(2) Medications shall be self-administered by clients only when authorized in writing by the client's physician.</p> <p>(3) Medications, including injections, shall be administered only by licensed persons, or by unlicensed persons trained by a registered nurse, pharmacist or other legally qualified person and privileged to prepare and administer medications.</p> <p>(4) A Medication Administration Record (MAR) of all drugs administered to each client must be kept current. Medications administered shall be recorded immediately after administration. The MAR is to include the following: (A) client's name; (B) name, strength, and quantity of the drug; (C) instructions for administering the drug; (D) date and time the drug is administered; and (E) name or initials of person administering the drug.</p> <p>(5) Client requests for medication changes or checks shall be recorded and kept with the MAR file followed up by appointment or consultation with a physician.</p> <p>This Rule is not met as evidenced by: Based on record reviews, observation and interviews, the facility failed to have physician's orders affecting 1 of 4 clients (#4). The findings are:</p> <p>Review on 12/4/25 of client #4's record revealed:</p>	V 118		

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V 118	<p>Continued From page 3</p> <ul style="list-style-type: none"> -Admission date of 4/30/25. -Diagnoses of Alcohol Use Disorder. -There were no physician's orders for the medications below. <p>Observation on 11/13/25 at approximately 11:43 AM of client #4's medication bin revealed: The following medications were available for administration-</p> <ul style="list-style-type: none"> -Naltrexone 50mg (alcohol use) -Duloxetine 20mg (mental health) -Pantoprazole 20mg (acid reflux) -Omeprazole 20mg (acid reflux) <p>Review on 12/4/25 of October, November, and December 2025 MAR for client #4 revealed:</p> <ul style="list-style-type: none"> -Staff administered the medication above to client #4 on 10/1 thru 12/4. <p>Interview on 12/4/25 with the Co-Manager revealed:</p> <ul style="list-style-type: none"> -"I didn't know that I needed physician's orders for the client's medications." -"It was a lot of stuff that we didn't know we were supposed to do with the [Former Director] having terminal cancer." -"Things have been missing due to the new [Director] making the transition." <p>Interview on 12/3/25 and 12/4/25 with the Director revealed:</p> <ul style="list-style-type: none"> -"The [Co-Manager] are responsible to handle all the medications for the clients." -"I didn't know the clients needed to have physician's orders." -"I am transitioning to the [Director] position and some things I'm learning." -"I'm trying to clean up everything so it will be in order." -He confirmed there were no physician's orders 	V 118		

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V 118	Continued From page 4 for [client #4]. This deficiency constitutes a recited deficiency and must be corrected within 30 days.	V 118		
V 121	27G .0209 (F) Medication Requirements 10A NCAC 27G .0209 MEDICATION REQUIREMENTS (f) Medication review: (1) If the client receives psychotropic drugs, the governing body or operator shall be responsible for obtaining a review of each client's drug regimen at least every six months. The review shall be to be performed by a pharmacist or physician. The on-site manager shall assure that the client's physician is informed of the results of the review when medical intervention is indicated. (2) The findings of the drug regimen review shall be recorded in the client record along with corrective action, if applicable. This Rule is not met as evidenced by: Based on record reviews and interviews, the facility failed to obtain drug regimen reviews every six months for one of four audited clients (#4) who received psychotropic drugs. The findings are: Review on 12/4/25 of client #4's record revealed: -Admission date of 4/30/25. -Diagnoses of Alcohol Use Disorder. -Naltrexone 50mg (alcohol use), take 1 tablet by mouth in the morning, Duloxetine 20mg (mental health), take 1 capsule by mouth in the morning	V 121		

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V 121	<p>Continued From page 5</p> <p>and 1 capsule at bedtime, Pantoprazole 20mg (acid reflux) take 1 tablet by mouth each morning, and Omeprazole 20mg (acid reflux) take 1 capsule by mouth in the morning and 1 capsule at bedtime.</p> <p>-There was no documentation of a drug regimen review completed within the last six months.</p> <p>Review on 12/3/25 of the October, November, and December 2025 Medication Administration Record (MAR) revealed: -Staff documented client #4 was administered the above medication on 10/1 thru 12/3.</p> <p>Interview on 12/4/25 with the Co-Manager revealed: -"I also didn't know that the medications had to be reviewed every six months." -"It was a lot of stuff that we didn't know we were supposed to do with the [Former Director] having terminal cancer."</p> <p>Interview on 12/3/25 and 12/4/25 with the Director revealed: -"I wasn't aware that the medications had to be reviewed every six months." -"I was never told about having any medications reviewed and still learning the [Director's] position." -"I'm trying to clean up everything so it will be in order." -"I am transitioning to the [Director's] position and some things I'm learning." -He confirmed there was no documentation of a drug regimen review completed for client #4 within the last six months.</p>	V 121		