

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: MHL090-225	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED 11/19/2025
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NAME OF PROVIDER OR SUPPLIER INWARD BOUND	STREET ADDRESS, CITY, STATE, ZIP CODE 4825 FARMVIEW DRIVE MONROE, NC 28110
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V 000	<p>INITIAL COMMENTS</p> <p>An annual survey was completed on 11/19/25. Deficiencies were cited.</p> <p>This facility is licensed for the following service category: 10A NCAC 27G .1700 Residential Treatment Staff Secure for Children or Adolescents.</p> <p>This facility is licensed for 4 and has a current census of 4. The survey sample consisted of audits of 3 current clients.</p>	V 000		
V 114	<p>27G .0207 Emergency Plans and Supplies</p> <p>10A NCAC 27G .0207 EMERGENCY PLANS AND SUPPLIES</p> <p>(a) Each facility shall develop a written fire plan and a disaster plan and shall make a copy of these plans available to the county emergency services agencies upon request. The plans shall include evacuation procedures and routes.</p> <p>(b) The plans shall be made available to all staff and evacuation procedures and routes shall be posted in the facility.</p> <p>(c) Fire and disaster drills in a 24-hour facility shall be held at least quarterly and shall be repeated for each shift. Drills shall be conducted under conditions that simulate the facility's response to fire emergencies.</p> <p>(d) Each facility shall have a first aid kit accessible for use.</p> <p>This Rule is not met as evidenced by: Based on record review and interviews, the facility failed to have completed fire and disaster drills held at least quarterly and repeated on each</p>	V 114		

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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE _____ TITLE _____ (X6) DATE _____

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V 114	<p>Continued From page 1</p> <p>shift. The findings are:</p> <p>Review on 11/13/25 of the facility's fire and disaster drill log from January 1, 2025-November 1, 2025 revealed:</p> <p>1st quarter (January- March 2025):</p> <ul style="list-style-type: none"> - No 3rd shift (11pm-9am) fire drills; - No 1st (9am-3pm) and 2nd (3pm-11pm) shift disaster drill. <p>2nd quarter (April- June 2025):</p> <ul style="list-style-type: none"> - No 1st and 3rd shift fire drills; - No 2nd shift disaster drills. <p>3rd quarter (July-September 2025):</p> <ul style="list-style-type: none"> - No 2nd shift disaster drills. <p>Interview on 11/13/25with Client #1 revealed:</p> <ul style="list-style-type: none"> - Completed fire and disaster drills; - Completed one fire drill since admission on 9/11/25. <p>Interview on 11/13/25 with Client #2 revealed:</p> <ul style="list-style-type: none"> - "I really don't know how often we complete fire and disaster drills;" - "It was a couple of months ago since we did a fire or disaster drill." <p>Interview on 11/19/25 with Client #3 revealed:</p> <ul style="list-style-type: none"> - "I can't remember the last time we completed a fire and disaster drill." <p>Interview on 11/19/25 with Staff #1 revealed:</p> <ul style="list-style-type: none"> - The Qualified Professional was responsible for making sure the fire and disaster drills were completed; - Completed fire and disaster drills every two months; - Completed a fire drill in October 2025. 	V 114		

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V 114	<p>Continued From page 2</p> <p>Interview on 11/19/25 with Staff #2 revealed:</p> <ul style="list-style-type: none"> - Completed fire and disaster drills once a month; - Completed a fire drill in September 2025 during shift. <p>Interview on 11/19/25 with Staff #3 revealed:</p> <ul style="list-style-type: none"> - Completed fire and disaster drills twice a month; - Completed a fire drill a few weeks ago. <p>Interview on 11/19/25 with the Associate Professional revealed:</p> <ul style="list-style-type: none"> - Was responsible for making sure fire and disaster drills were being completed; - Completed a fire and disaster drills once a month and rotated the shifts to cover each shift. - Completed the fire and disaster drill at the same time; - Planned to start documenting both fire and disaster drills. 	V 114		
V 118	<p>27G .0209 (C) Medication Requirements</p> <p>10A NCAC 27G .0209 MEDICATION REQUIREMENTS</p> <p>(c) Medication administration:</p> <p>(1) Prescription or non-prescription drugs shall only be administered to a client on the written order of a person authorized by law to prescribe drugs.</p> <p>(2) Medications shall be self-administered by clients only when authorized in writing by the client's physician.</p> <p>(3) Medications, including injections, shall be administered only by licensed persons, or by unlicensed persons trained by a registered nurse, pharmacist or other legally qualified person and privileged to prepare and administer medications.</p> <p>(4) A Medication Administration Record (MAR) of all drugs administered to each client must be kept</p>	V 118		

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V 118	<p>Continued From page 3</p> <p>current. Medications administered shall be recorded immediately after administration. The MAR is to include the following:</p> <ul style="list-style-type: none"> (A) client's name; (B) name, strength, and quantity of the drug; (C) instructions for administering the drug; (D) date and time the drug is administered; and (E) name or initials of person administering the drug. <p>(5) Client requests for medication changes or checks shall be recorded and kept with the MAR file followed up by appointment or consultation with a physician.</p> <p>This Rule is not met as evidenced by: Based on record reviews and interviews, the facility failed to ensure that medication was administered on the written order of a physician and failed to keep the MAR current affecting 2 of 3 audit clients (#2, #3). The findings are:</p> <p>Review on 11/18/25 of Client #2's record revealed:</p> <ul style="list-style-type: none"> - Admission date 10/30/24; - Age 14 years old; - Diagnoses: Attention Deficit Hyperactivity Disorder, Autistic Disorder, Conduct Disorder, Childhood-Onset Type; - Physician's Orders- <ul style="list-style-type: none"> - dated 10/9/02- Qelbree ER (extended release) 200mg (milligram) (ADHD), Take 2 tablets daily at night; - dated 7/29/25- Risperidone 0.5mg (Autism), Take 1 tablet daily at night; Clonidine HCL 0.1mg 	V 118		

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V 118	<p>Continued From page 4</p> <p>(ADHD), Take 2 tablets daily at night; - No Physician's Order- Risperidone 1mg, Take 1 tablet at bedtime, Clonidine HCL 0.3mg, Take 1 tablet at night.</p> <p>Review on 11/18/25 of Client #3's record revealed: - Admission date 8/15/25; - Age 13 years old; - Diagnoses: Attention Deficit Hyperactivity Disorder; - Physician Order dated 8/22/25 Trazodone 50mg, Take 1.5 (75mg) tablets at bedtime as needed for sleep.</p> <p>Review on 11/13/25 of Client #2's MAR August 1,- November 13, 2025 revealed: - September- Risperidone 0.5mg, discontinued on 9/12/25 and started Risperidone 1mg; - September-Clonidine HCL 0.1mg, discontinued on 9/12/25 and started Clonidine .3 (0.3mg); - October- Clonidine HCL 0.3mg; - October-Qelbree 100 +200 mg, take two tablets at night, there was no new change on the MAR for the new physician order dated 10/9/25.</p> <p>Review on 11/18/25 of Client #3's MAR from August 15,- November 13, 2025 revealed under the Medications column: - August-Trazodone 50 mg, take 1 at night; - September- Trazodone 500mg, take 1 at night; - October- Trazodone 500mg, take 1 at night; - November- Take 1 ½ (75mg) daily at night.</p> <p>Interview on 11/13/25 with Client #2 revealed: - Received medications daily.</p> <p>Interview on 11/18/25 with Client #3 revealed: - Received medications daily.</p>	V 118		

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V 118	<p>Continued From page 5</p> <p>Interview on 11/18/25 with the Qualified Professional revealed:</p> <ul style="list-style-type: none"> - Was responsible for the MARs; - Updated the MARs when there was a medication change or a new medication; - Checked the MARs daily. <p>Interview on 11/19/25 with the Owner revealed:</p> <ul style="list-style-type: none"> - "I'm going to start completing the MARs myself." 	V 118		