

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  <b>MHL011-404</b>	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____  B. WING _____	(X3) DATE SURVEY COMPLETED  <b>10/09/2025</b>
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NAME OF PROVIDER OR SUPPLIER  <b>ASHEVILLE RECOVERY CENTER, LLC</b>	STREET ADDRESS, CITY, STATE, ZIP CODE <b>9 OLD BURNSVILLE HILL ROAD, SUITE 4 AND 7 ASHEVILLE, NC 28804</b>
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V 000	<p><b>INITIAL COMMENTS</b></p> <p>An on-site survey was completed on October 9, 2025. A deficiency was cited.</p> <p>This facility is licensed for the following service categories: 10A NCAC 27G .3700 Day Treatment Facilities for Individuals with Substance Abuse Disorders, 10A NCAC 27G .4400 Substance Abuse Intensive Outpatient Program, and 10A NCAC 27G .4500 Substance Abuse Comprehensive Outpatient Treatment Program.</p> <p>This facility has a current census of 53. The .3700 Day Treatment Facilities for Individuals with Substance Abuse Disorders (Day Tx) has a current census of 0, the .4400 Substance Abuse Intensive Outpatient Program (SAIOP) has a current census of 17 and the .4500 Substance Abuse Comprehensive Outpatient Treatment Program (SACOT) has a current census of 36. The survey sample consisted of audits of 5 current SACOT clients.</p>	V 000		
V 280	<p>27G .4501 Sub. Abuse Comp. Outpt. Tx.- Scope</p> <p>10A NCAC 27G .4501 Scope</p> <p>(a) A substance abuse comprehensive outpatient treatment program (SACOT) is one that provides a multi-faceted approach to treatment in an outpatient setting for adults with a primary substance-related diagnosis who require structure and support to achieve and sustain recovery.</p> <p>(b) Treatment support activities may be adapted or specifically designed for persons with physical disabilities, co-occurring disorders including mental illness or developmental disabilities, pregnant women, chronic relapse, and other homogenous groups.</p> <p>(c) SACOT shall have a structured program,</p>	V 280		

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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE \_\_\_\_\_ TITLE \_\_\_\_\_ (X6) DATE \_\_\_\_\_

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V 280	<p>Continued From page 1</p> <p>which includes the following services:</p> <ul style="list-style-type: none"> <li>(1) individual counseling;</li> <li>(2) group counseling;</li> <li>(3) family counseling;</li> <li>(4) strategies for relapse prevention to include community and social support systems in treatment;</li> <li>(5) life skills;</li> <li>(6) crisis contingency planning;</li> <li>(7) disease management;</li> <li>(8) service coordination activities; and</li> <li>(9) biochemical assays to identify recent drug use (e.g. urine drug screens).</li> </ul> <p>(d) The treatment activities specified in Paragraph (c) of this Rule shall emphasize the following:</p> <ul style="list-style-type: none"> <li>(1) reduction in use and abuse of substances or continued abstinence;</li> <li>(2) the understanding of addictive disease;</li> <li>(3) development of social support network and necessary lifestyle changes;</li> <li>(4) educational skills;</li> <li>(5) vocational skills leading to work activity by reducing substance abuse as a barrier to employment;</li> <li>(6) social and interpersonal skills;</li> <li>(7) improved family functioning;</li> <li>(8) the negative consequences of substance abuse; and</li> <li>(9) continued commitment to recovery and maintenance program.</li> </ul> <p>This Rule is not met as evidenced by: Based on record reviews and interviews, the facility failed to operate within the scope of a substance abuse comprehensive outpatient treatment (SACOT) program. The findings are:</p>	V 280		

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V 280	<p>Continued From page 2</p> <p>Review on 8/12/25 of Client #1's record revealed: -Date of Admission: 7/24/25. -Diagnoses: Alcohol Use Disorder (AUD), Severe; Major Depressive Disorder (MDD), Recurrent, Moderate; Cocaine use Disorder, Severe; Generalized Anxiety Disorder (GAD); and Insomnia. -Enrolled in SACOT.</p> <p>Review on 8/12/25 of Client #2's record revealed: -Date of Admission: 8/4/25. -Diagnoses: AUD, Severe; Cannabis Use Disorder, Severe; GAD; and Insomnia. -Enrolled in SACOT.</p> <p>Review on 8/12/25 of Client #3's record revealed: -Date of Admission: 8/3/25. -Diagnoses: Opioid Use Disorder (OUD), Severe; Cannabis Use Disorder, Severe; GAD; and Primary Insomnia. -Enrolled in SACOT.</p> <p>Review on 8/12/25 of Client #4's record revealed: -Date of Admission: 8/1/25. -Diagnoses not provided by facility. -Enrolled in SACOT.</p> <p>Review on 8/12/25 of Client #5's record revealed: -Date of Admission: 8/6/25. -Diagnoses not provided by facility. -Enrolled in SACOT.</p> <p>Review on 8/11/25 of the facility's Sober Living/Recover Residence House Agreement signed and dated by client up admission revealed: -"Provider has the ability to provide sober living or recovery housing to Signatory while the Signatory is receiving outpatient services to help with a transition back to independent living. As such,</p>	V 280		

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V 280	<p>Continued From page 3</p> <p>Signatory agrees that should she/he choose to utilize sober living or recovery housing provided by Signatory that he/she will be responsible for rent to be determined in accordance with fair market value. Additionally, Signatory shall be responsible for any incidental, ancillary or other expenses whatsoever that she/he may incur as a resident of the sober living or recovery housing."</p> <p>-"\$1500.00 a month length at Asheville Recovery Center (ARC) Sober Living (Monitored Housing)."</p> <p>-"YOU ARE NOT A TENANT: YOU RECOGNIZE AND AGREE THAT UPON REQUEST YOU MUST LEAVE THE HOUSE FOR ANY REASON WE DEEM NECESSARY, SUCH DECISION TO BE AT OUR SOLE DISCRETION. This effectively means that you have no recourse under the law protecting your housing rights as they would normally apply to a traditional tenant under a typical lease agreement. You are giving management total discretion to dictate whether you may continue to remain at the house or not, and for any reason management feels at their discretion it is necessary for you to leave the house, you must obey their final decision on this matter."</p> <p>-"Each week begins on Monday and ends on Sunday. Provided a Housing Client departs sober and in good standing (i.e., packs and carries his/her own belongings the day he/she departs, washes and places linens back on his/her bed, clean his/her respective living area, does not return to the premises without permission, etc.) he/she is likely to receive a refund of any overpayment; anything less will result in a pro-rated refund if at all."</p> <p>-"ARC properties are monitored under 24/7 video and audio surveillance for your safety and protection. (Surveillance is ONLY in common areas and outside surroundings)."</p> <p>-"No overnight visitors are permitted at any time,</p>	V 280		

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V 280	<p>Continued From page 4</p> <p>regardless of length of sobriety." -"Each House Member will be responsible for completing an assigned weekly chore."</p> <p>Interview on 8/11/25 with Client #1 revealed: -Lived in the facility's sober living while enrolled in SACOT. -Required to turn your phone and money into staff upon admission to the facility's sober living, "cell phone and money locked up in tech office (sober living staff room)." -Was not allowed to drive your car while residing at the sober living, "can't drive...keys (car keys) turned into staff (upon admission to sober living)." -Prescribed medications (meds) were "locked up (in sober living staff room)" and were administered by staff at scheduled times. -Was not allowed to drive your car while residing at the sober living. -Sober living staff provided "transportation from PHP (Partial Hospitalization Program) homes (sober living) to facility and doctor appointments." -Could not live in the sober living while not enrolled in the Licensee's SACOT program.</p> <p>Interview on 8/11/25 with Client #2 revealed: -Lived in the facility's sober living while enrolled in SACOT. -Clients who did not live in the sober living were considered Day Treatment and did the same SACOT services at the facility as clients living in the sober living. -Staff provided transportation while living in sober living and you "could not drive yourself" to the facility or elsewhere. -Was not allowed to receive mail at the sober living, "have to open it (mail) in front of staff (at facility)." -If you were living in the sober living you had to go to the facility for SACOT services.</p>	V 280		

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V 280	<p>Continued From page 5</p> <p>Interview on 8/11/25 with Client #3 revealed: -Lived in the facility's sober living while enrolled in SACOT. -Required to turn in cell phone and money to staff upon admission to the sober living. -Was not allowed to receive mail at the sober living, "mail comes to the center (facility) have to open it in front of staff." -Prescribed meds were "locked" in the sober living staff office and administered by staff at designated times. -Clients could "not drive" while living in sober living and staff provided transportation to the facility for SACOT services and appointments.</p> <p>Interview on 8/11/25 with Client #4 revealed: -Lived in the facility's sober living while enrolled in SACOT. -Required to turn in cell phone and money to staff upon admission to the sober living, "don't think you could have anything that hooks up to internet (while in sober living)." -Was able to use her phone for one hour during lunch weekdays at the facility and one hour in the evening. -There was staff at the sober living at all times. -Meds were locked in the sober living staff office and staff administered meds 3 times a day at designated times. -No one lived at the sober living who did not receive SACOT services at the facility. -Payment that covered SACOT services at facility and sober living was "one lump sum...don't think it (payment for SACOT and sober living) is separate."</p> <p>Interview on 8/11/25 with Client #5 revealed: -Lived in the facility's sober living while enrolled in SACOT.</p>	V 280		

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V 280	<p>Continued From page 6</p> <ul style="list-style-type: none"> <li>-Required to turn in cell phone and money to staff upon admission to the sober living.</li> <li>-There was staff at the sober living at all times .</li> <li>-Meds were locked in the sober living staff office and was administered by staff at designated times.</li> <li>-Was not allowed to receive mail at the sober living, "mail comes to the center (facility)...open it in front of staff then can have it."</li> <li>-Clients "can't drive" while living in sober living and staff provided transportation to the facility and appointments.</li> <li>-His insurance covered the payment for SACOT and sober living, "think it was all included (in insurance coverage)."</li> </ul> <p>Interviews on 8/11/25 and 10/9/25 with the Clinical Director revealed:</p> <ul style="list-style-type: none"> <li>-Clients were not allowed to drive their own vehicles while living in sober living, "staff at the center (facility) pick up clients at the lodge (sober living) and bring them to the center (facility) for treatment (SACOT)."</li> <li>-Applied for a residential license for sober living homes on 9/18/25.</li> <li>-Residential licensing for sober living homes can take up to 6-8 weeks.</li> <li>-"Human Rights Committee will review any client rights restrictions (clients living in sober living)."</li> <li>-"Will address any client restrictions (while in sober living) moving forward."</li> </ul>	V 280		