

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: MHL007-086	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING: _____	(X3) DATE SURVEY COMPLETED R 06/06/2025
NAME OF PROVIDER OR SUPPLIER COUNTRY LIVING ASPEN HOUSE		STREET ADDRESS, CITY, STATE, ZIP CODE 3680 CHERRY ROAD WASHINGTON, NC 27889		
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETE DATE
V 000	INITIAL COMMENTS An annual and follow up survey was completed on June 6, 2025. Deficiencies were cited. This facility is licensed for the following service category: 10A NCAC 27G .5600A Supervised Living for Adults with Mental Illness This facility is licensed for 6 and has a current census of 6. The survey sample consisted of audits of 3 current clients.	V 000		
V 114	27G .0207 Emergency Plans and Supplies 10A NCAC 27G .0207 EMERGENCY PLANS AND SUPPLIES (a) Each facility shall develop a written fire plan and a disaster plan and shall make a copy of these plans available to the county emergency services agencies upon request. The plans shall include evacuation procedures and routes. (b) The plans shall be made available to all staff and evacuation procedures and routes shall be posted in the facility. (c) Fire and disaster drills in a 24-hour facility shall be held at least quarterly and shall be repeated for each shift. Drills shall be conducted under conditions that simulate the facility's response to fire emergencies. (d) Each facility shall have a first aid kit accessible for use.	V 114		

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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

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V 114	<p>Continued From page 1</p> <p>This Rule is not met as evidenced by: Based on record review and interviews the facility failed to ensure fire and disaster drills were held at least quarterly and repeated on each shift under conditions that simulate fire emergencies. The findings are:</p> <p>Review on 6/5/25 of facility records for January June 2024 thru May 2025 revealed: Fire Drills: - No documented 3rd shift fire drill for the July -September 2024 quarter. - No documented 3rd shift fire drill for the October - December 2024 quarter.</p> <p>Disaster Drills: - No documented 1st or 3rd shift disaster drills for the July - September 2024 quarter. - No documented 3rd shift disaster drill for the October - December 2024 quarter. - No documented 1st shift disaster drill for the January -March 2025 quarter.</p> <p>Interview on 6/6/25 client #1 stated he participated in fire, hazard and tornado drills at the facility.</p> <p>Interview on 6/6/25 client #3 stated he participated in drills monthly at the facility.</p> <p>Interview on 6/6/25 the Supervisor In Charge stated drills were scheduled monthly for the facility, all clients participated and all fire and disaster drills had been provided for review by the surveyor</p> <p>Interview on 6/6/25 the Qualified Professional stated shifts at the facility were: 9:00am-5:00pm, 5:00pm-1:00am, 1:00am-9:00am. He did not know there were missing fire and disaster drills.</p>	V 114		

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V 114	Continued From page 2 He understood the requirement that fire and disaster drills were to be completed at least quarterly and repeated on each shift under conditions that simulate fire emergencies. This deficiency constitutes a re-cited deficiency and must be corrected within 30 days.	V 114		
V 118	27G .0209 (C) Medication Requirements 10A NCAC 27G .0209 MEDICATION REQUIREMENTS (c) Medication administration: (1) Prescription or non-prescription drugs shall only be administered to a client on the written order of a person authorized by law to prescribe drugs. (2) Medications shall be self-administered by clients only when authorized in writing by the client's physician. (3) Medications, including injections, shall be administered only by licensed persons, or by unlicensed persons trained by a registered nurse, pharmacist or other legally qualified person and privileged to prepare and administer medications. (4) A Medication Administration Record (MAR) of all drugs administered to each client must be kept current. Medications administered shall be recorded immediately after administration. The MAR is to include the following: (A) client's name; (B) name, strength, and quantity of the drug; (C) instructions for administering the drug; (D) date and time the drug is administered; and (E) name or initials of person administering the drug. (5) Client requests for medication changes or checks shall be recorded and kept with the MAR file followed up by appointment or consultation	V 118		

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V 118	<p>Continued From page 3</p> <p>with a physician.</p> <p>This Rule is not met as evidenced by: Based on record reviews, observation and interviews, the facility failed to ensure medications were administered as ordered and MARs were kept current for 2 of 3 clients (#1, and #4). The findings are:</p> <p>Review on 6/6/25 of client #1's record revealed: - Admitted 10/10/13 - Diagnoses included Bipolar Disorder, Attention Deficit Hyperactivity Disorder, Gastroesophageal Reflux Disorder and Schizoaffective Disorder. - Physician orders dated 12/1/24 Atorvastatin (Cholesterol) 10mg- 1 at bedtime; Bupropion HCL XL ((bipolar disorder) 150mg- 1 at bedtime; Propranolol (anxiety) 10mg 1 two times daily; Risperidone (schizophrenia) 3mg- 2 at bedtime; Trazodone 50mg- 1 at bedtime;</p> <p>Review on 6/6/25 of client #1's MAR for May 2025 revealed the following blanks: - Atorvastatin 10mg- 5/3/25 at 8pm. - Bupropion HCL XL 150mg- 5/3/25 at 8pm. - Propranolol 10mg 5/3/25 at 8pm. - Risperidone 3mg 5/3/25 at 8pm. - Trazodone 50mg- 5/3/25 at 8:00pm .</p> <p>Interview on 6/5/25 client #1 stated: - He received his medications daily with staff assistance and he had not refused any medications.</p>	V 118		

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V 118	<p>Continued From page 4</p> <p>Review on 6/6/25 of client #4's record revealed:</p> <ul style="list-style-type: none"> - Admitted 8/15/23 - Diagnoses included Autism Spectrum, Major Depression Disorder, Generalized Anxiety Disorder, Unspecified Obsessive Compulsive and Related Disorder. - Physician orders dated 7/31/24- <p>Hydrochlorothiazide (hypertension) 50mg- 1 every morning; Levocetirizine (allergies) 5mg- 1 daily; Melatonin HCL ER (insomnia) 500mg- 1 daily; Metformin HCL ER (diabetes) 500mg- 1 daily; Montelukast Sodium (allergies) 10mg- 1 at bedtime; Multivitamin (supplement)- 1 daily; Amlodipine-Olmesartan 10-20mg (blood pressure) 1 daily; Aripiprazole 10mg (mood) 1 two times daily; Azelastine 0.1% nasal spray (allergies) 2 sprays both nostrils 2 times daily; Bupropion HCL XL 300mg (depression) 1 daily; Buspirone HCL 30mg (anxiety) 1 daily; Pantoprazole SOD DR 40mg (gastroesophageal reflux disorder) 1 every morning; Propranolol 10mg (blood pressure) 1 two times daily.</p> <p>Review on 6/6/25 of client #4's May 2025 MAR revealed the following blanks:</p> <ul style="list-style-type: none"> - Hydrochlorothiazide 50mg- 5/9/25 at 8am. - Levocetirizine 5mg- 5/3/25 at 8pm. - Melatonin 3mg- 5/3/25 at 8pm. - Metformin HCL ER 500mg 5/5/25 at 5pm. - Montelukast Sodium 10mg- 5/3/25 at 8pm. - Multivitamin- 5/9/25 at 8am. - Amlodipine-Olmesartan 10-20mg- 5/9/25 at 8am. - Aripiprazole 10mg- 5/9/25 at 8am; 5/3/25 at 8pm. - Azelastine 0.1% Nasal Spray- 5/9/25 at 8am; 5/3/25 at 8pm. - Bupropion HCL XL 300mg- 5/9/25 at 8am. - Buspirone HCL 30mg- 5/9/25 at 8am. 	V 118		

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V 118	<p>Continued From page 5</p> <p>Interview on 6/6/25 client #4 stated staff administered his medications daily and he had not medication refusals.</p> <p>Interview on 6/6/25 the Supervisor in Charge stated:</p> <ul style="list-style-type: none"> - She administered medications daily. - The had been no medication errors. - No clients had refused medications. <p>Interview on 6/6/25 the Qualified Professional/Registered Nurse stated:</p> <ul style="list-style-type: none"> - All clients were compliant with their medications. - Staff probably forgot to document the medication as administered in the data system. - Staff may have used a paper MAR to document the medication as administered for client #1 and client #4 but he could not locate it. - He understood the requirement to ensure medications were administered as ordered and MARs were kept current. 	V 118		