

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: MHL043-034	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED R 01/09/2025
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NAME OF PROVIDER OR SUPPLIER SIERRAS RESIDENTIAL INC	STREET ADDRESS, CITY, STATE, ZIP CODE 292 SIERRA TRAIL SPRING LAKE, NC 28390
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V 000	<p>INITIAL COMMENTS</p> <p>An annual, complaint and follow up survey was completed on January 9, 2025. The complaint was substantiated (intake #NC00224550). Deficiencies were cited.</p> <p>This facility is licensed for the following service category: 10 A NCAC 27G .1700 Residential Treatment Staff Secure for Children or Adolescents.</p> <p>This facility is licensed for 4 and has a current census of 4. The survey sample consisted of audits of 3 current clients.</p>	V 000		
V 118	<p>27G .0209 (C) Medication Requirements</p> <p>10A NCAC 27G .0209 MEDICATION REQUIREMENTS (c) Medication administration: (1) Prescription or non-prescription drugs shall only be administered to a client on the written order of a person authorized by law to prescribe drugs. (2) Medications shall be self-administered by clients only when authorized in writing by the client's physician. (3) Medications, including injections, shall be administered only by licensed persons, or by unlicensed persons trained by a registered nurse, pharmacist or other legally qualified person and privileged to prepare and administer medications. (4) A Medication Administration Record (MAR) of all drugs administered to each client must be kept current. Medications administered shall be recorded immediately after administration. The MAR is to include the following: (A) client's name; (B) name, strength, and quantity of the drug; (C) instructions for administering the drug;</p>	V 118		

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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE _____ TITLE _____ (X6) DATE _____

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V 118	<p>Continued From page 1</p> <p>(D) date and time the drug is administered; and (E) name or initials of person administering the drug. (5) Client requests for medication changes or checks shall be recorded and kept with the MAR file followed up by appointment or consultation with a physician.</p> <p>This Rule is not met as evidenced by: Based on record reviews and interviews, the facility failed to administer medications as ordered by the physician and maintain an accurate MAR affecting 2 of 3 current clients audited (#1, #3). The findings are:</p> <p>Finding #1 Review on 1/8/25 of client #1's record revealed: -11 year old male. -Admitted 1/5/24. -Diagnoses of Unspecified Trauma and Stress-Related Disorder, Adjustment Disorder with Anxiety and Depressed Mood, Oppositional Defiant Disorder, Conduct Disorder, Post Traumatic Stress Disorder and Disruptive Mood Dysregulation Disorder (DMDD).</p> <p>Review on 1/8/24 of client #1's signed physician orders revealed: Dated 9/9/24 -Guanfacine 2 milligram (mg) 2 tablets at bedtime. (Attention Deficit Hyperactivity Disorder (ADHD)) -Olanzapine 15 mg daily. (Schizophrenia) -Clonidine 0.1 mg at bedtime. (ADHD)</p>	V 118		

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V 118	<p>Continued From page 2</p> <p>Dated 1/2/25 -Miralax Powder 17 grams into 8 ounces daily. (Stool softener)</p> <p>Review on 1/7/24 and 1/8/24 of client #1's MARs from 11/1/24 - 1/7/24 revealed: -Guanfacine 2 mg, Olanzapine 15 mg, and Clonidine 0.1 mg were not documented as administered on 1/6/24 at 8pm. -Miralax Powder was not transcribed on the January MAR or documented as administered 1/2/25 - 1/6/25.</p> <p>Interview on 1/7/25 client #1 stated: -He received his medications daily.</p> <p>Finding #2 Review on 1/8/25 of client #3's record revealed: -14 year old male. -Admitted 4/18/24. -Attention Deficit Hyperactivity Disorder and DMDD.</p> <p>Review on 1/8/25 of client #3's signed physician order dated 12/18/24 revealed: -Lurasidone 20 mg daily with food (DMDD).</p> <p>Review on 1/7/25 and 1/8/25 of client #3's MARs from 11/1/24 - 1/7/24 revealed: -Lurasidone 20 mg was not transcribed on the December MAR or documented as administered 12/18/24 - 12/31/24.</p> <p>Interview on 1/7/25 client #3 stated: -He received his medications daily.</p> <p>Interview on 1/8/25 and 1/9/25 the Qualified Professional stated: -Client #1's Guanfacine 2 mg, Olanzapine 15 mg, and Clonidine 0.1 mg were administered on</p>	V 118		

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V 118	Continued From page 3 1/6/25 however staff forgot to document on the MAR. -Client #1's Miralax was first administered on 1/7/25. -Client #1's Miralax was not available at the pharmacy. -There was an issue with the provider and the pharmacy in getting client #3's Lurasidone 20 mg. This deficiency constitutes a re-cited deficiency and must be corrected within 30 days.	V 118		
V 295	27G .1703 Residential Tx. Child/Adol - Req. for A P 10A NCAC 27G .1703 REQUIREMENTS FOR ASSOCIATE PROFESSIONALS (a) In addition to the qualified professional specified in Rule .1702 of this Section, each facility shall have at least one full-time direct care staff who meets or exceeds the requirements of an associate professional as set forth in 10A NCAC 27G .0104(1). (b) The governing body responsible for each facility shall develop and implement written policies that specify the responsibilities of its associate professional(s). At a minimum these policies shall address the following: (1) management of the day to day day-to-day operations of the facility; (2) supervision of paraprofessionals regarding responsibilities related to the implementation of each child or adolescent's treatment plan; and (3) participation in service planning meetings.	V 295		

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V 295	<p>Continued From page 4</p> <p>This Rule is not met as evidenced by: Based on record review and interview the facility failed to have at least one full-time direct care staff who meets or exceeds the requirements of an Associate Professional (AP). The findings are:</p> <p>Review on 1/7/25 of the client/staff census revealed no AP listed.</p> <p>Interview on 1/7/25 the Qualified Professional stated: -The facility did not have an AP. -The facility was currently looking to hire a new AP.</p> <p>Interview on 1/7/25 the Office Administrator stated: -They did not have an AP at the facility. -The facility was looking to hire an AP.</p> <p>This deficiency constitutes a re-cited deficiency and must be corrected within 30 days.</p>	V 295		
V 297	<p>27G .1705 Residential Tx. Child/Adol - Req. for L P</p> <p>10A NCAC 27G .1705 REQUIREMENTS OF LICENSED PROFESSIONALS (a) Face to face clinical consultation shall be provided in each facility at least four hours a week by a licensed professional. For purposes of this Rule, licensed professional means an individual who holds a license or provisional license issued by the governing board regulating a human service profession in the State of North Carolina. For substance-related disorders this shall include a licensed Clinical Addiction</p>	V 297		

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V 297	<p>Continued From page 5</p> <p>Specialist or a certified Clinical Supervisor. (b) The consultation specified in Paragraph (a) of this Rule shall include: (1) clinical supervision of the qualified professional specified in Rule .1702 of this Section; (2) individual, group or family therapy services; or (3) involvement in child or adolescent specific treatment plans or overall program issues.</p> <p>This Rule is not met as evidenced by: Based on record reviews and interviews the facility failed to ensure face to face clinical consultation was provided in the facility at least four hours a week by a Licensed Professional (LP). The findings are:</p> <p>Review on 1/8/25 of client #1's record revealed: -11 year old male. -Admitted 1/5/24. -Diagnoses of Unspecified Trauma and Stress-Related Disorder, Adjustment Disorder with Anxiety and Depressed Mood, Oppositional Defiant Disorder, Conduct Disorder, Post Traumatic Stress Disorder and Disruptive Mood Dysregulation Disorder (DMDD).</p> <p>Review on 1/8/25 of client #3's record revealed: -14 year old male. -Admitted 4/18/24. -Attention Deficit Hyperactivity Disorder (ADHD) and DMDD.</p> <p>Review on 1/8/25 of client #4's record revealed: -11 year old male.</p>	V 297		

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V 297	<p>Continued From page 6</p> <p>-Admitted 10/18/24. Diagnoses of ADHD and Autism Spectrum Disorder.</p> <p>Interview on 1/7/24 client #3 stated: -He had individual therapy at the clinic every Tuesday. -He had not participated in group therapy.</p> <p>Interview on 1/7/24 client #4 stated: -He participated in weekly group therapy session.</p> <p>Interview on 1/9/24 the LP stated: -He had been the LP since June 2024. -He provided weekly virtual group therapy session jointly with 2 other sister facilities. -The virtual group session was for 1.5 hours. -He provided services as needed by phone. -All of his services were virtual.</p> <p>Interview on 1/7/24 and 1/9/24 the Qualified Professional stated: -There was a weekly virtual group therapy session for the clients. -The LP did not provide services in the facility.</p>	V 297		
V 736	<p>27G .0303(c) Facility and Grounds Maintenance</p> <p>10A NCAC 27G .0303 LOCATION AND EXTERIOR REQUIREMENTS (c) Each facility and its grounds shall be maintained in a safe, clean, attractive and orderly manner and shall be kept free from offensive odor.</p> <p>This Rule is not met as evidenced by: Based on record review, observations and interviews the facility was not maintained in a safe, clean and attractive manner. The findings</p>	V 736		

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V 736	<p>Continued From page 7</p> <p>are:</p> <p>Observation on 1/7/25 at approximately 12:45pm a tour of the facility revealed:</p> <ul style="list-style-type: none"> -The fireplace in the living room had a torn screen cover. -There were no cabinet doors on the kitchen cabinet. -The hallway pantry had a hole in each of the doors. -Client #1 and #2's bedroom light was dull. -Client #1 and #2's on suite bathroom in had 2 of 4 lights that did not work. There was a 5 x 5 hole above the light switch. -Client #3's bedroom was missing/damage flooring in the corner. -Client #3's bedroom window blinds had several broken blind slates. The window would not stay up without being held. -Client #3's smaller dresser drawers were broken and the large dresser drawers tracks were broken. -Client #4's bedroom dresser drawers had broken tracks. <p>Interview on 1/7/25 the Qualified Professional stated:</p> <ul style="list-style-type: none"> -The facility ordered new dressers for the clients. -The facility had the kitchen cabinets painted the previous month. -She would ensure concerns were addressed. <p>This deficiency constitutes a re-cited deficiency and must be corrected within 30 day.</p>	V 736		