

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  <b>MHL080-035</b>	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____  B. WING _____	(X3) DATE SURVEY COMPLETED  <b>09/26/2024</b>
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NAME OF PROVIDER OR SUPPLIER  <b>TIMBER RIDGE TREATMENT CENTER</b>	STREET ADDRESS, CITY, STATE, ZIP CODE <b>665 TIMBER TRAIL GOLD HILL, NC 28071</b>
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V 000	<p><b>INITIAL COMMENTS</b></p> <p>An annual and complaint survey was completed on 9/26/24. The complaints were unsubstantiated (intakes #NC00221104, NC00222223, NC00221094). A deficiency was cited.</p> <p>This facility is licensed for the following service category: 10A NCAC 27G .5200 Residential Therapeutic Camps for Children and Adolescents of all Disability Groups.</p> <p>This facility is licensed for 60 and has a current census of 30. The survey sample consisted of audits of 3 current clients.</p>	V 000	<p><i>See Attached Plan of Correction</i></p>	
V 118	<p><b>27G .0209 (C) Medication Requirements</b></p> <p><b>10A NCAC 27G .0209 MEDICATION REQUIREMENTS</b></p> <p>(c) Medication administration:</p> <p>(1) Prescription or non-prescription drugs shall only be administered to a client on the written order of a person authorized by law to prescribe drugs.</p> <p>(2) Medications shall be self-administered by clients only when authorized in writing by the client's physician.</p> <p>(3) Medications, including injections, shall be administered only by licensed persons, or by unlicensed persons trained by a registered nurse, pharmacist or other legally qualified person and privileged to prepare and administer medications.</p> <p>(4) A Medication Administration Record (MAR) of all drugs administered to each client must be kept current. Medications administered shall be recorded immediately after administration. The MAR is to include the following:</p> <p>(A) client's name;</p> <p>(B) name, strength, and quantity of the drug;</p> <p>(C) instructions for administering the drug;</p>	V 118		

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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

*Thomas Hibbert*

TITLE

*CEO*

(X6) DATE

*10/17/2024*

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V 118	<p>Continued From page 1</p> <p>(D) date and time the drug is administered; and (E) name or initials of person administering the drug.</p> <p>(5) Client requests for medication changes or checks shall be recorded and kept with the MAR file followed up by appointment or consultation with a physician.</p> <p>This Rule is not met as evidenced by: Based on record reviews and interview, the facility failed to keep the MARs current affecting three of three audited clients (#1, #2, #3). The findings are:</p> <p>Review on 9/23/24 of client #1's record revealed: -Admission date of 4/25/23. -Diagnoses of Oppositional Defiant Disorder (ODD), Attention Deficit Hyperactivity Disorder (ADHD), Intermittent Explosive Disorder. -Physician order dated 8/26/24 revealed: -Fluoxetine 20 milligram (mg), take one capsule by mouth once daily for mood. -Guanfacine 3mg Extended Release (ER), take one tablet by mouth once daily for ADHD. -Hydroxyzine HCL 25mg, take one tablet by mouth twice a day for mood. -Divalproex sodium (SOD) delayed release (DR) 500mg, take one tablet by mouth twice daily at 9am and 4pm for mood. -Quetiapine 100mg, take one and ½ tablets by mouth three times a day for mood.</p> <p>Review on 9/25/24 of MARs dated from July 2024 through September 25, 2024 for client #1</p>	V 118		

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V 118	<p>Continued From page 2</p> <p>revealed:</p> <ul style="list-style-type: none"> <li>-July 2024- No staff initials to document administration of the following medications:</li> <li>-Divalproex SOD DR 500mg on 7/14, 7/25, 7/30, 7/31.</li> <li>-Hydroxyzine HCL 25mg on 7/7.</li> <li>-August 2024-No staff initials to document administration of the following medications:</li> <li>-Fluoxetine 20mg on 8/30.</li> <li>-Guanfacine 3mg on 8/30.</li> <li>-Methylphenidate 54mg on 8/30.</li> <li>-Divalproex SOD DR 500mg on 8/30 at 9am; 8/16, 8/17, 8/19, 8/21, 8/26, 8/30 at 4pm.</li> <li>-Hydroxyzine HCL 25mg on 8/25,8/30 at 9am; 8/1, 8/8, 8/14, 8/15, 8/16/, 8/17, 8/23, 8/28 at 8pm.</li> <li>-Quetiapline 100mg on 8/30, 8/31 9am; 8/27, 8/30 at 2pm; 8/1, 8/8, 8/14, 8/15, 8/16, 8/17, 8/19, 8/23, 8/28 at 8pm.</li> <li>-September 1-25, 2024 -No staff initials to document administration of the following medications:</li> <li>-Fluoxetine 20mg on 9/9, 9/10, 9/16, 9/19.</li> <li>-Guanfacine 3mg on 9/9, 9/10, 9/16, 9/19.</li> <li>-Methylphenidate 54mg on 9/9, 9/10, 9/16, 9/19.</li> <li>-Divalproex SOD DR 500mg on 9/9, 9/10, 9/16, 9/19 at 9am; 9/5, 9/6 at 4pm.</li> <li>-Hydroxyzine HCL 25mg on 9/9, 9/10, 9/16, 9/19 at 9am; 9/6 at 4pm.</li> <li>Review on 9/23/24 of client #2's record revealed:</li> <li>-Admission date of 1/16/24.</li> <li>-Diagnoses of Disruptive Mood Dysregulation, ADHD, Post Traumatic Stress Disorder (PTSD), Major Depressive Disorder.</li> <li>-Physician order dated 8/26/24 revealed:</li> <li>-Atomoxetine 40mg, take one cap by mouth every morning for ADHD.</li> </ul>	V 118		

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V 118	<p>Continued From page 3</p> <ul style="list-style-type: none"> <li>-Fluticasone 50 micrograms (mcg), one spray in each nostril twice a day for allergy.</li> <li>-Oxcarbazepine 150mg, take one tablet by mouth twice a day for mood.</li> <li>-Clonidine 0.1mg, take one tablet by mouth three times a day for ADHD.</li> <li>-Melatonin 10mg, take one tablet by mouth at bedtime for regulation of sleep.</li> </ul> <p>Review on 9/25/24 of MARs dated from July 2024 through September 25, 2024 for client #2 revealed:</p> <ul style="list-style-type: none"> <li>-July 2024- No staff initials to document administration of the following medications:</li> <li>-Atomoxetine 40mg on 7/21.</li> <li>-Fluticasone 50mcg on 7/21 at 9am; 7/18, 7/31 at 8pm.</li> <li>-Oxcarbazepine 150mg on 7/21 at 9am; 7/31 at 5:30pm.</li> <li>-Clonidine 0.1mg on 7/21 at 9am; 7/21 at 2pm, 7/31 at 8pm.</li> <li>-Melatonin 10mg on 7/8, 7/13, 7/18, 7/29, 7/31.</li> </ul> <ul style="list-style-type: none"> <li>-August 2024- No staff initials to document administration of the following medications:</li> <li>-Atomoxetine 40mg on 8/17, 8/18, 8/20, 8/21, 8/22, 8/23.</li> <li>-Fluticasone 50mcg on 8/16, 8/17, 8/18, 8/20, 8/21, 8/22, 8/23 at 9am; 8/15, 8/16, 8/17, 8/23 at 5:30pm.</li> <li>-Oxcarbazepine 150mg on 8/17, 8/18, 8/20, 8/21, 8/22, 8/23 at 9am; 8/8, 8/13, 8/14, 8/15, 8/16, 8/17, 8/19 at 5:30pm.</li> <li>-Clonidine 0.1mg on 8/17, 8/20, 8/21, 8/22, 8/23 at 9am; 8/17, 8/19, 8/20, 8/30, 8/31 at 2pm; 8/15, 8/16, 8/17, 8/23 at 8pm.</li> <li>-Melatonin 10mg on 8/15, 8/16, 8/17, 8/18, 8/23.</li> </ul> <ul style="list-style-type: none"> <li>-September 1-25, 2024 -No staff initials to document administration of the following</li> </ul>	V 118		

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V 118	<p>Continued From page 4</p> <p>medications:</p> <ul style="list-style-type: none"> <li>-Atomoxetine 40mg on 9/1, 9/9, 9/10.</li> <li>-Fluticasone 50mcg on 9/1, 9/9, 9/10 9am; 9/11 at 8pm.</li> <li>-Oxcarbazepine 150mg on 9/1, 9/9, 9/10 at 9am; 9/1, 9/11 5:30pm.</li> <li>-Clonidine 0.1mg on 9/1, 9/9, 9/10 at 9am.</li> <li>-Melatonin 10mg on 9/11.</li> </ul> <p>Review on 9/23/24 of client #3's record revealed:</p> <ul style="list-style-type: none"> <li>-Admission date of 2/12/24.</li> <li>-Diagnoses of ODD, ADHD, Conduct Disorder.</li> <li>-Physician order dated 8/26/24 revealed: <ul style="list-style-type: none"> <li>-Concerta 36mg, take two tablets by mouth every morning for ADHD.</li> <li>-Aripiprazole 5mg, take one tablet by mouth twice daily at lunch and bedtime for mood.</li> <li>-Guanfacine HCL ER 4mg take one tablet by mouth at bedtime for ADHD.</li> <li>-Melatonin 10mg TR (Triple Action), take one table by mouth at bedtime for insomnia.</li> <li>-Trazodone 50mg, take one tablet by mouth at bedtime for mood.</li> </ul> </li> </ul> <p>Review on 9/25/24 of MARs dated from July 2024 through September 25, 2024 for client #3 revealed:</p> <ul style="list-style-type: none"> <li>-July 2024- No staff initials to document administration of the following medications: <ul style="list-style-type: none"> <li>-Concerta 36mg on 7/21.</li> <li>-Aripiprazole 5mg on 7/31.</li> <li>-Guanfacine HCL ER 4mg on 7/31.</li> <li>-Melatonin 10mg TR on 7/31.</li> <li>-Trazodone 50mg on 7/31.</li> </ul> </li> <li>-August 2024- No staff initials to document administration of the following medications: <ul style="list-style-type: none"> <li>-Concerta 36mg on 8/3, 8/10, 8/11, 8/17, 8/19, 8/20, 8/21, 8/22, 8/23.</li> <li>-Aripiprazole 5mg on 8/2, 8/15, 8/16, 8/17, 8/23 at</li> </ul> </li> </ul>	V 118		

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V 118	<p>Continued From page 5</p> <p>12:30pm; 8/2, 8/15, 8/16, 8/17, 8/23 at 8pm. -Guanfacine HCL ER 4mg on 8/2, 8/15, 8/16, 8/17, 8/23. -Melatonin 10mg TR on 8/2, 8/15, 8/16, 8/17, 8/23. -Trazodone 50mg on 8/2, 8/15, 8/16, 8/17, 8/23.</p> <p>-September 1-25, 2024 -No staff initials to document administration of the following: -Concerta 36mg on 9/1, 9/9, 9/10, 9/16, 9/19. -Aripiprazole 5mg on 9/12, 9/13 at 12:30pm; 9/11, 9/12, 9/20 at 8pm. -Guanfacine HCL ER 4mg on 9/11, 9/12, 9/20, 9/22. -Melatonin 10mg TR on 9/11, 9/12, 9/20, 9/22. -Trazodone 50mg on 9/11, 9/12, 9/20, 9/22.</p> <p>Interviews on 9/25/24 with Clients #1, #2, #3 revealed: -Medications had been administered daily, no refusal of medication by clients.</p> <p>Interview on 9/25/24 with the Registered Nurse (RN) revealed: -It was the RN's responsibility to review the MARs monthly for errors. -Was "confident" that all the clients received their medication on time daily. -"Clients receive their medications but staff did not put their initials on the MARs." -"I'm behind on it, with everything else."</p> <p>Interview on 9/25/24 with the Clinical Director revealed: -It was the RN's responsibility to review the MARs monthly for errors.</p> <p>Due to the failure to accurately document medication administration, it could not be determined if clients received their medications</p>	V 118		

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V 118	Continued From page 6 as ordered by the physician.	V 118		



TREATMENT CENTER, INC.

Plan of Correction  
Survey completed September 26, 2024  
Timber Ridge Treatment Center  
665 Timber Trail  
Gold Hill, NC 28071  
MHL #080-035  
E-mail Address: [REDACTED]

ID PREFIX TAG: V118 Complete Date: November 25, 2024

[REDACTED] CEO

### Corrective Action:

The following measures will be put in place to correct errors in the Medication Administration Record (MAR) :

- 1) The procedure for administration and recording of medication will be reviewed by the leadership committee by October 31, 2024.
- 2) All staff involved in the administration of medication will be retrained by the Nurse on the proper procedures in maintaining the MAR by November 25, 2024.

### Prevention:

The following measures will be put in place to prevent errors in the MAR from occurring again:

- 1) The Program Director will be notified by the Nursing Assistant when a staff member is incomplete in their documentation (beginning October 21, 2024).
- 2) The Program Director will provide supervision within 24 hours for staff to sort out any problems or circumstances which may lead to MAR errors in the future

### Monitoring:

- 1) The Nursing Assistant will check the MAR daily (beginning October 21, 2024) and provide the results to the leadership committee on a monthly basis.
- 2) The frequency of this monitoring may be reduced after a criterion of 100% compliance for 10 days in a row is met. At that time the monitoring frequency can be reduced to once per week.