

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  MHL0411156	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____  B. WING: _____	(X3) DATE SURVEY COMPLETED  R 10/04/2024
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NAME OF PROVIDER OR SUPPLIER  SEDRICK'S PLACE	STREET ADDRESS, CITY, STATE, ZIP CODE 1210 TERRELL DRIVE HIGH POINT, NC 27262
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V 000	<p>INITIAL COMMENTS</p> <p>An annual and follow up survey was completed on 10/4/24. Deficiencies were cited.</p> <p>This facility is licensed for the following service category: 10A NCAC 27G .5600C Supervised Living for Adults with Developmental Disabilities.</p> <p>The facility is licensed for 4 and has a current census of 2. The survey sample consisted of audits of 2 current clients.</p>	V 000		
V 536	<p>27E .0107 Client Rights - Training on Alt to Rest. Int.</p> <p>10A NCAC 27E .0107 TRAINING ON ALTERNATIVES TO RESTRICTIVE INTERVENTIONS</p> <p>(a) Facilities shall implement policies and practices that emphasize the use of alternatives to restrictive interventions.</p> <p>(b) Prior to providing services to people with disabilities, staff including service providers, employees, students or volunteers, shall demonstrate competence by successfully completing training in communication skills and other strategies for creating an environment in which the likelihood of imminent danger of abuse or injury to a person with disabilities or others or property damage is prevented.</p> <p>(c) Provider agencies shall establish training based on state competencies, monitor for internal compliance and demonstrate they acted on data gathered.</p> <p>(d) The training shall be competency-based, include measurable learning objectives, measurable testing (written and by observation of behavior) on those objectives and measurable methods to determine passing or failing the course.</p>	V 536	<p><b>V 536</b> The Administrative Assistant/QP will ensure all employees attend <b>Training on Alternative to Restrictive Interventions Course</b> initially upon hire and updated yearly. A chart audit of employee's file will be completed by the Administrative Assistant/QP twice a year to ensure training is completed as required. The Agency will be more diligent to with record audits to make sure all required training including <b>NCI</b> are not out of date. Also, the Agency will also ensure re-certification will be completed within 2 weeks of the expiration certification. The Administrator Assistant/QP will contact the instructor immediately for a certificate to place in the staff records. Seclusion, physical restraint and isolation time-out are not part of our company policy and are strictly prohibited. The company does not allow it. However, physical restraints are trained as part of NCI or Alternative to Restrictive Interventions.</p>	<p><i>Immediate &amp; 11/3/2024</i></p>

Division of Health Service Regulation  
LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

Brenda R. Harris, BA/QP

RECEIVED <sup>TITLE</sup> Qualified Professional

(X6) DATE 11/3/2024

OCT 18 2024

Division of Health Service Regulation

STATE FORM

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If continuation sheet 1 of 9

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V 536	<p>Continued From page 1</p> <p>(e) Formal refresher training must be completed by each service provider periodically (minimum annually).</p> <p>(f) Content of the training that the service provider wishes to employ must be approved by the Division of MH/DD/SAS pursuant to Paragraph (g) of this Rule.</p> <p>(g) Staff shall demonstrate competence in the following core areas:</p> <ol style="list-style-type: none"> <li>(1) knowledge and understanding of the people being served;</li> <li>(2) recognizing and interpreting human behavior;</li> <li>(3) recognizing the effect of internal and external stressors that may affect people with disabilities;</li> <li>(4) strategies for building positive relationships with persons with disabilities;</li> <li>(5) recognizing cultural, environmental and organizational factors that may affect people with disabilities;</li> <li>(6) recognizing the importance of and assisting in the person's involvement in making decisions about their life;</li> <li>(7) skills in assessing individual risk for escalating behavior;</li> <li>(8) communication strategies for defusing and de-escalating potentially dangerous behavior; and</li> <li>(9) positive behavioral supports (providing means for people with disabilities to choose activities which directly oppose or replace behaviors which are unsafe).</li> </ol> <p>(h) Service providers shall maintain documentation of initial and refresher training for at least three years.</p> <ol style="list-style-type: none"> <li>(1) Documentation shall include:             <ol style="list-style-type: none"> <li>(A) who participated in the training and the outcomes (pass/fail);</li> </ol> </li> </ol>	V 536		
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V 536	Continued From page 2  (B) when and where they attended; and (C) instructor's name; (2) The Division of MH/DD/SAS may review/request this documentation at any time. (i) Instructor Qualifications and Training Requirements: (1) Trainers shall demonstrate competence by scoring 100% on testing in a training program aimed at preventing, reducing and eliminating the need for restrictive interventions. (2) Trainers shall demonstrate competence by scoring a passing grade on testing in an instructor training program. (3) The training shall be competency-based, include measurable learning objectives, measurable testing (written and by observation of behavior) on those objectives and measurable methods to determine passing or failing the course. (4) The content of the instructor training the service provider plans to employ shall be approved by the Division of MH/DD/SAS pursuant to Subparagraph (i)(5) of this Rule. (5) Acceptable instructor training programs shall include but are not limited to presentation of: (A) understanding the adult learner; (B) methods for teaching content of the course; (C) methods for evaluating trainee performance; and (D) documentation procedures. (6) Trainers shall have coached experience teaching a training program aimed at preventing, reducing and eliminating the need for restrictive interventions at least one time, with positive review by the coach. (7) Trainers shall teach a training program aimed at preventing, reducing and eliminating the need for restrictive interventions at least once	V 536	
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V 536	<p>Continued From page 3 annually.</p> <p>(8) Trainers shall complete a refresher instructor training at least every two years. (j) Service providers shall maintain documentation of initial and refresher instructor training for at least three years.</p> <p>(1) Documentation shall include: (A) who participated in the training and the outcomes (pass/fail); (B) when and where attended; and (C) instructor's name. (2) The Division of MH/DD/SAS may request and review this documentation any time.</p> <p>(k) Qualifications of Coaches: (1) Coaches shall meet all preparation requirements as a trainer. (2) Coaches shall teach at least three times the course which is being coached. (3) Coaches shall demonstrate competence by completion of coaching or train-the-trainer instruction. (l) Documentation shall be the same preparation as for trainers.</p> <p><b>This Rule is not met as evidenced by:</b> Based on record review and interview, the facility failed to ensure 1 of 3 audited staff (staff #1) had received annual training on alternatives to restrictive interventions. The findings are:</p> <p>Review on 10/2/24 of staff #1's record revealed: - A hire date of 5/2/18</p>	V 536		
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<p>V 536</p>	<p>Continued From page 4</p> <ul style="list-style-type: none"> <li>- His training in alternatives to restrictive interventions expired on 5/12/24</li> <li>- No evidence of an updated training certificate in alternatives to restrictive interventions</li> </ul> <p>Interview on 10/2/24 and on 10/4/24 with an Administrative Assistant revealed:</p> <ul style="list-style-type: none"> <li>- Staff #1 had received training in alternatives in restrictive interventions; however, he had not provided her with a copy of his most recent training certificate</li> <li>- She would attempt to secure a copy of his training certificate prior to the close of the survey -</li> </ul> <p>Prior to the close of the survey on 10/4/24, she still had not received a copy of an updated training certificate from staff #1</p>	<p>V 536</p>	<p style="text-align: right;"><b>Immediate &amp; 11/3/2024</b></p>
<p>V 537</p>	<p>27E .0108 Client Rights - Training in Sec Rest &amp; ITO</p> <p>10A NCAC 27E .0108 TRAINING IN SECLUSION, PHYSICAL RESTRAINT AND ISOLATION TIME-OUT</p> <p>(a) Seclusion, physical restraint and isolation time-out may be employed only by staff who have been trained and have demonstrated competence in the proper use of and alternatives to these procedures. Facilities shall ensure that staff authorized to employ and terminate these procedures are retrained and have demonstrated competence at least annually.</p> <p>(b) Prior to providing direct care to people with disabilities whose treatment/habilitation plan includes restrictive interventions, staff including service providers, employees, students or volunteers shall complete training in the use of seclusion, physical restraint and isolation time-out and shall not use these interventions until the training is completed and competence is</p>	<p>V 537</p>	<p><b>V 537</b> The Administrative Assistant/QP will ensure all employees attend <b>Clients Rights – Training on Alternatives to Restrictive Interventions</b> initially upon hire and updated yearly. The Agency will be more diligent to ensure staff are trained in Client Rights annually. Also, Agency will also ensure re-certification will be completed at least within 2 weeks of the expiration certification. The Administrator Assistant /QP will be requested from the instructor immediately and placed in the staff record. Seclusion, physical restraint and isolation time-out are not part of our company policy and are strictly prohibited. The company does not allow it. However, physical restraints are trained as part of NCI or Alternative to Restrictive Interventions.</p>

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<p>V 537</p>	<p>Continued From page 5 demonstrated.</p> <p>(c) A pre-requisite for taking this training is demonstrating competence by completion of training in preventing, reducing and eliminating the need for restrictive interventions.</p> <p>(d) The training shall be competency-based, include measurable learning objectives, measurable testing (written and by observation of behavior) on those objectives and measurable methods to determine passing or failing the course.</p> <p>(e) Formal refresher training must be completed by each service provider periodically (minimum annually).</p> <p>(f) Content of the training that the service provider plans to employ must be approved by the Division of MH/DD/SAS pursuant to Paragraph (g) of this Rule.</p> <p>(g) Acceptable training programs shall include, but are not limited to, presentation of:</p> <p>(1) refresher information on alternatives to the use of restrictive interventions;</p> <p>(2) guidelines on when to intervene (understanding imminent danger to self and others);</p> <p>(3) emphasis on safety and respect for the rights and dignity of all persons involved (using concepts of least restrictive interventions and incremental steps in an intervention);</p> <p>(4) strategies for the safe implementation of restrictive interventions;</p> <p>(5) the use of emergency safety interventions which include continuous assessment and monitoring of the physical and psychological well-being of the client and the safe use of restraint throughout the duration of the restrictive intervention;</p> <p>(6) prohibited procedures;</p> <p>(7) debriefing strategies, including their</p>	<p>V 537</p>		
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V 537	<p>Continued From page 6 importance and purpose; and</p> <p>(8) documentation methods/procedures. (h) Service providers shall maintain documentation of initial and refresher training for at least three years.</p> <p>(1) Documentation shall include:</p> <p>(A) who participated in the training and the outcomes (pass/fail);</p> <p>(B) when and where they attended; and (C) instructor's name.</p> <p>(2) The Division of MH/DD/SAS may review/request this documentation at any time. (i) Instructor Qualification and Training Requirements:</p> <p>(1) Trainers shall demonstrate competence by scoring 100% on testing in a training program aimed at preventing, reducing and eliminating the need for restrictive interventions.</p> <p>(2) Trainers shall demonstrate competence by scoring 100% on testing in a training program teaching the use of seclusion, physical restraint and isolation time-out.</p> <p>(3) Trainers shall demonstrate competence by scoring a passing grade on testing in an instructor training program.</p> <p>(4) The training shall be competency-based, include measurable learning objectives, measurable testing (written and by observation of behavior) on those objectives and measurable methods to determine passing or failing the course.</p> <p>(5) The content of the instructor training the service provider plans to employ shall be approved by the Division of MH/DD/SAS pursuant to Subparagraph (j)(6) of this Rule.</p> <p>(6) Acceptable instructor training programs shall include, but not be limited to, presentation of:</p> <p>(A) understanding the adult learner;</p>	V 537		
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V 537	<p>Continued From page 7</p> <p>(B) methods for teaching content of the course; (C) evaluation of trainee performance; and (D) documentation procedures.</p> <p>(7) Trainers shall be retrained at least annually and demonstrate competence in the use of seclusion, physical restraint and isolation time-out, as specified in Paragraph (a) of this Rule.</p> <p>(8) Trainers shall be currently trained in CPR.</p> <p>(9) Trainers shall have coached experience in teaching the use of restrictive interventions at least two times with a positive review by the coach.</p> <p>(10) Trainers shall teach a program on the use of restrictive interventions at least once annually.</p> <p>(11) Trainers shall complete a refresher instructor training at least every two years. (k) Service providers shall maintain documentation of initial and refresher instructor training for at least three years.</p> <p>(1) Documentation shall include: (A) who participated in the training and the outcome (pass/fail); (B) when and where they attended; and (C) instructor's name.</p> <p>(2) The Division of MH/DD/SAS may review/request this documentation at any time.</p> <p>(l) Qualifications of Coaches: (1) Coaches shall meet all preparation requirements as a trainer. (2) Coaches shall teach at least three times, the course which is being coached. (3) Coaches shall demonstrate competence by completion of coaching or train-the-trainer instruction.</p> <p>(m) Documentation shall be the same</p>	V 537		
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<p>V 537</p>	<p>Continued From page 8 preparation as for trainers.</p> <p>This Rule is not met as evidenced by: Based on record review and interview, the facility failed to ensure 1 of 3 audited staff (staff #1) had received annual training on seclusion, physical restraint and isolation time-out. The findings are:</p> <p>Review on 10/2/24 of staff #1's record revealed:</p> <ul style="list-style-type: none"> <li>- A hire date of 5/2/18</li> <li>- His training in seclusion, physical restraint and isolation time-out expired on 5/12/24</li> <li>- No evidence of an updated training certificate in seclusion, physical restraint and isolation time-out</li> </ul> <p>Interview on 10/2/24 and on 10/4/24 with an Administrative Assistant revealed:</p> <ul style="list-style-type: none"> <li>- Staff #1 had received training in seclusion, physical restraint and isolation time-out; however, he had not provided her with a copy of his most recent training certificate</li> <li>- She would attempt to secure a copy of his training certificate prior to the close of the survey -</li> </ul> <p>Prior to the close of the survey on 10/4/24, she still had not received a copy of an updated training certificate from staff #1</p>	<p>V 537</p>		
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