

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 34G027	(X2) MULTIPLE CONSTRUCTION A. BUILDING _____ B. WING _____	(X3) DATE SURVEY COMPLETED 12/12/2023
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NAME OF PROVIDER OR SUPPLIER SCOTTHURST I & II	STREET ADDRESS, CITY, STATE, ZIP CODE 174 HOOTS DRIVE WINSTON-SALEM, NC 27107
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W 436	<p>SPACE AND EQUIPMENT CFR(s): 483.470(g)(2)</p> <p>The facility must furnish, maintain in good repair, and teach clients to use and to make informed choices about the use of dentures, eyeglasses, hearing and other communications aids, braces, and other devices identified by the interdisciplinary team as needed by the client. This STANDARD is not met as evidenced by: Based on observations, record review and interviews, the facility failed to ensure that adaptive equipment was furnished as prescribed for 1 out of 6 clients (#5). The finding is:</p> <p>Observation in the group home on 12/11/23 and 12/12/23 revealed client #5 to walk around the house independently with an unsteady gait. Continued observation revealed that client #5 was not wearing his prescribed gait belt and that at no time did staff attempt to assist client #5 to wear his prescribed gait belt nor assist him with ambulating in any way. Further observation revealed client #5 to fall to the floor while getting up from the breakfast table and staff to direct client #5 to get up, but not to offer the prescribed gait belt nor any assistance with ambulation for the remainder of the observation period.</p> <p>Review of the record for client #5 revealed a physical therapy evaluation dated 9/24/20 which indicate that client #5 requires contact guard assist +1 for ambulation and transitional movement and that he wears a gait belt daily during waking hours.</p> <p>Interview with the qualified intellectual disability professional (QIDP) on 12/12/23 confirmed that client #5's 9/24/20 physical therapy evaluation is current. Continued interview confirmed that client</p>	W 436	<p>The Qualified Professional will have a mini team meeting and confirm orders for the use of client #5's gait belt usage. The Qualified Professional will inservice all staff on the updated orders for the use of the adaptive equipment to ensure client #5 is utilizing the gait belt as ordered. The clinical team will monitor to ensure client #5 and all People Supported are furnished adaptive equipment as prescribed via interaction assessments x2 per week for 1 month and then on a routine basis. In the future, the Qualified Professional will ensure all People Supported are provided adaptive equipment as ordered and ensure the Person Centered Plan is updated to reflect any changes.</p> <p>By: 02/10/24</p> <p style="text-align: right;">RECEIVED JAN 10 2024 DHSR-MH Licensure Sect</p>	
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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

[Signature]

Qualified Professional

12/21/23

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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W 436	Continued From page 1 #5 should have been wearing the prescribed gait belt during all waking hours.	W 436		
W 474	MEAL SERVICES CFR(s): 483.480(b)(2)(iii) Food must be served in a form consistent with the developmental level of the client. This STANDARD is not met as evidenced by: Based on observations, record review, and interviews, the facility failed to serve food in a form consistent with the developmental levels and prescribed diets of 4 of 6 clients (#1, #2, #5, and #6). The findings are: A. The facility failed to ensure the prescribed diet for client #1. For example: Observations in the group home on 12/11/23 at 5:10 PM revealed the dinner meal to be salmon filets, mashed potatoes, broccoli and snack cakes or yogurt. Continued observations revealed staff to feed client #1 salmon, potatoes, and broccoli in a ground form with water in a sippy cup. Further observation revealed client #1 was not served milk nor a packet of Carnation instant breakfast mixed with milk. Observations in the group home on 12/12/23 at 7:20 AM revealed the breakfast meal to be grits, blueberry muffins, milk, and a fruity beverage. Continued observations revealed staff to serve grits and ground muffins to client #1, but client #1 was not offered milk nor a packet of Carnation instant breakfast mixed with milk. Record review on 12/12/23 revealed a physician's order for client #1 dated 12/12/23 stating that the client is currently on a weight gain 2000+ calorie	W 474	A. The Qualified Professional will inservice all staff on client #1's diet order to include the use of milk or Carnation instant breakfast mixed with milk during all meals. The clinical team will monitor to ensure client #1 and all people supported are following their prescribed diets via mealtime assessments x2 a month for 1 month and then on a routine basis. In the future, the Qualified Professional wil ensure all staff are trained to follow the prescribed diets of all people supported. By: 2/10/24	

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W 474	<p>Continued From page 2</p> <p>diet, ground consistency, whole portions, thick liquids with sippy cup only, nectar thick liquids, 2% milk with breakfast and supper, and 1 packet of Carnation instant breakfast mixed with milk twice daily, AM and PM.</p> <p>Interview with the qualified intellectual disability professional (QIDP) on 12/12/23 confirmed that client #1's prescribed diet is current and that he should have been offered 2% milk and Carnation instant breakfast at breakfast and supper.</p> <p>B. The facility failed to ensure the prescribed diet for client #2. For example:</p> <p>Observations of the same dinner meal revealed staff to serve a whole salmon filet and large chunks of broccoli to client #2, and the client to consume the food without staff cutting up or modifying the food in any manner. Further observation revealed that client #2 was served the same portion of food as all other clients. Subsequent observation revealed client #2 to request more salmon and staff to tell client #2 that there was no more salmon.</p> <p>Observations in the group home on 12/12/23 revealed the same breakfast meal to be served to client #2. Continued observations revealed staff to serve grits and two whole muffins to client #2, and client #2 to consume both muffins without staff cutting up or modifying the muffins in any manner.</p> <p>Record review on 12/12/23 revealed a physician's order for client #2 dated 12/12/23 stating that the client is currently on a regular 2000 calorie diet with 1/4" consistency, with double portions for all meals.</p>	W 474	<p>B. The Qualified Professional will inservice all staff on client #2's prescribed diet to include double portions and 1/4 consistency. The clinical team will monitor via mealtime assessments x2 a week for 1 month and then on a routine basis to ensure client #2 and all people supported's diets are followed. In the future, the Qualified Professional will ensure all diets are followed as prescribed.</p> <p>By: 2/10/24</p>		

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W 474	<p>Continued From page 3</p> <p>Interview with the qualified intellectual disability professional (QIDP) on 12/12/23 confirmed that client #2's prescribed diet is current and that his food should have been modified to ¼" consistency and that client #2 should have been offered double portions at all meals.</p> <p>C. The facility failed to ensure the prescribed diet for client #5. For example:</p> <p>Observations of the same dinner meal revealed staff to serve a whole salmon filet and large chunks of broccoli to client #5, and the client to consume the food without staff cutting up or modifying the food in any manner. Further observation revealed that client #5 was not offered Ensure with his dinner.</p> <p>Observations in the group home on 12/12/23 revealed the same breakfast meal to be served to client #5. Continued observations revealed staff to serve grits and a whole muffin to client #5, and client #5 to consume the muffin without staff cutting up or modifying the muffin in any manner.</p> <p>Record review on 12/12/23 revealed a physician's order for client #5 dated 12/12/23 stating that the client is currently on a regular 2000+ calorie diet with 1/2" consistency, that he may have seconds of fruits and vegetables as desired and may have regular snacks and that he is to have Ensure with dinner and at evening snack.</p> <p>Interview with the qualified intellectual disability professional (QIDP) on 12/12/23 confirmed that client #5's prescribed diet is current and that his food should have been modified to ½" consistency and that client #5 should have been</p>	W 474	<p>c. The Qualified Professional will inservice all staff on client #5's prescribed diet to include a regular 2000+ calorie diet with 1/2 consistency as well provide Ensure with dinner and evening snack. The clinical team will monitor to ensure client #5 and all people supported's diets are followed as prescribed via mealtime assessments x2 per week for 1 month and then on a routine basis. In the future, the Qualified Professional will ensure all staff are trained to follow all diets of all people supported.</p> <p>By: 2/10/24</p>		

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W 474	<p>Continued From page 4 offered Ensure with his dinner.</p> <p>D. The facility failed to ensure the prescribed diet for client #6. For example:</p> <p>Observations of the same dinner meal revealed staff to serve a whole salmon filet and large chunks of broccoli to client #6, and the client to consume the food without staff cutting up or modifying the food in any manner. Further observation revealed that client #6 was not offered Ensure with his dinner.</p> <p>Observations in the group home on 12/12/23 revealed the same breakfast meal to be served to client #6. Continued observations revealed staff to serve grits and a whole muffin to client #6, and client #6 to consume the muffin without staff cutting up or modifying the muffin in any manner. Further observation revealed that client #6 was not offered Ensure with his breakfast.</p> <p>Record review on 12/12/23 revealed a physician's order for client #6 dated 12/12/23 stating that the client is currently on a weight gain 2000+ calorie heart healthy diet whole with meats cut to ¼" consistency, with double portions and high calorie snacks. Client #6 is also prescribed Ensure supplement, 1 container three times daily with meals. The physician's order also directs staff to encourage client #6 to consume all meals, snacks, and supplements.</p> <p>Interview with the qualified intellectual disability professional (QIDP) on 12/12/23 confirmed that client #6's prescribed diet is current and that his food should have been modified to ¼" consistency and that client #6 should have been offered Ensure at all meals.</p>	W 474	<p>D. The Qualified Professional will inservice all staff on client #6's diet and food consistency to include Ensure Supplement as prescribed. The clinical team will monitor via mealtime time assessments x2 a week for 1 month then on a routine basis to ensure client #6 and all people supported's diets are followed as prescribed.</p> <p>In the future, the Qualified Professional will ensure all staff are trained on all people supported's prescribed diet.</p> <p>By: 2/10/24</p>	

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W 476	<p>MEAL SERVICES CFR(s): 483.480(b)(3)</p> <p>Food served to clients individually and uneaten must be discarded. This STANDARD is not met as evidenced by: Based on observation and interview the facility failed to prevent 3 out of 6 clients (#2, #4 and #5) from consuming expired milk. The finding is:</p> <p>Observations on 12/12/23 revealed one container of milk in the refrigerator with an expiration date of 12/07/23. Continued observations revealed clients #2, #5, and #6 to participate in the breakfast meal consisting of grits, blueberry muffins, milk, and a fruity beverage. Further observation revealed that each of the three clients was served a cup of milk from the only container in the refrigerator and to consume all or some of the milk.</p> <p>Interview with the qualified intellectual disability professional (QIDP) on 12/12/23 confirmed that staff are trained to check expiration dates before serving food and the staff should have provided the clients with fresh milk or an appropriate substitute during the breakfast meal.</p>	W 476	<p>The Qualified Professional will inservice all staff on ensuring milk is checked daily to ensure any expiring milk is being disposed. The clinical team will monitor to ensure expired milk is not be kept or served to the people supported via mealtime assessments x2 per week for 1 month and then on a routine basis. In the future, the Qualified Professional will ensure all staff are trained to monitor the status of milk in the home.</p> <p>By: 2/10/24</p>	