(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:				
MHL033-136				
				7/2024
LIER STREET	ADDRESS, CITY,	STATE, ZIP CODE		
	MOUNT, NC			
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	MHL033-136 MHL033-136 LIER STREET, 1700 RC ROCKY Y STATEMENT OF DEFICIENCIES IENCY MUST BE PRECEDED BY FULL OR LSC IDENTIFYING INFORMATION) IENTS vey was completed on 6/7/24. A cited. censed for the following service NCAC 27G .5600C Supervised s with Developmental Disability. censed for 4 and currently has a ne survey sample consisted of ent clients. (1-7) Governing Body Policies 6.0201 GOVERNING BODY ing body responsible for each ce shall develop and implement for the following: of management authority for the e facility and services; admission; lischarge; assessments, including: form the assessment, and s for completing assessment. d management, including: thorized to document; g records; of record accessibility to rs at all times; and of confidentiality of records. which shall include:	IDENTIFICATION NUMBER: A. BUILDING MHL033-136 B. WING	IDENTIFICATION NUMBER: A. BUILDING: MHL033-136 B. WING LIER STREET ADDRESS, CITY, STATE, ZIP CODE 1700 ROSEWOOD AVENUE ROCKY MOUNT, NC 27801 Y STATEMENT OF DEFICIENCES OR LSC IDENTIFYING INFORMATION) ID PREFIX TAG PROVIDER'S PLAN OF CORRER ROCKY MOUNT, NC 27801 V 0000; Quality Care Solutions, Inc. developed and implemented plicy and proceures entitled Administration of Medication Diabetic Residients / Clients 5-page document outlines h and observe the diabetic clie administer insulin. The effe the policy and proceures entitled Administration of Medication Diabetic Residients / Clients 5-page document outlines h members will assist. (closely and observe the diabetic clie administer insulin. The effe the policy and proceures in the document will be provid existing facilty staff at the ne scheduled and mandated st on 7-13-24. The Qualified F the policy and proceures is The document will be provid existing facilty staff at the ne estall develop and implement for the following: of management authority for the facility and services; idmission; isscharge; ssessments, including: form the assessment, and is for completing assessment, dimission; isscharge; issessments, including: for management, including: for morbeiting assessment; dif memics and of confidentiality of records. which shall include: nent of the individual's presenting d; ient of the individual's presenting d; ient of the individual's presenting d; ient of whether or not the facility	IDENTIFICATION NUMBER: A. BUILDING: COMPL MHL033-136 B. WING R LIER STREET ADDRESS, CITY, STATE, ZIP CODE 1700 ROSEWOOD AVENUE ROCKY MOUNT, NC 27801 ROCKY MOUNT, NC 27801 PROVIDER'S PLAN OF CORRECTION SHOULD BE CROSS AFEFERANCED TO THE APPROPRIATE DEFICIENCIES CALC DENTIFYING INFORMATION) ID PREFIX (EACH CORRECTIVE ACTION SHOULD BE CROSS AFEFERANCED TO THE APPROPRIATE DEFICIENCY) TENTS (V 000) Quality Care Solutions, Inc. has developed and implemented a new plicity and procedures is 7-13-24. The document outlines how the staff members will assist, closely monitor and observe the diabetic client self-Administration of Medication by Diabetic Residents / Clients". The 5-page document outlines how the staff members will assist, closely monitor and observe the diabetic client self-administer insulin. The effective dato of the policy and procedures is 7-13-24. The document will be provided to all existing facility staff at the next scheduled and mandated staff meeting on 7-13-24. The coulified Professional (QP) and House Manager (HM) shall review, educate and answer questions pertaining to the outlined procedures. The subject matter will be identified on the staff agenda. The intent of this educational component of the staff meeting is for everyone to understand the required process, without doubts, misconceptions or miscommunications. Staff members will be requested to sign an attendance roster, which will be evidence of participation. In addition, existing staff members must acknowledge receipt of the new policy by printing their name and date on a form labelled as "Receipt of New Policy & Overviw o

	Sheila Burge, Compliance Officer	7-5-24
STATE FORM	6899 O9TC12	If continuation sheet 1 of 4
	RECEIVE) BY



STATEMEN	IT OF DEFICIENCIES	(X1) PROVIDER/SUPPLIER/CLIA	(X2) MULTIP	LE CONSTRUCTION	(X3) DATE S	SURVEY
	OF CORRECTION	IDENTIFICATION NUMBER:	A. BUILDING		COMPL	
		MHL033-136	B. WING		R 06/07	7/2024
NAME OF F	PROVIDER OR SUPPLIER	STREET AD	DRESS, CITY,	STATE, ZIP CODE		
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		ROCKY	IOUNT, NC	27801		
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V 105	Continued From pa	ge 1	V 105	after the 7-13-24 staff meeting	j .	
	 (C) the disposition, recommendations; (7) quality assurance activities, including: (A) composition and assurance and quality as improvement plan; (C) methods for modiation of the second seco	including referrals and e and quality improvement d activities of a quality lity improvement committee; ssurance and quality phitoring and evaluating the iateness of client care, n of client outcomes and es; clinical supervision, including staff who are not qualified provide direct client services by a qualified professional in ; pproving client care; ualifications and a e to grant		On the same "Receipt of New & Overview on Self-Administra Medication by Diabetic Reside Clients" form, the staff member affix their shadowing/overview to acknoledge it was complete QP or HM will place their initia directly under the date record staff to witness the exercise of All of the above, i.e. meeting a sign-in sheet, receipt of new p overview forms that are comp be maintained at the facility are copied and sent to the Corpor Compliance Officer & HR Dire personnel files. All new hires shall be educate new policy and procedures by or HM; receive demonstration process and sign/date above mentioned documents for filing to rendering residential suppot the clients, new hires are requisign/date the "New Hire Orien form acknowledging medicatio administration & monitoring of clients' has been reviewed an discussed. The QP (as the su- will also affix signature and data a secondary verification.	Policy ation of ents / er must / date ed. The als ed by ccurred. agenda, policy and leted will nd also ate ector for ed on the r the QP of the g. Prior rts to tation" on f diabetic d upervisor) ate as	7-13-2 Ongoir
				selections (which include a tot during monthly supervision for consecutive months. Concerr questions, feedback, specifics clarifications, etc. between the and QP will be documented to	tal of 3) r 3 ns, s, e staff	

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STATEMEN	of Health Service Re IT OF DEFICIENCIES	(X1) PROVIDER/SUPPLIER/CLIA	(X2) MULTIP	LE CONSTRUCTION	(X3) DATE SU	JRVEY
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V 105	failed to develop an standards that assu programmatic perfo standards of practic instrument including Improvement Amen are: Review on 6/5/24 or - Admitted: 11/15 - Diagnoses: Bip depressed - modera Disorder - acute, Mi Diabetes - a physician's or - check blood Interview on 6/6/24 - she had checke - she believed ot BS nightly Interview on 6/6/24 - she checked cli - staff checked h Interview on 6/5/24 reported: - staff checked c - the facility does - she knew a CL	et as evidenced by: view and interview, the facility d implement adoption of ire operational and ormance meeting applicable se for the use of a Glucometer g the CLIA (Clinical Laboratory idments) waiver. The findings f client #1's record revealed: 5/23 olar Disorder - current episode ate, Post-Traumatic Stress ild Intellectual Disabilities, and der dated 1/4/24: d sugar (BS) once daily staff #1 reported: ed client #1's BS her staff checked client #1's the House Manager reported: ent #1 BS is BS nightly the Qualified Professional lient #1's BS not have a CLIA waiver A waiver was needed and		 ^aminimize deficiencies. The s member and QP will sign/dat monthly clinical supervision f showing both paricipation and of the session. All new hires onboard will also receive sup on the topic for 3 consecutive (directly after employment) to competency of the job function new hire and QP must sign/d the monthly clinical supervision. ALL OF THE ABOVE REFER DOCUMENTS (with the exceed of the staff meeting agenda as staff meeting sign-in sheet - s 7-13-24) ARE ATTACHED. Lasty, the agency received a physician assistant order dat 6-18-24 authorizing the client currently residing at Dorothy' to check his blood sugar and administer appropriate insulin This paperwork has been file client's service chart. Receip order shall be reiterated by th to staff members during the 7 meeting. New staff will also coached on this document ar other authorizations of diabet applications for applicable clii during new hire orientation. phyician assistant's orders is enclosed. 	e the orm d input coming ervision e months o ensure on form. RENCED on form. RENCED of form and scheduled ed t s Place /or n doses. d in the of the ne QP 7-13-24 be nd any tes ents The	
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NEW HIRE ORIENTATION

Quality Care Solutions, Inc. shall conduct an orientation overview to all new hires to ensure the organizational goals and objectives are properly aligned.

- Mission
- Culture
- Philosophy
- Vision
- Bloodborne Pathogens (Communicable Disease and Infection Control)
- Client Rights
- Confidentiality/HIPAA
- Client Responsibilities
- Code of Ethics and Standards of Conduct
- Corporate Compliance Plan
- Crisis Prevention Institute (CPI) non-violence crisis intervention or Nonviolent Crisis Interventions Plus (NCI+)
- Customer Services
- Employee Handbook
- Evacuation and Emergency Procedures
- First Responder and Crisis Services
- Health & Safety Practices
- Hepatitis B Vaccine Acceptance or Declination
- Human Resources (Workplace Policies and Procedures)
 - o Statement and Acknowledgement of At-Will Employment
 - Authorization for Criminal Background Check, Education and Employment Verifications
 - Drug-Free Workplace Policy
 - Drug and/or Alcohol Testing Consent Form
 - Emergency Information Form for Employees
 - o Equal Employment Opportunity Self-ID Form
 - o Form I-9
 - Release Authorization Form
- Incident Reporting
 - o Identification of Critical Incidents
- Job Description
 - Position Roles and Responsibilities
- Medication Administration & Monitoring (staff knowledge of clients' prescription medication and diabetic clients' self-administration & management)

- Medication Education
- NC TOPPS for MH and SU (Implementation Guidelines)
- NC SNAPS for DD (Guidelines)
- On the Job Training
 - o Mentoring and Collaboration
- Organizational Structure and Chain of Command
- Other Organizational Planning Efforts
 - o Cultural Competency
 - o Diversity
 - o Technology
 - o Succession Planning
- Person Centered Planning
 - Person-Centered Planning Instruction Manual
 - o Person-Centered Philosophy
- Performance Evaluations
- Performance Measurement and Management System
- Personal Privacy
- Prevention of Unsafe Behaviors
- Prohibition of Abuse, Neglect, Exploitation to Clients
- Prohibition of Waste, Fraud, Abuse and other Wrongdoing
- Promoting Wellness of Persons Served
- Quality Assurance/Quality Improvement
- Required Trainings (prior service delivery, 30 days, 90 days, annually, etc.)
- Rights of Personnel
- Risk Management Plan
- Reducing Physical Risks
- Service Notes Documentation
- Services and Programs
- Sexual Harassment
- Staff Competencies
- Strategic Plan
- Supervision Contracts and Logs
- Technology
 - o Cybersecurity and Technology
 - o Communication Systems and Expectations
- Transportation
- Workplace Violence Prevention
- Unique Needs of the Persons Served

I hereby acknowledge receiving the new hire orientation by Quality Care Solutions, Inc.

Employee Signature _____

Date: _____

Human Resources Manager or Supervisor's Signature

Date: _____



RECEIPT OF NEW POLICY & OVERVIEW ON SELF-ADMINISTRATION OF MEDICATION BY DIABETIC RESIDENTS / CLIENTS

Quality Care Solutions, Inc. (QCS) has implemented a new policy titled "Self-Administration of Medication by Diabetic Residents / Clients" that applies to the Dorothy's Place facility. The new policy is effective July 13, 2024.

I have received a copy of the policy, and it has been explained in detail. As an additional reassurance of my understanding, I have shadowed the Qualified Professional or the House Manager as a training platform on how to assist, closely monitor and observe the diabetic resident / client self-administer insulin.

The purpose of this requirement is to ensure all facility staff are clearly knowledgeable of the internal process.

Employee Name	(please print)
Date received policy QP or HM Initials	-
Date of shadowing/training/overview	

QP or HM Initials_____



MONTHLY CLINICAL SUPERVISION

Staff Member:

Position Title:

Supervision Session Date:

Duration: 1 Hour

Please record applicable service being rendered: Residential Supports

🗆 Individual	or	Group
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Method of Supervision shall be selected as follows:

- **Direct Observation**
- □ Verbal Feedback,
- **Role Modeling**
- □ Literature Review
- □ Other

Select and place rating for three (3) supervision topics referenced below:

- (1) Exceeds Expectations
- (2) Meets Expectations (above satisfactory)
- (3) Satisfactory (acceptable)
- (4) Needs Improvement & Additional Coaching
- (5) Total Unacceptable (Disciplinary Action Required)

Technical knowledge
Cultural Competency and awareness
Analytical skills
Decision-Making / Problem solving
Interpersonal skills
Communication skills
Clinical skills



Customer Services skills
Teamwork & willingness to collaborate with others
Clients' Rights
Flexibility and Adaptability
Self-Awareness and Confidence
Assessment and Referral
Knowledge of job functions, assignments, tasks, and responsibilities
Teamwork
Treatment effectiveness / goals
Model Fidelity
Work Quality
 Discharges and Transfers
Coordination of Care
Responsiveness (adequate responses to agency emails / agency phone calls and client phone calls, submissions of personnel documents prior to expiration dates, follow-up with pending job expectations or assigned projects, meeting established timelines established by supervisor and/or in agency's policies/procedures, etc.)
Professional Growth and Development: skill development, sharing of resources, assistance with accessing resources, review of progress towards professional goals, participate in additional peer support related training referenced in service definition or as needed).
Service Notes Documentation (generate appropriate billable and non-billable progress notes)
Professional standards and adherence to code of ethics and conduct
Participates in monthly supervisions professionally
Participates in required treatment team meetings
Participates in Quality Assurance and Quality Improvement initiatives, as requested (peer reviews, internal chart audits, external chart monitoring, CARF re-accreditation, Quality Improvement Projects (QIPs)), etc.
Intervention Appropriateness
Identification of significant health and safety concerns; incident reporting
Risk factors for suicide and other dangerous behavior
Serve as a role model to individuals in recovery including how to constructively share your own story of hope and recovery
Connects with others where and as they are
Confidentiality & HIPAA
Medication Administration
 Fosters positive relationships with clients and legal guardians



Medication Administration & Monitoring (staff knowledge of clients' prescription
medication and diabetic clients self-administration & management
Home management functions (housekeeping, laundry, preparing meals, cleaning, etc.)
Crisis Management
Adheres to staffing requirements and responsibilities stipulated in the perspective service/support Clinical Coverage Policy
Participates in required trainings as required
Maintains access to community resources and directories
Abides and adheres to accepted Human Resources practices
Reports client complaints according to policy and procedures
Reports employee complaints according to policy and procedures
Attend and participate in required scheduled staff meetings
Promotes health and safety practices by participating in simulated drills and exercises. Adheres to all health and safety rules, regulations, policies, and procedures.
Understands the person-centered planning and Wellness Recovery Action Plan (WRAP)
Establishes and maintains therapeutic boundaries with clients
Demonstrates compliance through service delivery and administrative tasks
 Performs other reasonable tasks as requested by supervisor and leadership.

In addition, the following questions (when applicable) will be reviewed during supervision session:

Are there any issues outstanding from the previous supervision session?

What items you would like to discuss at this Supervision?



Are there any areas of your role or your current identified tasks which you are not clear about?

Do you have any future training needs?

Goals, Topics, and Methods:

Comments by employee:

Comments by supervisor:

www.qcsolutions.org



Actions to be taken by employee:

Actions to be taken by supervisor:

Employee Signature:	Date:
Supervisor Signature:	Date:

Quality Care Solutions Inc. Personnel Policy and Procedures Manual

Policy: Self-Administration of Medication by Diabetic Residents / Clients

Originators: Quality Care Solutions, Inc.

Effective Date: 7-9-24

PURPOSE: To provide staff the internal protocols on how to assist, closely monitor and observe the diabetic resident / client self-administer insulin.

Policy Statement: It is the policy of Quality Care Solutions (QCS) to ensure staff properly oversee the medication administration of residents with diabetes.

Scope: This policy applies to all QCS staff rendering residential support services to Dorothy's Place residents in Rocky Mount, North Carolina.

Procedures: Residents' health disorders such as diabetes can be initially assessed and determined by a medical professional prior to admission or while residing at Dorothy's Place. Diabetes is a chronic disease characterized by elevated blood glucose levels. It is managed and controlled by the intake of insulin injections and blood draw.

QCS requires insulin to be given by the resident / client at the right dose, right frequency, right timing, by the right method and the regime tailored to the resident. Safety and effectiveness go hand in hand.

To ensure the safe and effective administration of insulin for Dorothy Place residents with diabetes, self-administration of insulin using a disposable pen shall occur. It is the responsibility of the designated Qualified Professional (QP) at the facility to ensure that existing and new staff are aware of this policy and have the correct training, competence and supervision.

Applicable residents must demonstrate the ability to perform diabetes selfcare by receiving a written approval from a medical professional, i.e. physician assistant, registered nurse or medical physician, which will be maintained in their service chart.

All facility residents will see a healthcare provider or primary care physician on a regular basis for assessment or reassessment of diabetes.

When a resident / client is challenged with diabetes at Dorothy's Place, the healthcare provider or primary care physician is notified and asked how the person's medication(s) should be administered. A physician's order must be obtained with this information once they are admitted into the facility.

It is mandatory that staff always follow specific physician orders for each resident / client.

The equipment required and utilized for self-administration of insulin by the resident / client will be an insulin pen. An insulin pen looks like a writing pen but has a needle for its point. The pen will be purchased filled with insulin and disposable. This technique is a routine care that can be easier taught to the resident / client.

If a resident / client must have their blood glucose checked, the staff must gather the needed items for the blood glucose check, which are as follows:

- 1) the blood glucose meter
- 2) the test strips
- 3) the lacets (needle to prick the fingertip)
- 4) alcohol preps band aids

The following steps are to be followed to check the resident / client blood glucose level:

- 1) wash hands
- 2) massage the chosen finger to stimulate blood flow
- 3) use alcohol prep to clean area before pricking the finger
- 4) turn on the blood glucose meter

- 5) prick fingertip wipe first drops of blood
- 6) stick new test strip in the meter
- 7) squeeze out second drop of blood on the test strip
- wait for blood glucose machine to analyze the blood glucose level of the resident / client and the staff shall document it on the Medication Administration Record (MAR).

The resident's / client's MAR chart (indicating the insulin prescription's details; time of the insulin dose; blood glucose levels and information about the normal range of the blood sugars for the resident / client) shall be appropriately documented. In addition, if the resident / client refuses to engage in this medical treatment, an incident report shall be initiated, and reason written in the MAR. Staff members are required to initial and date the MAR daily when the resident / client self-administer insulin,

Each time this is performed a new test strip and lacet is to be utilized. After use, the lacet and test strip shall be disposed in the sharp container.

When administering oral medication, the physician orders must be followed in accordance with the six (6) rights of medication administration:

- 1) right resident / client
- 2) right medication
- 3) right time
- 4) right route
- 5) right dose
- 6) right documentation

When the medical professional prescribes the insulin pen to the resident / client, the staff must dial up the amount of insulin to be administered by the resident / client. One the resident / client has administered the insulin; the staff will take the pen from the resident / client and take the needle off the end of the pen and dispose it in the sharp container. Staff shall clean the area and place a band aid in the area.

To reiterate #8 referenced above, the staff is required to sign the MAR and store the pen in the refrigerator in a locked box.

SIGNIFICANTLY IMPORTANT: When administering insulins, a new needle must always be utilized.

Staff shall accommodate the staff by closely observing the resident / client inject insulin in various fatty tissues on their body, i.e. upper outer arms, upper outer thighs, abdomen, etc. Body sites should be rotated and observed for lumps/inflammation/bruising prior to injection. Insulin should not be injected into the area with any of these problems.

The needle shall be disposed in the sharp container once the injection is completed. Only dispose of the insulin pen when the pen is empty, and the needle has been disposed in the sharp container.

The insulin pen can then be placed in the trash container.

Staff must always notify the healthcare provider or primary care physician if the resident / client with diabetes is feeling under the weather. Staff do not have the medical competency to make decisions regarding a resident / client's health or well-being. Staff must adhere to a physician's order precisely to establish and maintain the appropriate care of the resident / client at Dorothy's Place.

Important Information Regarding the Safe Use of Insulin Pens

- 1. It is recommended that the facility have a spare device available in the event of breakage or loss.
- 2. When using insulin in the pen device, the dose dialed is the dose delivered.
- 3. Residents should have their blood glucose levels checked and recorded as directed by medical professionals.
- 4. Staff shall be competent to observe and assist resident / client while the resident / client conducts this procedure (as authorized by the medical professional). New staff are required to shadow the designated QP or House Manager (HM) who will provide guidance and step-by-step demonstration of the acceptable maintenance and monitoring of the resident / client insulin intake. The QP or HM must

acknowledge the new hire has shown evidence of being competent by signature that overview was successfully accomplished on designated form.

5. Insulin not in use shall be stored in the refrigerator. They should be stored in a medication locked box in the refrigerator.

There may be new resident / client that is admitted to the facility that will have a medical issue of diabetes and receive physician orders to utilize another method of treatment. The orders could be oral or non-insulin, injectable or non-injectable. QCS shall adhere to the written authorization of the prescription, when this is applicable. There will never be any exceptions. All facility staff shall be properly educated and receive training on the specific requirements and process.

Whether the resident / client receives oral, insulin injections, non-injections, etc., the treatment shall be person-centered.

Supervision

Qualified Professional shall consult, demonstrate, illustrate, interpret and continuously supervise this job function to new and existing staff members. All new hires within their ninety (90) day probation period shall receive supervision on MAR relating to diabetes monitoring and management to ensure they are knowledgeable of the procedures and protocols. Supervision session shall be documented on the designated form.

EASTERN NC MEDICAL GROUP NASHVILLE 155 Nashville Commons Dr Nashville NC 27856 Phone: 252-459-7769 Fax: 252-459-6539



June 18, 2024

Patient: Date of Birth: Date of Visit: 6/10/2024

To Whom It May Concern:

he is able to check his blood sugar and/or administer appropriate insulin doses while a member of the group home staff monitors. If you have any further questions or concerns please contact our office at 252-459-7769.

Sincerely,