

Division of Health Service Regulation

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| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:<br><br><b>MHL004-016</b> | (X2) MULTIPLE CONSTRUCTION<br>A. BUILDING: _____<br><br>B. WING _____ | (X3) DATE SURVEY COMPLETED<br><br><b>C</b><br><b>06/21/2024</b> |
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| NAME OF PROVIDER OR SUPPLIER<br><br><b>CORNERSTONE TREATMENT FACILITY</b> | STREET ADDRESS, CITY, STATE, ZIP CODE<br><b>129 WALLCE ROAD</b><br><b>WADESBORO, NC 28170</b> |
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| V 000              | <p><b>INITIAL COMMENTS</b></p> <p>A complaint survey was completed on June 21, 2024. The complaint was substantiated (intake #NC00216650). A deficiency was cited.</p> <p>This facility is licensed for the following service category: 10A NCAC 27G .1900 Psychiatric Residential Treatment for Children and Adolescents.</p> <p>This facility is licensed for 12 and has a current census of 10. The survey sample consisted of audits of 3 current clients.</p>   | V 000         |   |                    |
| V 118              | <p><b>27G .0209 (C) Medication Requirements</b></p> <p>10A NCAC 27G .0209 MEDICATION REQUIREMENTS<br/>(c) Medication administration:<br/>(1) Prescription or non-prescription drugs shall only be administered to a client on the written order of a person authorized by law to prescribe drugs.<br/>(2) Medications shall be self-administered by clients only when authorized in writing by the client's physician.<br/>(3) Medications, including injections, shall be administered only by licensed persons, or by unlicensed persons trained by a registered nurse, pharmacist or other legally qualified person and privileged to prepare and administer medications.<br/>(4) A Medication Administration Record (MAR) of all drugs administered to each client must be kept current. Medications administered shall be recorded immediately after administration. The MAR is to include the following:<br/>(A) client's name;<br/>(B) name, strength, and quantity of the drug;<br/>(C) instructions for administering the drug;<br/>(D) date and time the drug is administered; and</p> | V 118         |   |                    |

Division of Health Service Regulation  
LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE \_\_\_\_\_ TITLE \_\_\_\_\_ (X6) DATE \_\_\_\_\_

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| V 118              | <p>Continued From page 1</p> <p>(E) name or initials of person administering the drug.</p> <p>(5) Client requests for medication changes or checks shall be recorded and kept with the MAR file followed up by appointment or consultation with a physician.</p> <p>This Rule is not met as evidenced by:<br/>Based on record reviews and interviews, the facility failed to administer medication as ordered by a person authorized by law to prescribe drugs affecting 1 of 3 audited clients (#1). The findings are:</p> <p>Review on 6/19/24 of client #1's record revealed:<br/>-Admission date of: 7/19/23.<br/>-Diagnoses of Disruptive Mood Dysregulation Disorder, Posttraumatic Stress Disorder, Attention Deficit Hyperactivity Disorder, Nocturnal Enuresis, Child Physical Abuse, Child Neglect, and Child Sexual Abuse.</p> <p>Review on 6/19/24 of client #1's signed physician order dated 7/21/23.<br/>-Propranolol (anxiety) 20mg (milligrams) Give 2 tablets by mouth daily every morning. Give 2 tablets by mouth daily at 4:00 pm. Give 4 tablets by mouth daily at bedtime.</p> <p>Review on 6/21/24 of facility incident reported dated 4/19/24 revealed:<br/>-"[Client #1] takes 2 Propranolol tablets at 8:00am, 2 Propranolol tablets at 4:00 pm and 4</p> | V 118         |   |                    |

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| V 118              | <p>Continued From page 2</p> <p>Propranolol tablets at 8:00 pm. When 8:00 am medications were given [Client #1] did not have available her 2 tablets of Propranolol doses to be able to administer from pharmacy. At approximately 10:00 am the medications that were received from am delivery were checked in and [Client#1's] Propranolol refill had arrived, [Registered Nurse (RN)] placed 8:00 am dose of 2 tablets in with [Client #1] 4:00 pm dose of 2 tablets to give proper daily does of 8 tablets."</p> <p>Interview on 6/19/24 with client #1 revealed:<br/>                     -"I got two extra pills when I went on an outing to the Aquarium."<br/>                     -"I don't remember who gave me the pills that day."<br/>                     -"[RN] makes the bag of pills and gives it to the staff."<br/>                     -"I was supposed to have five pills instead of seven pills in the bag."<br/>                     "I told [Staff #1] that it was too many blue pills, and the white pills were right."<br/>                     -"[Staff #1] told me to take the pills because the nurse wasn't there."<br/>                     -"This was the first time this ever happened to me."<br/>                     -"I did not get sick from taking the extra medication."<br/>                     -"I remember telling the staff that was on the van and the staff when we got back to the facility that I had taken too many pills."</p> <p>Interview on 6/20/24 with the Facility RN revealed:<br/>                     -"[Client #1's] 8:00 am dosage of Propranolol wasn't available for the medication (med) pass due to the pharmacy running late on April 19, 2024.<br/>                     -She received the medication right before [Client #1] had left to go out on the outing.</p> | V 118         |   |                    |

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| V 118              | <p>Continued From page 3</p> <p>- "I had packaged a total of 7 pills with the two extra pills that [Client #1] had missed that morning."</p> <p>- "If [Client #1] doesn't get the correct dosage it will trigger [Client #1] into a psychotic episode."</p> <p>- "[Client #1] will start having anxiety which will lead into uncontrollable behaviors."</p> <p>- Client #1 got a total of eight pills of Propranolol per day with two in the morning, two in the afternoon, and four at night.</p> <p>- I couldn't discuss the changes in [Client #1's] medication to staff or [Client #1] because they were already on the van.</p> <p>- I documented the extra dosage that was given to [Client #1] on back of the MAR, wrote an incident report, and wrote a nurses note."</p> <p>- "I did not notify the doctor that I had given [Client #1] a different dosage at 4:00 pm med pass." "I didn't know I had to notify the doctor to give an extra dose at a different time."</p> <p>- "I didn't think it was a problem giving [Client #1] an extra dose of Propranolol because client #1 takes four pills at night."</p> <p>- Client #1 didn't had any ill effects from taking an extra dose at 4:00 pm.</p> <p>- "[Client #1] and the [Executive Director] came to see me after they got back from the outing with the concern of [Client #1's] taking too much medication."</p> <p>- "[Client #1] told me that she took too many pills during [Client #1] med pass while on the outing."</p> <p>- "[Client #1] said that she was only supposed to take five pills and took seven pills."</p> <p>- "I explained to [Client #1] and the [Executive Director] that the two extra pills were the pills [Client #1] missed at 8:00 am med pass."</p> <p>- "During the 8:00 am med pass the pills weren't available due to the pharmacy running late."</p> <p>- When the pills had gotten to the facility, I packaged the pills up, and gave them to staff</p> | V 118         |   |                    |

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| V 118              | <p>Continued From page 4</p> <p>while they were on the van.</p> <p>-I told [Client #1] that I didn't have time to explain the extra two pills in the package."</p> <p>-"[Client #1] said 'okay', and didn't have any other questions."</p> <p>-I think I told [Dr. Wilson] about the incident on Tuesday when we had our weekly meeting but I didn't document it."</p> <p>Interview on 6/19/24 with Staff #1 revealed:</p> <p>-When going on a long outing the nurse would package the client's medication in a bag with the date, initials, and time the medication are administered.</p> <p>-"[Administrative Assistant] told me to give [Client #1] and [Client #6] their medication at 4:00 pm."</p> <p>-I don't remember how many pills were in the bag because the pills were already bagged up."</p> <p>-I gave [Client #1] and [Client #2] a drink to take with their medications and watched them swallow the pills."</p> <p>-"[Client #1] had taken the pills with no problems and did not have an ill effect from the medication."</p> <p>-"[Client #1] was talking to [Staff #2], saying that he took too many pills while on the back of the van."</p> <p>-"Staff don't count the medication, just give the client what's in the bag that is prepared by the nurse."</p> <p>-"[Client #1] was acting normal and didn't have any ill effects after taking the medication."</p> <p>-She had been trained on medication administration.</p> <p>Interview on 6/19/24 with the Executive Director revealed:</p> <p>-"When [Client #1] had gotten back from the outing, [Client #1] told me that there were seven pills in the zip lock bag, and it was only supposed</p> | V 118         |   |                    |

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| V 118              | <p>Continued From page 5</p> <p>to five pills in the zip lock bag."<br/>                     -"[Client #1] said that she took all seven pills that were in the zip lock bag."<br/>                     -"I asked [Client #1] why she took all seven pills knowing [Client #1] was only supposed to take five pills?"<br/>                     -"[Client #1] told me that she took the pills because [Client #1] didn't want the [RN], to be mad at her."<br/>                     -"The [RN] will pack the medication in a zip lock bag with the client's initials and the time medication is supposed to be administered."<br/>                     -Staff would have a bottle of water and watched the clients take their medication.<br/>                     -"[Client #1] had come back from the outing telling me that staff gave her too much medication."<br/>                     -"I had taken [Client #1] to the nurse to inquire about the medication [Client #1] had taken while on the outing.<br/>                     -"The [RN] explained to [Client #1] that she missed her 8:00 am medication due to being delivered late."<br/>                     -"The [RN] informed [Client #1] the [RN] packaged an extra 2 pills to give to her at 4:00 pm to make sure [Client #1] doesn't miss any medication."<br/>                     -"[Client #1] understood everything the [RN] told her about the medication and had no ill effects."<br/>                     -"I was not aware of the nurse notifying the doctor of giving [Client #1] an extra dosage at 4:00 pm medication pass."</p> <p>Interview on 6/21/24 with the Director of Operations revealed:<br/>                     -"I wasn't aware that [Client #1] had taken two extra pills during her 4:00 pm dosing while on an outing in April 2024."<br/>                     -"I was later told by the [Executive Director] that [Client #1] had taken two extra pills while on the</p> | V 118         |   |                    |

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| V 118              | Continued From page 6<br><br>outing."<br>-"The RN packages the client's medication, the medication is given to staff, and staff administers the medication to the clients."<br>-"I don't know anything about the medication due to being prepackaged by the nurse."<br>-"I think the doctor was notified of the incident on Tuesday during their weekly meeting."<br>-"I will make sure the nurse notifies Dr. Wilson before giving any extra pills to ensure compliance."<br>-"The [RN] had written a note and incident report regarding the incident." | V 118         |   |                    |