

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: MHL036-343	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED R 04/10/2024
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NAME OF PROVIDER OR SUPPLIER BLUE SAPPHIRE HOUSE	STREET ADDRESS, CITY, STATE, ZIP CODE 107 WEST LOUISIANA AVENUE BESSEMER CITY, NC 28016
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V 000	<p>INITIAL COMMENTS</p> <p>A complaint and follow up survey was completed on 4-10-24. The complaint was substantiated (NC00212134). Deficiencies were cited.</p> <p>This facility is licensed for the following service category: 10A NCAC 27G .1700 Residential Treatment Staff Secure of Children or Adolescents.</p> <p>This facility is licensed for four and currently has a census of two. The survey sample consisted of audits of two current clients.</p>	V 000		
V 293	<p>27G .1701 Residential Tx. Child/Adol - Scope</p> <p>10A NCAC 27G .1701 SCOPE</p> <p>(a) A residential treatment staff secure facility for children or adolescents is one that is a free-standing residential facility that provides intensive, active therapeutic treatment and interventions within a system of care approach. It shall not be the primary residence of an individual who is not a client of the facility.</p> <p>(b) Staff secure means staff are required to be awake during client sleep hours and supervision shall be continuous as set forth in Rule .1704 of this Section.</p> <p>(c) The population served shall be children or adolescents who have a primary diagnosis of mental illness, emotional disturbance or substance-related disorders; and may also have co-occurring disorders including developmental disabilities. These children or adolescents shall not meet criteria for inpatient psychiatric services.</p> <p>(d) The children or adolescents served shall require the following:</p> <p>(1) removal from home to a community-based residential setting in order to facilitate treatment; and</p>	V 293		

Division of Health Service Regulation LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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V 293	<p>Continued From page 1</p> <p>(2) treatment in a staff secure setting.</p> <p>(e) Services shall be designed to:</p> <p>(1) include individualized supervision and structure of daily living;</p> <p>(2) minimize the occurrence of behaviors related to functional deficits;</p> <p>(3) ensure safety and deescalate out of control behaviors including frequent crisis management with or without physical restraint;</p> <p>(4) assist the child or adolescent in the acquisition of adaptive functioning in self-control, communication, social and recreational skills; and</p> <p>(5) support the child or adolescent in gaining the skills needed to step-down to a less intensive treatment setting.</p> <p>(f) The residential treatment staff secure facility shall coordinate with other individuals and agencies within the child or adolescent's system of care.</p> <p>This Rule is not met as evidenced by: Based on interviews and record reviews the facility failed to coordinate with other individuals and agencies within the child or adolescent's system of care effecting one of two clients (Client #1). The findings are:</p> <p>Review on 3-11-24 of Letter from the Mental Health Clinicians at Client #1's school revealed: -"My role as a Mental Health Clinician at</p>	V 293		

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V 293	<p>Continued From page 2</p> <p>[Client #1's School] is not to provide therapy but rather to provide check-ins with students as needed for additional support with learning coping skills, communication skills, and conflict management skills and overall supporting students in their wellness goals."</p> <p>-Listed multiple days that Mental Health Clinician had checked in with Client #1.</p> <p>-Client #1 has been signed up for school based therapy provided by a local agency, "However, in the past school year there have been various gaps in service due to the agency not being able to fill their vacancy, such as briefly at the beginning of the school year in Augurs (2023), as well as this entire semester, from January 2024 to the present."</p> <p>Interview on 3-7-24 and 3-21-24 with Client #1 revealed:</p> <p>-She gets therapy at school. -She gets her therapy from school. -The Mental Health Clinician from the school "sees her when I need to."</p> <p>Interview on 3-7-24 with Staff #1 revealed:</p> <p>-Client #1 was currently at home because she had been suspended from school for 10 days.</p> <p>Interview on 3-11-24 with the Clinical Director/Qualified Professional revealed:</p> <p>-Client #1 get therapy at school.</p> <p>Interview on 3-21-24 with the school Mental health Clinician revealed:</p> <p>-Her role at the school is just to check in the the students. -Client #1 was set up with a company for school based therapy, but she has not had it since January 2024. -The contracted company had not had a</p>	V 293		

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V 293	Continued From page 3 therapist since January. -She had informed Client #1's facility of the issue. Interview on 3-21-24 with agency providing therapy revealed: -They did not have a therapist at the time, and they had let the school and the facility know this. -They did have Intensive In Home therapy to bridge the gap, and a day treatment program. -The facility was specifically looking for school based therapy.	V 293		
V 296	27G .1704 Residential Tx. Child/Adol - Min. Staffing 10A NCAC 27G .1704 MINIMUM STAFFING REQUIREMENTS (a) A qualified professional shall be available by telephone or page. A direct care staff shall be able to reach the facility within 30 minutes at all times. (b) The minimum number of direct care staff required when children or adolescents are present and awake is as follows: (1) two direct care staff shall be present for one, two, three or four children or adolescents; (2) three direct care staff shall be present for five, six, seven or eight children or adolescents; and (3) four direct care staff shall be present for nine, ten, eleven or twelve children or adolescents. (c) The minimum number of direct care staff during child or adolescent sleep hours is as follows: (1) two direct care staff shall be present and one shall be awake for one through four	V 296		

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V 296	<p>Continued From page 4</p> <p>children or adolescents;</p> <p>(2) two direct care staff shall be present and both shall be awake for five through eight children or adolescents; and</p> <p>(3) three direct care staff shall be present of which two shall be awake and the third may be asleep for nine, ten, eleven or twelve children or adolescents.</p> <p>(d) In addition to the minimum number of direct care staff set forth in Paragraphs (a)-(c) of this Rule, more direct care staff shall be required in the facility based on the child or adolescent's individual needs as specified in the treatment plan.</p> <p>(e) Each facility shall be responsible for ensuring supervision of children or adolescents when they are away from the facility in accordance with the child or adolescent's individual strengths and needs as specified in the treatment plan.</p> <p>This Rule is not met as evidenced by: Based on observation, record reviews, and interviews, the facility failed to insure two direct care staff were present for one, two, three or four children or adolescents. The findings are:</p> <p>Observation on 3-7-24 at approximately 1:30pm revealed: -One staff and two clients (Client #1 and Client #2).</p> <p>Review on 3-11-24 of Client #1's record revealed:</p>	V 296		

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V 296	<p>Continued From page 5</p> <ul style="list-style-type: none"> -Admitted 9-20-22. -14 years old. -Diagnoses include: Generalized Anxiety Disorder, DI Georges Disorder. -Assessment dated 8-22-22 revealed; "being recommended for placement into a Level 3 Residential treatment facility. She has demonstrated the ability to self-soothe when given appropriate staff intervention and assistance. Staffing a this level of care will continue to provide [Client #1] the support that she requires in a safe and contained environment." -Person Centered Plan dated 11-27-23 revealed; is verbally and physically aggressive when angry and has a difficult time gauging risk...currently staying in a level III group home while she awaits a higher level of care...difficulty regulating her emotions and managing her anger. <p>Review on 3-11-24 of Client #2's record revealed:</p> <ul style="list-style-type: none"> -Admitted 1-18-24. -Diagnoses include: Adjustment disorder with mixed anxiety and depressed mood, Post Traumatic Stress Disorder, Attention Deficit Disorder, Oppositional Defiant Disorder, Intermittent Explosive Disorder,, Disinhibited Social engagement Disorder, Chromosome Abnormality, unspecified. -Assessment dated 12-15-23 revealed: went to Psychiatric Residential Treatment Facility (PRTF) due to failure to progress at level III...verbal threats and alterationsstruggles with controlling anger ...recommend PRTF ...after that level III recommended...transition to back to family. <p>Interview on 3-7-24 with Client #1 revealed:</p> <ul style="list-style-type: none"> -There are usually 2-3- staff at the facility. 	V 296		

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V 296	<p>Continued From page 6</p> <p>-Today, the second staff had an appointment, so they left.</p> <p>Interview on 3-7-24 with Client #2 revealed: -She thought it was just one staff, but she was not sure.</p> <p>Interview on 3-7-24 with Staff #1 revealed: -There are normally two staff per shift, but one staff had a funeral to go to, so she had left for a while.</p> <p>Interview on 3-11-24 with the Clinical Director/Qualified Professional revealed: -They had two staff, but that day one staff had to go to a funeral, but came right back.</p>	V 296		