

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: MHL007-049	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED 01/25/2024
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NAME OF PROVIDER OR SUPPLIER COUNTRY LIVING ESTATES	STREET ADDRESS, CITY, STATE, ZIP CODE 424 WHARTON STATION ROAD WASH, NC 27889
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V 000	<p>INITIAL COMMENTS</p> <p>An annual survey was completed on January 25, 2024. Deficiencies were cited.</p> <p>This facility is licensed for the following service category: 10A NCAC 27G .5600A SUpervised Living for Adults with Mental Illness.</p> <p>This facility is licensed for 6 and currently has a census of 5. The survey sample consisted of audits of 3 current clients.</p>	V 000		
V 114	<p>27G .0207 Emergency Plans and Supplies</p> <p>10A NCAC 27G .0207 EMERGENCY PLANS AND SUPPLIES</p> <p>(a) A written fire plan for each facility and area-wide disaster plan shall be developed and shall be approved by the appropriate local authority.</p> <p>(b) The plan shall be made available to all staff and evacuation procedures and routes shall be posted in the facility.</p> <p>(c) Fire and disaster drills in a 24-hour facility shall be held at least quarterly and shall be repeated for each shift. Drills shall be conducted under conditions that simulate fire emergencies.</p> <p>(d) Each facility shall have basic first aid supplies accessible for use.</p> <p>This Rule is not met as evidenced by: Based on record review and interviews the facility failed to ensure fire and disaster drills were held at least quarterly and repeated on each shift under conditions that simulate fire emergencies. The findings are:</p>	V 114		

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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE _____ TITLE _____ (X6) DATE _____

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V 114	<p>Continued From page 1</p> <p>Review on 1/25/24 of facility records for January 2023 thru December 2023 revealed:</p> <p>Fire Drills: -All fire drills were completed between 6:47am - 8:47am. -No documented fire drills for the 2:30pm-10:00pm shift or the 10:00pm-6:00am shift.</p> <p>Disaster Drills: -All disaster drills were completed between 6:50am-8:55am. -No documented fire drills for the 2:30pm-10:00pm shift or the 10:00pm- 6:00am shift.</p> <p>Interview on 1/25/24 client #2 stated he participated in drills at the facility.</p> <p>Interview on 1/25/24 client #4 stated he did fire drills at the facility.</p> <p>Interview on 1/25/24 client #5 he participated in drills at the facility.</p> <p>Interview on 1/19/24 the Qualified Professional stated shifts at the facility were: 9:00am-5:00pm, 5:00pm-1:00am, 1:00am-9:00am. He understood the requirement that fire and disaster drills were to be completed at least quarterly and repeated on each shift under conditions that simulate fire emergencies.</p>	V 114		
V 118	<p>27G .0209 (C) Medication Requirements</p> <p>10A NCAC 27G .0209 MEDICATION REQUIREMENTS</p> <p>(c) Medication administration: (1) Prescription or non-prescription drugs shall only be administered to a client on the written order of a person authorized by law to prescribe</p>	V 118		

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V 118	<p>Continued From page 2</p> <p>drugs.</p> <p>(2) Medications shall be self-administered by clients only when authorized in writing by the client's physician.</p> <p>(3) Medications, including injections, shall be administered only by licensed persons, or by unlicensed persons trained by a registered nurse, pharmacist or other legally qualified person and privileged to prepare and administer medications.</p> <p>(4) A Medication Administration Record (MAR) of all drugs administered to each client must be kept current. Medications administered shall be recorded immediately after administration. The MAR is to include the following:</p> <p>(A) client's name;</p> <p>(B) name, strength, and quantity of the drug;</p> <p>(C) instructions for administering the drug;</p> <p>(D) date and time the drug is administered; and</p> <p>(E) name or initials of person administering the drug.</p> <p>(5) Client requests for medication changes or checks shall be recorded and kept with the MAR file followed up by appointment or consultation with a physician.</p> <p> </p> <p>This Rule is not met as evidenced by: Based on record reviews, observation and interviews, the facility failed to administer medications on the written order of a physician and failed to keep the MARs current affecting three of three clients (#2, #4 and #5). The findings are:</p> <p>Finding #1:</p>	V 118		

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V 118	<p>Continued From page 3</p> <p>Review on 1/25/24 of client #2's record revealed:</p> <ul style="list-style-type: none"> - 20 year old male. - Admission date of 9/28/23. - Diagnoses of Autism Spectrum Disorder, Major Depressive Disorder- Moderate with Anxious Distress, Attention Deficit Hyperactivity Disorder and Schizophrenia Spectrum Disorder. <p>Review on 1/25/24 of client #2"s signed FL2 dated 9/28/23 revealed the following medication orders:</p> <ul style="list-style-type: none"> - Divalproex Sodium (depression) 250mg- Take 1 2 times daily. - Fluticasone Prop (allergies) 50mcg- 1 spray each nostril daily. - Melatonin (insomnia) 3mg- Take 2 at bedtime. - Olanzapine (schizophrenia) 10mg- Take 1 at bedtime. <p>Review on 1/25/24 of client #2's October 2023- January 2024 MARs revealed the following blanks:</p> <p>October 2023</p> <ul style="list-style-type: none"> - Divalproex 10/7/23 at 8pm. - Melatonin 10/7/23 at 8pm. - Olanzapine 10/7/23 at 8pm. <p>November 2023</p> <ul style="list-style-type: none"> - Divalproex 11/27/23 at 8pm. - Melatonin 11/27/24 at 8pm. - Olanzapine 11/27/23 at 8pm. <p>December 2023</p> <ul style="list-style-type: none"> - Divalproex 12/12/23 at 8pm. - Melatonin 12/12/23 at 8pm. - Olanzapine 12/12/23 at 8pm. <p>January 2024</p> <ul style="list-style-type: none"> - Divalproex SOD ER 1/1/24 at 8pm; 1/10/24 at 8pm; 1/15/24 at 8pm and 1/17/24 at 8am. 	V 118		

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V 118	<p>Continued From page 4</p> <ul style="list-style-type: none"> - Fluticasone Prop 50mcg Spray- 1/17/23 at 8pm. - Melatonin 1/1/24 at 8pm; 1/10/24 at 8pm and 1/15/24 at 8pm. - Olanzapine 1/1/24 at 8pm; 1/10/24 at 8pm and 1/15/24 at 8pm. <p>Interview on 1/25/24 client #2 stated he received his medications daily as ordered.</p> <p>Finding #2: Review on 1/25/24 of client #4's record revealed:</p> <ul style="list-style-type: none"> - 30 year male. - Admission date of 3/17/19. - Diagnoses of Schizoaffective Disorder- Bipolar Type, Asthma. <p>Review on 1/25/24 of client # 4's signed FL2 dated 8/3/23 revealed the following medication orders:</p> <ul style="list-style-type: none"> - Cogentin (Benztropine) (tremors) 0.5 milligrams (mg) - Take 1 twice daily. - Symbicort (Budesonide-Formoterol) (wheezing) 160-4.5 microgram (mcg) - Inhale 2 puffs 2 times daily. - Clonazepam (agitation) 0.25mg - Take 1 2 times daily. - Omeprazole (GERD) 20mg- Take on daily. - Prazosin (nightmares) 1mg- Take 3 at bedtime. - Propranolol (mood) 10mg- Take 1 2 times daily. <p>Review on 1/25/24 of client # 4's October 2023, December 2023 and January 2024 MARs revealed the following blanks: October 2023</p> <ul style="list-style-type: none"> - Cogentin - 10/7/23 at 8pm - Symbicort - 10/7/23 at 8pm. - Clonazepam 10/7/23 at 8pm. - Prazosin - 10/7/23 at 8pm. - Propranolol - 10/7/23 10mg 8pm. 	V 118		

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V 118	<p>Continued From page 5</p> <p>December 2023</p> <ul style="list-style-type: none"> - Cogentin - 12/12/23 at 8pm - Symbicort - 12/12/23 at 8pm. - Clonazepam - 12/12/23 at 8pm. - Prazosin - 12/12/23 at 8pm. - Propranolol 12/12/23 at 8pm. <p>January 2024</p> <ul style="list-style-type: none"> - Cogentin - 1/1/24 at 8pm; 1/10/24 at 8pm; 1/15/24 at 8pm and 1/17/24 at 8am. - Symbicort - 1/1/24 at 8pm; 1/10/24 at 8pm; 1/15/24 at 8pm and 1/17/24 at 8am. - Clonazepam - 1/1/24 at 8pm; 1/10/24 at 8pm; 1/15/24 at 8pm and 1/17/24 at 8am. - Omeprazole - 1/17/24 at 8am. - Prazosin - 1/1/24 at 8pm; 1/10/24 at 8pm and 1/15/24 at 8pm. - Propranolol - 1/1/24 at 8pm; 1/10/24 at 8pm; 1/15/24 at 8pm and 1/17/24 at 8am. <p>Interview on 1/25/24 client #4 stated he received his medications daily as ordered.</p> <p>Finding #3: Review on 1/25/24 of client #5's record revealed:</p> <ul style="list-style-type: none"> - 27 year old male. - Admission date of 05/15/23. - Diagnoses of Autism Spectrum Disorder Level 3, Major Depressive Disorder- Recurrent-Moderate w/ Anxious Distress and Obsessive Compulsive Disorder. <p>Review on 1/25/24 of client #5's signed FL2 dated 6/9/23 revealed the following medication orders:</p> <ul style="list-style-type: none"> - Fluvoxamine Extended Release (ER) (antidepressant) 100mg Take 2 at bedtime. - Fluticasone Propionate (allergies)- 1 spray both nostrils 2 times daily 	V 118		

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V 118	<p>Continued From page 6</p> <ul style="list-style-type: none"> - Focalin (stimulant)- 5mg Take 2 daily. - Loratadine 10mg (allergies) 10mg Take 1 daily. <p>Review on 1/25/24 of client #5's October 2023, December 2023 an January 2024 MARs revealed the following blanks:</p> <p>October 2023</p> <ul style="list-style-type: none"> - Fluvoxamine ER 11/7/23 at 8pm. <p>December 2023</p> <ul style="list-style-type: none"> - Fluticasone Prop 50mcg 12/12/23 at 8pm. - Fluvoxamine ER 12/12/23. <p>January 2024</p> <ul style="list-style-type: none"> - Fluticasone Prop 1/1/24 at 8pm; 1/10/24 at 8pm; 1/15/24 at 8pm and 1/17/24 at 8am. - Fluvoxamine ER 1/1/24 at 8pm, 1/10/24 at 8pm and 1/15/24 at 8pm. - Focalin 1/17/24 at 8am. - Loratadine 1/17/24 at 8am. <p>Interview on 1/25/24 client #5 stated he received his medications daily as ordered.</p> <p>Interview on 1/25/24 the House Manager stated:</p> <ul style="list-style-type: none"> - Clients receive their medications daily as ordered. A blank in the MAR was probably because staff administered it but forgot to check it off. <p>Interview on 1/25/24 the Qualified Professional/Registered Nurse stated:</p> <ul style="list-style-type: none"> - He understood the MAR administer medications on the written order of a physician and failed to keep the MARs current. <p>Due to the failure to accurately document medication administration it could not be determined if clients received their medications as ordered by the physician.</p>	V 118		

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