

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: MHL036-345	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING: _____	(X3) DATE SURVEY COMPLETED R 10/25/2023
NAME OF PROVIDER OR SUPPLIER COSBY COUNSELING & CONSULTING, PLLC		STREET ADDRESS, CITY, STATE, ZIP CODE 1701 MAXTON AVENUE GASTONIA, NC 28052		
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETE DATE
V 000	<p>INITIAL COMMENTS</p> <p>An annual, complaint and follow up survey was completed on October 25, 2023. The complaint was substantiated (intake #NC00207267). Deficiencies were cited.</p> <p>This facility is licensed for the following service category: 10A NCAC 27G .1700 Residential Treatment Staff Secure for Children or Adolescents.</p> <p>This facility is licensed for 3 and currently has a census of 3. The survey sample consisted of audits 3 current clients.</p>	V 000		
V 118	<p>27G .0209 (C) Medication Requirements</p> <p>10A NCAC 27G .0209 MEDICATION REQUIREMENTS</p> <p>(c) Medication administration:</p> <p>(1) Prescription or non-prescription drugs shall only be administered to a client on the written order of a person authorized by law to prescribe drugs.</p> <p>(2) Medications shall be self-administered by clients only when authorized in writing by the client's physician.</p> <p>(3) Medications, including injections, shall be administered only by licensed persons, or by unlicensed persons trained by a registered nurse, pharmacist or other legally qualified person and privileged to prepare and administer medications.</p> <p>(4) A Medication Administration Record (MAR) of all drugs administered to each client must be kept current. Medications administered shall be recorded immediately after administration. The MAR is to include the following:</p> <p>(A) client's name;</p> <p>(B) name, strength, and quantity of the drug;</p> <p>(C) instructions for administering the drug;</p>	V 118		

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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

10/25/23

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V 118	<p>Continued From page 1</p> <p>(D) date and time the drug is administered; and (E) name or initials of person administering the drug. (5) Client requests for medication changes or checks shall be recorded and kept with the MAR file followed up by appointment or consultation with a physician.</p> <p>This Rule is not met as evidenced by: Based on record review and interview the facility failed to keep MARs current and ensure administration of medication was documented immediately following administration affecting 2 of 3 clients (#2 & #3). The findings are:</p> <p>Review on 10/10/23 of Client #2's record revealed: -Admission date 9/7/23. -Age 12. -Diagnoses: Anxiety and Attention Deficit Hyperactivity Disorder (ADHD). -Physician's order dated 9/5/23: Vyvanse 20 milligrams (mg) by mouth once daily in the morning for ADHD and Lexapro 5 mg by mouth once daily at bedtime for depression.</p> <p>Review on 10/10/23 of client #2's October 2023 MAR revealed no documentation of administration of the following: -Vyvanse on 10/6/23. -Lexapro on 10/2/23 through 10/9/23.</p> <p>Interview on 10/12/23 with Client #2 revealed:</p>	V 118		

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V 118	<p>Continued From page 2</p> <p>-Received his medication daily. -Had not missed a dose of his medications.</p> <p>Review on 10/10/23 of Client #3's record revealed: -Admission date 1/11/23. -Age 14. -Diagnoses: Attention Deficit Hyperactivity Disorder, Autism Spectrum Disorder, Conduct Disorder and Major Depressive Disorder. -Physician's order dated 1/10/23: Vitamin D3 once daily by mouth; Methylphenidate Extended Release (ER) 27 mg by mouth once daily in the morning for ADHD; Guanfacine 1 mg by mouth once daily in the morning for ADHD; Escitalopram 10 mg by mouth once daily in the morning for depression; Guanfacine 1 mg by mouth once daily at bedtime for ADHD.</p> <p>Review on 10/10/23 of Client #3's October 2023 MAR revealed no documentation of administration of the following: -Vitamin D3 10/3/23 through 10/5/23. -Methylphenidate 10/3/23 through 10/5/23. -Guanfacine 10/3/23 through 10/5/23. -Escitalopram 10/2/23 through 10/5/23. -Guanfacine (PM dose) on 10/9/23.</p> <p>Interview on 10/12/23 with Client #3 revealed: -Staff administered his medications on time daily. -Had not missed a dose of his medications.</p> <p>Interview on 10/10/23 with the Licensee revealed: -Reviewed MARs monthly. -Had not looked at Client #2 or Client #3's MARs for October 2023. -Was not aware Client #2 or Client #3's MARs for October 2023 was missing documentation of administration.</p>	V 118		

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V 118	Continued From page 3 -She would identify the staff responsible for not documenting medication administration on the MARs for Client #2 and Client #3. This deficiency constitutes a re-cited deficiency and must be corrected in 30 days.	V 118		
V 296	27G .1704 Residential Tx. Child/Adol - Min. Staffing 10A NCAC 27G .1704 MINIMUM STAFFING REQUIREMENTS (a) A qualified professional shall be available by telephone or page. A direct care staff shall be able to reach the facility within 30 minutes at all times. (b) The minimum number of direct care staff required when children or adolescents are present and awake is as follows: (1) two direct care staff shall be present for one, two, three or four children or adolescents; (2) three direct care staff shall be present for five, six, seven or eight children or adolescents; and (3) four direct care staff shall be present for nine, ten, eleven or twelve children or adolescents. (c) The minimum number of direct care staff during child or adolescent sleep hours is as follows: (1) two direct care staff shall be present and one shall be awake for one through four children or adolescents; (2) two direct care staff shall be present and both shall be awake for five through eight children or adolescents; and (3) three direct care staff shall be present of which two shall be awake and the third may be asleep for nine, ten, eleven or twelve children or	V 296		

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V 296	<p>Continued From page 4</p> <p>adolescents.</p> <p>(d) In addition to the minimum number of direct care staff set forth in Paragraphs (a)-(c) of this Rule, more direct care staff shall be required in the facility based on the child or adolescent's individual needs as specified in the treatment plan.</p> <p>(e) Each facility shall be responsible for ensuring supervision of children or adolescents when they are away from the facility in accordance with the child or adolescent's individual strengths and needs as specified in the treatment plan.</p> <p>This Rule is not met as evidenced by: Based on observation and interviews the facility failed to ensure minimum staffing ratio. The findings are:</p> <p>Observation on 10/12/23 at approximately 2:00 pm revealed: -Staff #4 and 2 Clients (#1 and #3) were present in the facility. -Staff #4 was alone with Client #1 and Client #2 for approximately an hour.</p> <p>Interview on 10/12/23 with Client #1 revealed: -There was always one staff present in the facility.</p> <p>Interview on 10/12/23 with Client #2 revealed: -Usually only one staff present in the facility.</p> <p>Interview on 10/12/23 with Client #3 revealed:</p>	V 296		

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V 296	<p>Continued From page 5</p> <p>-One staff present on each shift.</p> <p>Interview on 10/10/23 with Staff #1 revealed: -Worked 2nd shift. -"It's usually just me." -One staff worked on the weekends. -Licensee was responsible for making the schedule and staffing.</p> <p>Interview on 10/24/23 with Staff #2 revealed: -Worked 2nd and 3rd shift. -"I work alone mostly." -Not aware it was supposed to be 2 staff on each shift. -Licensee was responsible for scheduling staff.</p> <p>Interview on 10/10/23 with the Licensee revealed: -Made the schedule for staff. -No incidents. -Only one staff scheduled per shift due to staff shortage. -Only once or twice a week. -"We are down a few staff, but I have done some hiring."</p>	V 296			