

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: MHL092-795	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED 10/05/2023
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NAME OF PROVIDER OR SUPPLIER LIFE SKILLS INDEPENDENT CARE #1	STREET ADDRESS, CITY, STATE, ZIP CODE 800 PERRY HOWARD ROAD FUQUAY VARINA, NC 27526
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V 000	<p>INITIAL COMMENTS</p> <p>An annual and follow up survey was completed on 10/05/23. Deficiencies were cited.</p> <p>This facility is licensed for the following service category: 10A NCAC 27G .1700 Residential Treatment Staff Secure for Children or Adolescents.</p> <p>This facility is licensed for 4 and currently has a census of 2. The survey sample consisted of audits of 2 current clients.</p>	V 000		
V 293	<p>27G .1701 Residential Tx. Child/Adol - Scope</p> <p>10A NCAC 27G .1701 SCOPE</p> <p>(a) A residential treatment staff secure facility for children or adolescents is one that is a free-standing residential facility that provides intensive, active therapeutic treatment and interventions within a system of care approach. It shall not be the primary residence of an individual who is not a client of the facility.</p> <p>(b) Staff secure means staff are required to be awake during client sleep hours and supervision shall be continuous as set forth in Rule .1704 of this Section.</p> <p>(c) The population served shall be children or adolescents who have a primary diagnosis of mental illness, emotional disturbance or substance-related disorders; and may also have co-occurring disorders including developmental disabilities. These children or adolescents shall not meet criteria for inpatient psychiatric services.</p> <p>(d) The children or adolescents served shall require the following:</p> <p>(1) removal from home to a community-based residential setting in order to facilitate treatment; and</p> <p>(2) treatment in a staff secure setting.</p>	V 293		

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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE _____ TITLE _____ (X6) DATE _____

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V 293	<p>Continued From page 1</p> <p>(e) Services shall be designed to:</p> <p>(1) include individualized supervision and structure of daily living;</p> <p>(2) minimize the occurrence of behaviors related to functional deficits;</p> <p>(3) ensure safety and deescalate out of control behaviors including frequent crisis management with or without physical restraint;</p> <p>(4) assist the child or adolescent in the acquisition of adaptive functioning in self-control, communication, social and recreational skills; and</p> <p>(5) support the child or adolescent in gaining the skills needed to step-down to a less intensive treatment setting.</p> <p>(f) The residential treatment staff secure facility shall coordinate with other individuals and agencies within the child or adolescent's system of care.</p> <p>This Rule is not met as evidenced by: Based on record review and interview the facility failed to ensure services were provided in the facility for two of two current clients. (#1, #2). The findings are:</p> <p>Record review on 10/3/23 of client #1's record revealed: -Admission date of 8/29/23 -Diagnoses of Oppositional Defiant Disorder (ODD), Generalized Anxiety, Adjustment Disorder</p>	V 293		

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V 293	<p>Continued From page 2</p> <p>and Specific Learning Disorder.</p> <p>Record review on 10/3/23 of client #2's record revealed: -Admission date of 10/3/23 -Diagnoses of Anxiety, Attention Deficit with Hyperactive Disorder and ODD</p> <p>Interview on 9/28/23 client #1 stated: -Stayed at the sister facility in neighboring town on the weekends -Slept in an empty room at the sister facility. -Client #2 went home on the weekends and they did not have enough staff to cover both facilities.</p> <p>Interview on 9/28/23 client #2 stated: - Stayed the night at the sister on Wednesday and weekends because they don't have anyone to work 3rd shift. - Slept in an empty bedroom, because they only had one client there, so they had their own bedroom.</p> <p>Interview on 10/3/23 the Qualified Professional stated: -Only had one client currently living in the sister facility. -Client #1 went home every weekend, to either his therapeutic foster home or girlfriend's home. -Client #2 stayed at the sister facility on the weekends. -Had two to three staff at sister facility on the weekends. -Been having issues with staff shortage for several months.</p>	V 293		
V 296	27G .1704 Residential Tx. Child/Adol - Min. Staffing	V 296		

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V 296	<p>Continued From page 3</p> <p>10A NCAC 27G .1704 MINIMUM STAFFING REQUIREMENTS</p> <p>(a) A qualified professional shall be available by telephone or page. A direct care staff shall be able to reach the facility within 30 minutes at all times.</p> <p>(b) The minimum number of direct care staff required when children or adolescents are present and awake is as follows:</p> <p>(1) two direct care staff shall be present for one, two, three or four children or adolescents;</p> <p>(2) three direct care staff shall be present for five, six, seven or eight children or adolescents; and</p> <p>(3) four direct care staff shall be present for nine, ten, eleven or twelve children or adolescents.</p> <p>(c) The minimum number of direct care staff during child or adolescent sleep hours is as follows:</p> <p>(1) two direct care staff shall be present and one shall be awake for one through four children or adolescents;</p> <p>(2) two direct care staff shall be present and both shall be awake for five through eight children or adolescents; and</p> <p>(3) three direct care staff shall be present of which two shall be awake and the third may be asleep for nine, ten, eleven or twelve children or adolescents.</p> <p>(d) In addition to the minimum number of direct care staff set forth in Paragraphs (a)-(c) of this Rule, more direct care staff shall be required in the facility based on the child or adolescent's individual needs as specified in the treatment plan.</p> <p>(e) Each facility shall be responsible for ensuring supervision of children or adolescents when they are away from the facility in accordance with the</p>	V 296		

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V 296	<p>Continued From page 4</p> <p>child or adolescent's individual strengths and needs as specified in the treatment plan.</p> <p>This Rule is not met as evidenced by: Based on interview and record review the facility failed to ensure a minimum of two direct care staff wre present during transportation for two of two clients. The findings are:</p> <p>Record review on 10/3/23 of client #1's record revealed: -Admission date of 8/29/23 -Diagnoses of Oppositional Defiant Disorder (ODD), Generalized Anxiety, Adjustment Disorder and Specific Learning Disorder. -Treatment plan dated 2/16/23 revealed, "[Client #1] can be transported safely and if so, will return to the home immediately If consumer cannot control his oppositional impulses. If staff is out in the community, staff should pull over in a safe environment and follow crisis plan for de-escalation."</p> <p>Record review on 10/3/23 of client #2's record revealed: -Admission date of 10/3/23 -Diagnoses of Anxiety, Attention Deficit with Hyperactive Disorder and ODD -Treatment plan dated 5/31/23 revealed, "[Client #2] maybe transported by one staff to appointments and school (Single Occupancy in the community."</p>	V 296		

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V 296	Continued From page 5 Interview on 9/28/23 client #1 stated: -One staff transported him and client #2 to school in the mornings. -The third shift staff took them to school in the mornings with no other staff present. Interview on 10/3/23 the Qualified Professional stated: -She had placed a goal in client #1 and client #2's treatment plan they could be transported with one staff. -Clients were transported to school daily by one staff. -Clients were also transported to the sister facility in neighboring town by one staff. -Will look at reviewing the treatment plan goal to address "single occupancy" and clients assessment to be transported.	V 296		
V 736	27G .0303(c) Facility and Grounds Maintenance 10A NCAC 27G .0303 LOCATION AND EXTERIOR REQUIREMENTS (c) Each facility and its grounds shall be maintained in a safe, clean, attractive and orderly manner and shall be kept free from offensive odor. This Rule is not met as evidenced by: Based on observation and interview the facility failed to ensure the home was maintained in a safe, clean and attractive manner. The findings are: Observation on 10/3/23 at 12:30 PM revealed the following: -Client #1 and #2's bathroom had a partially missing toilet paper holder where nails and	V 736		

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V 736	<p>Continued From page 6</p> <p>bracket was expose, a broken towel rack with nails and bracket still in wall, and ceiling over shower had missing paint area and appeared to be scraped off.</p> <ul style="list-style-type: none"> -The siding on the back and front door was rotted and covered with a black tarp. -The gutters and trim appeared to be rotted with trees and limbs hanging down from them. -The back yard was over grown with big bushes, high grass and tree limbs. <p>Interview on 10/3/23 the Qualified Professional stated:</p> <ul style="list-style-type: none"> -Not aware of the broken items in client bathrooms. -Had rotted siding on the front and back due to the down spout not working properly. -Had someone to come out last week to cut the back yard and was told it was too much for his lawn mower, he would need bigger equipment due to the overgrown bushes and trees. <p>This deficiency has been cited three times since 6/14/19 and must be corrected within 30 days.</p>	V 736		