

Division of Health Service Regulation

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| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: MHL033-111 | (X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING: _____ | (X3) DATE SURVEY COMPLETED R-C 07/19/2023 |
| NAME OF PROVIDER OR SUPPLIER POSITIVE GENERATION IN CHRIST | | STREET ADDRESS, CITY, STATE, ZIP CODE 2109 SAINT ANDREW STREET, SUITE 15 TARBORO, NC 27886 | | |
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| V 000 | <p>INITIAL COMMENTS</p> <p>An complaint and follow up survey was completed on July 19, 2023. Deficiencies were cited.</p> <p>This facility is licensed for the following service categories: 10A NCAC 27G .4400 Substance Abuse Intensive Outpatient Program and 10A NCAC 27G .4500 Substance Abuse Comprehensive Outpatient Treatment Program.</p> <p>This facility has a current census of 68. The survey sample consisted of audits of 4 current clients.</p> | V 000 | | |
| V 280 | <p>27G .4501 Sub. Abuse Comp. Outpt. Tx.- Scope</p> <p>10A NCAC 27G .4501 Scope</p> <p>(a) A substance abuse comprehensive outpatient treatment program (SACOT) is one that provides a multi-faceted approach to treatment in an outpatient setting for adults with a primary substance-related diagnosis who require structure and support to achieve and sustain recovery.</p> <p>(b) Treatment support activities may be adapted or specifically designed for persons with physical disabilities, co-occurring disorders including mental illness or developmental disabilities, pregnant women, chronic relapse, and other homogenous groups.</p> <p>(c) SACOT shall have a structured program, which includes the following services:</p> <p>(1) individual counseling;</p> <p>(2) group counseling;</p> <p>(3) family counseling;</p> <p>(4) strategies for relapse prevention to include community and social support systems in treatment;</p> <p>(5) life skills;</p> | V 280 | | |

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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

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| V 280 | <p>Continued From page 1</p> <p>(6) crisis contingency planning; (7) disease management; (8) service coordination activities; and (9) biochemical assays to identify recent drug use (e.g. urine drug screens). (d) The treatment activities specified in Paragraph (c) of this Rule shall emphasize the following: (1) reduction in use and abuse of substances or continued abstinence; (2) the understanding of addictive disease; (3) development of social support network and necessary lifestyle changes; (4) educational skills; (5) vocational skills leading to work activity by reducing substance abuse as a barrier to employment; (6) social and interpersonal skills; (7) improved family functioning; (8) the negative consequences of substance abuse; and (9) continued commitment to recovery and maintenance program.</p> <p>This Rule is not met as evidenced by: Based on record review and interview, the facility failed to operate within the scope of its license affecting 4 of 4 audited clients (#1, #2, #3, #4). The findings are:</p> <p>Review on 7/12/23 of client #1's record revealed: - Admitted 6/25/22 - Diagnosis of Alcohol Use Disorder, moderate - Letters from a Medicaid company with dates ranging from 2/2/23-4/30/23 authorizing Behavioral Health Partial Hospitalization</p> <p>Review on 7/12/23 of client #2's record revealed:</p> | V 280 | | |

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| V 280 | <p>Continued From page 2</p> <ul style="list-style-type: none"> - Admitted 6/25/23 - Diagnoses of Alcohol Use Disorder, severe, Bipolar Disorder, mild, and Major Depressive Disorder, mild - Progress note dated 7/6/23 with Partial Hospitalization Program (PHP) listed as the service provided <p>Review on 7/12/23 of client #3's record revealed:</p> <ul style="list-style-type: none"> - Admitted 6/25/22 - Diagnosis of Alcohol Dependence, uncomplicated - Letters from a Medicaid company with dates ranging from 2/15/23 to 5/12/23 authorizing services for Behavioral Health Partial Hospitalization - Progress notes with dates ranging from 5/24/23 to 5/30/23 with PHP listed as the service provided <p>Review on 7/12/23 of client #4's record revealed:</p> <ul style="list-style-type: none"> - Admitted 6/25/22 - Diagnosis of Cocaine Dependence, uncomplicated - Letters from a Medicaid company with dates ranging from 4/21/23 to 5/12/23 approving services for Behavioral Health Partial Hospitalization <p>During interview on 7/13/23 client #2 reported:</p> <ul style="list-style-type: none"> - She been at the facility for "a couple of years" - She suffered from memory loss - She received PHP services at the facility - Her counselor spoke with her about "...drugs and drinking problems, helping one another, learning coping mechanisms, and they (counselors) give advice" <p>Attempted interviews with clients #1, #3, and #4 were unsuccessful and voicemail and text</p> | V 280 | | | |

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| V 280 | <p>Continued From page 3</p> <p>messages were left.</p> <p>During interview on 7/13/23 the Certified Alcohol and Drug Counselor-Registrant (CADC-R) #2 reported:</p> <ul style="list-style-type: none"> - She came back to work in the facility 3 weeks ago - She was told "briefly" about the PHP program - She did not know if her groups were considered PHP or Substance Abuse Comprehensive Outpatient Treatment (SACOT) programs - She was only familiar with the SACOT program in the facility <p>During interview on 7/12/23 the Intake Director reported:</p> <ul style="list-style-type: none"> - The facility started doing PHP this year - They had a contract with an insurance company to provide PHP services - The facility was granted permission to provide PHP services because of COVID (Coronavirus Disease) waiver - The PHP program "is designed to what they (clients) need and it can be temporary. They (clients) can get other services with PHP like peer support, therapy, and case management" <p>During interview on 7/12/23 the Licensed Clinical Addictions Specialist-Associate (LCAS-A) #1 reported:</p> <ul style="list-style-type: none"> - He worked at the facility for 5 years - He provided group and individual counseling under the PHP program - The PHP program was similar to the SACOT program <p>During interview on 7/13/23 the Certified Alcohol and Drug Counselor (CADC) reported:</p> <ul style="list-style-type: none"> - He worked at the facility for 3 years | V 280 | | |

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| V 280 | Continued From page 4 - The facility provided Substance Abuse Intensive Outpatient Program (SAIOP) and SACOT programs - He was a facilitator for the SACOT program During interview on 7/13/23 the Clinical Director/LCAS reported: - He started in August 2022 - "The PHP is the only treatment that is provided" in the facility - Admission to the PHP consisted of screening clients, determining if clients met the criteria for PHP, intake, admissions to the PHP program, and assigning clients to groups - Clients were aware they were receiving PHP services During interview on 7/12/23 the Licensee reported: - She started the PHP program in August 2022 because "the clients needed it" - "COVID allowed us to do other programs" - She had a contract with her insurance company to provide PHP services - The PHP program was similar to the SACOT program | V 280 | | |
| V 281 | 27G .4502 Sub. Abuse Comp. Outpt. Tx. - Staff 10A NCAC 27G .4502 STAFF (a) The SACOT shall be under the direction of a Licensed Clinical Addictions Specialist or a Certified Clinical Supervisor who is on site a minimum of 90% of the hours the program is in operation. (b) For each SACOT there shall be at least one direct care staff who meets the requirements of a Qualified Professional as set forth in 10A NCAC 27G .0104 (18) for every 10 or fewer clients. | V 281 | | |

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| V 281 | <p>Continued From page 5</p> <p>(c) Each SACOT shall have at least one direct care staff present in the program who is trained in the following areas:</p> <ol style="list-style-type: none"> (1) alcohol and other drug withdrawal symptoms; and (2) symptoms of secondary complications due to alcoholism and drug addiction. <p>(d) Each direct care staff shall receive continuing education that includes the following:</p> <ol style="list-style-type: none"> (1) understanding of the nature of addiction; (2) the withdrawal syndrome; (3) group therapy; (4) family therapy; (5) relapse prevention; and (6) other treatment methodologies. <p>This Rule is not met as evidenced by: Based on record review and interview, the facility failed to have a Qualified Professional (QP) for every 10 or fewer adult clients. The findings are:</p> <p>Review on 7/12/23 of the Substance Abuse Comprehensive Outpatient Treatment (SACOT) sign-in sheets from 4/1/23 to 7/10/23 revealed:</p> <ul style="list-style-type: none"> - Sign-in sheet with Certified Alcohol and Drug Counselor-Registrant (CADC-R) #1's initials had 13 clients and was signed off by the Clinical Director - Sign-in sheet with CADC-R #2's initials had 11 clients and was signed off by the Clinical Director - Sign-in sheet with Licensed Clinical Addictions Specialist-Associate (LCAS-A) #1's | V 281 | | | |

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| V 281 | <p>Continued From page 6</p> <p>initials had 12 clients and was signed off by the Clinical Director</p> <p>During interview on 7/13/23 the CADC-R reported:</p> <ul style="list-style-type: none"> - She started 3 weeks ago - She held group sessions and there were 12 clients in a group <p>During interview on 7/14/23 the CADC reported:</p> <ul style="list-style-type: none"> - He started 3 years ago - Class sizes varied and averaged around 9-12 clients - "Too many variables" such as COVID, that caused the group numbers to "fluctuate" <p>During interview on 7/12/23 the LCAS-A #1 reported:</p> <ul style="list-style-type: none"> - He worked at the facility for 5 years - He provided group and individual therapy - He had 12 clients on his caseload - LCAS-A #2 "probably" had about 12 clients but "no more than that" - The groups were never over 12 clients <p>During interview on 7/12/23 the Licensee reported:</p> <ul style="list-style-type: none"> - There were 6 Qualified Professionals (QP) - Each QP had a caseload of "around" 12 clients | V 281 | | | |