STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		CONSTRUCTION		E SURVEY	
	OF CORRECTION	IDENTIFICATION NOMBER.	A. BUILDING:		COMPLETED		
		MHL011-264	B. WING			R 03/13/2023	
NAME OF F	PROVIDER OR SUPPLIER	STREET AI	DDRESS, CITY, S	TATE, ZIP CODE			
	FBLUE RIDGE	32 KNOX RIDGECI	KROAD REST, NC 287	70			
(X4) ID PREFIX TAG	(EACH DEFICIENC)	TEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF (EACH CORRECTIVE ACT CROSS-REFERENCED TO DEFICIENC	TION SHOULD BE THE APPROPRIATE	(X5) COMPLE DATE	
V 000	INITIAL COMMEN	rs	V 000				
	completed on 3/13/ up survey, only 10/ Requirements (V11 Medication Require for compliance. The into compliance: 10 Medication Require were cited.	survey for the Type B was (23. This was a limited follow A NCAC 27G .0209 Medication 8) and 10A NCAC 27G .0209 ements (V123) were reviewed e following was brought back 0A NCAC 27G .0209 ements (V123). Deficiencies					
	category: 10A NCA Community. This facility is licens census of 59. The	sed for the following service C 27G .4300 Therapeutic sed for 85 and currently has a survey sample consisted of					
V 117	audits of 10 curren 27G .0209 (B) Med	ication Requirements	V 117				
	10A NCAC 27G .02 REQUIREMENTS (b) Medication pact (1) Non-prescription dispensed by a phar manufacturer's labor visible; (2) Prescription me or obtained as sam tamper-resistant par risk of accidental in packaging includes with tamper-resistant unit-of-use package may be adequate; (3) The packaging	209 MEDICATION kaging and labeling: on drug containers not armacist shall retain the el with expiration dates clearly edications, whether purchased ples, shall be dispensed in ackaging that will minimize the gestion by children. Such plastic or glass bottles/vials nt caps, or in the case of ed drugs, a zip-lock plastic bag label of each prescription ist include the following: ne;					

Division	of Health Service Re	egulation				APPROVED
	IT OF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		CONSTRUCTION		E SURVEY PLETED
	MHL011-264		B. WING		R 03/13/2023	
NAME OF F	PROVIDER OR SUPPLIER	STREET AD	DRESS, CITY, S	TATE, ZIP CODE		
FIRST A	FBLUE RIDGE	32 KNOX RIDGECR	ROAD EST, NC 287	70		
(X4) ID	SUMMARY STA	TEMENT OF DEFICIENCIES	ID	PROVIDER'S PLAN OF C	ORRECTION	(X5)
PRÉFIX TAG		/ MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	PREFIX TAG	(EACH CORRECTIVE ACTI CROSS-REFERENCED TO TH DEFICIENCY	HE APPROPRIATE	COMPLETE DATE
V 117	Continued From pa	ge 1	V 117			
	 (E) the name, strer date of the prescrib (F) the name, addr pharmacy or disper 	for self-administration; ngth, quantity, and expiration				
	interviews, the facil packaging and labe prescription drug di	et as evidenced by: ions, record reviews and ity failed to ensure the eling were affixed to each spensed affecting 2 of 10 ents #2 and #5). The findings				
	of Client #2's medic -Bottle of Fluticasor (mcg) spray with th	/23 at approximately 1:30pm cation revealed: ne (allergies) 50 micrograms e manufacturer's label. ensing label affixed to the				
	of Client #5's medic -Mavyret (Hepatitis) manufacturer's box) 100-40 milligrams (mg) in the				
vision of H	-Date of Admission	9/7/23 for Client #2 revealed: : 2/10/23. Use Disorder, Depression,				

6899

DXWT11

If continuation sheet 2 of 20

STATEME	of Health Service Re NT OF DEFICIENCIES I OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		CONSTRUCTION		E SURVEY PLETED
MHL011-264		MHL011-264	B. WING			R 13/2023
NAME OF	PROVIDER OR SUPPLIER	STREET AD	DRESS, CITY, ST	TATE, ZIP CODE		
FIRST A	T BLUE RIDGE	32 KNOX RIDGECR	ROAD REST, NC 287	70		
(X4) ID PREFIX TAG	(EACH DEFICIENC)	TEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF ((EACH CORRECTIVE ACT) CROSS-REFERENCED TO T DEFICIENC'	ION SHOULD BE HE APPROPRIATE	(X5) COMPLETI DATE
V 117	Continued From pa	ige 2	V 117			
	revealed: -Fluticasone nasa each nostril once d Record review on 3 -Date of Admission -Diagnosis: Stimula -Review of physicia revealed: -Mavyret 100-40 Interview on 3/7/23 Manager revealed: -The box with the la Client #2 must have not aware he neede -Client #5 received doctor who received pharmaceutical cor	3/7/23 for Client #5 revealed:				
V 118	 10A NCAC 27G .02 REQUIREMENTS (c) Medication adm (1) Prescription or r only be administered order of a person a drugs. (2) Medications sha clients only when a client's physician. (3) Medications, ind administered only b unlicensed persons pharmacist or other 		V 118			

STATEMEN	of Health Service Re IT OF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		CONSTRUCTION		E SURVEY PLETED
M			A. BUILDING:		R	
		MHL011-264	B. WING		03/	13/2023
NAME OF F	PROVIDER OR SUPPLIER		DRESS, CITY, ST	TATE, ZIP CODE		
	FBLUE RIDGE	32 KNOX RIDGECR	RUAD EST, NC 287	70		
(X4) ID PREFIX TAG	(EACH DEFICIENC)	TEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF (EACH CORRECTIVE ACT CROSS-REFERENCED TO DEFICIENC	FION SHOULD BE THE APPROPRIATE	(X5) COMPLET DATE
V 118	Continued From pa	ige 3	V 118			
	all drugs administer current. Medication recorded immediate MAR is to include th (A) client's name; (B) name, strength, (C) instructions for (D) date and time th (E) name or initials drug. (5) Client requests checks shall be reco	Iministration Record (MAR) of red to each client must be kept s administered shall be ely after administration. The he following: , and quantity of the drug; administering the drug; he drug is administered; and of person administering the for medication changes or corded and kept with the MAR appointment or consultation				
	Based on observati interviews, the facil current affecting 6 of (Clients #1, #2, #3, medications were a order of a physiciar current clients (Clie ensure medications staff affecting 4 of 1 (Clients/Auxiliary He #9, #10); and failed self-administer medications	et as evidenced by: ions, record reviews and ity failed to keep the MARs of 10 audited current clients #4, #5, #6); failed to ensure administered on the written affecting 4 of 10 audited ents #1, #2, #4, #5); failed to s were administered by trained 10 audited current clients ouse Managers (AHM) #7, #8, I to obtain physician's order to dications affecting 1 of 10 nt (Client #1). The findings				
		IOA NCAC 27G. 0209 ements (V120) Based on				

	of Health Service Re T OF DEFICIENCIES	(X1) PROVIDER/SUPPLIER/CLIA	(¥2) MI II TIDI F	CONSTRUCTION	(2) 047	ESURVEY
	OF CORRECTION	IDENTIFICATION NUMBER:				PLETED
MHL011-264		MHL011-264	B. WING		R 03/13/2023	
NAME OF I	PROVIDER OR SUPPLIER	STREET ADI	DRESS, CITY, S	TATE, ZIP CODE		
		32 KNOX	ROAD			
FIRST A	T BLUE RIDGE	RIDGECR	EST, NC 287	70		
(X4) ID			ID	PROVIDER'S PLAN OF		(X5)
PREFIX TAG		Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	PREFIX TAG	(EACH CORRECTIVE ACT CROSS-REFERENCED TO T		COMPLET DATE
				DEFICIENC	÷Υ)	
V 118	Continued From pa	ige 4	V 118			
	observation and int	erviews, the facility failed to				
		securely affecting 4 of 10				
		ents/Auxiliary House Managers				
	(AHM) #7, #8, #9, #					
	Observation on 2/9	/22 at approximately 2:20pm				
		/23 at approximately 3:30pm k of over the counter (OTC)				
	medications reveal					
	-Allergy (cetirizine1					
		enesin 400mg) (congestion);				
	-Pepto tablets (nau					
		00mg (pain or fever);				
	-Ibuprofen 200mg (pain or fever);				
		25mg (antihistamine);				
	-Multivitamin (supp					
	-Fish oil 1000mg (s					
	-Daytime cough an					
		-1 bottle of all natural;				
		ets (acetaminophen orphan 10mg/phenylephrine				
	5	congestion, cough).				
		congestion, cough).				
	Review on 3/8/23 o	f facility's undated standing				
		medications signed by a				
		s #2, #3, #4, #5 and # 6				
	revealed:					
		preparations for relief of allergy				
		as dispensed OTC";				
		entrate or generic for relief of				
		nents as dispensed OTC"; or generic for relief of				
	constipation as disp					
		for relief of minor aches and				
		as dispensed OTC";				
		eric for relief of minor aches				
		ever as dispensed OTC";				
	-"Benadryl or gener	ric for relief of allergy				
	symptoms as dispe					
		nutritional supplements for				
	food supplements a ealth Service Regulation	as dispensed OTC";				

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION			E SURVEY	
	OF CORRECTION	IDENTIFICATION NUMBER.	A. BUILDING:		COMPLETED		
		MHL011-264	B. WING			R 03/13/2023	
IAME OF I	PROVIDER OR SUPPLIER	STREET AD	DRESS, CITY, S	TATE, ZIP CODE			
	F BLUE RIDGE	32 KNOX					
		RIDGECR	EST, NC 287	70			
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF (EACH CORRECTIVE AC CROSS-REFERENCED TO DEFICIENC	TION SHOULD BE THE APPROPRIATE	(X5) COMPLE DATE	
V 118	Continued From pa	ige 5	V 118				
	and cough sympton	preparation for relief of cold ns as dispensed OTC". ntity or strength specified to					
	Client #1's medicat -Omeprazole 20 over the counter bo -Buprenorphine dispensed 2/23/23. -Cyclobenzaprin dispensed 2/18/23. -Hydroxyzine 250 2/18/23. -Cephalexin 500 2/27/23.	mg (gastroesophageal reflux) ottle with expiration of 3/2024. 8mg (opioid treatment) e 10mg (muscle relaxant)					
	-Date of Admission -Diagnosis: Opioid -Review of physicia revealed: -Omeprazole 20 -Buprenorphine sublingually at 6am -Cyclobenzaprin needed (PRN). -Hydroxyzine 25 -There were no orc Doxycycline. -There was no phys medications.	Use Disorder. an's orders dated 2/22/23 mg- once daily. 8mg -dissolve 2 tablets					
		f Client #1's MARs from					

STATE FORM

DXWT11

If continuation sheet 6 of 20

Division of Health Service R	egulation			FURIN	APPROVED
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		E CONSTRUCTION	(X3) DATE COMF	SURVEY PLETED
	MHL011-264	B. WING		R 03/13/2023	
NAME OF PROVIDER OR SUPPLIER	STREET AL	DRESS, CITY, S	TATE, ZIP CODE		
FIRST AT BLUE RIDGE	32 KNOX		170		
		REST, NC 287	PROVIDER'S PLAN OF CORRECT		()(5)
PREFIX (EACH DEFICIENC	Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	(EACH CORRECTIVE ACTION SHOL CROSS-REFERENCED TO THE APPR DEFICIENCY)	LD BE	(X5) COMPLETE DATE
V 118 Continued From pa	ige 6	V 118			
-Omeprazole was in 2/24-2/28/23 and 3 -Buprenorphine wat 2/24-3/7/23. -Cyclobenzaprine was in 3/2-3/6/23. -Hydroxyzine was in 3/2-3/6/23. -Cephalexin 500mg was initialed as add 2/28/23 (4 doses), doses)-3/7/23 (am -Doxycycline 100m initialed as adminis 2/28-3/6/23 (2 dose -OTC medications as administered or Interview on 3/8/23 -He took both PRN cyclobenzaprine) at just forgot to sign M -He was also taking -Hasn't taken any O -Took "multivitamin Tuesday (3/723) at recommendation." Record review on 3 -Date of Admission -Diagnoses: Alcoho Disorder, Depressi -Physician's orders medication signed Review on 3/7/23 revea	nitialed as administered on /2-3/7/23. s initialed as administered on vas initialed as administered nitialed as administered on g- 4 times a day for 10 days ministered 2/27/23 (2 doses) 3/1/23 (3 doses) 3/2-3/6 (4 dose). g twice daily for 10 days was tered 2/27/23 (1 dose), es), 3/7/23 (am dose). were not listed or documented the MAR. with Client #1 revealed: s (hydroxyzine and nd omeprazole on 3/1/23. "I MAR." g antibiotics. DTC medication. on Monday (3/6/23) and night at staff 8/7/23 for Client #2 revealed: : 2/10/23. of Use Disorder, Stimulant Use on, Anxiety. for self-administration of 2/1/23. of Client #2's MARs from aled: were not listed or documented				

	IT OF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		CONSTRUCTION	СОМ	E SURVEY PLETED R
		MHL011-264			03/	13/2023
NAME OF I	PROVIDER OR SUPPLIER	32 KNO	DDRESS, CITY, ST	IATE, ZIP CODE		
FIRST A	FBLUE RIDGE		REST, NC 287	70		
(X4) ID PREFIX TAG	(EACH DEFICIENC)	TEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF (EACH CORRECTIVE ACT CROSS-REFERENCED TO T DEFICIENC	TION SHOULD BE	(X5) COMPLET DATE
V 118	Continued From pa	ige 7	V 118			
	-"I can go to the ho (medication) call. H some (OTC medica don't sign anything had a lot of migrain (benzodiazepines). least every day son sometimes to take -Also "given generic for a couple of days Mucinex." -Had taken "multivit day." He bought th took fish oil from th	c Dayquil for chest congestion s. It helped. Also given tamins and Vitamin B-12 every em himself. "Sometimes I e house stock."				
	-Date of Admission -Diagnosis: Simular -Review of physicia revealed: -Multivitamin (su	nt Use Disorder. In's orders dated 8/29/22 pplement) daily. s for self-administration of				
	2/1/23-3/7/23 revea -Multivitamin was r recorded as admini	not listed on the MAR nor istered on the MAR. were not listed or documented	E			
	Interview on 3/8/23 -Had been at facilit -He took multivitan -Took "Tylenol onc	nin daily.				
vision of H	of Client #4's medic	/23 at approximately 1:15pm cations revealed: (anti-inflammatory) dispensed				

Division	of Health Service Re	egulation			FORM	IAPPROVED
STATEME	NT OF DEFICIENCIES	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:				E SURVEY PLETED
		MHL011-264	B. WING			R 13/2023
NAME OF	PROVIDER OR SUPPLIER	STREET A	DDRESS, CITY, S	TATE, ZIP CODE		
		32 KNO)	(ROAD			
FIRST A	T BLUE RIDGE	RIDGEC	REST, NC 287	70		
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF (EACH CORRECTIVE ACT CROSS-REFERENCED TO T DEFICIENC	ION SHOULD BE THE APPROPRIATE	(X5) COMPLETE DATE
V 118	Continued From pa	ige 8	V 118			
	3/2/23.	-				
	-Date of Admission -Diagnosis: Stimula -Review of physicia -There were no ord Cyclobenzaprine 10	ant Use Disorder. on's orders revealed: lers for Naproxen 500mg or Omg (muscle relaxant). for self-administration of				
	2/1/23-3/7/23 revea -Naproxen 500mg- initialed as adminis -Cyclobenzaprine muscle spasms wa 3/2/23-3/5/23.	-twice daily for 10 days was tered 3/2/23-3/7/23 am dose. 10mg -three times daily for is initialed as administered were not listed or documented				
	-Had taken ibuprofe	with Client #4 revealed: en or Tylenol since admission. ce and tell them and they can m".				
	medication revealed -Potassium (supp -Melatonin (sleep	plement) 99mg,				
	-Date of Admission -Diagnosis: Stimula -Review of physicia revealed:	ant Use Disorder, Hepatitis C. an's orders dated 8/30/22				
ivision of 4	-Multivitamin- onc -There were no phy melatonin or acidop lealth Service Regulation	/sician's orders for potassium,				

6899

If continuation sheet 9 of 20

	OF DEFICIENCIES - CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION			E SURVEY PLETED
			A. BUILDING:			
		MHL011-264	B. WING			R 13/2023
		STREET A	DDRESS, CITY, ST	TATE, ZIP CODE		
IRST AT E	BLUE RIDGE	32 KNO) RIDGEC	(ROAD REST, NC 287	70		
(X4) ID	SUMMARY STA	TEMENT OF DEFICIENCIES	ID	PROVIDER'S PLAN OF	CORRECTION	(X5)
PREFIX TAG		MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	PREFIX TAG	(EACH CORRECTIVE AC CROSS-REFERENCED TO DEFICIENC	THE APPROPRIATE	COMPLET DATE
V 118 (Continued From pa	ge 9	V 118			
	Physician's orders nedication signed {	for self-administration of 3/30/22.				
2	2/1/23-3/6/23 revea	f Client #5's MAR from led: ssium, melatonin or				
a 0 -	cidophilus/probioti or recorded as adm	c were not listed on the MAR inistered. were not listed or documented				
- - - - ti	Had been at facility He took all his OT(Acidophilus/probioti	Cs (Potassium, Melatonin, c, Multivitamin) every day. ofen, Tylenol or pepto at some s l've been here."				
- - [Date of Admission: Diagnoses: Alcoho Disorder.	l Use Disorder, Opioid Use for self-administration of				
2	2/1/23-3/7/23 revea	were not listed or documented				
- - 9	Had been at facility Took Benadryl whe leep. "Go to the office (H	en he first arrived to help IM) and request ibuprofen or				
a	ylenol or Benadryl nything (for OTC a nterview on 3/7/23	,				

STATE FORM

DXWT11

If continuation sheet 10 of 20

STATEMEN	of Health Service Re TOF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: MHL011-264		CONSTRUCTION	Сом	E SURVEY PLETED R 13/2023
NAME OF F	JAME OF PROVIDER OR SUPPLIER STREET			TATE, ZIP CODE		
	F BLUE RIDGE	32 KNOX				
			REST, NC 287			
(X4) ID PREFIX TAG	(EACH DEFICIENCY	TEMENT OF DEFICIENCIES / MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF ((EACH CORRECTIVE ACT) CROSS-REFERENCED TO T DEFICIENC	ION SHOULD BE THE APPROPRIATE	(X5) COMPLET DATE
V 118	Continued From pa	ge 10	V 118			
	-Was not aware Cli physician's orders f self-administration. -Client #1 and Clien emergency room la -Clients being seen were responsible for paperwork and sub medication orders u -Both Client #1 and medications after th emergency departm -Neither Client #1 m	rded OTCs before." ent #1 did not have signed for OTCs or at #4 went to the local st week. at the emergency department or obtaining discharge mitting the paperwork and upon return to the facility. Client #4 started new ney were treated at the				
	(ED) revealed: -"It's (medication pr	with the Executive Director rocedures) always been this e the same for both facilities cited."				
	dated 3/10/23 and s "What immediate a ensure the safety o Effective March 9, 2 over the counter me from the house man FIRST's (Licensee) The Senior House I medication is not ke office. Effective March 9,2 medical office has k manager office. A c	of the 1st Plan of Protection signed by the ED revealed: ction will the facility take to f the consumers in your care? 2023 all medication including edication has been removed nager office and placed in medical office for storage. Manager will ensure ept in the house manager 023 the key to FIRST's peen removed from the house topy of the medical office key				
		Iff as needed and not be aff clients working in house				

NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE ISTRET AT BLUE RIDGE SUMMARY STATEMENT OF DEFICIENCIES ID PREFIX SUMMARY STATEMENT OF DEFICIENCIES TAG D PROVIDER'S PLAN OF CORRECTION (X4) ID SUMMARY STATEMENT OF DEFICIENCIES ID PREFIX CACH DEFICIENCY MUST BE PRECEDED BY FULL TAG ID ORACH OF CORRECTIVE OR LISC IDENTIFYING INFORMATION) PREFIX CROSS-REFERENCED TO THE APPROPRIATE CROSS-REFERENCED TO THE APPROPRIATE COLOR V 118 Continued From page 11 V 118 V 118 V 118 Consulting physician and established a meeting to review our over the counter standing order. This meeting will take place the week of, March 13 - March 17. The standing order for medication will be revised to include specific OTC medications as well as their strength (mg). Only these medications will be stored in FIRST'S OTC med cabinet. Effective March 9,2023 all medications including OTC medication log or on the client's MAR when these meds are self-administered by the clients. All medication administration will be documented. March and administration will be		NT OF DEFICIENCIES	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		CONSTRUCTION	(X3) DATE SURVEY COMPLETED
MHL011-264 B. WING			IDENTIFICATION NOMBER.	A. BUILDING:		
SINCE ROAD RIDGECREST, NC 28770 (X4) ID PREFIX SUMMARY STATEMENT OF DEFICIENCIES IN C 28770 (X4) ID PREFIX SUMMARY STATEMENT OF DEFICIENCIES IN C 28770 (X4) ID PREFIX SUMMARY STATEMENT OF DEFICIENCIES IN C 28770 (X4) ID PREFIX REQUATORY OR LSC IDENTIFYING INFORMATION) ID PREFIX (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY) V 118 Continued From page 11 V 118 On March 9, 2023 FIRST reached out to a consulting physician and established a meeting to review our over the counter standing order. This meeting will take place the week of, March 13 - March 17. The standing order for medication will be revised to include specific OTC medications as well as their strength (mg). Only these medications will be stored in FIRST'S OTC medications as as well as their strength (mg). Only these medications will be recorded either on an over-the-counter medication log or on the client's MAR when these meds are self-administered by the clients. All medication administration will be documented. All medication administration will be documented.		MHL011-264		B. WING		R 03/13/2023
FRST AT BLUE RIDGE RIDGECREST, NC 28770 (X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION) ID PREFIX TAG PROVIDER'S PLAN OF CORRECTIVE ACTION SHOULD BE (EACH OERRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY) C V 118 Continued From page 11 V 118 V 118 On March 9, 2023 FIRST reached out to a consulting physician and established a meeting to review our over the counter standing order. This meeting will take place the week of, March 13 - March 17. The standing order for medication will be revised to include specific OTC medications as well as their strength (mg). Only these medications will be stored in FIRST's OTC med cabinet. Fifective March 9,2023 all medications including OTC medications will be recorded either on an over-the-counter medication log or on the client's MAR when these meds are self-administred by the clients. All medication administration will be documented. He dication administration will be	NAME OF F	PROVIDER OR SUPPLIER	STREET AD	DRESS, CITY, S	TATE, ZIP CODE	
RIDGECREST, NC 28770 (X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION) D PREFIX TAG PROVIDER'S PLAN OF CORRECTIVE ACTION SHOULD BE (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY) Continued From page 11 V 118 V 118 Continued From page 11 V 118 V 118 Image: Consulting physician and established a meeting to review our over the counter standing order. This meeting will take place the week of, March 13 - March 17. The standing order for medication will be revised to include specific OTC medications as well as their strength (mg). Only these medications will be stored in FIRST's OTC med cabinet. Merch 9,2023 all medications including OTC medications will be recorded either on an over-the-counter medication log or on the client's MAR when these meds are self-administered by the clients. All medication administration will be documented. A	FIRST AT	T BLUE RIDGE				
PREFIX TAG (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION) PREFIX TAG (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY) cd V 118 Continued From page 11 V 118 V 118 positions. On March 9, 2023 FIRST reached out to a consulting physician and established a meeting to review our over the counter standing order. This meeting will take place the week of, March 13 - March 17. The standing order for medication will be revised to include specific OTC medications as well as their strength (mg). Only these medications will be stored in FIRST's OTC med cabinet. Effective March 9,2023 all medications including OTC medications will be recorded either on an over-the-counter medication log or on the client's MAR when these meds are self-administered by the clients. All medication administration will be documented. Figure 1000000000000000000000000000000000000				EST, NC 287		
 positions. On March 9, 2023 FIRST reached out to a consulting physician and established a meeting to review our over the counter standing order. This meeting will take place the week of, March 13 - March 17. The standing order for medication will be revised to include specific OTC medications as well as their strength (mg). Only these medications will be stored in FIRST's OTC med cabinet. Effective March 9,2023 all medications including OTC medications will be recorded either on an over-the-counter medication log or on the client's MAR when these meds are self-administered by the clients. All medication administration will be documented. 	PRÉFIX	(EACH DEFICIENC)	Y MUST BE PRECEDED BY FULL	PREFIX	(EACH CORRECTIVE ACTION SHOL CROSS-REFERENCED TO THE APPR	LD BE COMPLE
On March 9, 2023 FIRST reached out to a consulting physician and established a meeting to review our over the counter standing order. This meeting will take place the week of, March 13 - March 17. The standing order for medication will be revised to include specific OTC medications as well as their strength (mg). Only these medications will be stored in FIRST's OTC med cabinet. Effective March 9,2023 all medications including OTC medications will be recorded either on an over-the-counter medication log or on the client's MAR when these meds are self-administered by the clients. All medication administration will be documented.	V 118	Continued From pa	age 11	V 118		
besche your pairs to make sure the above happens. The Medication Case Manager in conjunction with the Senior House Manager will ensure medications including over the counter medications are stored in the medical office. The Senior House Manager will ensure keys are not available to the medical room except for those issued to select staff. Keys will not be available for clients working in house positions. Clients will not administer medication. The Medication Case Manager will ensure the OTC log is maintained and appropriate documentation is taking place for all prescription and non-prescription medication administered at the facility. The Medication Case Manager will ensure all clients have the appropriate orders for medication. Medication will not be administered to clients without orders." Review on 3/13/23 of the 2nd Plan of Protection dated 3/13/23 and signed by the ED revealed an additional statement of: -"Only medications with appropriate orders		On March 9, 2023 consulting physicia review our over the meeting will take ph March 17. The star be revised to include as well as their stree medications will be cabinet. Effective March 9,2 OTC medications we over-the-counter m MAR when these n the clients. All med documented. Describe your plan happens. The Medication Ca with the Senior House Man available to the me issued to select sta for clients working not administer med The Medication Ca OTC log is maintait documentation is ta and non-prescription the facility. The Me ensure all clients ho medication. Medica clients without order Review on 3/13/23 dated 3/13/23 and additional statemen	n and established a meeting to e counter standing order. This lace the week of, March 13 - nding order for medication will de specific OTC medications ength (mg). Only these e stored in FIRST's OTC med 2023 all medications including will be recorded either on an nedication log or on the client's meds are self-administered by ication administration will be s to make sure the above se Manager in conjunction use Manager will ensure ing over the counter ored in the medical office. The ager will ensure keys are not dical room except for those aff. Keys will not be available in house positions. Clients will dication. se Manager will ensure the ned and appropriate aking place for all prescription on medication administered at dication Case Manager will ave the appropriate orders for ation will not be administered to ers." of the 2nd Plan of Protection signed by the ED revealed an nt of:			

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		CONSTRUCTION		E SURVEY PLETED
			A. BUILDING:			
		MHL011-264	B. WING		R 03/13/2023	
IAME OF PI	ROVIDER OR SUPPLIER	STREET AI	DDRESS, CITY, S	TATE, ZIP CODE		
IRST AT	BLUE RIDGE	32 KNOX RIDGECI	(ROAD REST, NC 287	70		
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF (EACH CORRECTIVE ACT CROSS-REFERENCED TO T DEFICIENC	ION SHOULD BE THE APPROPRIATE	(X5) COMPLE DATE
V 118	Continued From pa	age 12	V 118			
	onsite will be admir	nistered"				
	with substance use was admitted on 2/ medications includi Buprenorphine (12 doses), Hydroxyzin doses) and Doxycy doctor's order to se Client #4 were see (2/27/23 and 3/2/23 discharged with me illnesses (cephalex #1 and Client #4 na but the facility had also did not have a medications. The f did not explicitly giv listed OTC medicat medications observ on the signed phys reported never doc on a MAR while 6 of self-administering Medication was als HM's office. 4 Clie administer medicat addition, a key to th available to access deficiency constitut	rapeutic community for men e disorders. Client #1, who (23/23, administered his own ing Omeprazole (11 doses), doses), Cyclobenzaprine (5 e (5 doses), Cephalexin (30 vcline (16 doses) without a elf-administer. Client #1 and n at a local emergency room 3 respectively) and were edication to address their tin and doxycycline for Client aproxen and cyclobenzaprine) no orders on site. Client #1 signed order to take OTC facility's standing order form ve the amount/strength of 8 tions. Additional OTC ved in stock were not included ician orders. Medical staff sumenting OTC administration clients reported 1 or more OTC medications. so discovered stored in the nt/AHMs were allowed to tions to other clients. In ne medication room was a by the 4 Client/AHMs. This tes an Imposed Type B rule etrimental to the health, safety				

Division	of Health Service Re	aulation			FORM	APPROVED
STATEMEN	T OF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		E CONSTRUCTION	(X3) DATE COMF	SURVEY PLETED
		MHL011-264	B. WING		R 03/13/2023	
NAME OF F	ROVIDER OR SUPPLIER	STREET AD	DRESS, CITY, S	TATE, ZIP CODE		
FIRST AT	BLUE RIDGE	32 KNOX				
			REST, NC 28			
(X4) ID PREFIX TAG	(EACH DEFICIENCY	TEMENT OF DEFICIENCIES MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORREC (EACH CORRECTIVE ACTION SHOI CROSS-REFERENCED TO THE APPR DEFICIENCY)	JLD BE	(X5) COMPLETE DATE
V 120	 well-lighted, ventilat and 86 degrees Faf (B) in a refrigerator, degrees and 46 degrees Faf (B) in a refrigerator, degrees and 46 degrees refrigerator is used shall be kept in a set or container; (C) separately for earch (D) separately for earch (E) in a secure man for a client to self-m (2) Each facility that controlled substance registered under the Substances Act, G.3 subsequent amended This Rule is not me Based on observation failed to store medic 10 audited clients (C) Managers (AHM) # are: Observation on 3/8/ of the House Manage with the Senior HM 	age: hall be stored: ked cabinet in a clean, ed room between 59 degrees menheit; if required, between 36 grees Fahrenheit. If the for food items, medications eparate, locked compartment ach client; xternal and internal use; mer if approved by a physician fedicate. t maintains stocks of es shall be currently e North Carolina Controlled S. 90, Article 5, including any ments. et as evidenced by: on and interviews, the facility cations securely affecting 4 of Clients/Auxiliary House 7, #8, #9, #10). The findings				
Division of H	client window which (antacid). ealth Service Regulation	were identified as Tums				

	NT OF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		CONSTRUCTION		E SURVEY PLETED
	0. 00		A. BUILDING:		- R - 03/13/2023	
		MHL011-264	B. WING			
NAME OF I	PROVIDER OR SUPPLIER	STREET AI	DRESS, CITY, ST	TATE, ZIP CODE		
	T BLUE RIDGE	32 KNOX RIDGECI	ROAD REST, NC 287	70		
(X4) ID	SUMMARY STA	TEMENT OF DEFICIENCIES	ID	PROVIDER'S PLAN OF	CORRECTION	(X5)
PREFIX TAG		Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	PREFIX TAG	(EACH CORRECTIVE ACT CROSS-REFERENCED TO DEFICIENC	THE APPROPRIATE	COMPLET DATE
V 120	Continued From pa	ge 14	V 120			
	-"We usually have a office) too, (in addit (administer) at our -"They (Tums) were not aware who pour -"I would pour table clients (at the HM w -Had access to a ke housing all client m Interview on 3/9/23 -Had been a client a and Client/AHM sin -"We (HM or Client ibuprofen or Tums -Have 6pm and 9pr Medical Case Mana he alternated admin HM staff that worke -"Had medication c could pass (adminis -Had passed client evening "med call" Interview on 3/9/23 revealed: -Had been a client a Client/AHM since 1 -Was trained in me not administered ar -Was told by previo OTC medications h were: 2 Tylenol, 3 i ever administered.	e usually in a bottle." He was red the tablets into the cup. its into the cap and hand to vindow)." ey to the medication room edications. with Client/AHM #8 revealed: at the facility for 10 months ice 1/12/23. /AHM) give (clients) Tylenol, only from office (HM) window." m medication calls when the ager (MCM) is not on site so histering medications with the ed the same shift. ertification training before I ster) meds (medications)." prescription medications at from the medication office. with Client/AHM #10 at the facility since 12/1/22 and /3/23. dication administration but had ny prescription medications. us Client/AHMs the limit of ne could administer to clients ibuprofen, 3-4 Tums but hardly				
	Interview on 3/9/23	with the Senior HM revealed: en criteria for becoming a				

Division	of Health Service Re	egulation			FURIN	APPROVED
STATEMEN	IT OF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		E CONSTRUCTION	(X3) DATE COMP	SURVEY LETED
		MHL011-264	B. WING		R 03/13/2023	
NAME OF F	PROVIDER OR SUPPLIER	STREET AD	DRESS, CITY, S	TATE, ZIP CODE		
FIRST AT	BLUE RIDGE	32 KNOX				
			EST, NC 287			
(X4) ID PREFIX TAG	(EACH DEFICIENCY	TEMENT OF DEFICIENCIES	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECT (EACH CORRECTIVE ACTION SHOU CROSS-REFERENCED TO THE APPRC DEFICIENCY)	LD BE	(X5) COMPLETE DATE
V 120	Continued From pa	ge 15	V 120			
	-There was usually Client/AHM was wo -He was responsible and lived on campu overnight if needed -Had a key to the m	e for oversight during the day is so he could be pulled in				
	Manager (MCM) rev -Only staff or Client HM office. -The medication roo prescription medica were kept, was lock -HMs (including Clie for administering m	/AHMs were allowed in the om, where all client itions and medical records ked. ent/AHMs) were responsible edications when he was not ss to the medication room as				
	revealed:					
	NCAC 27G .0209 N	ross referenced into 10A ledication Requirements sed Type B rule violation.				
V 506	27D .0201(d) Client	Rights - Informing Clients	V 506			
		01 INFORMING CLIENTS the information provided to responsible person shall				

Division	of Health Service Re	egulation			FORM	MAPPROVED
STATEMEN	NT OF DEFICIENCIES	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:				TE SURVEY MPLETED
		MHL011-264	B. WING		03	R / 13/2023
NAME OF	PROVIDER OR SUPPLIER	STREET A	DDRESS, CITY, S	TATE, ZIP CODE		
		32 KNO)	(ROAD			
FIRST A	T BLUE RIDGE	RIDGEC	REST, NC 287	70		
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF (EACH CORRECTIVE ACT CROSS-REFERENCED TO T DEFICIENC	ION SHOULD BE THE APPROPRIATE	(X5) COMPLETE DATE
V 506	include; (1) the rules follow and possible rules; (2) the client' disclosure of confid delineated in G.S. 122C-56; (3) the proce the client's treatme (4) governing (A) fee asses for treatment/habilit (B) grievance individual to contact assistance the client (C) suspensi and	that the client is expected to penalties for violations of the s protections regarding lential information, as 122C-52 through G.S. dure for obtaining a copy of nt/habilitation plan; and body policy regarding: sment and collection practices tation services; e procedures including the t and a description of the				
	interviews, the facil information in a cor of 10 audited client #6 and Client/Auxili #7, #8, #9, #10). T Observation on 3/7 of the medication ro Medical Case Mana -Client prescription names, client speci medications sorted medical records we outside door was lo Client/Auxiliary Hou	ions, record reviews and ity failed to maintain client nfidential manner affecting 10 s (Clients #1, #2, #3, #4, #5, ary House Managers (AHM)				

Division	of Health Service Re	egulation			FORM	APPROVED
STATEMEN	NT OF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	. ,	CONSTRUCTION		E SURVEY PLETED
		MHL011-264	B. WING		R 03/13/2023	
NAME OF I	PROVIDER OR SUPPLIER	STREET A	DDRESS, CITY, S	TATE, ZIP CODE		
FIRST A	T BLUE RIDGE	32 KNO) RIDGEC	K ROAD REST, NC 287	770		
(X4) ID	SUMMARY STA	TEMENT OF DEFICIENCIES	ID	PROVIDER'S PLAN OF (CORRECTION	(X5)
PRÉFIX TAG		/ MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	PREFIX TAG	(EACH CORRECTIVE ACTI CROSS-REFERENCED TO TI DEFICIENC	HE APPROPRIATE	COMPLETE DATE
V 506	Continued From pa	ge 17	V 506			
	the medications and	d client records.				
	Record review on 3 -Date of Admission -Diagnosis: Opioid					
	-Date of Admission	9/7/23 for Client #2 revealed: : 2/10/23. Use Disorder, Depression,				
	Record review on 3 -Date of Admission -Diagnosis: Stimula					
	Record review on 3 -Date of Admission -Diagnosis: Simular					
	-Date of Admission	9/7/23 for Client #5 revealed: : 8/30/22. Int Use Disorder, Hepatitis C.				
	-Date of Admission	/7/23 for Client #6 revealed: : 10/19/22. Use Disorder, Alcohol Use				
	revealed: -Date of Admission -Diagnosis: Alcohol Disorder.	5/9/23 for Client/AHM #7 : 10/14/22. Use Disorder, Stimulant Use eement signed 11/11/22.				
Division of H	revealed: -Date of Admission	9/9/23 for Client/AHM #8 : 6/9/22. Use Disorder, Stimulant Use				

6899

DXWT11

If continuation sheet 18 of 20

Division	of Health Service Re	egulation				APPROVED
STATEME	NT OF DEFICIENCIES	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		CONSTRUCTION	COM	E SURVEY PLETED
		MHL011-264	B. WING		R 03/13/2023	
NAME OF	PROVIDER OR SUPPLIER	STREET AI	DDRESS, CITY, S	TATE, ZIP CODE		
FIRST A	T BLUE RIDGE	32 KNOX RIDGECI	(ROAD REST, NC 287	70		
(X4) ID	SUMMARY STA	TEMENT OF DEFICIENCIES	ID	PROVIDER'S PLAN OF CO	ORRECTION	(X5)
PRÉFIX TAG		YMUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	PREFIX TAG	(EACH CORRECTIVE ACTIO CROSS-REFERENCED TO TH DEFICIENCY)	E APPROPRIATE	COMPLETE DATE
V 506	Continued From pa	ge 18	V 506			
	-Confidentiality Agre	eement signed 12/30/22.				
	revealed: -Date of Admission: -Diagnosis: Stimula					
	Record review on 3 revealed: -Date of Admission -Diagnosis: Alcohol	/9/23 for Client/AHM #10 10/1/22.				
		with Client/AHM #7 revealed: the medication room in the				
	-He alternated ever responsibilities with	with Client/AHM #8 revealed: ning medication administration the staff that worked his shift. medication office with the key n the HM office.				
	-Clients who had sh attended meetings write ups) were cho with the Senior HM -There were 4 Clien -Only staff or Client HM office. -All client medical re	nt/AHMs. /AHMs were allowed in the ecords and prescription				
	office. Interview on 3/8/23 -There was no writt -Client/AHMs sign a	ept in the locked medication with the Senior HM revealed: en criteria for Client/AHMs. a confidentiality agreement. cation room is available in the				

DXWT11

If continuation sheet 19 of 20

	IT OF DEFICIENCIES OF CORRECTION	CALL CALL CALL CALL CALL CALL CALL CALL		CONSTRUCTION	(X3) DATE	E SURVEY PLETED
IND PLAN	OF CORRECTION	IDENTIFICATION NUMBER:	A. BUILDING:	· · · · · · · · · · · · · · · · · · ·	COM	PLETED
		MHL011-264	B. WING		R 03/13/202	
IAME OF F	PROVIDER OR SUPPLIER	STREET A	DDRESS, CITY, ST	TATE, ZIP CODE		
	BLUE RIDGE	32 KNO) RIDGEC	(ROAD REST, NC 287	70		
(X4) ID		ATEMENT OF DEFICIENCIES	ID	PROVIDER'S PLAN OF		(X5)
PRÉFIX TAG		Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	PREFIX TAG	(EACH CORRECTIVE ACT CROSS-REFERENCED TO T DEFICIENC	HE APPROPRIATE	COMPLET DATE
V 506	Continued From pa	age 19	V 506			
	HM office (where c records are kept).	onfidential client medical				
	revealed:	with Executive Director				
	-"All clients have a job; some in the community, some in house."					
		ent records stored in the HM				
	ealth Service Regulation					