

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: MHL068-159	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED 12/14/2022
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NAME OF PROVIDER OR SUPPLIER HILLSBOROUGH RECOVERY SOLUTIONS	STREET ADDRESS, CITY, STATE, ZIP CODE 129 MAYO STREET HILLSBOROUGH, NC 27278
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V 000	<p>INITIAL COMMENTS</p> <p>An annual survey was completed on December 14, 2022. Deficiencies were cited.</p> <p>This facility is licensed for the following service category: 10A NCAC 27G .3600 Outpatient Opioid Treatment.</p> <p>This facility has a current census of 138. The survey sample consisted of audits of 10 current clients and 3 deceased clients.</p>	V 000		
V 536	<p>27E .0107 Client Rights - Training on Alt to Rest. Int.</p> <p>10A NCAC 27E .0107 TRAINING ON ALTERNATIVES TO RESTRICTIVE INTERVENTIONS</p> <p>(a) Facilities shall implement policies and practices that emphasize the use of alternatives to restrictive interventions.</p> <p>(b) Prior to providing services to people with disabilities, staff including service providers, employees, students or volunteers, shall demonstrate competence by successfully completing training in communication skills and other strategies for creating an environment in which the likelihood of imminent danger of abuse or injury to a person with disabilities or others or property damage is prevented.</p> <p>(c) Provider agencies shall establish training based on state competencies, monitor for internal compliance and demonstrate they acted on data gathered.</p> <p>(d) The training shall be competency-based, include measurable learning objectives, measurable testing (written and by observation of behavior) on those objectives and measurable methods to determine passing or failing the course.</p>	V 536	<p>- Alternatives to Restrictive Training will be completed by all staff on 1/5/23.</p> <p>- PD will set a reminder in the computer + on the Bulletin 30 days in advance prior to this training expiring</p> <p>- PD will monitor and the Lead nurse Supervisor will be the back-up to make sure it's done</p> <p>- Monitor will take place bi-annually.</p> <p>DHSR - Mental Health</p> <p>JAN 13 2023</p> <p>Lic. & Cert. Section</p>	

Division of Health Service Regulation
LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE _____ TITLE _____ (X6) DATE _____



0 Program Director 12/23/22

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V 536	<p>Continued From page 1</p> <p>(e) Formal refresher training must be completed by each service provider periodically (minimum annually).</p> <p>(f) Content of the training that the service provider wishes to employ must be approved by the Division of MH/DD/SAS pursuant to Paragraph (g) of this Rule.</p> <p>(g) Staff shall demonstrate competence in the following core areas:</p> <p>(1) knowledge and understanding of the people being served;</p> <p>(2) recognizing and interpreting human behavior;</p> <p>(3) recognizing the effect of internal and external stressors that may affect people with disabilities;</p> <p>(4) strategies for building positive relationships with persons with disabilities;</p> <p>(5) recognizing cultural, environmental and organizational factors that may affect people with disabilities;</p> <p>(6) recognizing the importance of and assisting in the person's involvement in making decisions about their life;</p> <p>(7) skills in assessing individual risk for escalating behavior;</p> <p>(8) communication strategies for defusing and de-escalating potentially dangerous behavior; and</p> <p>(9) positive behavioral supports (providing means for people with disabilities to choose activities which directly oppose or replace behaviors which are unsafe).</p> <p>(h) Service providers shall maintain documentation of initial and refresher training for at least three years.</p> <p>(1) Documentation shall include:</p> <p>(A) who participated in the training and the outcomes (pass/fail);</p>	V 536		

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V 536	<p>Continued From page 2</p> <p>(B) when and where they attended; and (C) instructor's name; (2) The Division of MH/DD/SAS may review/request this documentation at any time. (i) Instructor Qualifications and Training Requirements: (1) Trainers shall demonstrate competence by scoring 100% on testing in a training program aimed at preventing, reducing and eliminating the need for restrictive interventions. (2) Trainers shall demonstrate competence by scoring a passing grade on testing in an instructor training program. (3) The training shall be competency-based, include measurable learning objectives, measurable testing (written and by observation of behavior) on those objectives and measurable methods to determine passing or failing the course. (4) The content of the instructor training the service provider plans to employ shall be approved by the Division of MH/DD/SAS pursuant to Subparagraph (i)(5) of this Rule. (5) Acceptable instructor training programs shall include but are not limited to presentation of: (A) understanding the adult learner; (B) methods for teaching content of the course; (C) methods for evaluating trainee performance; and (D) documentation procedures. (6) Trainers shall have coached experience teaching a training program aimed at preventing, reducing and eliminating the need for restrictive interventions at least one time, with positive review by the coach. (7) Trainers shall teach a training program aimed at preventing, reducing and eliminating the need for restrictive interventions at least once</p>	V 536		

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V 536	<p>Continued From page 3</p> <p>annually.</p> <p>(8) Trainers shall complete a refresher instructor training at least every two years.</p> <p>(j) Service providers shall maintain documentation of initial and refresher instructor training for at least three years.</p> <p>(1) Documentation shall include:</p> <p>(A) who participated in the training and the outcomes (pass/fail);</p> <p>(B) when and where attended; and</p> <p>(C) instructor's name.</p> <p>(2) The Division of MH/DD/SAS may request and review this documentation any time.</p> <p>(k) Qualifications of Coaches:</p> <p>(1) Coaches shall meet all preparation requirements as a trainer.</p> <p>(2) Coaches shall teach at least three times the course which is being coached.</p> <p>(3) Coaches shall demonstrate competence by completion of coaching or train-the-trainer instruction.</p> <p>(l) Documentation shall be the same preparation as for trainers.</p> <p> </p> <p>This Rule is not met as evidenced by: Based on record reviews and interview, the facility failed to ensure four of four audited staff (#1, #2, #3 and the Program Director) had training on the use of alternatives to restrictive interventions. The findings are:</p> <p> </p> <p>Review on 12/14/22 of the facility's personnel records revealed the following:</p>	V 536		

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V 536	<p>Continued From page 4</p> <p>Staff #1: -Date of hire was 12/21/20. -Hired as a Dosing Nurse. -NCI+ training certificate expired on 8/22/22. -No documentation of current training on the use of alternatives to restrictive interventions.</p> <p>Staff #2: -Date of hire was 1/4/21. -Hired as a Substance Abuse Counselor. -NCI + training certificate expired on 8/22/22. -No documentation of current training on the use of alternatives to restrictive interventions.</p> <p>Staff #3: -Date of hire was 3/14/19. -Hired as a Substance Abuse Counselor. -NCI+ training certificate expired on 8/22/22. -No documentation of current training on the use of alternatives to restrictive interventions.</p> <p>The Program Director: -Date of hire was 6/18/18. -National Crisis Intervention + (NCI+) training certificate expired on 12/5/22. -No documentation of current training on the use of alternatives to restrictive interventions.</p> <p>Interview on 12/14/22 with the Program Director revealed: -The agency used NCI + for training on the use of alternatives to restrictive interventions. -She was the NCI + instructor for the facility. -She forgot to get her recertification as NCI + instructor. -She also forgot to ensure staff were recertified in NCI + training. -She confirmed there was no documentation of training on the use of alternatives to restrictive</p>	V 536		
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V 536	Continued From page 5 interventions for herself, staff #1, staff #2 and staff #3.	V 536		
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