

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: MHL0411146	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED 11/16/2022
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NAME OF PROVIDER OR SUPPLIER AGAPE HOME LIVING CARE LLC	STREET ADDRESS, CITY, STATE, ZIP CODE 2708 16TH STREET GREENSBORO, NC 27405
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V 000	<p>INITIAL COMMENTS</p> <p>An annual and a follow up survey was completed on November 16, 2022. Deficiencies were cited.</p> <p>This facility is licensed for the following service category: 10A NCAC 27G .5600C Supervised Living for Adults with Developmental Disabilities.</p> <p>This facility is licensed for 4 and currently has a census of 4. The survey sample consisted of audits of 3 current clients.</p>	V 000		
V 112	<p>27G .0205 (C-D) Assessment/Treatment/Habilitation Plan</p> <p>10A NCAC 27G .0205 ASSESSMENT AND TREATMENT/HABILITATION OR SERVICE PLAN</p> <p>(c) The plan shall be developed based on the assessment, and in partnership with the client or legally responsible person or both, within 30 days of admission for clients who are expected to receive services beyond 30 days.</p> <p>(d) The plan shall include:</p> <p>(1) client outcome(s) that are anticipated to be achieved by provision of the service and a projected date of achievement;</p> <p>(2) strategies;</p> <p>(3) staff responsible;</p> <p>(4) a schedule for review of the plan at least annually in consultation with the client or legally responsible person or both;</p> <p>(5) basis for evaluation or assessment of outcome achievement; and</p> <p>(6) written consent or agreement by the client or responsible party, or a written statement by the provider stating why such consent could not be obtained.</p>	V 112		

Division of Health Service Regulation
LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE _____ TITLE _____ (X6) DATE _____

Division of Health Service Regulation

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V 112	<p>Continued From page 1</p> <p>This Rule is not met as evidenced by: Based on record reviews and interviews, the facility failed to develop and implement goals and strategies to meet the individualized needs of 2 of 3 audited clients (#1 and #3). The findings are:</p> <p>Review on 11/15/22 of client #1's record revealed: -An admission date of 3/30/22 -Diagnoses of Intellectual Disability, Mild, Type 1 Diabetes Mellitus, Intermittent Explosive Disorder, Alcohol Use Disorder, Vitamin D Deficiency, Chronic Hepatitis C and Constipation. -An assessment dated 3/30/22 noted "has a history of property destruction, aggressive acts towards staff when he does not get his way, wants to work, is able to develop friendships, has conduct issues, is a diabetic, is intellectually delayed, history of mental retardation, history of alcohol use 15 years ago and has not used since, past history of alcohol withdrawal (sweating, nausea and vomiting), has insomnia, is controlling, hostile and has verbal and physical aggression and needs medication management." -A treatment plan dated 11/1/22 noted "will learn to complete everyday living tasks such as completing daily chores, maintaining a clean living space with no more than 3 prompts per each task, will learn to use effective coping skills in order to reduce his physical and verbal aggression, will learn to use these skills at least 3 out of 5 times when he is upset or feels disrespected, will work on managing his medical</p>	V 112		

Division of Health Service Regulation

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V 112	<p>Continued From page 2</p> <p>conditions and learn how to take his medication appropriately with no more than 2 out of 7 days refusing to follow the physician's orders."</p> <p>-No goals or strategies to assist client #1 in reducing refined sugar intake,</p> <p>-No goals or strategies to assist client #1 in limiting calories to 1100 per meal</p> <p>-No goals or strategies to assist client #1 in avoiding concentrated sweets</p> <p>-No goals or strategies to assist client #1 in having a high fiber diet</p> <p>Review on 11/15/22 of client #1's visit to a local clinic revealed:</p> <p>-Was dated 10/13/22</p> <p>-"You were seen today for medical conditions that includes the following: Diabetes Mellitus, Type 2 Uncontrolled"</p> <p>-"You were given the following instructions: your sugars are currently well controlled with A1 C at near recommended goal, continue to reduce refined sugar intake, limit calories to 1100 per day or less, avoid concentrated sweets as in sugar cookies, candies, chocolates, cakes, pies, soda, sugary juices, and sweet tea. High fiber diet such as fruits and vegetables were recommended."</p> <p>Review on 11/15/22 of client #3's record revealed:</p> <p>-An admission date of 2/8/22</p> <p>-A diagnosis of Intellectual Disability</p> <p>-An admission assessment dated 2/8/22 noted "completed 12 th grade, currently resides in a group home for adults with developmental disabilities, endorsed suicidal ideations to an EMS (Emergency Medical Services) personnel and was transported to the hospital where he was admitted to stabilize, has had a least one arrest in 30 days prior to admission, has a history of behaviors prior to hospitalization, was molested as a child, reports that he has aspirations of</p>	V 112		

Division of Health Service Regulation

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V 112	<p>Continued From page 3</p> <p>becoming an EMT (Emergency Medical Technician), has never been employed, receives SSI, has a significant relationship with his mother and fathers, he does not have any close and/or significant relationships with peers, has a history of truancy, is unable to care for himself, history of suicide attempts and thoughts, history of aggressive acts, needs medication management and Psychosocial Rehabilitation Program."</p> <p>-A treatment plan dated 11/1/22 noted "will learn how to complete independent living skills such as completing chores, taking medications, bathing, washing his clothes with assistance from staff, and will complete these tasks without receiving more than 3 verbal prompts per each task given, will increase his ability to engage in positive and appropriate social interactions as evidenced by having a decrease in the frequency of physical and verbal aggressiveness towards others and being prompted no more than 2 times a week, will enhance his skills and symptom of at least 3 times a week with no more than 2 verbal prompts."</p> <p>-No goals or strategies to address client #3's history of suicidal attempts and thoughts</p> <p>-No goals or strategies to assist client #3 with a low salt diet and avoiding excessive salt intake</p> <p>-No goals or strategies to assist client #3 with limiting his calorie intake to 1200 per meal</p> <p>-No goals or strategies to assist client #3 with healthy eating habits</p> <p>-No goals or strategies to assist client #3 with a regular exercise routine lasting at least 30 to 45 minutes, 3 to 5 times per week.</p> <p>Review on 11/15/22 of client #3's follow up visit revealed:</p> <p>-Was dated 6/23/22</p> <p>-Was given the following instructions: low salt diet is recommended. Avoid excessive salt intake in</p>	V 112		

Division of Health Service Regulation

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V 112	<p>Continued From page 4</p> <p>salty snacks, salted peanuts, popcorn, pizza, bacon, sausage, photo chips, fries, and canned foods."</p> <p>-Was counseled extensively on dietary restriction of high calorie foods (1200 calories/day).</p> <p>-Healthy eating habits, and regular exercise routine lasting at least 30 to 45 minutes, 3 to 5 times per week.</p> <p>Interview on 11/15/22 with client #1 revealed: -"I can barely eat pizza because of my diabetics. Fried food is the worst. I mostly eat baked stuff. Today, I had fried chicken. I can't eat candy unless my sugar is low. It will bring it back up. My doctor said I don't need to drink any kind of sugary drinks. Just diet. Nothing over 2 grams of sugar... we eat pasta and noodles sometimes. We have scalloped potatoes. I eat potato chips sometimes. We have meatballs and noodles. For snacks I eat some type of healthy stuff. I am not supposed to have oranges. I had one today ..."</p> <p>Interview on 11/15/22 with client #3 revealed: -"The doctor talked to me about diet and exercise. He said I needed to go on a diet or exercise. I haven't done that yet ..." -Was seen at the hospital for suicidal ideation -"I did not want to kill myself ...I just thought about it ..."</p> <p>Interview on 11/15/22 with staff #1 revealed: -Wanted to get the clients to the gym so they can exercise. -"[Client #3] has gained a lot of weight since he's been here (at the facility) ..."</p> <p>Interview on 11/16/22 with the Qualified Professional (QP) revealed: -Was responsible for the clients' treatment plans -Had reviewed client #1's medical records and</p>	V 112		

Division of Health Service Regulation

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V 112	<p>Continued From page 5</p> <p>knew he needed to exercise and eat healthy -It is important also to have the clients with Diabetes exercise on a regular basis." -The QP tried to make sure the clients ate healthier and had holistic meals. -"I try to not use processed foods." -"[Client #1] also likes to eat. He will eat his food and then finish the other client's food. We have addressed these numerous issues ..." -Will add a goal to the treatment plan to address healthy food choices and exercise for client #3 -"With [client #1], we try to monitor his diet and have educated him and why his plate may have more vegetables and no pasta unless made with zucchini. His medical doctor talked to us about that and I was there at that appointment as well...we also have the clients drink a lot of water and we do buy zero sugar drinks. We don't do a lot of Kool-Aid and don't have a lot of candy around ...I will add goals to their treatment plans that are specific to each client."</p> <p>Interview on 11/16/22 with the Director revealed: -Treatment plans are done by the QP along with the guardian and the client -"[Staff #1] does exercise with the clients. The Y is not taking companies anymore. I will have to see if the guardians will pay for it. They walk in the community, and we do have them on a very strict diet...we had classes at [the sister facility] where we had exercise classes ..." -The facility used honey instead of refined sugar -Had discussed with client #1, eating fruits and vegetables that were high in fiber. -"We talk with him about fruits and vegetables that are high in fiber." -Client #3 needed to exercise more. -Will have the QP add goals and strategies to the clients' treatment plans</p>	V 112		

Division of Health Service Regulation

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V 291	Continued From page 6	V 291		
V 291	<p>27G .5603 Supervised Living - Operations</p> <p>10A NCAC 27G .5603 OPERATIONS</p> <p>(a) Capacity. A facility shall serve no more than six clients when the clients have mental illness or developmental disabilities. Any facility licensed on June 15, 2001, and providing services to more than six clients at that time, may continue to provide services at no more than the facility's licensed capacity.</p> <p>(b) Service Coordination. Coordination shall be maintained between the facility operator and the qualified professionals who are responsible for treatment/habilitation or case management.</p> <p>(c) Participation of the Family or Legally Responsible Person. Each client shall be provided the opportunity to maintain an ongoing relationship with her or his family through such means as visits to the facility and visits outside the facility. Reports shall be submitted at least annually to the parent of a minor resident, or the legally responsible person of an adult resident. Reports may be in writing or take the form of a conference and shall focus on the client's progress toward meeting individual goals.</p> <p>(d) Program Activities. Each client shall have activity opportunities based on her/his choices, needs and the treatment/habilitation plan. Activities shall be designed to foster community inclusion. Choices may be limited when the court or legal system is involved or when health or safety issues become a primary concern.</p> <p>This Rule is not met as evidenced by: Based on observations, record reviews and interviews, the facility failed to ensure activity opportunities were based on the clients' choices,</p>	V 291		

Division of Health Service Regulation

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V 291	<p>Continued From page 7</p> <p>needs and designed to foster community inclusion for 3 of 3 audited clients (#1, #2 and #3). The findings are:</p> <p>Observations on 11/15/22 from 8:34am to 3:55pm of the clients revealed: -Clients #1, #2 and #3 watched television, sat in their rooms and interacted with staff -No activities were scheduled in the community</p> <p>Further observations on 11/16/22 from 9:12am to 12:15pm of the clients revealed: -Clients #1, #2 and #3 watched television, sat in their rooms and interacted with staff -No activities were scheduled in the community</p> <p>Review on 11/15/22 of client #1's record revealed: -An admission date of 3/30/22 -Diagnoses of Intellectual Disability, Mild, Type 1 Diabetes Mellitus, Intermittent Explosive Disorder, Alcohol Use Disorder, Vitamin D Deficiency, Chronic Hepatitis C and Constipation. -An assessment dated 3/30/22 noted "has a history of property destruction, aggressive acts towards staff when he does not get his way, wants to work, is able to develop friendships, has conduct issues, is a diabetic, is intellectually delayed, history of mental retardation, history of alcohol use 15 years ago and has not used since, past history of alcohol withdrawal (sweating, nausea and vomiting), has insomnia, is controlling, hostile and has verbal and physical aggression and needs medication management." -A treatment plan dated 11/1/22 noted "will learn to complete everyday living tasks such as completing daily chores, maintaining a clean living space with no more than 3 prompts per each task, will learn to use effective coping skills in order to reduce his physical and verbal aggression, will learn to use these skills at least 3</p>	V 291		

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V 291	<p>Continued From page 8</p> <p>out of 5 times when he is upset or feels disrespected, will work on managing his medical conditions and learn how to take his medication appropriately with no more than 2 out of 7 days refusing to follow the physician's orders."</p> <p>Review on 11/15/22 of client #2's record revealed: -An admission date of 2/9/22 -Diagnoses of Mild Intellectual Disability, Type 1 Diabetes, Essential Hypertension, Seborrheic Dermatitis and Major Depressive Disorder with Psychotic Features -An assessment dated 2/9/22 noted "currently lives in a group home setting for adults with developmental disabilities, was admitted to the hospital after expressing suicidal thoughts at his previous group home, was unable to return to that placement, completed 12 th grade, history of behavioral problems, loss of significant family members (mother, father and grandmother), currently lives with peers with similar or same diagnoses in a supervised setting, has aspirations of being a police officer, has never worked and receives SSI, lived with his grandmother after death of parents, grandmother was unable to retain guardianship after increasing behaviors, has no significant relationships, has a history of destruction of property, conduct issues, frequent lying and running away from his home, is a diabetic and takes insulin, needs medication management, therapy and attend a Psychosocial Rehabilitation Program." -A treatment plan dated 11/1/22 noted "will learn how to complete independent living skills such as completing chores, taking medications, bathing, washing his clothes with assistance of staff, will complete these tasks without receiving more than 3 verbal prompts per each task given, will increase his ability to engage in positive and appropriate social interactions as evidenced by</p>	V 291		

Division of Health Service Regulation

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V 291	<p>Continued From page 9</p> <p>having a decrease in the frequency of physical and verbal aggressiveness towards others as evidenced by being prompted no more than 2 times a week over the course of the next 12 months, will enhance his coping skills and symptoms at least 3 times a week with no more than 2 verbal prompts for six consecutive months."</p> <p>Review on 11/15/22 of client #3's record revealed: -An admission date of 2/8/22 -A diagnosis of Intellectual Disability -An admission assessment dated 2/8/22 noted "completed 12 th grade, currently resides in a group home for adults with developmental disabilities, endorsed suicidal ideations to an EMS (Emergency Medical Services) personnel and was transported to the hospital where he was admitted to stabilize, has had a least one arrest in 30 days prior to admission, has a history of behaviors prior to hospitalization, was molested as a child, reports that he has aspirations of becoming an EMT (Emergency Medical Technician), has never been employed, receives SSI, has a significant relationship with his mother and fathers, he does not have any close and/or significant relationships with peers, has a history of truancy, is unable to care for himself, history of suicide attempts and thoughts, history of aggressive acts, needs medication management and Psychosocial Rehabilitation Program." -A treatment plan dated 11/1/22 noted "will learn how to complete independent living skills such as completing chores, taking medications, bathing, washing his clothes with assistance from staff, and will complete these tasks without receiving more than 3 verbal prompts per each task given, will increase his ability to engage in positive and appropriate social interactions as evidenced by having a decrease in the frequency of physical</p>	V 291		

Division of Health Service Regulation

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V 291	<p>Continued From page 10</p> <p>and verbal aggressiveness towards others and being prompted no more than 2 times a week, will enhance his skills and symptom of at least 3 times a week with no more than 2 verbal prompts."</p> <p>Interview on 11/15/22 with client #1 revealed: -"During the day, I was wanting to get into a program. But there ain't no transportation and we are so far out. I don't want to go out and get lost. Basically, we watch tv. Sometimes we go to the mall and spend our money by buying cologne and fragrances. I like to smell good."</p> <p>Interview on 11/15/22 with client #2 revealed: -Liked to watch tv (the news, sports). -Denies going anywhere such as shopping, going to the park, the library or to the movies -"I would like to get out and go places."</p> <p>Interview on 11/15/22 with client #3 revealed: -"I watch tv, lay down and get my rest. I need to go to school. It get boring here sitting and watching tv. I like church on tv."</p> <p>Interview on 11/16/22 with the Qualified Professional revealed: -Had tried to locate Psychosocial Rehabilitation (PSR) programs for the clients -"We have called and visited multiple placements ...they did not want clients with elopement issues and behavior issues. We have tried to do things like bowling, the movies, the zoo, the museum and [a local theme park]. We try to do things like that and incorporate other things such as arts and crafts and things that they are interested in."</p> <p>Interview on 11/16/22 with the Director/Licensee revealed: -"They cannot go to the PSR programs because</p>	V 291		

Division of Health Service Regulation

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V 291	Continued From page 11 of their levels. They said the level they are on would not be a good fit for their programs. This is for all of the clients. We have been to multiple places from local counties and cities. We did the PSR at home (the sister facility) ...they go to the park, the museum and the zoo ..." -Would work on getting the clients more involved in the community. -Staff #1 is good about getting the clients more involved in activities.	V 291		