

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  <b>MHL028-019</b>	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____  B. WING _____	(X3) DATE SURVEY COMPLETED  <b>R</b> <b>05/16/2022</b>
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NAME OF PROVIDER OR SUPPLIER  <b>CHANGING TIDES</b>	STREET ADDRESS, CITY, STATE, ZIP CODE <b>3512 NORTH VIRGINIA DARE TRAIL KITTY HAWK, NC 27949</b>
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V 000	<p><b>INITIAL COMMENTS</b></p> <p>An annual, complaint and follow up survey was completed on May 16, 2022. The complaint was unsubstantiated (Intake #NC00186863). A deficiency was cited.</p> <p>This facility is licensed for the following service category: 10A NCAC 27G .3700 Day Treatment Facilities for Individuals with Substance Abuse Disorders.</p> <p>This facility has a current census of 16. The survey sample consisted of audits of 3 current clients.</p>	V 000		
V 239	<p><b>27G .3701 Day Tx. Sub. Abuse - Scope</b></p> <p>10A NCAC 27G .3701 SCOPE</p> <p>(a) Day treatment facilities provide services in a group setting for individuals who need more structured treatment for substance abuse than that provided by outpatient treatment, and may serve as an alternative to a 24-hour treatment program.</p> <p>(b) Day treatment services shall have structured programs, which may include individual, group, and family counseling, recreational therapy, peer groups, substance abuse education, life skills education, and continuing care planning.</p> <p>This Rule is not met as evidenced by: Based on record reviews, observation and interviews, the facility failed to operate within the scope of a day treatment program by having designed client treatment services as a partial hospitalization program and having made</p>	V 239		

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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE \_\_\_\_\_ TITLE \_\_\_\_\_ (X6) DATE \_\_\_\_\_

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V 239	<p>Continued From page 1</p> <p>treatment services contingent on receiving housing services. The findings are:</p> <p>Review on 05/09/22 of the facilities website revealed: "-[Facility] is a drug and alcohol treatment center located on the Outer Banks. We offer a partial hospitalization program where we provide both the housing aspect of treatment, and addiction therapy services all on one site for alcoholism, drug abuse, heroin abuse, and opioid abuse. -Staff lives on site and housekeeping duties are attended to so residents are free to focus on healing. "</p> <p>Observation on 05/05/22 at approximately 12:45pm revealed: -2 locations on the property that appeared to be an older renovated motel that had numbers on the outside of each door and the residents of the day program resided. -The building on the back of the property was the location of the day program setting.</p> <p>Review on 05/05/22 of client #3's record revealed: -Admission date of 02/02/22. -Diagnoses of Alcohol Use Disorder, Cocaine Use Disorder and Cannabis Use Disorder</p> <p>Review on 05/05/22 of client #12's record revealed: -Admission date of 04/12/22. -Diagnosis of Opiate Dependence, Severe.</p> <p>Review on 05/05/22 of client #13's record revealed: -Admission date of 04/25/22. -Diagnosis of Alcohol Dependence.</p>	V 239		

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V 239	<p>Continued From page 2</p> <p>During interview on 05/05/22 client #3 revealed: -This was her second time in the program. -You had to live onsite to receive the day program services. -She took medication daily. -The medication was stored in the administrative office. -The nurse gives our box of medication to us in the administrative office and we take the medications under his supervision. -She was not allowed to keep her medication in her room.</p> <p>During interview on 05/05/22 client #12 revealed: -He had been in the program for 4 to 5 weeks. -You had to live onsite in order to receive the day program services. -All the staff live onsite except for one staff. -The nurse gave the medication during the week and staff #1 gave the medication on the weekends. -The medication was stored in a locked room inside the nurses office and each person had a Tupperware container that the medication was stored in.</p> <p>During interview on 05/05/22 client #13 revealed: -She had been living at the facility for a little over a week. -The clients had to live onsite to receive the services during the day. -The nurse gave the medication during the week. -Staff #1 and the Executive Director gave the medication on the weekends. -She had a private room which she had to pay extra for.</p> <p>During interview on 05/05/22 the Therapist revealed: -She had worked at the facility since November</p>	V 239		

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V 239	<p>Continued From page 3</p> <p>2021.</p> <ul style="list-style-type: none"> <li>-She completed groups and individual counseling to the clients.</li> <li>-She lived onsite at the facility.</li> <li>-All the clients had to live onsite to receive the day program services.</li> <li>-All the clients lived in the hotel.</li> <li>-Some of the clients take medication.</li> <li>-The nurse gave the medication during the day and staff #1 gave the medication on the weekend.</li> </ul> <p>During interview on 05/09/22 staff #1 revealed:</p> <ul style="list-style-type: none"> <li>-He worked and lived onsite at the facility.</li> <li>-Some clients do take medication.</li> <li>-The nurse gave the medication during the day and he administered medications on the weekend.</li> <li>-The medication was kept locked in the nurses office and the clients would have to come to the office to get the medication.</li> <li>-All the clients that attend the day program had to live onsite in order to receive the services.</li> </ul> <p>During interview on 05/06/22 the Registered Nurse revealed:</p> <ul style="list-style-type: none"> <li>-He administered the medications during the day.</li> <li>-The client would enter the office and made identification.</li> <li>-He would get the box out of the locked closet.</li> <li>-The clients self administered their own medications.</li> <li>-The staff observed the clients take the medications and then document on the medication administration record that the medication had been taken.</li> </ul> <p>During interview on 05/05/22 the Clinical Director and Executive Director revealed:</p> <ul style="list-style-type: none"> <li>-The front of the property was where the clients lived and the back of the property was where the</li> </ul>	V 239		

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V 239	Continued From page 4  day program services were located. -If a client received services for group they had to live onsite. -The facility is a day program that provided lodging that was not licensed.	V 239		