PRINTED: 02/15/2022 FORM APPROVED

STATEMEN	T OF DEFICIENCIES	(VA) PEGUIPERIA	T		OIVIB IVI	0.0938-039
AND PLAN	OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	A. BUILDI	TIPLE CONSTRUCTION		ATE SURVEY DMPLETED
		34G037	B. WING		0.	2/08/2022
	PROVIDER OR SUPPLIER			STREET ADDRESS, CITY, STATE, ZIP CO 142 MALLARD LANE ROCKINGHAM, NC 28379	ODE	2/00/2022
(X4) ID PREFIX TAG	(EACH DEFICIENCY !	TEMENT OF DEFICIENCIES MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF COR (EACH CORRECTIVE ACTION CROSS-REFERENCED TO THE A DEFICIENCY)	SHOULD BE	(X5) COMPLETION DATE
* 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	S403.748(b)(3), §416 §441.184(b)(3), §466 §483.73(b)(3), §483.73(b)(3), §483.8485.625(b)(3), §484.12(b)(1), §494.12(b)(1), §49	6.54(b)(2), §418.113(b)(6)(ii), 0.84(b)(3), §482.15(b)(3), 475(b)(3), §485.68(b)(1), 5.727(b)(1), §485.920(b)(2), 62(b)(2) cedures. The [facilities] must ent emergency preparedness res, based on the emergency graph (a) of this section, risk traph (a)(1) of this section, on plan at paragraph (c) of cies and procedures must be d at least every 2 years illities]. At a minimum, the res must address the If evacuation from the es consideration of care and vacuees; staff portation; identification of); and primary and alternate tion with external sources of 1.748(b)(3) and ASCs at the [RNHCI or ASC] which is the reeds of evacuees. It is accuation location(s) are means of	E 02		oft Blank	

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

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Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

MAR 02 2022

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: (X2) MULTIPLE CONSTRUCTION A. BUILDING		(X3) DATE SURVEY COMPLETED	
		34G037	B. WING _		02	2/08/2022
	PROVIDER OR SUPPLIER RD LANE CENTER			STREET ADDRESS, CITY, STATE, ZIP CODE 142 MALLARD LANE ROCKINGHAM, NC 28379		
(X4) ID PREFIX TAG	(EACH DEFICIENCY	TEMENT OF DEFICIENCIES MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTI (EACH CORRECTIVE ACTION SHOUL CROSS-REFERENCED TO THE APPRO DEFICIENCY)	D BE	(X5) COMPLETION DATE
	§485.727(b)(1), and §494.62(b)(2):] Safe evacuation from Rehabilitation Agencial Agencies as Provided Therapy and Speech Services; and ESRE staff responsibilities, * [For RHCs/FQHCs evacuation from the appropriate placemer responsibilities and responsibilities	B5.68(b)(1), Clinics, ies, OPT/Speech at ESRD Facilities at m the [CORF; Clinics, es, and Public Health ers of Outpatient Physical n-Language Pathology of Facilities], which includes and needs of the patients. at §491.12(b)(1):] Safe RHC/FQHC, which includes not of exit signs; staff needs of the patients. not met as evidenced by: iew and interview, the facility cific policies and procedures by preparedness (EP) locations based on a my based risk assessment. If to affect all clients (#1, #2, indings is: the facility's EP dated 9/7/21 not include any information ity's evacuation locations in external other emergencies.	E 024	Mallard Lane will evacuate to Hol Inn Express & Suites Rockingham, East US Highway 74 Business, Rockingham, NC 28379. Resident Manager/Designee will update th Specific Plan to include this location. Residential Manager/Designee will service staff on updated Emergent Preparedness Plan Site-Specific for Mallard Lane. Going forward, this information will included annually in the Emergence Preparedness Plan Site-Specific for Mallard Lane.	ial e Site- on. Il in- cy r	4/8/2022 4/8/2022 Ongoing
E 022	(RM) revealed that sh requirement. Policies/Procedures for CFR(s): 483.475(b)(4)	E 022			
	§403.748(b)(4), §416.	54(b)(3), §418.113(b)(6)(i),				

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. BUILDING			(X3) DATE SURVEY COMPLETED	
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	PROVIDER OR SUPPLIER RD LANE CENTER			STREET ADDRESS, CITY, STATE, ZIP CODE 142 MALLARD LANE ROCKINGHAM, NC 28379	1 02		
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	§441.184(b)(4), §468 §483.73(b)(4), §483 §485.625(b)(4), §484 §491.12(b)(2), §494 (b) Policies and proceduplan set forth in paragand the communical this section. The policies and proceduplan set forth in paragand the communical this section. The policies and procedufollowing: [(4) or (2),(3),(5),(6)] for patients, staff, and the [facility]. *[For Inpatient Hospidand procedures. (6) The following are hospice-operated inpatients and procedures. (6) The following are hospice employees withis STANDARD is Based on interview afacility's Emergency failed to develop policies sheltering in place. The clients (#1, #2, #3, #45) finding is: Review on 2/8/22 of the state of the stat	0.84(b)(5), §482.15(b)(4), .475(b)(4), §485.68(b)(2), 5.727(b)(2), §485.920(b)(3),	E 02	E 022 Site staff advised Monarch's Safety Manager that information regarding shelter in place was in their safety manual binder. In case this was no reviewed, I am enclosing the follow for your reference. Shelter In Place Fact Sheet Annex Plan Section from Emergency Operations Safety Manual (page 25) A pandemic Jaday disaster menu This information along with all Emergency Preparedness information also located on Monarch's intranet staff to refer to. Staff will be re-trained by Residentia Manager/Designee on where to find Emergency Preparedness information Emergency Preparedness information	t ving on is for	4/8/2022	

	OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULT A. BUILDIN	IPLE CONSTRUCTION NG		TE SURVEY MPLETED
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MALLA	PROVIDER OR SUPPLIER RD LANE CENTER			STREET ADDRESS, CITY, STATE, ZIP CODE 142 MALLARD LANE ROCKINGHAM, NC 28379		
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E 022	The state of the	ge 3 taff to shelter in place.	E 02	2		
E 025	Interview on 2/8/22 v (RM) revealed that s policy was required. Arrangement with O CFR(s): 483.475(b)(with the residential manager she was not aware that the ther Facilities	E 025	5		
	§460.84(b)(8), §482.	3.113(b)(5), §441.184(b)(7), 15(b)(7), §483.73(b)(7), 5.625(b)(7), §485.920(b)(6),				
	develop and implemed policies and procedure plan set forth in parages assessment at parage and the communication this section. The policies reviewed and updates.	cedures. The [facilities] must ent emergency preparedness res, based on the emergency graph (a) of this section, risk raph (a)(1) of this section, on plan at paragraph (c) of icies and procedures must ated at least every 2 years ilities]. At a minimum, the res must address the		This Page Intentionally Left Bla	ink	
	Facilities at §483.73(t (7) [or (5)] The develo other [facilities] [and] patients in the event o	8.113(b), PRFTs at ls at §482.15(b), and LTC o):] Policies and procedures, epment of arrangements with other providers to receive of limitations or cessation of in the continuity of services				
85	3485.920(b) and ESR	4(b), ICF/IIDs at §486.625(b), CMHCs at D Facilities at §494.62(b):] es. (7) [or (6), (8)] The				

	ENT OF DEFICIENCIES IN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		TIPLE CONSTRUCTION NG	(X3) DATE SURVEY COMPLETED	
NAME		34G037	B. WING		0	2/08/2022
MALL	ARD LANE CENTER			STREET ADDRESS, CITY, STATE, ZIP CODE 142 MALLARD LANE ROCKINGHAM, NC 28379		LIGOILOZZ
(X4) II PREFI TAG	X (EACH DEFICIENCY	ATEMENT OF DEFICIENCIES MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTI (EACH CORRECTIVE ACTION SHOUL CROSS-REFERENCED TO THE APPRO DEFICIENCY)	DRE	(X5) COMPLETION DATE
E 02	development of arra [facilities] [or] other in the event of limita operations to mainta to facility patients. *[For RNHCIs at §4(procedures. (7) The arrangements with oproviders to receive limitations or cessati the continuity of non patients. This STANDARD is Based on interview as Emergency Prepared facility failed to docur accommodations for could not be delivere potentially affected a #5) in the home. The Review on 2/7/22 of the revealed instructions emergency services (evacuate.	angements with other providers to receive patients ations or cessation of ain the continuity of services 03.748(b):] Policies and development of other RNHCIs and other patients in the event of on of operations to maintain-medical services to RNHCI not met as evidenced by: and review of the facility's dness (EP) Manual, the ment pre-arranged clients in the event services d in the home. This II clients (#1, #2, #3, #4 and finding is:	E 02	E 025 Mallard Lane will evacuate to Holic Inn Express & Suites Rockingham, East US Highway 74 Business, Rockingham, NC 28379. Residentia Manager/Designee will update the Specific Plan to include this location Residential Manager/Designee will service staff on updated Emergency Preparedness Plan Site-Specific for Mallard Lane.	800 al Site- n. in-	4/8/2022
W 340	(RM) and qualified int professional (QIDP) re would evacuate to an but it was no longer in NURSING SERVICES CFR(s): 483.460(c)(5)	rellectual disabilities revealed that previously they area high school for shelter reffect.	W 340	Going forward, this information wil included annually in the Emergency Preparedness Plan Site-Specific for Mallard Lane.	be	Ongoing
	other members of the	t include implementing with interdisciplinary team, and preventive health				

AND PLAN	TATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: (X2) MULTIPLE CONSTRUCTION A. BUILDING			(X3) DATE SURVEY COMPLETED		
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	RD LANE CENTER			STREET ADDRESS, CITY, STATE, ZIP CODE 142 MALLARD LANE ROCKINGHAM, NC 28379		
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W 340	measures that inclu training clients and shealth and hygiene This STANDARD is Based on observation failed to ensure that in proper personal parask use. This had clients in the home (findings are: During observations 2/7/22-2/8/22, the requalified intellectual (QIDP) were observed face masks loose fitt when in their office a linterview with the RN acknowledged that the masks over their nos	de but are not limited to staff as needed in appropriate methods. not met as evidenced by: ons and interviews, the facility staff were sufficiently trained rotective (PPE) equipment the potential to affect all #1, #2, #3, #4 and #5). The throughout the survey sidential manager (RM) and disabilities professional ed to frequently wear their ing with their noses exposed, and in client areas. M and QIDP on 2/8/22 hey did not maintain the face e when inside the office. RM he tried to readjust her mask	W 34	W 340 LTSS Nursing Director/Nursing Deswill in-service staff on the proper upper/mask use. Residential Manager will randomly monitor at least once weekly for two months to ensure staff compliance	use of	4/8/2022 4/30/2022 unless mask restriction lifted prior to that date
W 368	staff have been trained went into effect at the that she offers a refre nurse revealed that s		W 368			
	that all drugs are adm the physician's orders	administration must assure initiation in compliance with s. not met as evidenced by:				

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	PROVIDER OR SUPPLIER RD LANE CENTER			STREET ADDRESS, CITY, STATE, ZIP CODE 142 MALLARD LANE ROCKINGHAM, NC 28379		I GOI LOLL	
(X4) ID PREFIX TAG	X (EACH DEFICIENCY MUST BE PRECEDED BY FULL		ID PREFIX TAG		JLD BE	(X5) COMPLETION DATE	
W 460	Based on observati interviews, the facility of administrating me implemented. This at (#3). The finding is: During morning obse 2/8/22, staff A had at medications for clier from the blister pack of chocolate pudding in the pudding, inclusion of contents without incitation. Review on 2/8/22 of and physician orders instructed anyone ad "Open and mix 1 cappudding or applesaution the orders and the capsule into the apple Interview on 2/8/22 who the orders and the capsule into the apple Interview on 2/8/22 who the orders and the capsule into the apple Interview on 2/8/22 who inte	ion, record review and by failed to assure the system edications as ordered was affected 1 of 4 audit clients. ervations in the home on medicine cup of 7 at #3 that had been removed. Staff A opened a container grand dumped all of the pills ding a capsule of Staff A then fed the medicine ent #3 who swallowed the dent. the medication blister pack is signed on 10/21/21 aministering the medication to be possible (Omeprazole) in the ce QD (daily)." with staff A revealed she did tions on the blister pack or bught she only had to mix the esauce. with the nurse revealed she get thave been nervous being a mistake. ON SERVICES) eive a nourishing, sluding modified and	W 46	Per Monarch's Policy for medical errors, staff A received an oral vand three medication passes we observed by Residential Manage 100% accuracy. LTSS Nursing Director/Nursing Divide will review Medication Administ Policy & Procedure and Level I Nancident Reporting with staff.	varning, re er with esignee ration	2/9/2022	

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(i) United States (1) (ii)	TIPLE CONSTRUCTION		ATE SURVEY OMPLETED
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	PROVIDER OR SUPPLIER RD LANE CENTER			STREET ADDRESS, CITY, STATE, ZIP CODI 142 MALLARD LANE ROCKINGHAM, NC 28379		
(X4) ID PREFIX TAG	(EACH DEFICIENCY	ATEMENT OF DEFICIENCIES MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRE (EACH CORRECTIVE ACTION SH CROSS-REFERENCED TO THE APP DEFICIENCY)	DULD BE	(X5) COMPLETION DATE
	This STANDARD is Based on observation interviews, the facility for modified diets for followed as written. During evening obsequence of followed as plate of followed and to expect a followed as scooped as written. During evening obsequence of followed as writ	not met as evidenced by: ons, record review and staff ty failed ensure dietary orders r 1 of 4 audit clients (#1) were The finding is: ervations in the home on Staff C prepared dinner and opped chicken alfredo, occoli, a bowl of regular container of strawberry yogurt Client #1 ingested the food An additional observation of at 7:30 AM, staff C prepared sted bread in a blender and as into a divided plate. Staff C ont #1 and poured a cup of nopped cereal. The cereal of loat in the milk and were at #1 was observed at 7:50 and spit up some food ing protector. client #1's dietary orders I inside the kitchen cabinet receive pureed food and	W 4	Residential Manager will Insert to ensure training on dietary of all individuals with modified dietard modified Manager/Designeer randomly monitor meal observation in the modified dietarge for two mod	will ations a onths on s. If	4/8/2022 4/30/2022 and re- evaluation if needed

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. BUILDING		(X3) DATE SURVEY COMPLETED	
		34G037	B. WING		0:	2/08/2022
				142 MALLARD LANE		
(X4) ID PREFIX TAG	(EACH DEFICIENCY I	MUST BE PRECEDED BY FULL	ID PREFIX TAG	(EACH CORRECTIVE ACTION SHOULD	BE	(X5) COMPLETION DATE
	type of salad. The n pureeing client #1's aspiration. DINING AREAS ANI	food could put him at risk of SERVICE				
	manner consisted developmentallevel. This STANDARD is Based on observation review, the facility farmanner which was in 1 of 4 audit clients (#During breakfast observation 2/8/22 at 7:30 AM, service with the large feed him. Protector around clie bottom material and	not met as evidenced by: on, interview and record illed to ensure clients ate in a not stigmatizing. This affected #1). The finding is: servation in the home on taff C sat down next to client Staff C placed a clothing ent #1's neck and took the placed it on the table in front		as designed and that Client #1 should only use non-slip mat underneath put during meals. Residential Manager/Designee will randomly monitor meal observation	ector uld plate	4/8/2022 4/30/2022
	placed it on top of the began feeding client was noted to have for of his clothing protect	e clothing protector and #1. While feeding, client #1 and debris on the top portion		ensure compliance.		
	(IPP) dated revealed	that client #1 only needed a				
	ordinarily she reviews employees and did no offer training to staff of clothing protector sho underneath the plate	s meal guidelines with new of have the opportunity yet to C. The nurse stated that ould not be placed during meals.	W 508			
	NAME OF MALLAF (X4) ID PREFIX TAG W 460	MALLARD LANE CENTER (X4) ID SUMMARY STA (EACH DEFICIENCY REGULATORY OR LS) (EACH DEFICI	NAME OF PROVIDER OR SUPPLIER MALLARD LANE CENTER (X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION) W 460 Continued From page 8 type of salad. The nurse affirmed that not pureeing client #1's food could put him at risk of aspiration. DINING AREAS AND SERVICE CFR(s): 483.480(d)(4) The facility must assure that each client eats in a manner consistent with his or her developmentallevel. This STANDARD is not met as evidenced by: Based on observation, interview and record review, the facility failed to ensure clients ate in a manner which was not stigmatizing. This affected 1 of 4 audit clients (#1). The finding is: During breakfast observation in the home on 2/8/22 at 7:30 AM, staff C sat down next to client #1 to help feed him. Staff C placed a clothing protector around client #1's neck and took the bottom material and placed it on the table in front of him. Staff C then took the plate of food and placed it on top of the clothing protector and began feeding client #1. While feeding, client #1 was noted to have food debris on the top portion of his clothing protector but none on the table setting. Review on 2/8/22 of the individual program plan (IPP) dated revealed that client #1 only needed a non slip mat underneath his plate during meals. Interview on 2/8/22 with the nurse revealed that ordinarily she reviews meal guidelines with new employees and did not have the opportunity yet to offer training to staff C. The nurse stated that clothing protector should not be placed underneath the plate during meals.	NAME OF PROVIDER OR SUPPLIER MALLARD LANE CENTER MALLARD LANE CENTER MALLARD LANE CENTER W 460 Continued From page 8 type of salad. 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The finding is: During breakfast observation in the home on 2/8/22 at 7:30 AM, staff C sat down next to client #1 to help feed him. Staff C her took the plate of food and placed it on top of the clothing protector and began feeding client #1. While feeding, client #1 was noted to have food debris on the top portion of his clothing protector but none on the table setting. Review on 2/8/22 of the individual program plan (IPP) dated revealed that client #1 only needed a non slip mat underneath his plate during meals. Interview on 2/8/22 with the nurse revealed that ordinarily she reviews meal guidelines with new employees and did not have the opportunity yet to offer training to staff C. The nurse stated that clothing protector revealed underneath his plate during meals.

AND PLAN	OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MUL A. BUILD	TIPLE CONSTRUCTION		(X3) DATE SURVEY COMPLETED	
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	PROVIDER OR SUPPLIER RD LANE CENTER			STREET ADDRESS, CITY, STATE, ZIP CODE 142 MALLARD LANE ROCKINGHAM, NC 28379	02		
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	CFR(s): 483.430(f)(§ 483.430 Condition staffing. (f) Standard: COVID staff. The facility mupolicies and procedufully vaccinated for (this section, staff are if it has been 2 week completed a primary COVID-19. The comvaccination series for as the administration of multi-dose vaccine. (1) Regardless of clicontact, the policies to the following faciliticare, treatment, or or and/or its clients: (i) Facility employees (ii) Licensed practitio (iii) Students, trainee (iv) Individuals who porother services for the clients, under contract arrangement. (2) The policies and do not apply to the form of the facility setting and other (f)(1) of this section; a (ii) Staff who provide facility that are perform the facility setting and in the facility setting and	1)-(3)(i)-(x) of Participation: Facility of Participatio	W 50	Page Intentionally Left Blan	nk		

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MU A. BUILI	ILTIPLE CONSTRUCTION DING		TE SURVEY MPLETED
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	vaccination requirer staff for whom COV temporarily delayed CDC, due to clinical considerations; This STANDARD is Based on record refacility failed to deve which include continuot fully vaccinated are: Review on 2/8/22 of during COVID-19 Poon the employees of testing positive and policy did not comm for unvaccinated stavice President of Opqualified intellectual (QIDP) on 1/14/22 of government's final reworkers to be vaccinemail acknowledged that staff must have by 1/27/22. Further review on 2/group home's vaccinhad presented COVI to the facility on unkneed the 11/24/21. On the carvaccine, and the experience of 2/8/22 were not documente vaccination cards revenue.	ments of this section, or those /ID-19 vaccination must be I, as recommended by the I precautions and not met as evidenced by: view and interviews, the elop policies and procedures agency plans for staff who are for COVID-19. The findings of the facility's Employment olicy dated 1/13/22 focused egrees of risk of exposure, quarantine instructions. The ent on any contingency plan off. An internal email from the disabilities professional liscussed the federal calle mandating healthcare fated against COVID-19. The I compliance deadlines and the first dose of COVID-19.	W 5	W 508 Covid-19 Vaccination Policy & Procedure has been updated enclosed). This will be assign to read and sign through our documentation platform.	(see ed for staff	2/25/2022

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Continued From page 13 home on 2/6/22. The RM revealed she had not seen the vaccination record for staff E before today and that she could not determine what staff E's vaccination status was by looking at the vaccination record. Interview on 2/8/22 with the VP revealed that staff E uploaded the vaccination record on the facility's website on 1/26/22. They had not investigated prior to today the validity of staff E's vaccination record. The VP sugsested that the lot number on the card indicated the first dose of the vaccine was from Moderna. The VP also revealed that she was not aware of any staff working in the home being exempted from taking the COVID-19 vaccine for medical or religious reasons. The VP revealed that if an unvaccinated staff did not meetthe fully vaccinated requirement by the 2/28/22 deadline they could transfer to any facility outsided their intermediate care facility (ICF) residential services or be terminated.	



American Red Cross

FACT SHEET ON SHELTER-IN-PLACE

What Shelter-in-Place Means:

One of the instructions you may be given in an emergency where hazardous materials may have been released into the atmosphere is to shelter-in-place. This is a precaution aimed to keep you safe while remaining indoors. (This is not the same thing as going to a shelter in case of a storm.) Shelter-in-place means selecting a small, interior room, with no or few windows, and taking refuge there. It does not mean sealing off your entire home or office building. If you are told to shelter-in-place, follow the instructions provided in this Fact Sheet.

Why You Might Need to Shelter-in-Place:

Chemical, biological, or radiological contaminants may be released accidentally or intentionally into the environment. Should this occur, information will be provided by local authorities on television and radio stations on how to protect you and your family. Because information will most likely be provided on television and radio, it is important to keep a TV or radio on, even during the workday. The important thing is for you to follow instructions of local authorities and know what to do if they advise you to shelter-in-place.

How to Shelter-in-Place

At Home:

- Close and lock all windows and exterior doors.
- If you are told there is danger of explosion, close the window shades, blinds, or curtains.
- Turn off all fans, heating and air conditioning systems.
 Close the fireplace damper.
- Get your family disaster supplies kit http://www.redcross.org/services/disaster/beprepared/supplies.html, and make sure the radio is working.
- Go to an interior room without windows that's above ground level. In the case of a chemical threat, an above-ground
 location is preferable because some chemicals are heavier than air, and may seep into basements even if the windows are
 closed.
- Bring your pets with you, and be sure to bring additional food and water supplies for them.
- It is ideal to have a hard-wired telephone in the room you select. Call your emergency contact and have the phone available if you need to report a life-threatening condition. Cellular telephone equipment may be overwhelmed or damaged during an emergency.
- Use duct tape and plastic sheeting (heavier than food wrap) to seal all cracks around the door and any vents into the room.
- Keep listening to your radio or television until you are told all is safe or you are told to evacuate. Local officials may call for
 evacuation in specific areas at greatest risk in your community.

At Work:

- Close the business.
 Bring everyone into the room(s). Shut and lock the door(s).
- If there are customers, clients, or visitors in the building, provide for their safety by asking them to stay not leave. When authorities provide directions to shelter-in-place, they want everyone to take those steps now, where they are, and not drive or walk outdoors.
- Unless there is an imminent threat, ask employees, customers, clients, and visitors to call their emergency contact to let them know where they are and that they are safe.
- Turn on call-forwarding or alternative telephone answering systems or services. If the business has voice mail or an automated attendant, change the recording to indicate that the business is closed, and that staff and visitors are remaining in the building until authorities advise it is safe to leave.
- Close and lock all windows, exterior doors, and any other openings to the outside.
- If you are told there is danger of explosion, close the window shades, blinds, or curtains.
- Have employees familiar with your building's mechanical systems turn off all fans, heating and air conditioning systems.
 Some systems automatically provide for exchange of inside air with outside air these systems, in particular, need to be turned off, sealed, or disabled.
- Gather essential disaster supplies, such as nonperishable food, bottled water, battery-powered radios, first aid supplies, flashlights, batteries, duct tape, plastic sheeting, and plastic garbage bags.
- Select interior room(s) above the ground floor, with the fewest windows or vents. The room(s) should have adequate
 space for everyone to be able to sit in. Avoid overcrowding by selecting several rooms if necessary. Large storage closets,
 utility rooms, pantries, copy and conference rooms without exterior windows will work well. Avoid selecting a room with
 mechanical equipment like ventilation blowers or pipes, because this equipment may not be able to be sealed from the
 outdoors.
- It is ideal to have a hard-wired telephone in the room(s) you select. Call emergency contacts and have the phone available
 if you need to report a life-threatening condition. Cellular telephone equipment may be overwhelmed or damaged during an
 emergency.
- Use duct tape and plastic sheeting (heavier than food wrap) to seal all cracks around the door(s) and any vents into the room.

- Write down the names of everyone in the room, and call your business' designated emergency contact to report who is in the room with you, and their affiliation with your business (employee, visitor, client, customer.)
- Keep listening to the radio or television until you are told all is safe or you are told to evacuate. Local officials may call for evacuation in specific areas at greatest risk in your community.

At School:

- Close the school. Activate the school's emergency plan. Follow reverse evacuation procedures to bring students, faculty, and staff indoors.
- If there are visitors in the building, provide for their safety by asking them to stay not leave. When authorities provide directions to shelter-in-place, they want everyone to take those steps now, where they are, and not drive or walk outdoors.
- Provide for answering telephone inquiries from concerned parents by having at least one telephone with the school's listed
 telephone number available in the room selected to provide shelter for the school secretary, or person designated to answer
 these calls. This room should also be sealed. There should be a way to communicate among all rooms where people are
 sheltering-in-place in the school.
- Ideally, provide for a way to make announcements over the school-wide public address system from the room where the top school official takes shelter.
- If children have cell phones, allow them to use them to call a parent or guardian to let them know that they have been asked to remain in school until further notice, and that they are safe.
- If the school has voice mail or an automated attendant, change the recording to indicate that the school is closed, students and staff are remaining in the building until authorities advise that it is safe to leave.
- Provide directions to close and lock all windows, exterior doors, and any other openings to the outside.
- If you are told there is danger of explosion, direct that window shades, blinds, or curtains be closed.
- Have employees familiar with your building's mechanical systems turn off all fans, heating and air conditioning systems. Some systems automatically provide for exchange of inside air with outside air these systems, in particular, need to be turned off, sealed, or disabled.
- Gather essential disaster supplies, such as nonperishable food, bottled water, battery-powered radios, first aid supplies, flashlights, batteries, duct tape, plastic sheeting, and plastic garbage bags.
- Select interior room(s) above the ground floor, with the fewest windows or vents. The room(s) should have adequate space for everyone to be able to sit in. Avoid overcrowding by selecting several rooms if necessary. Classrooms may be used if there are no windows or the windows are sealed and can not be opened. Large storage closets, utility rooms, meeting rooms, and even a gymnasium without exterior windows will also work well.
- It is ideal to have a hard-wired telephone in the room(s) you select. Call emergency contacts and have the phone available if you need to report a life-threatening condition. Cellular telephone equipment may be overwhelmed or damaged during an emergency.
- Bring everyone into the room. Shut and lock the door.
- Use duct tape and plastic sheeting (heavier than food wrap) to seal all cracks around the door(s) and any vents into the room.
- Write down the names of everyone in the room, and call your schools' designated emergency contact to report who is in the room with you.
- Listen for an official announcement from school officials via the public address system, and stay where you are until you are told all is safe or you are told to evacuate. Local officials may call for evacuation in specific areas at greatest risk in your community.

In Your Vehicle:

If you are driving a vehicle and hear advice to "shelter-in-place" on the radio, take these steps:

- If you are very close to home, your office, or a public building, go there immediately and go inside. Follow the shelter-inplace recommendations for the place you pick described above.
- If you are unable to get to a home or building quickly and safely, then pull over to the side of the road. Stop your vehicle in the safest place possible. If it is sunny outside, it is preferable to stop under a bridge or in a shady spot, to avoid being overheated.
- Turn off the engine.

- Close windows and vents.
- If possible, seal the heating/air conditioning vents with duct tape.
- Listen to the radio regularly for updated advice and instructions.
- Stay where you are until you are told it is safe to get back on the road. Be aware that some roads may be closed or traffic detoured. Follow the directions of law enforcement officials.

Local officials on the scene are the best source of information for your particular situation. Following their instructions during and after emergencies regarding sheltering, food, water, and clean up methods is your safest choice.

Remember that instructions to shelter-in-place are usually provided for durations of a few hours, not days or weeks. There is little danger that the room in which you are taking shelter will run out of oxygen and you will suffocate.

Annex Plans Section

Evacuation/Alternate Care Site Quick Reference

Conditions:

- First priority is supporting people served and personnel safety.
- Hazards exist that threaten safety or prevent appropriate care.
- Area/Unit evacuation is movement to an alternate safe location (horizontally or vertically)
- Total facility evacuation is the discharge and/or transfer to other facilities.
- Monarch employees can activate area/unit evacuation from one part of their location to another.
- Monarch Administration directs total facility evacuation.
- Shelter locations within the local area and others outside the affected region will be utilized as initial evacuation facilities for Total Evacuation incidents.

Actions:

____ Initial movement to an adjacent safe location (Priority)

- 1. Those closest to danger
- 2. People served that are walking or walk with assistance-guide to safe location
- 3. Non-ambulatory people served-(move in bed, stretcher or wheelchair, when possible)
- 4. Move charts, medications and support equipment as conditions allow.

Note: Close door and place pillow in doorway of evacuated rooms.

I. Discharge Activities

To ensure immediate discharge activities are implemented during a disaster or community crisis to provide for the social well-being of the people served.

II. Procedure:

- A. Monarch local leadership will be responsible for calling in any and all personnel needed to sufficiently handle the evacuation of a location.
- B. One assigned staff member will remain and be prepared to stay with relatives for social services and issues.
- C. Ensure that all persons served are tracked and their disposition documented.
- D. Report frequently and routinely to Monarch Leadership.
- E. Contact other Monarch facilities locally to make arrangements for relocation of people served.
- F. Inform family members of relocations when appropriate.
- G. Contact additional transportation agencies to assist with relocation of people served if inadequate transportation is available within Monarch.

ELECTRICAL POWER DISRUPTION (POWER CO. LOSS)

Conditions:

-Few, if any, of the Monarch facilities have generator support

-Normal services may be affected

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Check status of all persons in area.
Take actions to protect life and safety.
Close locations that are not overnight programs.
Evaluate the situation and prepare to relocate people served within overnight locations

PURPOSE

To ensure the safety of the people served in the event of a prolonged electrical outage

II. PROCEDURE

- A. All scheduled day programs are to be postponed until the power is restored.
- B. Activities in progress during the outage may be evaluated by Monarch staff for continuation if the disruption does not prevent the completion of activities.
- C. The Director of Facilities Services is notified immediately as well as the Risk Manager. Facilities services may arrange for a backup generator until repairs can be made depending upon the situation.
- D. Monarch employees on site during the disruption will make sure lines of communication are maintained with Monarch leadership while the situation persists.
- E. Repairs and rental generator can be obtained from outside vendors and will be initiated by Facilities Services if warranted.
- F. Initial action of all staff is to confirm conditions in their area; initiate emergency procedures to safeguard all persons in their area; and support operational needs.
- G. Monarch personnel are responsible to keep battery backup equipment in a fully charged condition.

SEVERE WEATHER CONDITIONS

It is essential that adequate personnel be available to maintain the operation of any residential facility and provide appropriate safety even under adverse conditions. Procedures and checklists for response to specific weather events are located at each of the specific sites that will remain operational during a severe weather event. In addition, it is important that staff develop a personal plan to these events to ensure that they and their family members are adequately protected during the period of severe conditions. This will ensure that staff is available to fulfill their job related duties without neglecting their personal obligations. When the capabilities of the assigned staff are exceeded, personnel support procedures will be implemented by Monarch Administration.

I. POLICY

A safe environment is maintained for persons served, visitors, and employees in the event of a severe weather event. Remember that tornados and shearing, straight line winds often accompany hurricanes.

II. DEFINITIONS

Hurricane Watch: the local weather conditions that exist are conducive to the development of a hurricane.

Hurricane Warning: a hurricane has been predicted to strike in the general area.

III. PROCEDURE

- A. In the Event of Hurricane Watch
 - 1. In most cases there are a number of days of warnings and preparation prior to the land fall of a hurricane.
 - 2. Monarch administration will determine if there is acceptable risk in remaining at any individual site.
 - 3. All employees are to check that all windows, drapes and blinds are closed.
 - Assess the need for extra help/equipment, which may be needed to relocate to a safe area. Close the doors to empty rooms.
 - 5. Secure all documentation in an area that will be presumed to keep dry.
 - 6. Gather supplies of flashlights, blankets and emergency supplies in a central location.
- B. In the event of a Hurricane Warning
 - In the event that the situation worsens and the Watch is upgraded to a Warning, Administration will notify the occupied locations that a Hurricane Warning is in effect.
 - Administration will re-evaluate each occupied location and make a decision to either remain operational or to shutter the location and relocate the persons served until the situation is resolved.

- 3. Administration will continue to monitor the situation until the event is over.
- 4. During landfall, everyone at the location will move to the most protected part of the structure and stay together for mutual support and accountability.
- 5. At locations where everyone cannot be moved to a protected location, people served will be advised to stay away from windows and will be told that they should stay on site so that they can be accounted for after the event...
- 6. Monarch staff will report any problems or damage to their locations as soon as is practical after the event has been resolved...

FLOOD Procedure

- A. In the event of a flood WATCH, (conditions are favorable for flooding in the affected areas) Monarch administration should be notified and decisions will be made concerning the continued operation of each affected location.
- B. In the event of a flood WARNING, (Flooding is eminent in the affected areas) Monarch administration should be notified and decisions will be made concerning the continued operation of each affected location.
- C. Monarch staff should monitor local broadcasts and make sure their weather radio is on and operational so that they can receive updated instructions.
- D. Monarch staff will follow the direct instructions of emergency responders working in their area and inform Monarch Administration of all activities surrounding these instructions.
- E. Monarch staff will document the disposition of any person served that is relocated due to flooding at their location.

WATER LOSS (Quick Reference)

Conditions:

- Water for drinking and sanitation will be very limited.
- Extensive water conservation measures must be observed by all personnel.
- Water dependent processes may be inoperable
- Commodes may need to be manually flushed (bucket flush).
- Temperature and humidity control may fluctuate.
- Dietary selections may be limited.
- Fire sprinkler system may be inoperable.
- Bottled water will be distributed by Monarch Management.
- Facilities Services department will coordinate the restoration of water services on a priority basis.
- Only bottled water will be used for drinking.
- Ice from ice machines should not be used unless cleared by facilities services.
- Ice will be distributed by Monarch Management.

Actions:

Institute extensive water conservation measures.
Only use bottled water for drinking.
 Use waterless cleaners for handwashing and personal sanitation purposes.

WATER LOSS

A loss of water supply may be immediate (ruptured water line) or delayed (possible public water contamination or drought).

Water loss will affect operational processes as well as personal (drinking) and sanitation needs.

All affected locations will operate in an essential services only mode to reduce their consumption of water to provide water when there is an interruption of service.

PURPOSE:

To ensure adequate patient care in the event of a loss of water supply.

- 1. Upon discovery of the interruption, notify the Director of Facilities.
- 2. Facilities Services notifies Monarch Administration, who then notifies affected locations to initiate their loss of utilities plan.
- 3. Facility Services determines if the water loss is due to internal problems or due to the public utility.
- 4. Call the local utilities department and report water outage unless the location is on a private well.
- 5. During any period of water interruption, immediate efforts to conserve water will be implemented.
- 6. Routine showers and baths will be suspended.
- 7. Commodes will be manually flushed several times a day as needed.
- 8. Routine floor mopping will be suspended.
- 9. Use of dishwashers will be discontinued. Paper plates, utensils, and convenience foods will be used.

MASS CASUALTY INCIDENT

I. PROCEDURE

- A. In the event of a local mass casualty incident at a Monarch location Monarch Administration should be notified immediately.
 - □ In the event of a national disaster, Monarch Administration will determine what courses of action are open to ensure the safety of persons served and staff.
- B. All locations will be expected to use the 9-1-1 system and wait for emergency responders.
- C. Monarch Staff will not attempt to transport casualties on their own, if emergency responders are not available due to a high volume of calls, Monarch Administration may make the decision to allow Monarch staff to transport casualties on a case-by-case basis.
- D. Monarch staff will keep records of the disposition and relocation of any person served that is relocated by emergency responders or any other means.
- E. Monarch staff will document all activities associated with any mass casualty event at their location.

PANDEMIC

Pandemic: an epidemic of disease that has spread across a large region, for example multiple continents or worldwide.

Should a Pandemic Occur:

Should a pandemic occur, Monarch, after consultation with local, state and/or federal health officials, implement the following steps, as deemed necessary:

- Employees with job duties that can be accomplished by telecommuting will be encouraged to work from home unless they have been cross trained to work in place of an employee who is ill.
- Supervisors will be instructed to send and keep employees' home if they exhibit symptoms of the illness, working from home if practical.
- Team members will contact their key vendors to determine the impact of the outbreak on their operations and its effects on our ability to perform our daily functions, and they will communicate the results to the Incident Commander. The Incident Command Team will work to obtain extra quantities of any necessary supplies that may be threatened due to the outbreak.
- The Incident Command Team will monitor staffing levels at all locations and assist supervisors in finding ways to maintain critical operations in light of any staffing shortage. Should the closing of any locations be a consideration due to inadequate staffing availability, the location will follow the Emergency Closure Procedures.
- The Incident Command team, along with Operations will ensure all employees are kept informed of developments as they occur, including employees who remain at home.

Terrorism

- 1. As with any emergency, remain calm
- 2. Follow advice of local emergency officials, listen to radio or television for news and instructions
- 3. If the disaster occurs near your location, check for damage using a flashlight. Do not light matches or candles or turn on electrical switches. Check for fires, fire hazards, and other household hazards. If there is natural gas at your location, sniff for gas leaks, starting at the water heater. If you smell gas or suspect a leak, turn off the main gas valve, open windows and get everyone outside quickly.
- 4. Shut off any other damaged utilities.
- 5. Contact the on-call Director and inform them of your situation
- 6. If you need to evacuate, refer to the "after an emergency" section for instructions

Shelter in Place

- If you are advised to "shelter in place" by local officials, you must remain inside the home or job site and protect yourself there
- Close and lock all windows and exterior doors
- 3. Turn off all fans, heating and air conditioning systems
- 4. If applicable, close the fireplace damper.
- 5. Get the disaster supplies kit, and make sure the radio is working
- 6. Go to an interior room or area, preferably one without windows. Area needs to be above ground as some chemicals are heavier than air
- 7. Using duct tape, seal cracks around the doors, windows and vents
- 8. Monitor radio or television until you are told all is safe or you are told to evacuate

Immediate Danger

Could consist of numerous situations including but not limited to: a verbal threat to someone in the building via phone, a bomb threat, a hostile individual with or without a weapon on the premises.

- 1. There will be two potential notifications in these situations. If you hear "Dr. Strong to the (e.g. lobby, community support, Executive area, cubical area, or IT)" it indicates a hostile situation in which the staff member or designee who paged, needs assistance in that area. We are a "hands off" agency so this would not be used in a situation that calls for physical force. An irate family member or person we serve who may be able to be deescalated would be an example of when this call would be used.
- 2. If you hear Code Orange in the (e.g. lobby, community support, Executive area or the cubical area, IT)" it indicates a hostile situation in which everyone should stay away from that area and 911 needs to be called. More information may be given as an overhead page if the person paging is in a secure area. (For example, "Code Orange male intruder wearing a red shirt and jeans was in the lobby with a weapon.) An example of a situation where this page would be used would be when someone has entered the building with a weapon, etc. In the case someone hears what sounds like a weapon you should close and lock your door, dial 911 and inform them of your location, the number of individuals with you and any information you can give about the nature/location of the hostile situation. If you are in a room without individual lockable doors, proceed to the nearest room that fits that description and follow the instructions above (e.g. cubical area would go to the board room, community support to one of the conference rooms in their area, etc.)

General Guidelines about an attack

- 1. Give everyone a break from the news reports and television showing the same tragic event happen over and over
- 2. Some people may not be able to recognize that it is repeated footage, and think the event is happening again and again
- 3. Listening to local radio will provide the most accurate information
- 4. Take turns listening for what actions you may need to take
- 5. To the extent possible keep everyone occupied with the morale materials packed in the disaster supply kit

Source: American Red Cross, Disaster Services "Terrorism: Preparing for the Unexpected"

A pandemic is the worldwide spread of a new disease.

An influenza pandemic occurs when a new influenza virus emerges and spreads around the world, and most people do not have immunity. Viruses that have caused past pandemics typically originated from animal influenza viruses.

A **pandemic** (from <u>Greek</u> $\pi \tilde{\alpha} v \, pan$ "all" and $\delta \tilde{\eta} \mu o \varsigma \, demos$ "people") is an <u>epidemic</u> of <u>disease</u> that has spread across a large region; for instance multiple <u>continents</u>, or worldwide. A widespread <u>endemic</u> disease that is stable in terms of how many people are getting sick from it is not a pandemic.

A pandemic is an <u>epidemic</u> occurring on a scale which crosses international boundaries, usually affecting a large number of people. Pandemics can also occur in important agricultural organisms (livestock, crop plants, fish, tree species) or in other organisms

Pandemic

Before a Pandemic

- Store a two week supply of water and food.
- Periodically check your regular prescription drugs to ensure a continuous supply in your home.
- Have any nonprescription drugs and other health supplies on hand, including pain relievers, stomach remedies, cough and cold medicines, fluids with electrolytes, and vitamins.
- Get copies and maintain electronic versions of health records from doctors, hospitals, pharmacies and other sources and store them, for personal reference. Get help accessing electronic health records.
- Talk with family members and loved ones about how they would be cared for if they got sick, or what will be needed to care for them in your home.

During a Pandemic

Limit the Spread of Germs and Prevent Infection

- Avoid close contact with people who are sick.
- When you are sick, **keep your distance** from others to protect them from getting sick too.
- Cover your mouth and nose with a tissue when coughing or sneezing. It may prevent those around you from getting sick.
- Washing your hands often will help protect you from germs.
- · Avoid touching your eyes, nose or mouth.
- **Practice other good health habits**. Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food.

•	Clean and disinfect frequencies of the cleaning spray or wipe.	uently touched objects a	and surfaces using a regula	r household

MONARCH THREE DAY DISASTER MENU

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MONARCH Policy and Procedure Manual

PROGRAM: ICF, FBC, Outpatient	DATE ISSUED/UPDATED: 2/17/22; 02/25/2022
SECTION: Human Resources	REGULATORY REFERENCE: § 483.430
TOPIC: COVID-19 Vaccination Policy	○ OPERATIONAL POLICY □ BOARD POLICY
POLICY OWNER: CAO	BOARD APPROVED DATE: n/a (If applicable)
SOP: Yes No	FORM: Yes No
Uploading Proof of COVID-19 Vaccination SOP	Medical Exemption Form
Uploading Proof of COVID-19 Vaccination SOP	

POLICY:

It is the policy of Monarch to follow all Center for Medicaid Services (CMS) mandates and requirements as it pertains to COVID-19 vaccination. Per the CMS rule, facilities identified that are included in this policy and for whom staff are applicable include Intermediate Care Facilities (group homes and day) programs, Facility Based Crisis Programs, and Outpatient offices.

DEFINTIONS:

Fully Vaccinated:

- 2 weeks after their second dose in a 2-dose series, such as the Pfizer or Moderna vaccines, or
- 2 weeks after a single-dose vaccine, such as Johnson & Johnson's Janssen vaccine

Required Staff Applicability:

Regardless of clinical responsibility or client contact, the policies and procedures apply to the following facility staff, who provide any care, treatment, or other services for the facility and/or its clients:

- a) Facility employees;
- b) Licensed practitioners;
- c) Students, trainees, and volunteers; and
- d) Individuals who provide care, treatment, or other services for the facility and/or its clients, under contract or by other arrangement.

The policies and procedures do not apply to the following facility staff:

- a) Staff who exclusively provide telehealth or telemedicine services outside of the facility setting and who do not have any direct contract with clients and other staff listed above; and
- b) Staff who provide support services for the facility that are performed exclusively outside of the facility setting <u>and</u> who do not have any direct contact with clients and other staff listed above.

PROCEDURE:

Monarch will ensure all required staff are fully vaccinated as defined above.

Precautions intended to mitigate the transmission and spread of COVID-19 as outlined in the Employment During COVID-19 Policy will remain in place.

Human Resources will track and securely document COVID-19 vaccination status (to include booster vaccinations) of all required staff. This information will be uploaded per the <u>Uploading Proof of COVID-19 Vaccination SOP</u>. Human Resources will maintain cards and card verification, as well as the sole determination of whether a card is valid or if further investigation is warranted. i.e. if a card does not have a manufacturers list, but has a valid lot number, and there are no other indicators that the card has been falsified, it will likely be approved.

Staff desiring an exemption (faith-based, medical or remote-worker exemption) should use the following link to request the exemption. Exemption information will be maintained and tracked in the employee's personnel file found in the agencies human resource information system (HRIS).

Requesting COVID-19 Vaccination Exemption SOP.

Staff who have been granted an exemption to receiving the COVID-19 vaccination may be required to test weekly. Weekly test information will be uploaded to their medical portion of the personnel file in the agency's human resource information system.

Human Resource will review all exemption requests (including temporary exemption requests) and determine approvals based on the provided information in accordance with all applicable State and local laws. Managers will be notified in the event someone is unable to work in a site due to a denied exemption.

Unvaccinated/ or not fully vaccinated employees will not be allowed to work in the CMS designated sites. They will be offered an open position, should one exist, or have their employment terminated.