

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: MHL026-889	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED R 03/14/2022
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NAME OF PROVIDER OR SUPPLIER FRESH START RESIDENTIAL FACILITY, INC #3	STREET ADDRESS, CITY, STATE, ZIP CODE 2639 DUMBARTON ROAD FAYETTEVILLE, NC 28306
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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETE DATE
V 000	<p>INITIAL COMMENTS</p> <p>An annual and follow up survey was completed on March 14, 2022. Deficiencies were cited.</p> <p>This facility is licensed for the following service category: 10A NCAC 27G .5600C Supervised Living for Adults with Developmental Disabilities.</p> <p>This facility is licensed for 4 and currently has a census of 4. The survey sample consisted of audits of 3 current clients.</p>	V 000		
V 114	<p>27G .0207 Emergency Plans and Supplies</p> <p>10A NCAC 27G .0207 EMERGENCY PLANS AND SUPPLIES</p> <p>(a) A written fire plan for each facility and area-wide disaster plan shall be developed and shall be approved by the appropriate local authority.</p> <p>(b) The plan shall be made available to all staff and evacuation procedures and routes shall be posted in the facility.</p> <p>(c) Fire and disaster drills in a 24-hour facility shall be held at least quarterly and shall be repeated for each shift. Drills shall be conducted under conditions that simulate fire emergencies.</p> <p>(d) Each facility shall have basic first aid supplies accessible for use.</p> <p>This Rule is not met as evidenced by: Based on record review and interviews, the facility failed to ensure fire and disaster drills were held quarterly and repeated on each shift. The findings are:</p> <p>Review on 03/10/22 of facility records for 2021</p>	V 114		

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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE _____ TITLE _____ (X6) DATE _____

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V 114	<p>Continued From page 1</p> <p>revealed:</p> <ul style="list-style-type: none"> - No fire drills documented on 2nd shift for the 1st and 2nd quarter of 2021. - No disaster drills documented for 2nd shift during for the 1st quarter of 2021. - No disaster drill documented for 1st shift during the 2nd quarter of 2021. <p>Interview on 03/10/22 staff #1 stated:</p> <ul style="list-style-type: none"> - 1st shift is from 8am to 4pm. - 2nd shift is from 4pm to 12 midnight. - 3rd shift is from 12 midnight to 8am. - The hours for the shifts may fluctuate at times. <p>Interview on 03/10/22 the Qualified Professional stated:</p> <ul style="list-style-type: none"> - 1st shift is from 8am to 4pm. - 2nd shift is from 4pm to 12 midnight. - 3rd shift is from 12 midnight to 8am - She understood the fire and disaster drills should be completed quarterly and repeated on each shift. - She would follow up on the drills at the facility. 	V 114		
V 118	<p>27G .0209 (C) Medication Requirements</p> <p>10A NCAC 27G .0209 MEDICATION REQUIREMENTS</p> <p>(c) Medication administration:</p> <p>(1) Prescription or non-prescription drugs shall only be administered to a client on the written order of a person authorized by law to prescribe drugs.</p> <p>(2) Medications shall be self-administered by clients only when authorized in writing by the client's physician.</p> <p>(3) Medications, including injections, shall be administered only by licensed persons, or by unlicensed persons trained by a registered nurse,</p>	V 118		

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V 118	<p>Continued From page 2</p> <p>pharmacist or other legally qualified person and privileged to prepare and administer medications. (4) A Medication Administration Record (MAR) of all drugs administered to each client must be kept current. Medications administered shall be recorded immediately after administration. The MAR is to include the following: (A) client's name; (B) name, strength, and quantity of the drug; (C) instructions for administering the drug; (D) date and time the drug is administered; and (E) name or initials of person administering the drug. (5) Client requests for medication changes or checks shall be recorded and kept with the MAR file followed up by appointment or consultation with a physician.</p> <p>This Rule is not met as evidenced by: Based on record reviews and interviews, the facility failed to keep the MARs current affecting three of three audited clients (#1, #2 and #3). The findings are:</p> <p>Finding #1: Review on 03/10/22 of client #1's record revealed: - 47 year old female. - Admission date of 05/03/10. - Diagnoses of Mild to Moderate Intellectual Developmental Disability (IDD), Depressive Disorder, Schizoaffective Disorder and Diabetes Mellitus.</p>	V 118		

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V 118	<p>Continued From page 3</p> <p>Review on 03/10/22 and 03/14/22 of client #1's signed medication orders revealed:</p> <ul style="list-style-type: none"> - 11/05/21 - Benztropine (treats Parkinson's Disease symptoms) 0.5 milligrams (mg) - take one tablet twice daily. - 10/25/21 - Buspar (anti anxiety) 15mg - take one tablet three times daily. - 02/14/22 - Olanzapine (antipsychotic) 10mg - take one tablet twice daily. - 12/21/21 - Zolpidem (sleep aid) 10mg - take 1 and 1/2 tablets every day. <p>Review on 03/10/22 of client #1's January 2022 thru March 2022 revealed the following blanks:</p> <p>January 2022</p> <ul style="list-style-type: none"> - Zoldipem - 1/01/22 thru 01/31/22. <p>February 2022</p> <ul style="list-style-type: none"> - Zoldipem - 02/01/22 thru 02/28/22. <p>March 2022</p> <ul style="list-style-type: none"> - Zoldipem - 03/01/22 thru 03/09/22. - Benztropine - 03/05/22 at 8pm. - Buspar - 03/05/22 and 03/09/22 at 8pm. - Olanzapine - 03/05/22 and 03/09/22 at 8pm. <p>Interview on 03/10/22 client #1 stated she received her medications daily as ordered.</p> <p>Finding #2:</p> <p>Review on 03/10/22 of client #2's record revealed:</p> <ul style="list-style-type: none"> - 37 year old female. - Admission date of 07/31/17. - Diagnoses of Impulsive Control Disorder, Severe IDD and Intermittent Explosive Disorder. <p>Review on 03/10/22 and 03/14/22 of client #2's signed medication orders revealed:</p> <ul style="list-style-type: none"> - 10/25/21 - Divalproex (Depakote) (treats 	V 118		

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V 118	<p>Continued From page 4</p> <p>seizures) 500mg - take 3 tablets at bedtime. - 11/24/21 - Prevident (used to prevent cavities and tooth decay) use twice daily. - 01/26/22 - Quetiapine (antipsychotic) 200mg - take 4 tablets total daily. - 02/04/22 - Topiramate (Topamax) (treats seizures) - take 3 tablets daily.</p> <p>Review on 03/10/22 of client #2's March 2022 MAR revealed the following blanks: - Divalproex - 03/09/22 at 8pm. - Prevident - 03/09/22 at 8pm. - Quetiapine - 03/09/22 at 8pm. - Topiramate - 03/09/22 at 8pm.</p> <p>Interview on 03/10/22 client #2 stated she received her medications daily as ordered.</p> <p>Finding #3: Review on 03/10/22 of client #3's record revealed: - 27 year old female. - Admission date of 08/07/08. - Diagnoses of Moderate IDD, Schizoaffective Disorder, Learning Disability and Mood Disorder.</p> <p>Review on 03/10/22 and 03/14/22 of client #3's signed physician orders revealed: - 11/23/21 - Divalproex 750mg - once daily. - 04/05/21 - Ferrous Sulfate (iron) 325mg - once daily and Loratadine (treats allergies) 10mg - once daily. - 11/22/21 - Perphenazine (antipsychotic) 16mg - take twice daily. - 09/08/21 - Quetiapine 150mg - take once daily.</p> <p>Review on 03/10/22 of client #3's March 2022 revealed the following blanks: - Divalproex - 03/05/22 and 03/09/22. - Ferrous Sulfate - 03/05/22 and 03/09/22.</p>	V 118		

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V 118	<p>Continued From page 5</p> <ul style="list-style-type: none"> - Loratadine - 03/05/22 and 03/09/22. - Quetiapine - 03/05/22 and 03/09/22. <p>Interview on 03/10/22 client #3 stated she received her medications daily as ordered.</p> <p>Interview on 03/10/22 the Qualified professional stated:</p> <ul style="list-style-type: none"> - All clients had received their medications as ordered. - She checked the MARs every week. - She would ensure staff documented administration of medications as required. 	V 118		