

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: MHL097-071	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED 01/28/2022
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NAME OF PROVIDER OR SUPPLIER SPARTA ROAD HOME	STREET ADDRESS, CITY, STATE, ZIP CODE 77 SPARTA ROAD NORTH WILKESBORO, NC 28659
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V 000	<p>INITIAL COMMENTS</p> <p>An annual and complaint survey was completed on 1/28/22. The complaint was unsubstantiated (intake #NC 00182801). Deficiencies were cited.</p> <p>This facility is licensed for the following service category: 10A NCAC 27G .5600C Supervised Living for Adults with Developmental Disability.</p> <p>The survey sample consisted of audits of 3 current clients.</p>	V 000		
V 118	<p>27G .0209 (C) Medication Requirements</p> <p>10A NCAC 27G .0209 MEDICATION REQUIREMENTS</p> <p>(c) Medication administration:</p> <p>(1) Prescription or non-prescription drugs shall only be administered to a client on the written order of a person authorized by law to prescribe drugs.</p> <p>(2) Medications shall be self-administered by clients only when authorized in writing by the client's physician.</p> <p>(3) Medications, including injections, shall be administered only by licensed persons, or by unlicensed persons trained by a registered nurse, pharmacist or other legally qualified person and privileged to prepare and administer medications.</p> <p>(4) A Medication Administration Record (MAR) of all drugs administered to each client must be kept current. Medications administered shall be recorded immediately after administration. The MAR is to include the following:</p> <p>(A) client's name;</p> <p>(B) name, strength, and quantity of the drug;</p> <p>(C) instructions for administering the drug;</p> <p>(D) date and time the drug is administered; and</p> <p>(E) name or initials of person administering the drug.</p>	V 118		

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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE _____ TITLE _____ (X6) DATE _____

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V 118	<p>Continued From page 1</p> <p>(5) Client requests for medication changes or checks shall be recorded and kept with the MAR file followed up by appointment or consultation with a physician.</p> <p>This Rule is not met as evidenced by: Based on record reviews, interviews and observations, the facility failed to ensure that medications were administered to a client only on the written order of a physician and that medications were recorded immediately after administration affecting 3 of 3 current clients (#1, #2, and #3). The findings are:</p> <p>Review on 1/24/22 and 1/25/22 of Client #1's record revealed: -admitted on 2/13/17 -diagnoses of Intellectual Developmental Disability (IDD), moderate; Bipolar Disorder (d/o), History of Constipation, Acid Reflux, and Childhood Seizures.</p> <p>Review on 1/25/22 and 1/27/22 of the physician orders for Client #1 revealed: -the following medications were ordered 1/10/21: --Chlorpromazine (antipsychotic) 100 milligrams (mg) one tablet three times per day (TID) --Divalproex (anticonvulsant) 500mg 3 tablets at bedtime (qhs) --Fluvoxamine (antidepressant) 25mg one tablet twice a day (BID) --Linzess (gastrointestinal) 290 micrograms (mcg) one capsule daily (qd) --Neutrogena T/Sal 3% shampoo apply topically</p>	V 118		

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V 118	<p>Continued From page 2</p> <p>to affected area daily</p> <ul style="list-style-type: none"> --Oxcarbazepine (anticonvulsant) 300mg one tablet BID -Benzotropine (anti-Parkinson) 1 milligram tablet BID ordered 1/20/21 -Thermo tablets (electrolyte) one tablet BID ordered 10/28/21 -Ferrous sulfate (anemia) 325mg one tablet qd ordered 10/28/21 -Loratadine (antihistamine) 10mg one tablet qd ordered 5/5/20 -Metamucil fiber singles (laxative), mix 1 capsule in 240 milliliters of water and give BID ordered 10/5/20 -Neutro moist sun protection factor (spf) 15, apply topically to the affected area of face daily after bath ordered 11/4/19 -Olanzapine (antipsychotic) 2.5mg one tablet BID ordered 4/29/21 -Olanzapine (antipsychotic) 5 mg one tablet qhs 4/29/21 -Vitamin B-12 2500mcg one tablet qd ordered 9/3/19 -Lorazepam (anti-anxiety) 0.5mg one tablet BID for 7 days ordered 11/9/21 -Augmentin XR 1000/62.5mg take 2 tablets BID for 10 days ordered 10/21/21. <p>Review on 1/24/22 and 1/25/22 of Client #1's MARs for November and December 2021 and January 2022 revealed:</p> <ul style="list-style-type: none"> -Vitamin D-3 2000 units one capsule daily administered 11/1/21- 1/24/22 without a written physician's order -Amoxicillin 875/125mg one tablet BID administered 11/29/21 to 1/9/22 without a written physician's order -there was a handwritten note that the Thermo tablets had been discontinued but there was no discontinuation order in the chart 	V 118		

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V 118	<p>Continued From page 3</p> <p>-there were no initials on 12/30/21 indicating that the 8:00pm dose was administered for Bzntropine 1 mg, Divalproex 500mg, Fluvoxamine 25mg, Metamucil single, Olanzapine 2.5 mg, Olanzapine 5mg, Oxcarbazepine 300mg, and Amoxicillin 875/125mg</p> <p>-there were no initials on 12/30/21 indicating that the 3:00pm and 8:00pm doses were administered for Chlorpromazine 100 mg.</p> <p>Interview on 1/24/22 with Client #1 revealed: -he did not respond to questions regarding his medications; he wanted to talk about his music.</p> <p>Review on 1/24/22 and 1/25/22 of Client #2's record revealed: -admitted on 12/21/13 -diagnoses of Schizoaffective d/o, Eating d/o, Depression, Obsessive Compulsive d/o, Moderate IDD, History of Pulmonary Embolism, Hiatal Hernia, Gastroesophageal Reflux Disease (GERD), Constipation, and Appendectomy.</p> <p>Review on 1/25/22 of physician orders for Client #2 revealed: -physician orders dated 10/5/21 for the following medications: --Alendronate (endocrine)70mg one tablet once per week on Mondays --Aspirin chew 81mg chew one tablet daily --Atorvastatin 10mg one tab qhs --Bzntropine (anti-Parkinson) 0.5mg one tablet BID --Calcium/Vitamin D3 600mg/400u one tablet BID --Divalproex 500mg 2 tablets qhs --Eszopiclone (sleep) 2mg one tablet qhs --Latuda (psychosis) 60mg one tablet BID --Olanzapine (psychosis)20mg 2 tablets qhs --Rexulti (schizoaffective) 3mg one tablet daily</p>	V 118		

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V 118	<p>Continued From page 4</p> <p>-Hydroxyzine 25mg take 2 capsules qhs order dated 8/25/20.</p> <p>Review on 1/24/22 and 1/25/22 of Client's #2's MARs for November and December 2021 and January 2022 revealed:</p> <p>-there were no initials on 12/30/21 indicating that the 8:00pm doses were administered for Atorvastatin 10mg, Benzotropine 0.5mg, Calcium/Vitamin D3 600mg/400u, Divalproex 500mg, Eszopiclone 2mg, Latuda 60mg, and Olanzapine 20mg</p> <p>-there were no initials on 12/30/21 and 12/31/21 indicating the daily dose of Hydroxyzine 25mg was administered</p> <p>-there were no initials on 11/30/21 indicating the daily dose of Aspirin 81mg was administered</p> <p>-there were no initials on 11/15/21 and 1/17/22 indicating that the weekly dose of Alendronate 70mg was administered</p> <p>-there was no explanation on the MAR for the missed medications.</p> <p>Review on 1/27/22 of medication error reports for Client #2 revealed:</p> <p>-an error report was completed for the 1/17/22 missed dose for Alendronate</p> <p>-error reports were not completed for any other missed medications.</p> <p>Interview on 1/24/22 with Client #2 revealed:</p> <p>-she took medication and she took her medication "when I am supposed to."</p> <p>Review on 1/24/22 and 1/25/22 of Client #3's record revealed:</p> <p>-admitted on 12/21/13</p> <p>-diagnoses of Intermittent Explosive d/o, Schizophrenia- disorganized type, Major Depression, Psychotic d/o, Oppositional Defiant</p>	V 118		

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V 118	<p>Continued From page 5</p> <p>disorder, Mild IDD, Enuresis, Hemorrhoids, Hypertension.</p> <p>Review on 1/25/22 and 1/27/22 of physician's orders dated 8/20/21 for Client #3 revealed:</p> <ul style="list-style-type: none"> -Bupropion (depression) 300mg XL one tablet in the morning -Ciclopirox gel (dermatological) 0.77% apply to face BID -Levocetirizine (antihistamine) 5mg one tab daily -Lisinopril (hypertension) 10mg one tablet daily -Metronidazole cream 0.75% apply to face BID -Mirtazapine (depression) 30mg one tablet at bedtime -Polyeth glycol (constipation) mix 17grams in 4 to 8 ounces of liquid and drink three times per week -Quetiapine (psychosis) 100mg one tablet in the morning -Quetiapine (psychosis) 400mg one tablet every evening -Ciclopirox shampoo 1% apply to scalp and leave on for 3 minutes then rinse off at bedtime -Vitamin D3 50mcg take 2 tablets by mouth daily <p>Review on 1/24/22 and 1/25/22 of Client #3's November and December 2021 and January 2022 MARs revealed:</p> <ul style="list-style-type: none"> -there were no initials on 11/30/21 indicating that the 8:00pm doses were administered for Ciclopirox gel 0.77%, Metronidazole cream 0.75%, Ciclopirox Shampoo 1% and Mirtazapine 30mg -there were no initials on 12/30/21 indicating that the evening dose of Ciclopirox gel 0.77%, Metronidazole cream 0.75%, Ciclopirox Shampoo 1% Mirtazapine 30mg, and Quetiapine 400mg were administered -there were no initials on 12/15/21 indicating the daily dose of Lisinopril 10mg was administered -Hydromet 5/1.5mg syrup, 5 mls by mouth daily 	V 118		

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V 118	<p>Continued From page 6</p> <p>as needed for up to 10 days was administered 11/24/21 to 11/7/21 without a written physician's order</p> <p>-there was no explanation on the MAR explaining the missed medications.</p> <p>Interview on 1/24/22 with Client #3 revealed:</p> <p>-he takes medications but could not recall the names of the medications</p> <p>-staff give him his medication when it's time; he didn't know if he missed any doses.</p> <p>Interview with the Resident Team Lead (RTL) on 1/24/22 revealed:</p> <p>-she has overseen this facility for 18 years</p> <p>-if there were missing initials on the MAR, staff were to complete a medication error report</p> <p>-if there was a blank on the MAR from the previous shift, staff knew if the client didn't receive their medication because the pill would still be in the bubble pack.</p> <p>Interview on 1/24/22 and 1/26/22 with Staff #1 revealed:</p> <p>-she has worked at the facility for approximately three years</p> <p>-if she noticed a blank on the MAR, she notified the RTL or the staff who missed initialing</p> <p>-she would know if the medication wasn't given because the pill would still be in the bubble pack for that dose</p> <p>-if the staff person didn't give the medication then that was considered a medication error and there was a form to complete.</p> <p>Interviews on 1/25/22, 1/26/22 and 1/27/22 with the Qualified Professional (QP) revealed:</p> <p>-she spoke with the RTL and the staff who worked 2nd shift on 12/30/21 stated she gave the medications to clients but must not have</p>	V 118		

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V 118	<p>Continued From page 7</p> <p>documented on the MAR</p> <ul style="list-style-type: none"> -a staff person on the next shift would know if a client didn't receive their medication because they would see the pill from the previous dose in the bubble pack -it is agency policy to complete a medication error report if that were to occur which is given to nursing staff -it is agency policy that any extra medications in the bubble packs at the end of the cycle are returned to nursing -she verified with nursing staff that the medications were returned to the pharmacy for disposal -she completed an in-service training on 1/26/22 reviewing company policy on initialing for medications immediately after administration and completing the medication error report form. <p>Due to the failure to accurately document medication administration it could not be determined if clients received their medication as ordered by the physician.</p>	V 118		
V 123	<p>27G .0209 (H) Medication Requirements</p> <p>10A NCAC 27G .0209 MEDICATION REQUIREMENTS</p> <p>(h) Medication errors. Drug administration errors and significant adverse drug reactions shall be reported immediately to a physician or pharmacist. An entry of the drug administered and the drug reaction shall be properly recorded in the drug record. A client's refusal of a drug shall be charted.</p>	V 123		

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V 123	<p>Continued From page 8</p> <p>This Rule is not met as evidenced by: Based on record reviews and interviews, the facility failed to report medication errors immediately to a physician or pharmacist affecting 3 of 3 current clients (#1, #2, and #3). The findings are:</p> <p>Review on 1/24/22 and 1/25/22 of Client #1's record revealed: -admitted on 2/13/17 -diagnoses of Intellectual Developmental Disability (IDD), moderate, Bipolar Disorder (d/o), History of Constipation, Acid Reflux, and Childhood Seizures.</p> <p>Review on 1/25/22 and 1/27/22 of physician orders for Client #1 revealed: -Benzotropine (anti-Parkinson) 1 milligram (mg) one tablet twice a day (BID) ordered 1/20/21 -Chlorpromazine (antipsychotic) 100 mg one tablet three times per day (TID) ordered 1/10/21 -Divalproex (seizures/bipolar) 500 mg 3 tablets at bedtime (qhs) ordered 1/10/21 -Fluvoxamine (depression) 25mg one tablet BID ordered 1/10/21 -Metamucil fiber singles (laxative), mix 1 capsule in 240 milliliters (ml) of water and give BID ordered 10/5/20 -Olanzapine (antipsychotic) 2.5mg one tablet BID ordered 4/29/21 -Olanzapine (antipsychotic) 5 mg one tablet qhs ordered 4/29/21 -Oxcarbazepine (seizures/bipolar) 300mg one tablet BID ordered 1/10/21.</p> <p>Review on 1/24/22 and 1/25/22 of Client #1's MARs for November and December 2021 and</p>	V 123		

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V 123	<p>Continued From page 9</p> <p>January 2022 revealed: -there were no initials on 12/30/21 indicating that the 8:00pm dose was administered for Benztropine 1 mg, Divalproex 500mg, Fluvoxamine 25mg, Metamucil single, Olanzapine 2.5 mg, Olanzapine 5mg, Oxcarbazepine 300mg, and Amoxicillin 875/125 -there were no initials on 12/30/21 indicating that the 3:00pm and 8:00pm doses were administered for Chlorpromazine 100 mg -no evidence that the facility contacted the pharmacy or the physician.</p> <p>Review on 1/24/22 and 1/25/22 of Client #2's record revealed: -admitted on 12/21/13 -diagnoses of Schizoaffective d/o, Eating d/o, Depression, Obsessive Compulsive d/o, Moderate IDD, History of Pulmonary Embolism, Hiatal Hernia, Gastroesophageal Reflux Disease (GERD), Constipation, and Appendectomy</p> <p>Review on 1/25/22 of physician orders for Client #2 revealed: -physician orders dated 10/5/21 for the following medications: -Alendronate (endocrine) 70mg one tablet once per week on Mondays -Aspirin chew 81mg one tablet daily -Atorvastatin 10mg one tab qhs -Benztropine (anti-Parkinson) 0.5mg one tablet BID -Calcium/Vitamin D3 600mg/400u one tablet BID -Divalproex 500mg 2 tablets qhs Eszopiclone (sleep) 2mg one tablet qhs -Latuda (psychosis) 60mg one tablet BID -Olanzapine (psychosis) 20mg 2 tablets qhs -Hydroxyzine 25mg take 2 capsules qhs order dated 8/25/20.</p>	V 123		

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V 123	<p>Continued From page 10</p> <p>Review on 1/24/22 and 1/25/22 of Client's #2's MARs for November and December 2021 and January 2022 revealed:</p> <ul style="list-style-type: none"> -there were no initials on 12/30/21 indicating that the 8:00pm doses were administered for Atorvastatin 10mg, Benzotropine 0.5mg, Calcium/Vitamin D3 600mg/400u, Divalproex 500mg, Eszopiclone 2mg, Latuda 60mg, and Olanzapine 20mg -there were no initials on 12/30/21 and 12/31/21 indicating the daily dose of Hydroxyzine 25mg was administered -there were no initials on 11/30/21 indicating the daily dose of Aspirin 81mg was administered -there were no initials on 11/15/21 and 1/17/22 indicating that the weekly doses of Alendronate 70mg had been administered -a medication error report was completed for the 1/17/22 missed dose of Alendronate; it was signed by the facility's Licensed Practical Nurse (LPN) but the physician was not notified -no evidence that staff contacted a pharmacy or the physician. <p>Review on 1/24/22 and 1/25/22 of Client #3's record revealed:</p> <ul style="list-style-type: none"> -admitted on 12/21/13 -diagnoses of Intermittent Explosive d/o, Schizophrenia- disorganized type, Major Depression, Psychotic d/o, Oppositional Defiant disorder, Mild IDD, Enuresis, Hemorrhoids, Hypertension. <p>Review on 1/25/22 and 1/27/22 of physician's orders dated 8/20/21 for Client #3 revealed:</p> <ul style="list-style-type: none"> -Ciclopirox gel (dermatological) 0.77% apply to face BID -Lisinopril (hypertension) 10mg one tablet daily -Metronidazole cream 0.75% apply to face BID 	V 123		

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V 123	Continued From page 11 -Mirtazapine (depression) 30mg one tablet qhs -Quetiapine (psychosis) 400mg one tablet every evening -Ciclopirox shampoo 1% apply to scalp and leave on for 3 minutes then rinse off at bedtime Review on 1/24/22 and 1/25/211 of Client #3's November and December 2021 and January 2022 MARs revealed: -there were no initials on 11/30/21 indicating that the 8:00pm doses were administered for Ciclopirox gel 0.77%, Metronidazole cream 0.75%, Ciclopirox Shampoo 1% and Mirtazapine 30mg -there were no initials on 12/30/21 indicating that the evening dose of Ciclopirox gel 0.77%, Metronidazole cream 0.75%, Ciclopirox Shampoo 1% Mirtazapine 30mg, and Quetiapine 400mg were administered -there were no initials on 12/15/21 indicating the daily dose of Lisinopril 10mg was administered -no evidence that the facility contacted a pharmacist or the physician. Interview on 1/25/22 and 1/26/22 with the QP revealed: -staff were expected to complete a medication error report and forward it to nursing for review -she sent an in-service training form to staff on 1/26/22 regarding the medication policy, completing a medication error report before the end of the shift and notifying nursing staff immediately.	V 123		
V 736	27G .0303(c) Facility and Grounds Maintenance 10A NCAC 27G .0303 LOCATION AND EXTERIOR REQUIREMENTS (c) Each facility and its grounds shall be	V 736		

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: MHL097-071	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED 01/28/2022
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V 736	<p>Continued From page 12</p> <p>maintained in a safe, clean, attractive and orderly manner and shall be kept free from offensive odor.</p> <p>This Rule is not met as evidenced by: Based on observations and interviews, the facility was not maintained in a safe, clean and attractive manner. The findings are:</p> <p>Observations at 5:09pm and 5:35pm on 1/24/22 revealed:</p> <ul style="list-style-type: none"> -there was a brown, rust like substance on 3 vents throughout the facility which included: <ul style="list-style-type: none"> -a vent measuring approximately 2 feet x 6 inches on the wall near the dining room table -a vent measuring appropriately 2 feet x 2 feet on the wall under a closet door in the kitchen -a vent on the wall in Client #1's bathroom measuring approximately 12 inches by 6 inches -a ceiling vent in the living room measuring approximately 3 feet x 3 feet had what appeared to be dust covering the majority of the vent -a round dinner plate size metal piece on the wall in the living room was separated from the wall and appeared to cover a vent pipe -there was an approximately 2 inch round hole near the base of the door located between the living room and kitchen -the bathroom on the right side of the hall had a cracked toilet seat -the bathroom in Client #1's room was missing the toilet tank lid -the exterior frame of the large picture window on the front of the facility measuring approximately 4 feet x 8 feet had peeling paint around the entire frame. 	V 736		

Division of Health Service Regulation

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V 736	Continued From page 13 Interview on 1/24/22 and 1/28/22 with the Residential Team Lead (RTL) revealed: -this was the only facility that the agency leased and not owned -the Direct Support Mentor (DSM) put in the work order approximately 3 to 4 weeks ago for the toilet tank lid and approximately in the last 2 weeks to replace the cracked toilet seat -she will follow up with maintenance about the vents -their maintenance person retired but is working part time.	V 736		