

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: MHH0976	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED 09/27/2021
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NAME OF PROVIDER OR SUPPLIER CAROLINA DUNES BEHAVIORAL CENTER	STREET ADDRESS, CITY, STATE, ZIP CODE 2050 MERCANTILE DRIVE LELAND, NC 28451
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V 000	<p>INITIAL COMMENTS</p> <p>A complaint and follow up survey was completed on September 27, 2021. The complaints were unsubstantiated (intake #NC00181080, #NC00181283, #NC00180746, #NC00180910, #NC00180900, #NC00180881, #NC00180790, #NC00181195, #NC00180857). Deficiencies were cited.</p> <p>This facility is licensed for the following service category: 10A NCAC 27G .1900 Psychiatric Residential Treatment Facility for Children and Adolescents.</p>	V 000		
V 315	<p>27G .1902 Psych. Res. Tx. Facility - Staff</p> <p>10A NCAC 27G .1902 STAFF</p> <p>(a) Each facility shall be under the direction a physician board-eligible or certified in child psychiatry or a general psychiatrist with experience in the treatment of children and adolescents with mental illness.</p> <p>(b) At all times, at least two direct care staff members shall be present with every six children or adolescents in each residential unit.</p> <p>(c) If the PRTF is hospital based, staff shall be specifically assigned to this facility, with responsibilities separate from those performed on an acute medical unit or other residential units.</p> <p>(d) A psychiatrist shall provide weekly consultation to review medications with each child or adolescent admitted to the facility.</p> <p>(e) The PRTF shall provide 24 hour on-site coverage by a registered nurse.</p>	V 315		

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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE _____ TITLE _____ (X6) DATE _____

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V 315	<p>Continued From page 1</p> <p>This Rule is not met as evidenced by: Based on record review and interviews, the facility failed to ensure at least 2 direct care staff were present with every 6 children or adolescents at all times. The findings are:</p> <p>Review on 9/23/21 of the "Facility Daily Staffing Sheet" dated 9/23/21 for 1st shift revealed: -3 staff worked on 100 Hall. -3 staff worked on 400 Hall.</p> <p>Review on 9/23/21 of the client census of the facility dated 9/23/21 revealed: -There were 11 residents on 100 hall. -There were 12 residents on 400 hall.</p> <p>Interview on 9/24/21 client #4 stated: -There were typically 2 to 3 staff per shift. -There were rarely 4 staff per shift. -There were 12 residents.</p> <p>Interview on 9/24/21 client #5 stated: -There were 2 to 3 staff per shift. -There were as few as 9 residents and as many as 12 to 13 residents.</p> <p>Interview on 9/24/21 client #6 stated: -There were 2 to 4 staff per shift. -Most of the time there were 2 staff per shift. -There were 12 residents on his hall.</p> <p>Interview on 9/24/21 client #8 stated: -There were 1 to 4 staff per shift. -Morning shift typically had 2 to 3 staff. -Afternoon 2nd shift typically had 2 to 4 staff. -There were 12 residents on the hall.</p> <p>Interview on 9/27/21 staff #2 stated: -He worked 2nd shift 3pm-11pm. -There were 2 to 4 staff per shift.</p>	V 315		

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V 315	Continued From page 2 Interview on 9/27/21 Director of Quality & Risk Management stated: -Client admissions had been reduced and capped, in an effort to remain compliant with required staffing ratios.	V 315		
V 522	27E .0104(e10) Client Rights - Sec. Rest. & ITO 10A NCAC 27E .0104 SECLUSION, PHYSICAL RESTRAINT AND ISOLATION TIME-OUT AND PROTECTIVE DEVICES USED FOR BEHAVIORAL CONTROL (e) Within a facility where restrictive interventions may be used, the policy and procedures shall be in accordance with the following provisions: (10) The emergency use of restrictive interventions shall be limited, as follows: (A) a facility employee approved to administer emergency interventions may employ such procedures for up to 15 minutes without further authorization; (B) the continued use of such interventions shall be authorized only by the responsible professional or another qualified professional who is approved to use and to authorize the use of the restrictive intervention based on experience and training; (C) the responsible professional shall meet with and conduct an assessment that includes the physical and psychological well-being of the client and write a continuation authorization as soon as possible after the time of initial employment of the intervention. If the responsible professional or a qualified professional is not immediately available to conduct an assessment of the client, but concurs that the intervention is justified after discussion with the facility employee, continuation of the intervention may be verbally authorized	V 522		

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V 522	<p>Continued From page 3</p> <p>until an on-site assessment of the client can be made; (D) a verbal authorization shall not exceed three hours after the time of initial employment of the intervention; and (E) each written order for seclusion, physical restraint or isolation time-out is limited to four hours for adult clients; two hours for children and adolescent clients ages nine to 17; or one hour for clients under the age of nine. The original order shall only be renewed in accordance with these limits or up to a total of 24 hours.</p> <p>This Rule is not met as evidenced by: Based on record review and interviews, the facility failed to ensure each client with a restrictive intervention (RI) of more than 15 minutes had verbal and written authorization, as well as, a physical and mental well-being assessment by a qualified professional that extended the RI for 1 of 7 current audited clients (#6). The findings are:</p> <p>Review on 9/23/21-9/24/21 of client #6's record revealed: -13 year old male. -Admitted on 5/7/21. -Diagnoses of Bipolar Disorder, unspecified, Disruptive Mood Dysregulation Disorder and Oppositional Defiant Disorder.</p> <p>Review on 9/23/21 of the Facility's policy and procedure manual for seclusion and Physical or Chemical Restraint dated October 2015 revealed: -"After all reasonable attempts at lesser alternatives (least restrictive approach) to seclusion or restraint have been attempted, the Registered Nurse will consult with the psychiatrist who is provided to clear assessment of the</p>	V 522		

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V 522	<p>Continued From page 4</p> <p>patient's current status and the client's physical and psychological condition. Only Registered Nurses can obtain orders for restraint or seclusion...Seclusion used for the management of violent or self destructive behaviors that jeopardizes the immediate physical safety or the patient, a staff member, or others may only be renewed in accordance with the time and age limits within a 24 hour period...Children/Adolescents age 9 and above: Up to two hours...In the event the physical restraint or seclusion is extended, a new written or phone order must be obtained...continuous observations are documented at least every 15 minutes...Documentation includes any interventions provided and patients response to interventions...Seclusion will be documented by a registered nurse in the patient's medical record and will reflect justification, lesser restrictive measures attempted and failed to prior to restraint/seclusion, implementation, and outcome of procedure..."</p> <p>Review on 9/23/21 of the facility's MD Order Form Physical Restraint/Seclusion for client #6 dated 8/23/21 revealed: -Intervention initiated at 9:06. -"Reason for RI: Imminent risk of harm to others" -"Seclusion...Start date: 8/23/21 Start time: 0906 End date:8/23/21 End time: 1106" -There was no indication of a renewal order to continue seclusion.</p> <p>Review on 9/23/21 of the facility's restraint/seclusion monitoring sheet for client #6 dated 8/23/21 revealed: -"RN: Assess patient at initiation and every 15 minutes thereafter...Document monitoring of patient at least every 15 minutes." -"Time 0906...Mental Status 4(Threatening),</p>	V 522		
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V 522	<p>Continued From page 5</p> <p>5(Agitated)...Behavior 5 (Can't follow directions), 4 (Crying)..."</p> <p>-Time 1100...Mental Status 1(Oriented)...Behavior (Cooperative)..."</p> <p>-There was no additional monitoring times listed different from those listed above.</p> <p>-There was no indication monitoring occurred at least every 15 minutes.</p> <p>Interview on 9/24/21 client #6 stated:</p> <p>-Staff kept "putting me in the quiet room and giving me needle injections."</p> <p>-Staff did not call his grandmother when he was placed in a RI or seclusion.</p> <p>-Staff kept him in "the quiet room for an hour until around lunch time at 1pm."</p> <p>Interview on 9/24/21 the Director of Nursing stated:</p> <p>-Seclusion was used as a last resort.</p> <p>-A client who was too aggressive and unsafe to be held in a restraint safely may be placed in seclusion.</p> <p>-History and background were considered when a client was placed in seclusion.</p> <p>-Seclusions required a physician order, new order after 60 minutes, a Mental Health Technician at the seclusion door at all times and nurse checks every 15 minutes.</p> <p>-A flow sheet was used to document 15 minutes checks by the nurse.</p> <p>-Seclusions could not exceed 2 hours for children.</p> <p>-Former registered nurse (FRN) #1 requested seclusion for client #6 on 8/23/21.</p> <p>-There was no evidence FRN #1 completed 15 minute checks or requested a renewal order for seclusion.</p> <p>-FRN #1's contract ended on 9/14/21 and the facility chose not to renew the contract.</p>	V 522		

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V 522	Continued From page 6 -She reviewed charts from FRN #1 that had consistent use of seclusions. -She contacted the contracted agency of FRN #1 to report her chart findings and report FRN #1's performance.	V 522		
V 742	27G .0304(a) Privacy 10A NCAC 27G .0304 FACILITY DESIGN AND EQUIPMENT (a) Privacy: Facilities shall be designed and constructed in a manner that will provide clients privacy while bathing, dressing or using toilet facilities. This Rule is not met as evidenced by: Based on record reviews, observation and interviews, the facility failed to ensure facilities were designed in a manner that provided privacy while dressing for 2 of 7 current audited clients (#1, #2). The findings are: Finding #1 Review on 9/27/21 of client #1's record revealed: -15 year old female. -Admission date of 7/10/21. -Diagnosis of Major Depressive Disorder, recurrent severe without psychotic symptoms. Interview on 9/27/21 client #1 stated: -She resided at the facility for approximately 2 months. -She resided in room 104 for approximately 2 weeks. -She was without a door for the two weeks she had been in room 104. -She did not have a shower curtain and bathroom curtain for privacy for 2 weeks.	V 742		

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V 742	<p>Continued From page 7</p> <p>-She dressed herself in the bathroom.</p> <p>Finding #2 Review on 9/24/21 of client #2's record revealed: -13 year old female. -Admission date of 6/15/21. -Diagnosis of Major Depressive Disorder, recurrent, unspecific.</p> <p>Interview on 9/24/21 client #2 stated: -She resided at the facility for 3 months. -She resided in room 107. -She was without a room door for a couple of days. -She did not have a shower curtain and bathroom curtain for privacy for 2 months. -She dressed herself in the bathroom.</p> <p>Finding #3 Review on 9/23/21 of a facility's work order #20909 dated 7/8/21 revealed: -"Summary *Door is gone." -"Area * Resident Room - 104."</p> <p>Observation on 9/23/21 of the facility's client residential halls between 11:45am and 1pm revealed: -Room 104 and 107 were missing room doors, bathroom doors/curtains and shower curtains. -Room 206, 301, and 307 were missing bathroom doors/curtains and shower curtains.</p> <p>Interview between 9/23/21-9/27/21 the Environment of Care Director stated: -Room 104 and 107 did not have room doors. -Room 104's door was removed before she was employed at facility. -She was unsure when room 107's door was removed. -The doors were ordered and the facility received</p>	V 742		

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V 742	Continued From page 8 the doors the prior week. -The doors were in the process of being stained and would be installed in 3 to 4 days. -She would ensure bathroom door/curtains and shower curtains were replaced on 9/23/21. -The resident room doors for 104 and 107 had been replaced on 9/24/21.	V 742		