

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: MHL041-689	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED 07/09/2021
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NAME OF PROVIDER OR SUPPLIER M & M SPECIAL SERVICES	STREET ADDRESS, CITY, STATE, ZIP CODE 2621 GRIMSLEY STREET GREENSBORO, NC 27403
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V 000	<p>INITIAL COMMENTS</p> <p>An annual and follow up survey was completed on July 9, 2021. A deficiency was cited.</p> <p>This facility is licensed for the following service category: 10A NCAC 27G .5600C Supervised Living for Adults whose Primary Diagnosis is a Developmental Disability.</p>	V 000		
V 118	<p>27G .0209 (C) Medication Requirements</p> <p>10A NCAC 27G .0209 MEDICATION REQUIREMENTS</p> <p>(c) Medication administration:</p> <p>(1) Prescription or non-prescription drugs shall only be administered to a client on the written order of a person authorized by law to prescribe drugs.</p> <p>(2) Medications shall be self-administered by clients only when authorized in writing by the client's physician.</p> <p>(3) Medications, including injections, shall be administered only by licensed persons, or by unlicensed persons trained by a registered nurse, pharmacist or other legally qualified person and privileged to prepare and administer medications.</p> <p>(4) A Medication Administration Record (MAR) of all drugs administered to each client must be kept current. Medications administered shall be recorded immediately after administration. The MAR is to include the following:</p> <p>(A) client's name;</p> <p>(B) name, strength, and quantity of the drug;</p> <p>(C) instructions for administering the drug;</p> <p>(D) date and time the drug is administered; and</p> <p>(E) name or initials of person administering the drug.</p> <p>(5) Client requests for medication changes or checks shall be recorded and kept with the MAR file followed up by appointment or consultation</p>	V 118		

Division of Health Service Regulation LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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V 118	<p>Continued From page 1</p> <p>with a physician.</p> <p>This Rule is not met as evidenced by: Based on record reviews and interviews, the facility failed to maintain a current MAR for 1 of 2 clients (#2). The findings are:</p> <p>Review on 7/8/21 of client #2's record revealed: -An admission date of 8/1/2007 -Diagnoses of Moderate Intellectual Disabilities, Diabetes, Schizophrenia, Undifferentiated Type, High Blood Pressure, COPD, Congestive Heart Failure, Anxiety State (Unspecified), Emphysema, Gout, Obesity, Acute Respiratory Failure with Hypoxia, Acute Systolic Congestive Heart Failure, Post-Traumatic Osteoarthritis of Right Knee, Incontinence, Chronic Kidney Disease, State III (Moderate) and Nicotine Addiction -An assessment dated noting "intense supervision is essential to avert falls or injuries because he cannot bend one of his legs, needs his Blood Sugar Checked 3 times a day, needs daily reminders to make healthier choices, is able to communicate his point of view, enjoys art and drawing, spending time with his family, wants to improve and heighten his independence, quit smoking in April 2020, usually eats his food to fast and has a history of bedwetting and needs to take medication as prescribed and his leg was injured when he was 34 years old due to being hit by a car while crossing the street and walks with a limp." -A treatment plan, dated 3/1/21 noting "will be provided with three healthy food choices and then</p>	V 118		

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V 118	<p>Continued From page 2</p> <p>a verbal prompt to make a selection and commend him for acknowledging a healthier choice, will encourage him to review functional reading materials benefits of quitting smoking and diabetics and to learn how to maintain his blood sugars, will be prompted to slow down when he eats his food too fast, model how to eat slower and assist as needed, will learn to discuss of retaining his non-smoking stance and then remind him of his commitment to not smoke, maintaining blood sugars and good health, will recognize healthy foods, will exercise 30 minutes daily with the least amount of prompts to increase his mobility, will continue to research alternatives to sustain as a non-smoker to aid him with improving his health, will display culturally and socially normative manners within a variety of social or leisure settings, will practice daily problem-solving skills to enhance his safety and to exercise his rights in and out of the community, will participate in an alternative volunteer activity or health wellness awareness in the community/church."</p> <p>-A Physician's order, dated 5/26/21, for Novolin 70/30, Inject 35 units in the morning, 30 units in the evening and if above 200 increase to 3 units or under 100 decrease to 3 units.</p> <p>-A physician's order dated 5/26/21, to check blood sugars twice daily.</p> <p>Review on 7/8/21 of a physician's letter, dated 7/15/19, revealed: -"[To Whom It May Concern, [client #2] was seen in my clinic on 7/15/19. He is under my care. He is allowed to self-medicate with his Insulin."</p> <p>Review on 7/8/21 of client #2's MARs revealed: -No documentation of blood sugar checks twice daily -No documentation of Novolin 70/30 administered</p>	V 118		

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V 118	<p>Continued From page 3</p> <p>when blood sugars were above 200</p> <p>Review on 7/8/21 of client #2's calendar from May 1, 2021 to July 8, 2021 revealed: -On 5/7, 5/8, 5/11, 5/14 to 5/18, 5/20 to 5/25, 5/29 to 5/31, 6/1, 6/12, 6/17 to 6/19, 6/24 and 6/25, 7/1 to 7/8 only morning blood sugars were recorded -On 5/19 and 6/3, no blood sugars were recorded -On 5/5 and 5/26, only evening blood sugars were recorded</p> <p>Further review on 7/8/21 of client #2's calendar from May 1, 2021 to July 8, 2021, revealed: -Blood sugars were recorded over 200 on 5/5 263, 5/9 343, 5/12 351, 5/24 260, 5/28 225, 6/1 267, 6/2 275, 6/4/ 417, 6/11 370, 6/19 523, 6/20 357, 6/22 433, 6/24 433, 7/2 228 and 7/3 239 -No documentation of Novolin 70/30 units was recorded when blood sugars were over 200</p> <p>Interview on 7/8/21 with client #2 revealed: -Stated he administered his own Insulin as well as checking his blood sugars 2 times a day -Stated when his BS are too high, "I bring it down (Insulin) and if it is too low, I bring it up. Today my blood sugar (morning) was 176. I exercise by walking on the track with [staff #2] ..."</p> <p>Interview on 7/8/21 with the Licensee/Qualified Professional (L/QP) revealed: -Regarding blood sugar checks, the L/QP stated client #2 was to check them 2 times a day as well as giving himself the insulin shots. -Client #2 recorded his blood sugars on his calendar in his room. -"He knows when it (blood sugars) are too high and too low. We allow him to write down his BS on his calendar. He does not document them on the MAR. He has not had to be hospitalized due to his blood sugars. I will ensure staff is signing</p>	V 118		

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V 118	<p>Continued From page 4</p> <p>off on his blood sugars in the morning and the evening to ensure he is checking them. We will also record when he gives himself Insulin when his blood sugars are over 200."</p> <p>This is a re-cited standard level deficiency and must be corrected within 30 days.</p>	V 118		