



NC DEPARTMENT OF  
**HEALTH AND  
HUMAN SERVICES**

ROY COOPER • Governor  
MANDY COHEN, MD, MPH • Secretary  
MARK PAYNE • Director, Division of Health Service Regulation

December 11, 2019

Nick Hobbs, Director  
Resources for Human Development, Inc.  
10224 Durant Road, Ste 205  
Raleigh, NC 27614

Re: Annual and Follow Up Survey completed 11/26/19  
Varsity Crest #1, 1503 Crest Road Apt 101, Raleigh, NC 27606  
MHL #092-580  
E-mail Address: Nicholas.hobbs@rhd.org

Dear Mr. Hobbs:

Thank you for the cooperation and courtesy extended during the annual and follow up survey completed 11/26/19.

Enclosed you will find all deficiencies cited listed on the Statement of Deficiencies Form. The purpose of the Statement of Deficiencies is to provide you with specific details of the practice that does not comply with state regulations. You must develop one Plan of Correction that addresses each deficiency listed on the State Form, and return it to our office within ten days of receipt of this letter. Below you will find details of the type of deficiencies found, the time frames for compliance plus what to include in the Plan of Correction.

**Type of Deficiencies Found**

- Tag cited is a standard level deficiency.

**Time Frames for Compliance**

- Standard level deficiency must be corrected within 60 days from the exit of the survey, which is 1/26/20.

**What to include in the Plan of Correction**

- Indicate what measures will be put in place to *correct* the deficient area of practice (i.e. changes in policy and procedure, staff training, changes in staffing patterns, etc.).
- Indicate what measures will be put in place to *prevent* the problem from occurring again.
- Indicate *who will monitor* the situation to ensure it will not occur again.
- Indicate *how often* the monitoring will take place.
- Sign and date the bottom of the first page of the State Form.

Make a copy of the Statement of Deficiencies with the Plan of Correction to retain for your records.

Send the original completed form to our office at the following address within 10 days of receipt of this letter.

NC DEPARTMENT OF HEALTH AND HUMAN SERVICES • DIVISION OF HEALTH SERVICE REGULATION

LOCATION: 1800 Umstead Drive, Williams Building, Raleigh, NC 27603  
MAILING ADDRESS: 2718 Mail Service Center, Raleigh, NC 27699-2718  
www.ncdhhs.gov/dhsr • TEL: 919-855-3795 • FAX: 919-715-8078

AN EQUAL OPPORTUNITY / AFFIRMATIVE ACTION EMPLOYER

DHSR-Mental Health

DEC 27 2019

Lic. & Cert. Section

12/9/19  
Nicholas Hobbs  
Resources for Human Development, Inc.

Mental Health Licensure and Certification Section  
NC Division of Health Service Regulation  
2718 Mail Service Center  
Raleigh, NC 27699-2718

A follow up visit will be conducted to verify all violations have been corrected. If we can be of further assistance, please call Renee Kowalski-Ames at 919-552-6847.

Sincerely,



Kimberly Thigpen  
Facility Compliance Consultant I  
Mental Health Licensure & Certification Section

Cc: [DHSR@Alliancebhc.org](mailto:DHSR@Alliancebhc.org)  
Pam Pridgen, Administrative Assistant

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  MHL092-580	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____  B. WING: _____	(X3) DATE SURVEY COMPLETED  R 11/26/2019
--	--	--	---

NAME OF PROVIDER OR SUPPLIER  VARSITY CREST #1	STREET ADDRESS, CITY, STATE, ZIP CODE 1503 CREST ROAD, APT #101 RALEIGH, NC 27606
--	---

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETE DATE
--------------------	--	---------------	---	--------------------

V 000	<p><b>INITIAL COMMENTS</b></p> <p>An annual and follow up survey was completed on November 26, 2019. Deficiencies were cited.</p> <p>This facility is licensed for the following service category: 10A NCAC 27G .5600A Supervised Living for Adults with Mental Illness</p>	V 000		
V 736	<p>27G .0303(c) Facility and Grounds Maintenance</p> <p>10A NCAC 27G .0303 LOCATION AND EXTERIOR REQUIREMENTS (c) Each facility and its grounds shall be maintained in a safe, clean, attractive and orderly manner and shall be kept free from offensive odor.</p> <p>This Rule is not met as evidenced by: Based on interview and observation the facility failed to ensure the home was maintained in a safe and attractive manor. The findings are:</p> <p>Observation on 11/26/19 at 9:30 AM revealed the couch in the living area was sunken in the middle.</p> <p>During interview on 11/26/19 Staff #1 stated: -Client #1 who resided in the apartment liked to sleep on the couch. -Had prompted him many times to go to his bed to sleep. -The couch had recently sunk in due to his continued sleeping on it.</p> <p>During interview on 11/26/19 The Qualified Professional stated: -Client #1 had been refusing his medications and experiencing paranoia.</p>	V 736	<p>DHSR-Mental Health</p> <p>DEC 27 2019</p> <p>Lic. &amp; Cert. Section</p> <p>The cited couch in the living area will be removed by January 6, 2020. There remains another couch in the apartment for consumer use.</p> <p>Staff are to check apartments daily to ensure grounds are safe, clean, and attractive. QP will verify and document weekly, as well as ensure DSP's are documenting checks daily. Staff will continue to encourage consumer to sleep in his bedroom.</p> <p>Consumer was hospitalized and stabilized on his medications. Consumer is scheduled to return to his apartment 12/23/19.</p>	

Division of Health Service Regulation LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X8) DATE
--	-------	-----------

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  MHL092-580	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____  B. WING _____		(X3) DATE SURVEY COMPLETED  R 11/26/2019
NAME OF PROVIDER OR SUPPLIER  VARSITY CREST #1		STREET ADDRESS, CITY, STATE, ZIP CODE 1503 CREST ROAD, APT #101 RALEIGH, NC 27606		
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETE DATE
V 736	Continued From page 1  -Felt like client #1 was sleeping on the couch because of his paranoia. -Client #1 was currently in the hospital due to non med compliance.	V 736		