

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  <b>MHL020-006</b>	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____  B. WING _____	(X3) DATE SURVEY COMPLETED  R <b>06/26/2019</b>
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NAME OF PROVIDER OR SUPPLIER  <b>PLEASANT HILL GROUP HOME</b>	STREET ADDRESS, CITY, STATE, ZIP CODE <b>82 BOYD STREET ANDREWS, NC 28901</b>
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V 000	<p>INITIAL COMMENTS</p> <p>An Annual and Follow Up survey was completed June 26, 2019. Deficiencies were cited.</p> <p>This facility is licensed for the following service category: 10A NCAC 27G .5600C Supervised Living for Adults with Developmental Disabilities.</p>	V 000		
V 118	<p>27G .0209 (C) Medication Requirements</p> <p>10A NCAC 27G .0209 MEDICATION REQUIREMENTS</p> <p>(c) Medication administration:</p> <p>(1) Prescription or non-prescription drugs shall only be administered to a client on the written order of a person authorized by law to prescribe drugs.</p> <p>(2) Medications shall be self-administered by clients only when authorized in writing by the client's physician.</p> <p>(3) Medications, including injections, shall be administered only by licensed persons, or by unlicensed persons trained by a registered nurse, pharmacist or other legally qualified person and privileged to prepare and administer medications.</p> <p>(4) A Medication Administration Record (MAR) of all drugs administered to each client must be kept current. Medications administered shall be recorded immediately after administration. The MAR is to include the following:</p> <p>(A) client's name;</p> <p>(B) name, strength, and quantity of the drug;</p> <p>(C) instructions for administering the drug;</p> <p>(D) date and time the drug is administered; and</p> <p>(E) name or initials of person administering the drug.</p> <p>(5) Client requests for medication changes or checks shall be recorded and kept with the MAR file followed up by appointment or consultation with a physician.</p>	V 118		

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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE \_\_\_\_\_ TITLE \_\_\_\_\_ (X6) DATE \_\_\_\_\_

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V 118	<p>Continued From page 1</p> <p>This Rule is not met as evidenced by: Based on record review, observation, and interview, the facility failed to ensure medications were administered as ordered and ensure physicians orders were available for 3 of 3 audited clients (Client #1, #2 and #3). The findings are:</p> <p>Review on 6/25/19 of Client #1's record revealed: Admission date: 12-6-95 Diagnoses: Mild Intellectual Disabilities, Down's Syndrome, Alzheimer's Disease with early onset, Type 2 Diabetes Mellitus with hyperglycemia, Benign Essential Hypertension, Pinguecula, Refractive amblyopia Bilateral, Age Related Osteoporosis without current pathological fracture, Toxic Gastroenteritis and Colitis, Pure Hypercholesterolemia. Physician order dated 9-14-18 for Levemir (Flex Pen) "Increase to 15 units. Check Fasting Blood sugar. If he tolerates it then increase to 18 units." Physician order for Blood Sugar Checks required check 2 times daily before breakfast and at 5:00 pm.</p> <p>Review on 6/25/19 of Blood Sugar check logs for Client #1 revealed: April 2019 " AM checks ranged from 61 to 190 " PM checks ranged from 86 to 294 May 2019 " AM checks ranged from 95 to 188 " PM checks ranged from 98 to 389 June 2019 " AM checks ranged from 84 to 204</p>	V 118		

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V 118	<p>Continued From page 2</p> <p>" PM checks ranged from 102 to 382</p> <p>Review on 6-25-19 of Client #1's MARs for April - June 25, 2019 revealed: 18 units of Levemir noted on MAR and administered at 18 units daily.</p> <p>Interview on 6-26-19 with Staff #2 revealed she checked Blood Sugar levels for Client #1 prior to breakfast and depending on his level she would: " strategize on what to prepare for his meal " have him drink lots of water if greater than 200 " 180-200 - "a sign its going up" would adjust "carb" intake " Lower than 180 it would depend on what he was going to eat as to the units required. " Trying to get to 15 units " Did not know of sliding scale directives for when to administer 15 or 18 units</p> <p>The facility failed to coordinate with the physician to clarify the required number of units to administer based on the blood sugar levels of Client #1, therefore the staff were routinely administering 18 units.</p> <p>Review on 6/25/19 of Client #2's record revealed: Admission date: 6-1-13 Diagnoses: Mild Mental Retardation, Essential Tremors, Menorrhagia Mood Swings, Hyperlipidemia -unspecified, Bipolar Disorder, - unspecified. Physician orders dated 11-1-18 " Claritin - 1 tab once a day orally " Invisible Acne Cream - apply to affected area of face 1 to 3 times daily " Cepacol - as needed for throat</p> <p>Review on 6-25-19 of the April - June 25, 2019</p>	V 118		

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V 118	<p>Continued From page 3</p> <p>MARs and Medication bottles for Client #2 revealed:</p> <ul style="list-style-type: none"> <li>" Claritin - MAR -1 tab PRN - administered 2 times in April and no administration noted in May or June.</li> <li>o Medication bottle - 1 tab by mouth daily</li> <li>" Invisible Acne Cream - no cream available in facility and no documentation April - June 25</li> <li>" Cepacol - MAR- 1 QH route dissolve in mouth every 2 hours - administered 2 times in April no administration in May or June</li> <li>o Medication bottle - dissolve 1 lozenge in mouth every 2 hours as needed</li> </ul> <p>Interview on 6/26/19 with Client #2 revealed:</p> <ul style="list-style-type: none"> <li>" She got her medication on time and she know what they were for.</li> </ul> <p>Review on 6/25/19 of client #3's record revealed:</p> <ul style="list-style-type: none"> <li>-Admission date: 4-10-90</li> <li>- Diagnoses: Anxiety Disorder; Adjustment Disorder, unspecified; Hypoosmolality; Hyponatremia, unspecified; Abnormalities of Gait and Mobility; Polycythemia, Secondary; Pure Hypercholesterolemia</li> <li>- Physician order for Systane Ultra (eye drops) 1 drop in each eye at 7:00 AM, 4:00 PM, and 9:00 PM</li> </ul> <p>Review on 6/25/19 of Client #3's Medication Administration Record (MAR) for 4/1/19 - 6/25/19 revealed:</p> <ul style="list-style-type: none"> <li>-Systane Ultra was administered as 1 to 2 drops in each eye 3 times a day.</li> </ul> <p>Observation on 6/25/19 of Client #3's medication revealed:</p> <ul style="list-style-type: none"> <li>- Systane Ultra with a label indicating administration instructions for 1 drop in each eye 3 times a day.</li> </ul>	V 118		

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V 118	<p>Continued From page 4</p> <p>Interview with Client #3 on 6/29/19 at 10:35 AM revealed</p> <ul style="list-style-type: none"> <li>- He gets his medication "ok".</li> </ul> <p>Interview on 6/25/19 with the Qualified Professional revealed:</p> <p>Client #1</p> <ul style="list-style-type: none"> <li>" the facility did not have directives on when to administer 15 or 18 units</li> <li>" they play with it to get it (Blood Sugar Level) to level out.</li> <li>" Weekends the Blood Sugar Levels are much lower because they can control food intake. At day placement he steals food even though he has a one on one working with him.</li> </ul> <p>Client #2</p> <ul style="list-style-type: none"> <li>" Would get with home Manager and clarify with doctor</li> </ul> <p>Client #3</p> <ul style="list-style-type: none"> <li>" did not know why the MAR indicated Systane Ultra administered as 1 to 2 drops in each eye 3 times a day.</li> <li>" did not know if Client #3 was receiving 1 or 2 drops in each eye 3 times a day.</li> </ul> <p>They will get with the Doctor to clarify medication orders and ensure they are administering correctly. Staff who take clients to doctor appointments bring back a document that summarizes the appointment and lists medications. However, those summaries do not always include a doctor signature. He will instruct staff to have the doctor sign the document each time to ensure a doctor order is always in place for medications.</p>	V 118		