

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: MHL070-063	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED 05/14/2019
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NAME OF PROVIDER OR SUPPLIER ELIZABETH CITY TREATMENT CENTER	STREET ADDRESS, CITY, STATE, ZIP CODE 105 MEDICAL DRIVE ELIZABETH CITY, NC 27909
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V 000	<p>INITIAL COMMENTS</p> <p>An annual survey was completed on 5/14/19. Deficiencies were cited.</p> <p>This facility is licensed for the following service category: 10A NCAC 27G .3600 Outpatient Methadone. Current client census 201</p>	V 000		
V 112	<p>27G .0205 (C-D) Assessment/Treatment/Habilitation Plan</p> <p>10A NCAC 27G .0205 ASSESSMENT AND TREATMENT/HABILITATION OR SERVICE PLAN</p> <p>(c) The plan shall be developed based on the assessment, and in partnership with the client or legally responsible person or both, within 30 days of admission for clients who are expected to receive services beyond 30 days.</p> <p>(d) The plan shall include:</p> <p>(1) client outcome(s) that are anticipated to be achieved by provision of the service and a projected date of achievement;</p> <p>(2) strategies;</p> <p>(3) staff responsible;</p> <p>(4) a schedule for review of the plan at least annually in consultation with the client or legally responsible person or both;</p> <p>(5) basis for evaluation or assessment of outcome achievement; and</p> <p>(6) written consent or agreement by the client or responsible party, or a written statement by the provider stating why such consent could not be obtained.</p>	V 112		

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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE _____ TITLE _____ (X6) DATE _____

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V 112	<p>Continued From page 1</p> <p>This Rule is not met as evidenced by: Based on record review and interview the facility failed to ensure a treatment plan was completed for one of ten audited clients (#1055). The findings are:</p> <p>Review on 5/14/19 of client #1055 revealed:</p> <ul style="list-style-type: none"> - readmitted 2/2/18 - diagnosis Opioid Dependence - a treatment plan completed 2/2/18 - a progress note dated 3/15/19..."met with client...12 month treatment plan...sobriety has been poor..." <p>Review on 5/14/19 of client #1055 urine drug screens revealed the following:</p> <ul style="list-style-type: none"> - from March 2019 - currently client #1055 has tested positive for Cocaine; Opioid; Marijuana & Alcohol - March 2019 he tested positive for Benzodiazepines <p>During interview on 5/14/19 the Program Manager reported:</p> <ul style="list-style-type: none"> - client #1055 was on her caseload, however she was out on maternity leave - another case manager was supposed to update the annual treatment plan - client #1055 was in a serious car accident 3/1/19 & the update was not completed - she will meet with client #1055 to update the treatment plan 	V 112		
V 235	<p>27G .3603 (A-C) Outpt. Opiod Tx. - Staff</p> <p>10A NCAC 27G .3603 STAFF (a) A minimum of one certified drug abuse counselor or certified substance abuse counselor</p>	V 235		

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V 235	<p>Continued From page 2</p> <p>to each 50 clients and increment thereof shall be on the staff of the facility. If the facility falls below this prescribed ratio, and is unable to employ an individual who is certified because of the unavailability of certified persons in the facility's hiring area, then it may employ an uncertified person, provided that this employee meets the certification requirements within a maximum of 26 months from the date of employment.</p> <p>(b) Each facility shall have at least one staff member on duty trained in the following areas:</p> <p>(1) drug abuse withdrawal symptoms; and</p> <p>(2) symptoms of secondary complications to drug addiction.</p> <p>(c) Each direct care staff member shall receive continuing education to include understanding of the following:</p> <p>(1) nature of addiction;</p> <p>(2) the withdrawal syndrome;</p> <p>(3) group and family therapy; and</p> <p>(4) infectious diseases including HIV, sexually transmitted diseases and TB.</p> <p>This Rule is not met as evidenced by: Based on interviews the facility failed to ensure counselors maintained fifty or less clients on their caseload. The findings are:</p> <p>During interviews on 5/14/19 staff #1, Staff #2 and Program Director stated:</p> <p>-Staff #1 stated she had 52 clients on her caseload.</p> <p>-Staff #2 said he had over 60 clients on his caseload.</p> <p>-The Program Director stated she had 51 on her caseload.</p>	V 235		

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V 235	Continued From page 3 During further interview on 5/14/19 The Program Director stated: -Staff #2 actually had 51 clients on his caseload as he had several he needed to discharge. -She currently managed the staff, office and day to day operations while carrying a caseload of 51 and this had been very difficult to maintain. -Had conveyed to the owner the need for more counselors. -Interviewed a counselor last week and looking to offer her a position. -Staff #1 will be leaving soon to move to a sister clinic and will also need to replace her, so had stressed the need to hire more counselors.	V 235		
V 238	27G .3604 (E-K) Outpt. Opiod - Operations 10A NCAC 27G .3604 OUTPATIENT OPIOD TREATMENT. OPERATIONS. (e) The State Authority shall base program approval on the following criteria: (1) compliance with all state and federal law and regulations; (2) compliance with all applicable standards of practice; (3) program structure for successful service delivery; and (4) impact on the delivery of opioid treatment services in the applicable population. (f) Take-Home Eligibility. Any client in comprehensive maintenance treatment who requests unsupervised or take-home use of methadone or other medications approved for treatment of opioid addiction must meet the specified requirements for time in continuous treatment. The client must also meet all the requirements for continuous program compliance	V 238		

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V 238	<p>Continued From page 4</p> <p>and must demonstrate such compliance during the specified time periods immediately preceding any level increase. In addition, during the first year of continuous treatment a patient must attend a minimum of two counseling sessions per month. After the first year and in all subsequent years of continuous treatment a patient must attend a minimum of one counseling session per month.</p> <p>(1) Levels of Eligibility are subject to the following conditions:</p> <p>(A) Level 1. During the first 90 days of continuous treatment, the take-home supply is limited to a single dose each week and the client shall ingest all other doses under supervision at the clinic;</p> <p>(B) Level 2. After a minimum of 90 days of continuous program compliance, a client may be granted for a maximum of three take-home doses and shall ingest all other doses under supervision at the clinic each week;</p> <p>(C) Level 3. After 180 days of continuous treatment and a minimum of 90 days of continuous program compliance at level 2, a client may be granted for a maximum of four take-home doses and shall ingest all other doses under supervision at the clinic each week;</p> <p>(D) Level 4. After 270 days of continuous treatment and a minimum of 90 days of continuous program compliance at level 3, a client may be granted for a maximum of five take-home doses and shall ingest all other doses under supervision at the clinic each week;</p> <p>(E) Level 5. After 364 days of continuous treatment and a minimum of 180 days of continuous program compliance, a client may be granted for a maximum of six take-home doses and shall ingest at least one dose under supervision at the clinic each week;</p>	V 238		

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V 238	<p>Continued From page 5</p> <p>(F) Level 6. After two years of continuous treatment and a minimum of one year of continuous program compliance at level 5, a client may be granted for a maximum of 13 take-home doses and shall ingest at least one dose under supervision at the clinic every 14 days; and</p> <p>(G) Level 7. After four years of continuous treatment and a minimum of three years of continuous program compliance, a client may be granted for a maximum of 30 take-home doses and shall ingest at least one dose under supervision at the clinic every month.</p> <p>(2) Criteria for Reducing, Losing and Reinstatement of Take-Home Eligibility:</p> <p>(A) A client's take-home eligibility is reduced or suspended for evidence of recent drug abuse. A client who tests positive on two drug screens within a 90-day period shall have an immediate reduction of eligibility by one level of eligibility;</p> <p>(B) A client who tests positive on three drug screens within the same 90-day period shall have all take-home eligibility suspended; and</p> <p>(C) The reinstatement of take-home eligibility shall be determined by each Outpatient Opioid Treatment Program.</p> <p>(3) Exceptions to Take-Home Eligibility:</p> <p>(A) A client in the first two years of continuous treatment who is unable to conform to the applicable mandatory schedule because of exceptional circumstances such as illness, personal or family crisis, travel or other hardship may be permitted a temporarily reduced schedule by the State authority, provided she or he is also found to be responsible in handling opioid drugs. Except in instances involving a client with a verifiable physical disability, there is a maximum of 13 take-home doses allowable in any two-week period during the first two years of continuous</p>	V 238		

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V 238	<p>Continued From page 6</p> <p>treatment.</p> <p>(B) A client who is unable to conform to the applicable mandatory schedule because of a verifiable physical disability may be permitted additional take-home eligibility by the State authority. Clients who are granted additional take-home eligibility due to a verifiable physical disability may be granted up to a maximum 30-day supply of take-home medication and shall make monthly clinic visits.</p> <p>(4) Take-Home Dosages For Holidays: Take-home dosages of methadone or other medications approved for the treatment of opioid addiction shall be authorized by the facility physician on an individual client basis according to the following:</p> <p>(A) An additional one-day supply of methadone or other medications approved for the treatment of opioid addiction may be dispensed to each eligible client (regardless of time in treatment) for each state holiday.</p> <p>(B) No more than a three-day supply of methadone or other medications approved for the treatment of opioid addiction may be dispensed to any eligible client because of holidays. This restriction shall not apply to clients who are receiving take-home medications at Level 4 or above.</p> <p>(g) Withdrawal From Medications For Use In Opioid Treatment. The risks and benefits of withdrawal from methadone or other medications approved for use in opioid treatment shall be discussed with each client at the initiation of treatment and annually thereafter.</p> <p>(h) Random Testing. Random testing for alcohol and other drugs shall be conducted on each active opioid treatment client with a minimum of one random drug test each month of continuous treatment. Additionally, in two out of each</p>	V 238		

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V 238	<p>Continued From page 7</p> <p>three-month period of a client's continuous treatment episode, at least one random drug test will be observed by program staff. Drug testing is to include at least the following: opioids, methadone, cocaine, barbiturates, amphetamines, THC, benzodiazepines and alcohol. Alcohol testing results can be gathered by either urinalysis, breathalyzer or other alternate scientifically valid method.</p> <p>(i) Client Discharge Restrictions. No client shall be discharged from the facility while physically dependent upon methadone or other medications approved for use in opioid treatment unless the client is provided the opportunity to detoxify from the drug.</p> <p>(j) Dual Enrollment Prevention. All licensed outpatient opioid addiction treatment facilities which dispense Methadone, Levo-Alpha-Acetyl-Methadol (LAAM) or any other pharmacological agent approved by the Food and Drug Administration for the treatment of opioid addiction subsequent to November 1, 1998, are required to participate in a computerized Central Registry or ensure that clients are not dually enrolled by means of direct contact or a list exchange with all opioid treatment programs within at least a 75-mile radius of the admitting program. Programs are also required to participate in a computerized Capacity Management and Waiting List Management System as established by the North Carolina State Authority for Opioid Treatment.</p> <p>(k) Diversion Control Plan. Outpatient Addiction Opioid Treatment Programs in North Carolina are required to establish and maintain a diversion control plan as part of program operations and shall document the plan in their policies and procedures. A diversion control plan shall include the following elements:</p>	V 238		

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V 238	<p>Continued From page 8</p> <p>(1) dual enrollment prevention measures that consist of client consents, and either program contacts, participation in the central registry or list exchanges;</p> <p>(2) call-in's for bottle checks, bottle returns or solid dosage form call-in's;</p> <p>(3) call-in's for drug testing;</p> <p>(4) drug testing results that include a review of the levels of methadone or other medications approved for the treatment of opioid addiction;</p> <p>(5) client attendance minimums; and</p> <p>(6) procedures to ensure that clients properly ingest medication.</p> <p>This Rule is not met as evidenced by: Based on record review and interview the facility failed to ensure Dual Enrollments were completed for ten of ten audited clients upon client admissions. The findings are:</p> <p>Review on 5/14/19 of Dual Enrollment Log revealed:</p> <ul style="list-style-type: none"> -Multiple entries of client names were entered into the Dual Enrollment Log. -Most of the client names entered did not have a date beside them to verify when they were conducted. -Unable to determine when the Dual Enrollment was completed. <p>During interview on 5/14/19 The Receptionist stated:</p> <ul style="list-style-type: none"> -She is responsible for completing the Dual Enrollment. -She kept a log with client names, the 	V 238		
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V 238	<p>Continued From page 9</p> <p>facilities within 75 mile radius of which she called and who she spoke with.</p> <ul style="list-style-type: none"> -Had not always dated the entries, "I guess I got sloppy with that." -Every day made the entries for clients admitted on that date. <p>During interview on 5/14/19 The Program Director stated:</p> <ul style="list-style-type: none"> -Had not reviewed the Dual Enrollment Log. -The receptionist had been completing it, and assumed she had been doing it correctly. 	V 238		