

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  <b>MHL063-002</b>	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____  B. WING _____	(X3) DATE SURVEY COMPLETED  <b>R</b> <b>04/17/2019</b>
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NAME OF PROVIDER OR SUPPLIER  <b>BETHESDA INC</b>	STREET ADDRESS, CITY, STATE, ZIP CODE <b>204 NORTH PINE STREET BUILDING A ABERDEEN, NC 28315</b>
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V 000	<p><b>INITIAL COMMENTS</b></p> <p>An annual and follow up survey was completed on April 17, 2019. Deficiencies were cited.</p> <p>This facility is licensed for the following service categories: 10A NCAC 27G .5600 E Supervised Living for Adults with Substance Abuse Dependency and 10A NCAC 27G .3200 Social Setting Detoxification for Substance Abuse.</p>	V 000		
V 118	<p><b>27G .0209 (C) Medication Requirements</b></p> <p><b>10A NCAC 27G .0209 MEDICATION REQUIREMENTS</b></p> <p>(c) Medication administration:</p> <p>(1) Prescription or non-prescription drugs shall only be administered to a client on the written order of a person authorized by law to prescribe drugs.</p> <p>(2) Medications shall be self-administered by clients only when authorized in writing by the client's physician.</p> <p>(3) Medications, including injections, shall be administered only by licensed persons, or by unlicensed persons trained by a registered nurse, pharmacist or other legally qualified person and privileged to prepare and administer medications.</p> <p>(4) A Medication Administration Record (MAR) of all drugs administered to each client must be kept current. Medications administered shall be recorded immediately after administration. The MAR is to include the following:</p> <p>(A) client's name;</p> <p>(B) name, strength, and quantity of the drug;</p> <p>(C) instructions for administering the drug;</p> <p>(D) date and time the drug is administered; and</p> <p>(E) name or initials of person administering the drug.</p> <p>(5) Client requests for medication changes or checks shall be recorded and kept with the MAR</p>	V 118		

Division of Health Service Regulation LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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V 118	<p>Continued From page 1</p> <p>file followed up by appointment or consultation with a physician.</p> <p>This Rule is not met as evidenced by: Based on record reviews and interviews the facility failed to ensure medications were administered by staff trained by a registered nurse, pharmacist, or other qualified person for one of four staff audited (House Manager #1). The findings are:</p> <p>a. Review on 4/16/19 of client #4's record revealed: -Date of admission 3/5/19. -Diagnoses of Alcohol Dependence and Opioid Dependence. -Physician's order dated 3/14/19 for Tizanidine 4 mg, one half to one tablet three times daily as needed. -Physician's order dated 2/11/19 for Risperidone 3 mg, three tablets at bedtime; Amlodipine 5 mg, one tablet daily; Divalproex Sodium 500 mg, two tablets at bedtime and Sertraline 100 mg, two tablets daily. -The April 2019 MAR had the following: Tizanidine 4 mg was administered by House Manager #1 on 4/1, 4/9, 4/10 and 4/12 through 4/15 all three doses. Risperidone 3 mg and Sertraline 100 mg were administered by House Manager #1 on 4/1, 4/9, 4/10 and 4/12 through 4/15. -The March 2019 MAR had the following: Tizanidine 4 mg was administered by House Manager #1 on 3/14 through 3/19, 3/26 and 3/28 through 3/31 for all three doses. Amlodipine 5 mg was administered by House Manager #1 on 3/6. Divalproex Sodium 500 mg was by House</p>	V 118		

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V 118	<p>Continued From page 2</p> <p>Manager #1 on 3/6 and 3/14 through 3/19. Risperidone 3 mg was administered by House Manager #1 on 3/6, 3/18, 3/19, 3/26 and 3/28 through 3/31. Sertraline 100 mg was administered by House Manager #1 on 3/6 and 3/28 through 3/31.</p> <p>b. Review on 4/16/19 of client #5's record revealed: -Date of admission 4/3/19. -Diagnoses of Alcohol Dependence and Cocaine Dependence. -Physician's order dated 4/3/19 for Losartan 100 mg, one tablet daily and Trazodone 100 mg, one tablet at bedtime. -The April 2019 MAR had the following: Losartan 100 mg was administered by House Manager #1 on 4/3 and 4/12 through 4/15. Trazodone 100 mg was administered by House Manager #1 on 4/3 and 4/12 through 4/15.</p> <p>Review on 4/16/19 of staff records revealed: -House Manager #1 had a hire date of 1/15/18. -There was no documentation House Manager #1 had Medication Administration training.</p> <p>Interview with client #4 on 4/17/19 revealed: -He did take several medications. -House Manager #1 had administered medications to him on several occasions. -He would normally go to the medication room in order to get his medication. -House Manager #1 would hand him a cup with his medications already in it.</p> <p>Interview with House Manager #1 on 4/17/19 revealed: -He was employed with the facility for over a year. -The Office Assistant would put clients medication in the cups on a daily basis.</p>	V 118		

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V 118	<p>Continued From page 3</p> <ul style="list-style-type: none"> <li>-He was responsible for administering the medication to the clients.</li> <li>-He would normally just hand the client the medication cup and ensure the client swallows the pills.</li> <li>-He would put his initials on the MAR to indicate the medication was administered.</li> <li>-He confirmed he had not been trained by a registered nurse, pharmacist, or other qualified person to administer medications.</li> </ul> <p>Interview with the Director on 4/16/19 and 4/17/19 revealed:</p> <ul style="list-style-type: none"> <li>-House Manager #1 worked at least five days or more each week.</li> <li>-House Manager #1 was employed with the facility since January 2018.</li> <li>-The Office Assistant would normally put medication in the cups for clients.</li> <li>-The prepared medications are kept in a locked area of the facility.</li> <li>-The Office Assistant was not responsible for giving the prepared medications to clients.</li> <li>-The Office Assistant was trained in Medication Administration a few years ago.</li> <li>-The House Managers would administer the medications to clients.</li> <li>-The House Managers would observe clients taking their medications and put their initials on the MAR.</li> <li>-He thought House Manager #1 had Medication Administration training at hire.</li> <li>-House Manager #1 had been administering medications since he was hired in January 2018.</li> <li>-They changed the medication administration procedure over six months ago.</li> <li>-They thought that procedure would work better for the House Managers.</li> <li>-He confirmed House Manager #1 had not been trained by a registered nurse, pharmacist, or</li> </ul>	V 118		

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V 118	<p>Continued From page 4</p> <p>other qualified person to administer medications.</p> <p>Review on 4/17/19 of a Plan of Protection written by the Director dated 4/17/19 revealed: What will you immediately do to correct the above rule violations in order to protect clients from further risk or additional harm?: "Restrict [House Manager #1] from any contact with client's medications until properly trained. Process of medications given to clients will be changed to meet current standard." Describe your plans to make sure the above happens: "Secure training as soon as possible. Nurse has been contacted to set up training. Will meet with staff and nurse to put new procedure in place by the end of this week."</p> <p>House Manager #1 had been employed with the facility since January 2018. The Office Assistant was preparing the client's medication for House Manager #1. House Manager #1 was administering medications to clients on a weekly basis and signing off on the MAR's to indicate medication was given. House Manager #1 had not been trained by a registered nurse, pharmacist, or other qualified person to administer medications.</p> <p>This violation constitutes a Type B violation which is detrimental to health, safety or welfare of clients. If the violation is not corrected within 45 days, administrative penalty of \$200.00 per day will be imposed for each day the facility is out of compliance beyond the 45th day.</p>	V 118		