

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: MHL034-379	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED 04/26/2019
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NAME OF PROVIDER OR SUPPLIER INSPIRATIONZ, LLC CUATRO	STREET ADDRESS, CITY, STATE, ZIP CODE 2427 PATRIA STREET WINSTON-SALEM, NC 27127
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V 000	<p>INITIAL COMMENTS</p> <p>An annual survey was completed on 4/26/2019. A deficiency was cited.</p> <p>This facility is licensed for the following service category: 10A NCAC 27G .1700 Residential Treatment Staff Secure for Children and Adolescents.</p>	V 000		
V 112	<p>27G .0205 (C-D) Assessment/Treatment/Habilitation Plan</p> <p>10A NCAC 27G .0205 ASSESSMENT AND TREATMENT/HABILITATION OR SERVICE PLAN</p> <p>(c) The plan shall be developed based on the assessment, and in partnership with the client or legally responsible person or both, within 30 days of admission for clients who are expected to receive services beyond 30 days.</p> <p>(d) The plan shall include:</p> <p>(1) client outcome(s) that are anticipated to be achieved by provision of the service and a projected date of achievement;</p> <p>(2) strategies;</p> <p>(3) staff responsible;</p> <p>(4) a schedule for review of the plan at least annually in consultation with the client or legally responsible person or both;</p> <p>(5) basis for evaluation or assessment of outcome achievement; and</p> <p>(6) written consent or agreement by the client or responsible party, or a written statement by the provider stating why such consent could not be obtained.</p>	V 112		

Division of Health Service Regulation LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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V 112	<p>Continued From page 1</p> <p>This Rule is not met as evidenced by: Based on record reviews and interviews, the facility failed to develop the treatment plan based on the assessment affecting 1 of 3 audited clients (#3). The findings are:</p> <p>Review on 4/26/2019 of client #3's record revealed:</p> <ul style="list-style-type: none"> - Admission date: 2/28/2019 - Diagnoses: Major Depressive Disorder, recurrent, severe without psychotic features; and Post Traumatic Stress Disorder (PTSD); - Age: 15 - An admission assessment dated 2/28/2019 that noted a history of removal from home due to abuse and self-harming behaviors and non-compliance with medications and rules; - A "Physician Discharge Summary" dated 3/22/2019 from the referring psychiatric residential treatment facility (PRTF) that noted a history of suicidal statements, risky behaviors including running away, sexualized behaviors, agitation and aggressive behavior within the two weeks prior to admission (admitted to PRTF on 2/14/2019), and using marijuana with friends; - A treatment plan initially developed on 2/21/2019, with a review date of 3/21/2019 listed goals of: <ol style="list-style-type: none"> 1) "[Client #3] will transition to Inspirationz level III group home" 2) "[Client #3] will increase coping skills AEB (as evidenced by) refraining from closing down and isolating herself when she gets overwhelmed by anxiety or past trauma, decreasing general level of worry and sadness, and increasing her ability to communicate to those around her what she is feeling to seek help as reported by self, family, school, and Inspirationz staff." 	V 112		

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V 112	<p>Continued From page 2</p> <p>3) "[Client #3] will further improve her ability to comply with rules without demonstrating disrespectful behavior towards authority figures as evidenced by refraining from emotional outbursts and using positive coping skills."</p> <p>4) "[Client #3] will get a healthy amount of sleep and rest each night by not exhibiting any incidents of inappropriate behaviors and remaining in assigned sleep area as evidenced by shift note documentation and staff's report after bedtime."</p> <p>5) "[Client #3] will participate in therapeutic leave and/or respite, in an effort to improve social contacts and develop positive relationships with family and/or respite providers through ongoing communication and visitations with guardian and treatment team approval."</p> <ul style="list-style-type: none"> - There were no treatment goals related to client #3's history of suicidal statements, self-harm, sexualized behaviors, medication non-compliance or running away; - The interventions listed in the treatment plan were identical from goal to goal and specified " ...Level II Group Home Staff will: ..." rather than level III staff interventions. <p>Interview on 4/26/2019 with client #3 revealed:</p> <ul style="list-style-type: none"> - Her treatment goals were to "do what we need to do," have "positive thinking and confidence." <p>Interview on 4/26/2019 with staff #1 revealed:</p> <ul style="list-style-type: none"> - Facility clients might have personal goals listed on a board posted on the wall; - The posted goal board also listed goals for the entire house. <p>Interview on 4/26/2019 with the Associate Professional (AP) revealed:</p> <ul style="list-style-type: none"> - The treatment plan was written by a therapist and client #3's Guardian; - When asked to locate goals on the treatment 	V 112		

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V 112	<p>Continued From page 3</p> <p>plan related to client #3's history of suicidal ideation, self-harm, sexualized behaviors, non-compliance with medications, and AWOL (absent without leave) behaviors, the AP could not locate any;</p> <ul style="list-style-type: none"> - Treatment plans listed basic strategies that staff could use while working with clients. <p>Interview on 4/26/19 with the Director/Qualified Professional (QP) revealed:</p> <ul style="list-style-type: none"> - "The [Home Provider] (provider prior to [Client # 3's] admission to Inspirationz Cuatro) developed and wrote the current Person Centered Plan (PCP). - Prior to [Client # 3's] admission (2/28/19) she had been stable for more than thirty day (30 days). The treatment team will not address the self-injurious behaviors or elopement issues with [Client #3] because she has not presented those problems. - The treatment team will not allow us to put goals into the plan (PCP) that she hasn't shown a behavior with. The assumption is she has gotten past those. - [Client #3] has been stable since her admission with us (Inspirationz LLC, Cuatro). - I asked about adding the behaviors of self-injurious and elopement but the [Home Provider] said she achieved those (no display of either behavior) and would not allow then to be added. - [Client #3] last Child and Family Team (CFT) meeting was March twenty first (3/21/19). Again the [Home Provider] developed goals they want [Client #3] working on. - The [Home Provider] is still servicing and will develop her PCP goals until we are servicing her. - We would have wrote it with strategies of intervention for self-injurious behaviors and elopement and other issues that are in her 	V 112		

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V 112	Continued From page 4 Comprehensive Clinical Assessment (CCA). We can add an addendum to the PCP with strategies to address the self-injurious and elopement behaviors."	V 112		