

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: MHL011-080	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING: _____	(X3) DATE SURVEY COMPLETED R 01/10/2019
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NAME OF PROVIDER OR SUPPLIER FIRST STEP FARM-WOMEN	STREET ADDRESS, CITY, STATE, ZIP CODE 200 PETE LUTHER COVE ROAD CANDLER, NC 28715
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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETE DATE
V 000	<p>INITIAL COMMENTS</p> <p>An annual and follow up survey was completed on January 10, 2019. A deficiency was cited.</p> <p>This facility is licensed for the following service category: 10A NCAC 27G .5600E Supervised Living for Adults with Substance Abuse Disorders.</p>	V 000		
V 118	<p>27G .0209 (C) Medication Requirements</p> <p>10A NCAC 27G .0209 MEDICATION REQUIREMENTS</p> <p>(c) Medication administration:</p> <p>(1) Prescription or non-prescription drugs shall only be administered to a client on the written order of a person authorized by law to prescribe drugs.</p> <p>(2) Medications shall be self-administered by clients only when authorized in writing by the client's physician.</p> <p>(3) Medications, including injections, shall be administered only by licensed persons, or by unlicensed persons trained by a registered nurse, pharmacist or other legally qualified person and privileged to prepare and administer medications.</p> <p>(4) A Medication Administration Record (MAR) of all drugs administered to each client must be kept current. Medications administered shall be recorded immediately after administration. The MAR is to include the following:</p> <p>(A) client's name;</p> <p>(B) name, strength, and quantity of the drug;</p> <p>(C) instructions for administering the drug;</p> <p>(D) date and time the drug is administered; and</p> <p>(E) name or initials of person administering the drug.</p> <p>(5) Client requests for medication changes or checks shall be recorded and kept with the MAR file followed up by appointment or consultation with a physician.</p>	V 118	<p>DHSR - Mental Health</p> <p>FEB 08 2019</p> <p>Lic. & Cert. Section</p>	

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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

Armpy Kasdy, NIAAC

Womens Program Director 03/05/2019

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V 118	<p>Continued From page 1</p> <p>This Rule is not met as evidenced by: Based on observations, record review, and interviews the facility failed to ensure medications were administered as ordered and failed to ensure all medications administered were ordered by a person authorized by law to prescribe drugs for 1 of 3 audited clients (#1). The findings are:</p> <p>Observation on 1/9/19 at 12:23PM of the medications for Client #1 revealed: -Narcan nasal rescue kit 4mg, dispensed on 6/26/18. -No Gabapentin available.</p> <p>Record review on 1/9/19 for Client #1 revealed: -Admitted on 8/8/18 with diagnoses of Opioid Use Disorder, Amphetamine Use Disorder, unspecified Depression Disorder, and Post-Traumatic Stress Disorder. -Physician's order dated 9/6/18 for Gabapentin 300mg, 1 at bedtime. No physician's order to discontinue the Gabapentin. Physician's order to discontinue Gabapentin obtained during the course of the survey dated 1/9/19. -No physician's order for the Narcan rescue kit. Physician's order obtained during the course of the survey dated 1/9/19.</p> <p>Interview on 1/9/19 with Client #1 revealed: -She had never been on Gabapentin. She had gone to the doctor while in the program and the doctor prescribed Gabapentin for sleep. She never started the medication. She indicated that the program only wanted clients to take</p>	V 118	<p>Resident presented with Narcan- this was not indicated on original MD order. The medication was kept in locked storage area within the office- FSF never administered this medication. Referring physician at JFKADATC was notified and sent a med order on 1/9/2019. (Corrective action completed)</p> <p>Resident additionally went to medical appointment at WNCCHS on 9/6/2018 at which time she reported difficulty with sleep and was prescribed Gabapentin, upon return to facility resident was informed by staff that this medication is not on our facilities approved medication list. The prescribing MD @ WNCCHS was notified by both staff (noted on progress note dated 9/7) and resident also reported she notified WNCCHS in order to request a stop order. WNCCHS did not send stop order. Resident was informed as to FSF medication policy, agreed not to take this medication. This prescription was never filled, and resident did not take this medication. Program Director notified WNCCHS on 1/9 2019 and a stop order was received (corrective action completed 1/9/2019.</p> <p>In order to prevent this problem from occurring again, measures will be taken and put into place as follows: Upon resident admission, Staff will review medications as well as orders and ensure all Dr. orders are provided. If they are not- staff will notify the referring facility and have the med order sent to this facility. Residents are made aware (during the pre-screening/pre-admission process) as to our policies regarding medications that are/are not accepted, and are made aware that any medication changes require updated physicians orders. At medical appointments, residents are required to provide their physicians with a medication update form, we ask that physicians complete this form (inc. any changes in medication, dosages start and stop dates). FSF staff will check with residents upon return from medical appointments and check to see that any medication changes are reported and that the medication update form has been completed. The Program Director will continue to train staff(Resident Manager, Assistant Resident Manager) upon hiring orientation and throughout staff members employment/Cook upon annual review and during weekly staff meetings. The MARS (including any medication changes/required update) will be reviewed / monitored by the Program Director and Resident Manager daily (while medications are dispensed) as well as at the end of each month.</p>	01/15/2019

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V 118	<p>Continued From page 2</p> <p>Gabapentin for neurological reasons. -She had a short term issue with sleep initially when she was admitted. -She was not having any sleep issues now.</p> <p>Interview on 1/10/19 with the Director/Qualified Professional revealed: -The program did not accept Gabapentin as a medication due to the potential for abuse. -Client #1 had a medical appointment and received a prescription. The manager advised her that Gabapentin was not accepted as a medication to use for anything other than something like neuropathy. Client #1 did not fill the prescription. -The manager contacted the prescriber and requested an order to discontinue the Gabapentin, however, the prescriber failed to send that order. -Narcan was indicated on the discharge paperwork from the detox program that Client #1 had completed prior to admission. The physician, however, had not signed the order.</p>	V 118		