

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: MHL007-081	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED R 01/23/2019
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NAME OF PROVIDER OR SUPPLIER PORT HEALTH SERVICES - RAY G SILVERTHC	STREET ADDRESS, CITY, STATE, ZIP CODE 1379 COWELL FARM ROAD WASHINGTON, NC 27889
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V 000	<p>INITIAL COMMENTS</p> <p>An annual and follow up survey was completed on January 23, 2019. Deficiencies were cited.</p> <p>This facility is licensed for the following service categories: 10A NCAC 27G .4400 Substance Abuse Intensive Outpatient Program and 10A NCAC 27G .5000 Facility Based Crisis Services for Individuals of All Disability Groups.</p>	V 000		
V 116	<p>27G .0209 (A) Medication Requirements</p> <p>10A NCAC 27G .0209 MEDICATION REQUIREMENTS</p> <p>(a) Medication dispensing:</p> <p>(1) Medications shall be dispensed only on the written order of a physician or other practitioner licensed to prescribe.</p> <p>(2) Dispensing shall be restricted to registered pharmacists, physicians, or other health care practitioners authorized by law and registered with the North Carolina Board of Pharmacy. If a permit to operate a pharmacy is Not required, a nurse or other designated person may assist a physician or other health care practitioner with dispensing so long as the final label, Container, and its contents are physically checked and approved by the authorized person prior to dispensing.</p> <p>(3) Methadone For take-home purposes may be supplied to a client of a methadone treatment service in a properly labeled container by a registered nurse employed by the service, pursuant to the requirements of 10 NCAC 45G .0306 SUPPLYING OF METHADONE IN TREATMENT PROGRAMS BY RN. Supplying of methadone is not considered dispensing.</p> <p>(4) Other than for emergency use, facilities shall not possess a stock of prescription legend drugs for the purpose of dispensing without hiring a</p>	V 116		

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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE _____ TITLE _____ (X6) DATE _____

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V 116	<p>Continued From page 1</p> <p>pharmacist and obtaining a permit from the NC Board of Pharmacy. Physicians may keep a small locked supply of prescription drug samples. Samples shall be dispensed, packaged, and labeled in accordance with state law and this Rule.</p> <p>This Rule is not met as evidenced by: Based on record reviews, observations and interviews, the facility failed to prevent the possession and non-emergency use of a stock of prescription legend drugs. The findings are:</p> <p>Review on 1/23/19 of client #3's record revealed: - 33 year old male admitted to the facility 1/21/19. - Diagnoses included Alcohol Use Disorder, severe, Opioid Use Disorder, severe, Sedative, Hypnotic and Anxiolytic Use Disorder, mild. - Physician's telephone order dated 1/21/19 transcribed and signed by the Registered Nurse for Multivitamin one daily, Thiamine (vitamin B1) 100 milligrams (mg) one at admission only, Zantac (antacid and antihistamine) 150 mg twice daily, Thiamine 100 mg once daily, Chlordiazepoxide (sedative, can treat alcohol withdrawal symptoms) 50 mg every 8 hours as needed for 96 hours.</p> <p>Observation on 1/23/19 at approximately 11:40 am of client #3's medications on hand revealed no medications labeled by the pharmacy for the exclusive use by client #3.</p> <p>Review on 1/23/19 of client #6's record revealed: - 34 year old male admitted to the facility 1/18/19. - Diagnosis of Opioid Use Disorder. - Physician's telephone order dated 1/18/19</p>	V 116		

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V 116	<p>Continued From page 2</p> <p>transcribed and signed by the Registered Nurse for Multivitamin, one daily, Clonidine (antihypertensive) .1 mg every 8 hours for 72 hours, Ibuprofen (anti-inflammatory; can treat fever and mild to severe pain) 600 mg every 8 hours for 72 hours, Buprenorphine (treats addiction to narcotic pain relievers) 4 mg sublingual twice daily for 3 days, Buprenorphine 2 mg sublingual twice daily for 1 day, Buprenorphine 2 mg sublingual every morning for 2 days then discontinue. Dated 1/20/19 for Trazodone (sedative and anti-depressant) 50 mg 1 dose only.</p> <ul style="list-style-type: none"> - Order signed by the Family Nurse Practitioner (FNP) dated 1/22/19 for Trazodone 100 mg at bedtime. - Physician's order dated 1/21/19 for Vistaril (antihistamine) 25 mg twice daily. <p>Observation on 1/23/19 at approximately 11:45 am of client #6's medications on hand revealed:</p> <ul style="list-style-type: none"> - One bubble card of Buprenorphine 2 mg, dispensed 1/18/19 for client #6 with the printed instructions "Use as Directed." - No other medications labeled for use exclusively by client #6. <p>Review on 1/23/19 of client #8's record revealed:</p> <ul style="list-style-type: none"> - 45 year old female admitted to the facility 1/22/19. - Diagnosis of Opioid Use Disorder. - Physician's telephone order dated 1/22/19 transcribed and signed by the Licensed Practical Nurse for Multivitamin one daily, Clonidine .1 mg every 8 hours for 72 hours, Ibuprofen 400 mg every 8 hours for 72 hours, Buprenorphine 4 mg sublingual twice daily for 3 days, Buprenorphine 2 mg sublingual twice daily for 1 day, Buprenorphine 2 mg sublingual every morning for 2 days then discontinue. 	V 116		

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V 116	<p>Continued From page 3</p> <p>Observation on 1/23/19 at approximately 11:50 am of client #8's medications on hand revealed:</p> <ul style="list-style-type: none"> - One bubble card of Buprenorphine 2 mg dispensed 1/22/19 for client #8 with the printed instructions "Use as Directed." - No other medications labeled for use exclusively by client #8. <p>Observation on 1/23/19 between approximately 11:45 am and 12:05 pm of the facility's medication storage room revealed two locked cabinets; one cabinet contained small plastic baskets labeled with each client's bedroom number and containing medication bubble cards. The other cabinet contained stock supplies of medications with pharmacy labels with no client names, with instructions to "Use as Directed." Some medications observed included Vistaril, Clonidine, Maalox, Ibuprofen, Multivitamins, Zantac, and Trazodone.</p> <p>During interview on 1/23/19 the Registered Nurse stated:</p> <ul style="list-style-type: none"> - One of her responsibilities was to order stock medications. - She kept the stock medications current and rotated older stock to the front so it would be used before its expiration date. - Medications were administered according the doctors' orders; if a client was withdrawing or detoxing from opiates, the doctor would order the "Buprenorphine protocol", the "Librium protocol" was ordered for clients withdrawing or detoxing from alcohol. - The pharmacy was located in the Licensee's corporate office approximately 20 miles away. - Medications were delivered daily. - There was one nurse on duty at the facility during the day and a Licensed Practical Nurse 	V 116		

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V 116	Continued From page 4 was on duty on second shift; there was no nurse on duty during third shift at present. During interview on 1/23/18 the Program Supervisor stated only medications used in the treatment of opioid use disorder, such as Buprenorphine, were dispensed by the pharmacy exclusively for individual clients. All other medications were administered from a stock supply.	V 116		
V 118	27G .0209 (C) Medication Requirements 10A NCAC 27G .0209 MEDICATION REQUIREMENTS (c) Medication administration: (1) Prescription or non-prescription drugs shall only be administered to a client on the written order of a person authorized by law to prescribe drugs. (2) Medications shall be self-administered by clients only when authorized in writing by the client's physician. (3) Medications, including injections, shall be administered only by licensed persons, or by unlicensed persons trained by a registered nurse, pharmacist or other legally qualified person and privileged to prepare and administer medications. (4) A Medication Administration Record (MAR) of all drugs administered to each client must be kept current. Medications administered shall be recorded immediately after administration. The MAR is to include the following: (A) client's name; (B) name, strength, and quantity of the drug; (C) instructions for administering the drug; (D) date and time the drug is administered; and (E) name or initials of person administering the drug.	V 118		

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V 118	<p>Continued From page 5</p> <p>(5) Client requests for medication changes or checks shall be recorded and kept with the MAR file followed up by appointment or consultation with a physician.</p> <p>This Rule is not met as evidenced by: Based on record review and interview, the facility failed to obtain written orders for medications from a physician or other person authorized by law to prescribe medications for 2 of 3 audited clients (#3 and #6). The findings are:</p> <p>Review on 1/23/19 of client #3's record revealed: - 33 year old male admitted to the facility 1/21/19. - Diagnoses included Alcohol Use Disorder, severe, Opioid Use Disorder, severe, Sedative, Hypnotic and Anxiolytic Use Disorder, mild. - Physician's telephone order dated 1/21/19 transcribed and signed by the Registered Nurse for Multivitamin one daily, Thiamine (vitamin B1) 100 milligrams (mg) one at admission only, Zantac (antacid and antihistamine) 150 mg twice daily, Thiamine 100 mg once daily, Chlordiazepoxide (sedative, can treat alcohol withdrawal symptoms) 50 mg every 8 hours as needed for 96 hours. - No signature by a physician or other person authorized by law to prescribe medications.</p> <p>Review on 1/23/19 of client #6's record revealed: - 34 year old male admitted to the facility 1/18/19. - Diagnosis of Opioid Use Disorder. - Physician's telephone order dated 1/18/19 transcribed and signed by the Registered Nurse for Multivitamin, one daily, Clonidine (antihypertensive) .1 mg every 8 hours for 72</p>	V 118		

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V 118	<p>Continued From page 6</p> <p>hours, Ibuprofen (anti-inflammatory; can treat fever and mild to severe pain) 600 mg every 8 hours for 72 hours, Buprenorphine (treats addiction to narcotic pain relievers) 4 mg sublingual twice daily for 3 days, Buprenorphine 2 mg sublingual twice daily for 1 day, Buprenorphine 2 mg sublingual every morning for 2 days then discontinue. Dated 1/20/19 for Trazodone (sedative and anti-depressant) 50 mg 1 dose only.</p> <ul style="list-style-type: none"> - No signature by a physician or other person authorized by law to prescribe medications. <p>Observation on 1/23/19 at approximately 11:45 am of client #6's medications on hand revealed a bubble card of Buprenorphine 2 mg, dispensed 1/18/19 for client #6 with the printed instructions "Use as Directed."</p> <p>During interview on 1/23/19 the Registered Nurse stated:</p> <ul style="list-style-type: none"> - Referrals for admission were typically sent via email; when a referral was received the "on call doctor" was contacted and relevant information was relayed. - The "on call doctor" approved or denied admissions. - The length of stay at the facility was 7 days. - Telephone orders for medications were given to the nurse at the time of admission, based on the client's reason for admission. - The nurse taking the medication orders would fax the orders to the pharmacy. - The Family Nurse Practitioner (FNP) made rounds daily and a Physicians' Assistant (PA) made rounds on the weekends. - The FNP and PA would write orders, but would not sign orders given by the physician. - The "on call doctors" did not come to the facility. - When a client was discharged, the medication 	V 118		

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V 118	<p>Continued From page 7</p> <p>orders were put into a book and the book was eventually sent to the Medical Director who reviewed and signed all the medication orders.</p> <ul style="list-style-type: none"> - She did not know how often "the book" was sent to the Medical Director. <p>During telephone interview on 1/23/19 the Medical Director stated:</p> <ul style="list-style-type: none"> - They had never had an issue with telephone orders before. - The FNP did rounds everyday and wrote and signed orders. - The Medical Doctors also signed orders when they did rounds at the facility. - He reviewed and signed all orders after clients were discharged. - The FNPs took care of the clients' physical health needs. - They would explore ways to ensure a provider signed orders in a timely manner. 	V 118		