FORM APPROVED Division of Health Service Regulation STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING: B. WING mhl013-142 10/18/2018 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 2158 WINDEMERE DRIVE WINDEMERE GROUP HOME KANNAPOLIS, NC 28083 (X4) ID SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X5) COMPLETE PREFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY) V 000 INITIAL COMMENTS V 000 A complaint and follow up survey was completed on 10-18-18. The complaint was unsubstantiated (#NC 00143659). Deficiencies were cited. This facility is licensed for the following service category: 10A NCAC 27G 5600A Supervised Living for Adults Whose Primary Diagnosis is a Mental Illness. V 118 27G .0209 (C) Medication Requirements V 118 10A NCAC 27G .0209 MEDICATION REQUIREMENTS (c) Medication administration: **DHSR** - Mental Health (1) Prescription or non-prescription drugs shall only be administered to a client on the written order of a person authorized by law to prescribe NOV 132018 (2) Medications shall be self-administered by Lic. & Cert. Section clients only when authorized in writing by the client's physician. (3) Medications, including injections, shall be administered only by licensed persons, or by unlicensed persons trained by a registered nurse, pharmacist or other legally qualified person and privileged to prepare and administer medications. (4) A Medication Administration Record (MAR) of all drugs administered to each client must be kept current. Medications administered shall be recorded immediately after administration. The MAR is to include the following: (A) client's name: (B) name, strength, and quantity of the drug; (C) instructions for administering the drug;

Division of Health Service Regulation

Division of Health Service Regulation
LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE CYPTICS

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

(D) date and time the drug is administered; and (E) name or initials of person administering the

(5) Client requests for medication changes or checks shall be recorded and kept with the MAR

(1) TITLE RES. Ten Seads

FORM APPROVED Division of Health Service Regulation STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION **IDENTIFICATION NUMBER:** COMPLETED A. BUILDING: B. WING mhi013-142 10/18/2018 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 2158 WINDEMERE DRIVE WINDEMERE GROUP HOME KANNAPOLIS, NC 28083 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X4) ID (X5) COMPLETE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PREFIX (EACH CORRECTIVE ACTION SHOULD BE REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG DATE TAG DEFICIENCY V 118 | Continued From page 1 V 118 V118 file followed up by appointment or consultation In order to rectify the issues with Client #1 - the with a physician. discontinued medication omeprazole was returned to pharmacy - this is evidenced by the return documentation in this packet showing it was picked up by the pharmacy. Client #1 has also seen his primary This Rule is not met as evidenced by: care on 10/30/2018 at which time no complications Based on observation, record review and from the double medications were found. To ensure interviews, the facility failed to ensure that medications were being given according to there is not a reoccurrence, both RM and Staff on duty physicians orders and ensure that the MAR was will review all new medication orders and discontinue accurate, effecting 3 out of 3 audited clients (clients 1,2, and 3). The findings are: orders on the day of the appointment or within 24 hours of the appointment, removing any old Finding #1: medications at the time of review and preparing the Review on 10-16-18 of client #1's physician medication for return to the pharmacy. orders revealed: -discontinue Omeprazole 20 mg twice a day A discontinued order was given for the nicotine patches and start pantaprozole 40 mg 2 times a day and a copy is included with this plan of correction. signed 10-2-18 -Nicotine patch apply one time daily dated 9-To address the issue of lack of documentation for 8am 20-18 medications for clients #1, #2, and #3, an in-service -gabapentin 300 mg two caps twice a day review of the medication policy was completed 10/31-Review on 10-16-18 of Client #1's October 2018 In-service materials included in this packet. Immediate MAR revealed: documentation of medication dispensed was noted -Nicotine patch not signed for as being given. -Omeprazole 20 mg continued to be strongly in the in-service with disciplinary action as a document as being given twice a day through the follow-up measure for non-compliance. Residential 15th, Pantaprozole 40 mg documented as being given twice a day except for Oct 6,7,8,9 Manager will review all MAR's weekly at sporadic times and the 15th in the PM to ensure immediate documentation. Residential Team -AM medications for the 16th not documented Leader is also making a request to upper management -Gabapentin 300 mg not documented Oct.

Division of Health Service Regulation

revealed:

15, PM medication

Interview on 10-16-18 with the facility manager

other errors noted.

to increase nursing oversite to 1 x monthly as a second check for appropriate documentation and any issues or

Division	of Health Service Regu	lation			10111	
	T OF DEFICIENCIES	(X1) PROVIDER/SUPPLIER/CLIA	(X2) MULTIPL	E CONSTRUCTION	(X3) DATE S	
AND PLAN	OF CORRECTION	IDENTIFICATION NUMBER:	A. BUILDING:		COMPL	ETED
			1		F	2
		mhl013-142	B. WING		1	8/2018
MAME OF D	ROVIDER OR SUPPLIER	ETDECT AD	DRESS, CITY, ST	ATE 710 CODE		
		DEMERE DRIV				
WINDEME	ERE GROUP HOME		DLIS, NC 2808			
	OUR MARKET COT			T		
(X4) ID PREFIX		ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL	PREFIX	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD		(X5) COMPLETE
TAG	REGULATORY OR L	SC IDENTIFYING INFORMATION)	TAG	CROSS-REFERENCED TO THE APPROPR	NATE	DATE
				DEFICIENCY)		
V 118	Continued From page	2	V 118	Hann miles follows	_	
	-Client #1 did not	want to quit smoking so		Upon review of the medication	for Clien	t #3 and the
	they sent the Nicotine			issue of documentation of Vitar	nin D bei	ng given daily
	pharmacy.	con 🕊 resolveni estatu (1) et us estatutinia i italieni, 1 peri ili esta		instead of weekly, it was noted	that this	was not
	-He did not know	why the Omeprazole was		possible as there was only medi	cations f	or the ones
	still being given.			weekly administration of the	cations i	or the once
		to staff several times about		weekly administration of the vit	amın. In	is was also
		ated and signing it as soon		covered in the in-service and the	e residen	itial manager
	as the medications	were given.		marked off on the MAR's for this	s client th	he dates for the
	Finding 2:			next month that the vitamin is g	iven to e	nsure staff
				clearly understand it is weekly a	nd only -	risule stail
	Review on 10-16-18 of	of physicians orders for		documented woolds Staff	ilu Offiy f	leeds to be
	client #2 revealed:			documented weekly. Staff was I	previousi	y under the
		for ensure or equivalent		impression that if the client had	taken the	e medication
	twice a day dated 10-	8-18		on the date prescribed, that it no	eded to	be
	Peview on 10.16.19.0	of client #2's October 2018				
	MAR revealed:	Client #2 5 October 2016		documented as given for the w	noie wee	ek. In-service
		mented as being given.		revealed that staff were unclear	r about h	ow to
	-October 16th AM			document weekly medication so	o this wa	s reviewed also
	documented			with the residential manger tak	ing lead o	on marking the
				MAR to assist in prevention of t	his kind	of arrow in the
	Interview on 10-16-18			future.	nis kind C	or error in the
	Professional revealed:	70		I		
	didn't give it to her.	like the ensure, so they				1
		a discontinue order for it.				
	,					
	Finding #3					
						1
		f client #3's physicians				1
1	orders revealed:	ne cap on Thursday				
	-vitaiiiii D 1.25 0	ne cap on muisday				
	Review on 10-16-18 of	f client #3' s September				
	2018 MAR revealed:					
	-Vitamin D 1.25 si	gned daily through the 21,				
	except for the 8th					
	-No am meds sigr	ned for October 16, AM				
						- 1

Division of Health Service Regulation

Division of Health Service Regulation STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A BUILDING: B. WING mhi013-142 10/18/2018 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 2158 WINDEMERE DRIVE WINDEMERE GROUP HOME KANNAPOLIS, NC 28083 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X5) COMPLETE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PREFIX (EACH CORRECTIVE ACTION SHOULD BE DATE REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG TAG DEFICIENCY) V 118 Continued From page 3 V 118 Interview on 10-16-18 with the facility manager -He doesn't know why the vitamin D had been signed for, it was a documentation error as the pharmacy only sent 4 pills for the month. -He had spoken with staff repeatedly about documenting on the MAR as soon as the medication was given. This deficiency constitutes a recited deficiency and must be corrected with 30 days. V 736 27G .0303(c) Facility and Grounds Maintenance V 736 V736 10A NCAC 27G .0303 LOCATION AND Residential Manager and Residential Team Leader met **EXTERIOR REQUIREMENTS** (c) Each facility and its grounds shall be with Client #1 regarding the state of his living quarters. maintained in a safe, clean, attractive and orderly Client #3 was issued a 30 day discharge on 10/13 due to manner and shall be kept free from offensive these type issues of non-compliance. Client #3 is odor. currently awaiting placement in a higher level of care due to lack of response to continuous requests and assistance offered to comply with HUD rules for This Rule is not met as evidenced by: Based on interview and observation the facility cleanliness. Peer support service was also requested to was not maintained as clean, safe, orderly and make outings contingent on Client #3 having cleaned odor free. The findings are: his room. All staff are to focus on encouragement and Observation on 10-16-18 at approximately 4:00 assistance to allow for some assistance for Client #3 pm of client of client #1's room revealed: with his cleaning tasks. Staff and management will -Strong smell of urine permeating the room -Several dirty (with what appeared to be continue to follow up and assist with cleaning as feces) depends piled on floor needed until placement is secured for Client #3. -Dirty/clean clothes piled on the floor -Wet ( and smelled like urine) comforter on the floor. -Old cups sitting on the floor and dresser -Very little floor space visible because of

Division of Health Service Regulation

debris and laundry on the floor.

Division of Health Service Regulation

	T OF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		LE CONSTRUCTION	(X3) DATE	SURVEY
	*	mhl013-142	B. WING		I	R / <b>18/2018</b>
2000-00-00-00-00-00-00-00-00-00-00-00-00	PROVIDER OR SUPPLIER	2158 WIN	DEMERE DRIV	/E	•	
(X4) ID PREFIX TAG	(EACH DEFICIENCY	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD CROSS-REFERENCED TO THE APPROPR DEFICIENCY)	BE	(X5) COMPLETE DATE
V 736	Interview on 10-17-18 revealed:     -Client #1 would r     -They have had to times because of road roaches were visible  Interview on 10-17-18     -He would not add room but wanted to kn  Interview on 10-16-18 Professional revealed:     -They had recomm higher level of care.	refuse to clean his room. o call exterminators several ches in the room. (No at this time.) with client #1 revealed: dress the condition of his now why I was looking at it.	V 736			

Division of Health Service Regulation

### MONARCH Inservice Registration Form

<del>-</del>	TOPICS: Trainers-list each topic that you discuss  Medication Administration  Policy review - focus on start and  Stop meds, ensuring all prescribed  meds are available until hadication is alread by doctor, appropriate stimely  recording of medication distribution					
	TE: 10-225		ION: Winder	mere		
	ME:	AM/PM	UNTIL:	AM / PM		
PR	ESENTER/TITLE: 4	hichard Wea	theis, KM \	Cindy Van CampiR		
#	PRINT NAME	TITLE	DEPARTMENT	SIGNATURE		
1	Katrina Hines	BS	LTSS	Katrina Hines		
2	Denise Oliver	35		Mening ( )		
3	Gerri Lambert	BS		Denne Tendrest		
4				- CON ( - 104) 0 11		
5						
6						
7						
8						
9						
10						
11						
12						
13 14						
15						
16	•					
17						
18						
19						
20				,		
21						
22						
23						
24						

### MONARCH

## MEDICATION ADMINISTRATION OBSERVATION

Employee's Name:		Observer's Name:			
		# of People Meds Giv			
			_		
	OBSERVAT	ION	YES	NO	DTI
Medication Passer wash	ed their hands before	ore administering medication	IES	NO	N/A
between people, and at t	the end of administ	ration.			
Medication Passer check	ked prescriptions ac	gainst the MAR and physician's			
order, <u>BEFORE</u> admini	istering the medicat	tions.			
Medication Passer verifi	ed the medication l	log/count sheet appropriately.			
Medication Passer check	ced the medication'	s expiration date.			
Prior to administering th	o modication (1)	/ 1: · · ·			
label on the medication	e medication, the N	Medication Passer compared the			
a when tabi	ing it from the shelf	jes:			
b. before por	ing it moin the shell	;			
		1.10			
If medication was a liqui	tting it back on the	shelf.			
on a flat surface, at eye le	evel, when pouring.	Passer placed the measuring cup			
If syringe was used, the M	Medication Passer n	neasured the correct amount.	_		
The Medication Passer no				-	
The Medication Passer us seeple during medication	ed a supportive voi administration	ce tone when prompting			
neurcation.		acy when administering.			-
ecueu by the person		prompting only at the level		-	-
he Medication Passer car	n state reasons why	the person is taking each			
ledication given (or know	vs where to locate the	his information).			
he Medication Passer co	uld state side effects	s of the medication.		+	$\dashv$
	· · · · · · · · · · · · · · · · · · ·				

### MONARCH

OBSERVATION	YES	NO	N/A
The Medication Passer talked with each person about possible side effects of the medication they are taking.		110	107
The Medication Passer initialed the MAR after the medication was administered.			
The Medication Passer used the 6 rights:  a. Right Person?			
b. Right Drug? c. Right Dose? d. Right Time?			
e. Right Route? f. Right Recording?			
The Medication Passer can state the allowable grace time for administering medications.			
Comments:			
I have received feedback and comments for this medication observation. I und that need to be improved.	lerstand :	any area	as
Signature of Medication Passer Date	:		_
Signature of Observer Date			_



# NEW MEDICATION ALERT!!!

FOR:	
MED: Dicoline Falches	
DETAILS: 4/c - 19/18/19.	.*
- No not give medication	



# Physician's Order

Cabarrus Family Medicine 270 Copperfield Boulevard, Suite 102 Concord, NC 28025

Phone: 704-786-6521 Fax: 704-782-9703

Patlent Name & DOB:		
Order for: D/C	Motio patches	
ICD-10 code (if needed):	5-4-94	
MD Signature / Date	Dos Pal	10/18/19
Rebekah Aurie, DO	Paul Henson, MD	lara N

NPI #1174901276 Dawn Caviness, MD NPI #1639499098 Ryan Corbello, MD NPI #1902333552 Paul Delaney, MD, MS. NPI #1659388189 Stacey Gipe, PA API #1003887860

NPI #1396270740 Carla Jones, MD NPI #1569460499 Rachel Koontz, NP-C NPI #1558756155 Christopher Lake, MD NPI #1104203496 Brian McCollough, MD NPI 81417174616 Andrew Nance, MD NPI #1831544949

Jerome Nymberg III, MD NPI 81447248208 Ronald Pollack, MD NPI #1598753350 Mark Robinson, MD NPI 81912995788 Lori Seymour, PA NPI #1255329025 Jacqueline Watson, MD NPI #1922538503

Fax to:

### Arc Services, Inc.

### DISPOSAL OF MEDICATION FORM

Name of Person:	Record #:
Name of Medication	n: Amosagde Dong
Strength of Medicat	tion: 20 mg Quartity Disposed Of: 8pm - 16
Method of Disposal	: Sex To Prairie
Date of Disposal:	10/11/18
Name of Pharmacy:	- Haristang Pranacy
Address of Pharmac	Thuistang Pranacy  506 4 hay 49 South  Thuistang DC 28015
Comments:	Thusburg DC 28075
	10/2/18
Date: 10/7/18	Signature of Staff: Zychadel weather
Date:	Signature of Witness:
Date:	Signature of Pharmacist:

# Drugs Returned to Pharmacy or Released to the Patient Facility Charles

			FACILITY USE				DISP	DISPOSITION		· falling ·	EOB DA	FOR BHARMACVIES ONLY	NINO JOHN NORMA	· 6.00	
Date Returned	Nurse's Initial	Patient's Name	Name, Strength & Form of Drug	Rx Number	Date of Issue	Quantity	CHANGED	CENTRED A	79 OT 088A3	Date Count	t Billing Status	Destroyed	Credit	Credit	Inittal
100	B		Drug Ma sale Do my.			62	+	-	17334						
			0						-	-					
									+-	-					
									1 2007	-					
				7											
		\$7						+	-	-					
				1			1	F	150	_					T
		en,					#	丰	7	_					
		) y (*)							+						
						+	‡	+							
									+	$\perp$				1	T
		1000					#						$\top$		
								+	_					1	
								+	1				$\dagger$		
													+		T
														T	T
(1) list controlled by the State (2) complete all a (3) keep plink cor (3) keep plink cor (3) keep plink cor (4)	INSTRUCTIONS:  (1) list controlled subst by the State Drug Au  (2) complete all applical (3) Keep pink con and	INSTRUCTIONS:  (1) list controlled substances separately on the form supplied by the State Drug Authorly.  (2) complete all applicable information in unshaded areas.  (3) Reep plak coov and	FOR MEDICATIONS RELEASED WITH PATIENT  I certify that the medications listed above are released to me and I understand and request that the medications are not dispensed in child-resistant containers.	VT re released to me and	understand and	request that	the medic	ations arr	not dispe	nsed in child	resistant co	ontainers.	-		
(4) return or or (5) have releas	n both mer patient or se upon di	(4) return both medication and forms to pharmacy or or (5) have patient or responsible party sign form for medications release upon discharge, than forward forms to the pharmacy.	14 S 11 S		1 1	Date									

104-463-6518

# MONARCH Policy and Procedure Manual

PROGRAM: ALL	DATE ISSUED/UPDATED: 08-07-96;
	06-30-99; 10-31-01; 03-04-02; 06-15-05;
	04-18-06; 06-20-06; 03-12-07, 4/6/09, 4/9/10,
	1/7/11; 3-9-11, 3-17-11, 6/28/11, 8/17/11,
	4/19/12, 2/5/13, 2/10/13, 7/22/14, 8/6/14,
	11/17/14, 7/30/15; 9/19/16, 2/23/18; 5/10/18
SECTION: Medical Services	REGULATORY REFERENCE: APSM 30-
	1; NCAC Chapter 90 Article 9A Nurse
	Practice Act;10A NCAC 276.0209
TOPIC: Medication Administration	OPERATIONAL POLICY
	BOARD POLICY
POLICY OWNER:	BOARD APPROVED DATE: 07-09-96;
	06-15-05; 05-17-07, 10/24/14, 1/27/17 (If applicable)
SOP: Yes No	FORM: Yes No

### **POLICY:**

It is the policy of Monarch to ensure that medications are safely administered as prescribed according to regulatory requirements and standards of practice.

Note: At no time will Monarch staff attempt to force medications on any person we serve

### **DEFINITIONS:**

**PRN Medication**: medication given "when necessary" or "as circumstances require" as specified within the provider's order (i.e., give ibuprofen 200 mg every 8 hours as needed for headache pain).

Medication Administration Record (MAR): the form that serves as a legal record of the medications administered to an individual at an organization by a staff member. The MAR is a part of an individual's permanent medical record.

**Medication Transcription**: the process of transferring a provider's medication order(s) to the Medication Administration Record (MAR).

**Standing Order:** signed as orders to be administered as directed. Standing orders may be prn medications such as Tylenol (to be given for pain/fever).

### PROCEDURE: MEDICATION TRANSCRIPTION

\*Medication transcription will include the negating of any keys or code lists found on MARs provided by outside vendors.

### Long Term Services and Supports (LTSS):

The transcription of medication may only be completed by Registered Nurses (RNs) or Licensed Practical Nurses (LPNs) or employees who have successfully completed the agency's training in medication transcription. When applicable, medication transcription training is required one time only. However, if a transcription error is made the staff making the error must take the medication transcription class again and will not transcribe medication orders until the class is successfully completed.

Once medication has been transcribed, a witness must verify the information prior to implementation of any new orders. If the facility has assigned nursing services, the transcription must be verified by Nursing Services.

### **Behavioral Health Crisis Units**

A Registered Nurse or Licensed Practical Nurse will transcribe all orders received from the Physician's Order form. The transcription of new orders will be verified by another RN to ensure accuracy of transcription.

Standing and PRN medication orders will be added to the Medication Administration Record (MAR) book for the individual when orders are implemented by the admitting provider, with signature of RN or LPN and verification by an additional RN for accuracy. If there is only one RN on a shift, the orders will be verified at shift change by the on-coming RN.

### Assertive Community Based Treatment Team (ACTT):

• When a provider documents new orders, the provider will place the charts that have new or updated orders in the designated place for review by nurses on the team. The nurses will review orders and update the electronic chart. Any new orders will be implemented and documentation that the order has been "noted (date, time, nurse's name) and faxed" will be entered on the order sheet below the actual order.

### **Outpatient Clinics**

• The medication order for injections is verified at the time of the injection and transcribed onto the *Injection Assessment and Administration Record* by the nurse.

### **MEDICATION ADMINISTRATION RECORD (MAR):**

- The MAR will include the following:
  - Name of person to receive the medication
  - o Name, strength, and quantity of the medication
  - o Instructions for administering the medication
  - o Date and time the medication is scheduled and administered
- Name and initials of person administering the medication
   Documentation of medication administration on the MAR shall occur immediately upon completion of the medication pass.
- Regardless of the key located on the actual MAR, the person who attempts to administer
  the medication will place his or her initials in the appropriate place on the MAR. Each
  person administering medications will also sign and initial the appropriate space on the
  MAR, authenticating initials. No other code should be used.
  - If the administration is completed as ordered, documentation of the administration is completed.
    - If additional information such as location of an injection needs to be indicated, instead of a code on the MAR, the comments section should be utilized to specify details.
  - If administration of the medication is not completed for any reason, the person attempting administration will circle his/her initials on the MAR and indicate in the comment section why the medication administration was not successful.
    - Reasons may possibly include refusal, out of facility, hospitalized, on therapeutic leave, or any other situation when the medication was not administered as ordered.
- If a program is closed, for example a day site on an observed holiday or due to weather, the fact that the program is closed should be clearly indicated on the MAR.
  - This can be accomplished either by writing "CLOSED" across the date in question or by documenting as indicated above and commenting "CLOSED due to \_\_\_\_" on the back.
  - There is no key/code for closure.

Note: Anytime an individual refuses a dose of medication, complete a level 1 incident report for the missed dose.

### Long Term Services and Supports (LTSS)

- Standing orders will be received pre-printed from the pharmacy or staff will use the preprinted Monarch standing orders.
  - o Standing orders may be given within the guidelines set by the provider.
  - o All PRN orders may be given within the guidelines set by the provider.

- o In facilities where no nursing support is assigned, staff will contact the on-call supervisor prior to giving any PRN for orders that are not standing orders.
- o A Standing order may be given by the staff as written on the standing order form.
- o The On-call Supervisor or Nursing staff, as appropriate, will be contacted only if the standing order medication does not have the desired effects as documented on the back of the MAR by staff.

### In transitional housing services only:

- If people receiving services do not receive medical or medication supports from Monarch, standing orders are not required for the person to maintain and use over the counter medications. Dosing of this medication shall be at the determination of the person receiving services.
- If employees are providing medication supports to people served, orders must be obtained for all over the counter medications and these medications must be maintained in the employee's care.

Authorization for giving over the counter medications may be provided by the Lead Employee on duty in lieu of the on-call supervisor.

### Behavioral Health Crisis Units

A Registered Nurse will obtain a copy of the standing orders and Crisis MARs, enter the
individual's name, record number, month/year on the form, enter the provider's name
authorizing implementation of the orders, initial and sign the MAR, and place in the
appropriate section of the medication administration notebook upon receiving orders from
the admitting provider. Authentication of orders must be completed by designated
provider within 72 hours.

### **EMPLOYEE STANDARDS:**

### Long Term Services and Supports (LTSS)

Medications shall be administered only by staff members who have been certified in medication administration. This certification shall be obtained by all of the following:

- Attending medication training offered by Monarch;
- Passing grade of 80% or higher on written medication test;
- Performing 3 successful medications passes while being observed by the residential manager. Medication Observation forms will be forwarded to Education upon successful completion to education@monarchnc.org.

One staff member will be designated as the assigned medication passer. During this time the employee will be responsible for ensuring the security of the medication and compliance to the administration schedule.

Any staff filling in as a sub must have completed the required Medication Administration class and must also be watched or observed one time per home that they are subbing in before giving medications.

### Behavioral Health Crisis Units and Out Patient Clinics

- Medications will only be administered by persons lawfully authorized to do so. This
  program recognizes and authorizes the following licensed staff to administer
  medications:
  - o Physician (or Physician Extender, such as a Physician's Assistant or Nurse Practitioner
  - o Registered Nurse
  - o Licensed Practical Nurse

### **MEDICATION ADMINISTRATION:**

### General:

 All medications administered to an individual must have a current provider's order/prescription and have a current expiration date. See Monarch's Medication Order policy.

### Long Term Services and Supports (LTSS)

- Medications, including injections, shall be administered only by licensed persons, or by unlicensed persons trained by a registered nurse, pharmacist, or other legally qualified person, and privileged to prepare and administer medications\*\*\*.
  - An employee must have successfully completed the agency's medication administration training and passed three (3) observations prior to giving medications.
  - The observations must be conducted by a supervisory level staff that is also currently in good standing with medication administration training.
  - Employees who are supporting people who require injections will complete additional agency training in the person's condition and how to properly give injections.

### \*\*\* Note: IM injections may only be administered by a nurse.

- Sample medications may ONLY be administered if the medication has a label on it
  identifying the following information needed and listed in the policy for labeling
  including: name of individual, name of medication, strength of medication, route for
  administration, quantity of medication, directions for administration, and expiration date.
  - o If there is not a label on the sample medication identifying the person, dose, route and strength, the medication can ONLY be distributed to the individual by an RN (who will verify this is the correct medication prescribed by the provider and ensure identifying information is attached) and can then only be given to the person for self-administration.

- The sample medication CANNOT be administered without the identifying information.
- Each person supported shall be monitored for desired and undesired effects of the medication.
- Undesired effects shall be reported and documented to the RN, provider, pharmacist, and family member/legal guardian
- Staff responsible for medication administration shall not pre-pour medications.
- Borrowing of medications from another person's medication supply is not allowed.
- Unless otherwise indicated by the ordering provider, medications will be given at the following times:

Daily: 8 AM

Twice daily: 8 AM and 8 PM

Three times a day: 8 AM, 4 PM and 8 PM Four times a day: 8 AM, 12N, 4 PM and 8 PM

Bedtime: 8 PM

Before meals: 1/2 hour before scheduled mealtime

- Staff shall indicate the administration times on the MAR.
- Medications will be administered one (1) hour before to one (1) hour after the time designated on the provider's order and/or Medication Administration Record.

### Behavioral Health Crisis Units

- All medications will be administered as prescribed by the attending provider.
- Unless otherwise indicated by the ordering provider, medications will be given at the following times:

Daily: 9:00 am

Twice Daily: 9:00 am and 9:00 pm

Three times daily: 9:00 am 3:00 pm and 9:00 pm

Four times daily: 6:00 am 12:00 noon 6:00 pm and 12:00 midnight

Bedtime: 9:00 pm

- Medications will be administered one (1) hour before to one (1) hour after the time designated on the provider's order and/or Medication Administration Record.
- Staff responsible for medication administration shall not pre-pour medications.
- Borrowing of medications from another person's medication supply is not allowed.
   Each person supported shall be monitored for desired and undesired effects of the medication.
  - Undesired effects shall be reported to the RN, provider, pharmacist, and family member/legal guardian, and an incident report shall be completed if adverse reactions are noted.

### Administration:

The procedure for passing medications shall be as follows:

- Staff shall wash hands (following Centers for Disease Control and Prevention (CDC)
  Hand Hygiene Guidelines described in Monarch's *Hand Hygiene* policy.) before passing medications, between passing medications, and at the completion of the medication pass.
  - Staff may use hand sanitizer in lieu of basic hand washing during medication administration.
  - Antibacterial soap and water shall be used before and after the medication process.
- During medication preparation, staff will visually inspect medication for particulates, discoloration, or other loss of integrity. Should concern for the integrity of the medication be identified, staff should not administer the medication, identify it for destruction, and contact the pharmacy to obtain replacement medication.
- Medication will be administered at the medication area whenever possible. When this is not possible, staff shall ensure that the medication area is secure before leaving the area.
- Each person shall be individually asked to come to the medication area to receive medication, to assure privacy.
- Prior to the administration of any medication, consent must be obtained and education provided.
- Staff may provide educational information as outlined in the agency policy on medication education, to include: what medication(s) the individual is taking, what it is for, and possible side effects of the medication.
  - Written consent and acknowledgement of medication education shall be filed in the record.
- People receiving support with medication will be encouraged to manage medication as independently as possible.
- The following will be verified during each medication pass:
  - Right person Staff will utilize two identifiers to ensure the correct person is receiving the medication: the person's name (or picture identification) and date of birth. For Group Homes and Crisis Units, an updated picture of the individual with the individual's name and birthdate may be utilized for these identifiers. In Outpatient Clinics, the individual may show a picture ID and/or state name and date of birth. Picture ID will be available through the electronic health record. For ACT Teams, individual will identify self by stating name and date of birth unless assessed as unreliable historian, in which case a picture of the individual with name and date of birth will be implemented for correct identification.
  - Right medication
  - o Right dosage
  - Right time
  - o Right route of administration
  - Right method of documentation.

- The MAR will be checked three (3) times prior to giving the medication. Staff will ensure the medication administration was completed as ordered.
- Staff will immediately document all medication administration on the MAR.

### CONTROLLED MEDICATIONS

Staff responsible for preparing medication administration paperwork shall ensure that a *Controlled Substance Administration Record* form is prepared for each controlled medication prescribed for an individual. Each time staff administer a controlled medication, an entry will be made on the Controlled *Substance Administration Record* form stating the date, time, amount of medication removed, and the amount of medication remaining. A count will be co-signed by both parties every time the medication keys change hands.

Controlled medications will be counted at the beginning of each shift with a staff member from the previous shift. The count will be documented on the *Controlled Substance Administration Record* form and both persons will sign the sheet. The RN/Nurse Manager and Residential Manager / Director of Program Operations will be notified immediately of any error in the controlled medication count.

Any missing controlled medication will be reported as a level 2 incident and an investigation will be conducted within required incident reporting timelines.

### **Behavioral Health Crisis Units**

Controlled medications brought from home will be counted by two nurses and placed behind two locked storage areas.

Controlled medications are signed out as each dose is administered.

Controlled medication count will be completed by two nurses at every change of RN staff.

The RN or LPN administering medications during the shift will maintain possession of medication keys at all times.

### Assertive Community Treatment Teams (ACTT)

Medications received from the pharmacy for individuals supported are logged into the Medication supply closet on the *Monarch ACTT Medication Tracking* form.

Medication received for individuals that are packaged in bubble packaging are inspected when received for intactness, ensuring that all medications are received for each individual from the pharmacy based upon provider orders and that they are properly labeled. These medications are kept in a locked cabinet (within the locked nurses' office) that is accessed only by ACTT nurses or medical providers.

Medications are logged out by the nurses when planned for delivery to individuals. The person supported signs the Medication Delivery Record when he or she receives the medication.

Medications removed from the individual's medication supply and unable to be delivered to the individual are returned to the individual's supply within the locked cabinet by one of the ACTT nurses, this is noted on the log out form, and medications are logged back into the individual's supply.

### **Outpatient Clinics**

Any controlled medication samples received at an outpatient clinic must be kept in the locked sample closet, with an additional lock (always behind 2 locks) that is accessed only by authorized staff (RN, LPN, CMA or medical provider).

Controlled medication samples are logged in on the *Monarch Sample Medication Tracking* form.

Verification of inventory must be completed and documented at least monthly by Lead Nurse to ensure proper documentation of samples dispensed and current inventory. Any discrepancy in count for controlled sample medication count must be reported to respective Lead Nurse or Nursing Designee and local Operations Designee.

### **REVIEWS OF MEDICATION:**

### Long Term Services and Supports (LTSS)

It is the policy of Monarch that the assigned RN, or Residential Manager if no RN is assigned, is responsible for obtaining a review of the medication regimen of each person. In ICF-MR funded services, it is encouraged that the medication review is scheduled with the quarterly RN quarterly assessments.

In ICF-MR funded services all medication orders must be reviewed quarterly. Standing orders are renewed annually; all other medications are renewed annually. In non-ICF-MR funded services, all medication orders must be renewed/reviewed annually. Standing orders will be renewed annually.

Anyone that receives a psychotropic medication regardless of diagnosis or reason must have all medications evaluated/reviewed at least every 6 months by a physician/pharmacist. The team shall discuss and make recommendations concerning these medications.

Documentation of a review/renewal by a physician will be entered into the record through one of the following methods:

- receipt of new prescriptions or orders for all medications;
- · order from physician to continue all medications (with medications listed); or
- progress note from the physician, noting all medications to be renewed.

Pharmacy Reviews:

In all services where a Pharmacist reviews medication, the review must be completed by a licensed pharmacist.

- The pharmacy review will consist of a review of all medications ordered for the person according to the review guidelines listed above and will evaluate effectiveness of the medication, interactions between medications, and side effects noted.
- The agency form, Pharmacy Review, may be utilized to document the review. Pharmacists may opt not to use the agency form and may provide the agency with a written report. This report will include: name of the participant, record number, date of the review, any areas requiring improvement, and then if applicable a plan of correction, time frame in which plan of correction shall be completed, person responsible for plan of correction, and individual responsible to ensure all corrections are completed. The Pharmacist completing the report shall sign and date the report.

A copy of the written medication review report shall be provided to the key manager of the site, Team Leader and Residential Manager. In addition, any other professionals who must take action in the plan of correction shall receive a copy of the written report. The original report will be filed in the medical record.

### Assertive Community Treatment Teams (ACTT)

Current medications are review by the treatment team during each Treatment Plan Review.





November 4th, 2018

DHSR Survey and Complaint Section 2718 Mail Service Center Raleigh, NC 27699-2718

Dear Ms Work,

Enclosed please find the Plan of Correction for Monarch's Windermere home in Kannapolis, NC. We have completed additional training and made the required corrections to our medication records. Monarch thanks you for your guidance and assistance in maintaining our records and keeping adequate records for the same.

Sincerely,

Cindy VanCamp

Residential Team Leader

Monarch

DHSR - Mental Health

NOV 132018

Lic. & Cert. Section

