

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  <b>MHL028-013</b>	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____  B. WING _____	(X3) DATE SURVEY COMPLETED  <b>10/26/2018</b>
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NAME OF PROVIDER OR SUPPLIER  <b>ROANOKE TRAIL FACILITY</b>	STREET ADDRESS, CITY, STATE, ZIP CODE <b>185 ROANOKE TRAIL MANTEO, NC 27954</b>
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V 000	<p><b>INITIAL COMMENTS</b></p> <p>A complaint survey was completed on October 26, 2018. The complaint was substantiated (intake #NC00144061). Deficiencies were cited.</p> <p>This facility is licensed for the following service category: 10A NCAC 27G .5600C Supervised Living for Adults with Developmental Disabilities.</p>	V 000		
V 117	<p><b>27G .0209 (B) Medication Requirements</b></p> <p><b>10A NCAC 27G .0209 MEDICATION REQUIREMENTS</b></p> <p>(b) Medication packaging and labeling:</p> <p>(1) Non-prescription drug containers not dispensed by a pharmacist shall retain the manufacturer's label with expiration dates clearly visible;</p> <p>(2) Prescription medications, whether purchased or obtained as samples, shall be dispensed in tamper-resistant packaging that will minimize the risk of accidental ingestion by children. Such packaging includes plastic or glass bottles/vials with tamper-resistant caps, or in the case of unit-of-use packaged drugs, a zip-lock plastic bag may be adequate;</p> <p>(3) The packaging label of each prescription drug dispensed must include the following:</p> <p>(A) the client's name;</p> <p>(B) the prescriber's name;</p> <p>(C) the current dispensing date;</p> <p>(D) clear directions for self-administration;</p> <p>(E) the name, strength, quantity, and expiration date of the prescribed drug; and</p> <p>(F) the name, address, and phone number of the pharmacy or dispensing location (e.g., mh/dd/sa center), and the name of the dispensing practitioner.</p>	V 117		

Division of Health Service Regulation  
LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE \_\_\_\_\_ TITLE \_\_\_\_\_ (X6) DATE \_\_\_\_\_

Division of Health Service Regulation

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V 117	<p>Continued From page 1</p> <p>This Rule is not met as evidenced by: Based on record reviews, observations and interviews, the facility failed to ensure that medications for administration at the facility were packaged and labeled as required. The findings are:</p> <p>Finding #1: Review on 10/26/18 of client #1's record revealed: - 32 year old male. - Admission date of 01/01/18. - Diagnoses of Severe Intellectual Developmental Disability (IDD), Attention Deficit Hyperactivity Disorder (ADHD), Ehlers-Danlos Syndrome and Legally Blind.</p> <p>Review on 10/26/18 of client #1's signed physician order dated 10/17/18 revealed: - Risperidone (anti-psychotic) 2.5 milligrams - give one in mornings only.</p> <p>Observation on 10/26/18 at approximately 1:30pm of client #1's medications revealed: - Risperidone 0.5mg - take one tablet by mouth twice daily. - Handwritten on the label was "8am only."</p> <p>Finding #2: Review on 10/26/18 of client #5's record revealed: - 51 year female. - Admission date of 06/02/03. - Diagnoses of Moderate IDD, Diabetes, Gastroesophageal Reflux Disease, Vitamin D</p>	V 117		

Division of Health Service Regulation

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V 117	<p>Continued From page 2</p> <p>Deficiency, Edema and Major Depressive Disorder.</p> <p>Review on 10/26/18 of client #5's signed physician orders for September 2018 MAR revealed:</p> <ul style="list-style-type: none"> <li>- 5-FU/Sal Acid 10% (treats skin conditions) - apply to affected area at bedtime and cover with a bandaid.</li> <li>- Hydrophor ointment (moistens skin) - apply to face and skin twice daily.</li> </ul> <p>Observation on 10/26/18 at approximately 12:30pm of client #5's medications revealed:</p> <ul style="list-style-type: none"> <li>- 5-FU/Sal Acid 10% - not able to read the directions for use on the pharmacy label.</li> <li>- Hydrophor ointment - not able to read the directions for use on the pharmacy label.</li> </ul> <p>Interview on 10/26/18 the Registered Nurse stated she had contacted the pharmacy to obtain medications with new labels.</p>	V 117		
V 118	<p>27G .0209 (C) Medication Requirements</p> <p>10A NCAC 27G .0209 MEDICATION REQUIREMENTS</p> <p>(c) Medication administration:</p> <p>(1) Prescription or non-prescription drugs shall only be administered to a client on the written order of a person authorized by law to prescribe drugs.</p> <p>(2) Medications shall be self-administered by clients only when authorized in writing by the client's physician.</p> <p>(3) Medications, including injections, shall be administered only by licensed persons, or by unlicensed persons trained by a registered nurse, pharmacist or other legally qualified person and</p>	V 118		

Division of Health Service Regulation

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V 118	<p>Continued From page 3</p> <p>privileged to prepare and administer medications. (4) A Medication Administration Record (MAR) of all drugs administered to each client must be kept current. Medications administered shall be recorded immediately after administration. The MAR is to include the following:</p> <p>(A) client's name; (B) name, strength, and quantity of the drug; (C) instructions for administering the drug; (D) date and time the drug is administered; and (E) name or initials of person administering the drug.</p> <p>(5) Client requests for medication changes or checks shall be recorded and kept with the MAR file followed up by appointment or consultation with a physician.</p> <p>This Rule is not met as evidenced by: Based on record reviews and interviews, the facility failed to administer medications on the written order of a physician and failed to keep the MARs current affecting three of four audited clients (#1, #2 and #6). The findings are:</p> <p>Finding #1: Review on 10/26/18 of client #1's record revealed: - 32 year old male. - Admission date of 01/01/18. - Diagnoses of Severe Intellectual Developmental Disability (IDD), Attention Deficit Hyperactivity Disorder (ADHD), Ehlers-Danlos Syndrome and Legally Blind.</p> <p>Review on 010/26/18 of client #1's signed physician orders for September 2018 revealed:</p>	V 118		

Division of Health Service Regulation

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V 118	<p>Continued From page 4</p> <ul style="list-style-type: none"> <li>- Fexofehadine (Allergy-treats allergies) 180 milligrams (mg) - take one tablet daily.</li> <li>- Anti-dandruff shampoo - use daily to wash hair.</li> </ul> <p>Review on 10/26/18 of client #1's September 2018 and October 2018 MARs revealed the following blanks: October 2018 - Anti-dandruff shampoo 10/18/18.</p> <p>September 2018 - Fexofehadine 09/28/18 thru 09/30/18.</p> <p>Client #1 was unable to participate in interview regarding his medications due to diagnosis of Severe IDD.</p> <p>Finding #2: Review on 10/26/18 of client #2's record revealed: - 34 year old male. - Admission date of 07/08/16. - Diagnoses of Moderate IDD, Ehlers-Danlos Syndrome, Legally Blind and Gastroesophageal Reflux Disorder (GERD).</p> <p>Review on 10/26/18 of a signed physician order for September 2018 revealed Pantoprazole (treats reflux disorder) 40mg - take one tablet daily.</p> <p>Review on 10/26/18 of client #2's October 2018 MAR revealed the following blank 10/19/18.</p> <p>Interview on 10/26/18 client #2 stated he received his medication everyday.</p> <p>Finding #3: Review on 10/26/18 of client #6's record revealed:</p>	V 118		

Division of Health Service Regulation

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V 118	<p>Continued From page 5</p> <ul style="list-style-type: none"> <li>- 74 year old male.</li> <li>- Admission date of 03/02/07.</li> <li>- Diagnoses of Mood Disorder, Mild IDD, Peripheral Vascular Disease, ADHD, Parkinson's Disease, Restless Leg Syndrome, Major Depressive Disorder and Generalized Anxiety Disorder.</li> </ul> <p>Review on 10/26/18 of client #6's signed physician orders dated 09/01/18 revealed Spiriva (prevents bronchospasm) 2.5 micrograms - inhale 2 puffs every morning.</p> <p>Review on 10/26/18 of client #6's October 2018 MAR revealed "OH (on hold)" in the blocks dated 10/20/18 thru 10/22/18.</p> <p>Interview on 10/26/18 client #6 stated he received his medications as ordered.</p> <p>Interview on 10/26/18 staff #1 stated:</p> <ul style="list-style-type: none"> <li>- She worked at the facility on 10/20/18, 10/21/18 and 10/22/18.</li> <li>- She was not able to administer client #6's Spiriva as ordered.</li> <li>- She contacted her supervisor and was told to document the medication as on hold.</li> <li>- She was not aware of any other missed medications.</li> </ul> <p>Interview on the Registered Nurse stated staff should have placed "LOA (leave of absence)" in the blocks for client #1 and #2 on 10/19/18.</p> <p>Interview on 10/26/18 the Qualified Professional stated:</p> <ul style="list-style-type: none"> <li>- Client #6's Spriiva pump would not work which caused the medication error.</li> <li>- The facility had a back up pharmacy, however the medication was filled by the primary</li> </ul>	V 118		

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V 118	Continued From page 6  pharmacy on 10/22/18.  Due to the failure to accurately document medication administration it could not be determined if clients received their medications as ordered by the physician.	V 118		