

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: MHL068-128	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED R 10/10/2018
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NAME OF PROVIDER OR SUPPLIER SUNRISE CASAWORKS AT HORIZONS	STREET ADDRESS, CITY, STATE, ZIP CODE 211 CONNOR DRIVE CHAPEL HILL, NC 27599
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V 000	<p>INITIAL COMMENTS</p> <p>An annual, follow-up and complaint survey was completed October 10, 2018. Complaint (intake #NC00143303) was unsubstantiated and complaint (intake #NC00143391) was substantiated. There were deficiencies cited.</p> <p>This facility is licensed for the following service category: 10A NCAC 27G. 4100 Therapeutic Homes for Individuals with Substance Abuse Disorders and Their Children</p>	V 000		
V 118	<p>27G .0209 (C) Medication Requirements</p> <p>10A NCAC 27G .0209 MEDICATION REQUIREMENTS (c) Medication administration: (1) Prescription or non-prescription drugs shall only be administered to a client on the written order of a person authorized by law to prescribe drugs. (2) Medications shall be self-administered by clients only when authorized in writing by the client's physician. (3) Medications, including injections, shall be administered only by licensed persons, or by unlicensed persons trained by a registered nurse, pharmacist or other legally qualified person and privileged to prepare and administer medications. (4) A Medication Administration Record (MAR) of all drugs administered to each client must be kept current. Medications administered shall be recorded immediately after administration. The MAR is to include the following: (A) client's name; (B) name, strength, and quantity of the drug; (C) instructions for administering the drug; (D) date and time the drug is administered; and (E) name or initials of person administering the drug.</p>	V 118		

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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE _____ TITLE _____ (X6) DATE _____

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V 118	<p>Continued From page 1</p> <p>(5) Client requests for medication changes or checks shall be recorded and kept with the MAR file followed up by appointment or consultation with a physician.</p> <p>This Rule is not met as evidenced by: Based on record reviews, observation and interviews the facility failed to administered medication according to the physician order for one of three audited clients (#1). The findings are:</p> <p>. Review on 10/10/18 of Client 1's record revealed: - Admission date of 7/30/18. - Diagnoses of Opioid Use Disorder, Severe, Amphetamine- Substance Use Disorder, Severe and Cannabis Use Disorder, Severe</p> <p>Review on 10/10/18 of Client #1's record revealed medication upon admission: -Ibuprofen 800 mgs - take one tablet by mouth 3x daily as needed: -Suboxone 8mg/2mg - dissolve one film under the tongue 2x daily for 14 days.</p> <p>Review on 10/10/18 of Client #1's Non-Narcotic Pain Medication Sheet revealed: -Ibuprofen 800mg was taken daily until 9/26/18 a.m. -No Ibuprofen 800mg was administered on 9/26/18.</p> <p>Review on 10/10/18 of Client #1's New Orders revealed the following: -Physician order dated 9/24/18 for</p>	V 118		

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V 118	<p>Continued From page 2</p> <p>Gabapentin 300mg - take one capsule by mouth 3x per day.</p> <p>-Nurse Practitioner order dated 9/26/18 for Voltaren Gel - apply to each shoulder 4x per day as needed for pain.</p> <p>-Physician order dated 9/27/18 for Cyclobenzaprine (Flexeril) 5mg tablet - take one tablet (5mg) by mouth 3x a day as needed for 15 days for muscle spasms.</p> <p>-Physician order dated 9/27/18 for Ibuprofen 600mg - take one tablet by mouth 3x a day as needed.</p> <p>-Physician order dated 9/27/18 for Tylenol 500mg - take 2 tablets (1,000) by mouth 3x per day as needed.</p> <p>-Physician order dated 10/2/18 for Prednisone 20mg tablet - take 3 PO daily for 2 days, then 2 PO daily for 2 days, then 1 PO daily for 2 days.</p> <p>Observation on 10/10/18 at 10:00 a.m. of Client #1's medication revealed the following was available:</p> <ul style="list-style-type: none"> -Ibuprofen 600 mgs - Gabapentin 300mg -Voltaren Gel -Ibuprofen 600mg -Tylenol 500mg <p>Interview on 10/10/18 with Client #1 revealed:</p> <ul style="list-style-type: none"> -She reported that she had a bulging disc on her shoulder and neck areas. -Reported that she got headaches from the pain. -She believed the injury was related to domestic violence. -Reported that she was in a lot of pain. -She went to the emergency room a few times for the pain. -Admitted to taken Ibuprofen daily as needed. -Admitted to taken Ibuprofen to help with the pain. 	V 118		

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V 118	<p>Continued From page 3</p> <ul style="list-style-type: none"> -Reported reason for going to the emergency room on 9/26/18 was because staff denied her Ibuprofen on 9/26/18. -Admitted taken a one dose on 9/26/18 in the a.m. -Staff told her she was not allowed to take Ibuprofen no more than three days per week. -NP wrote an order for Voltaren Gel. -She reported the Voltaren Gel was offered to her as a substitute for Ibuprofen. -She confirmed the new medications mentioned. -She felt better. -She would start physical therapy in the upcoming week. <p>Interview on 10/10/18 with the Nurse Practitioner/Director of Health Services revealed:</p> <ul style="list-style-type: none"> -She monitored client's medication. -She was concerned about client #1's daily request of the Ibuprofen and the health risk. -Submitted memo to staff dated 7/13/15 regarding over the counter pain medication. -The memo suggested that clients may take OTC pain medication no more than 3 days a week. -If a client expressed a need to take medication more than 3 days a week, the client must see a health care provider to address the pain issue. -The memo was not meant to over-ride the physicians order. -She wanted client #1 to see her Primary Care Provider (PCP) to seek other options. -She wrote the order for Voltaren Gel to help with pain with hope to decrease the need for Ibuprofen. -Client #1 went to the emergency room twice for reported pain. -Client #1 was encouraged to see PCP. -Client #1 reported having a bulging disc. -Client #1 had a MRI done in the emergency room. 	V 118		

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V 118	Continued From page 4 -There were no descriptive findings; nothing concrete. -A neurosurgery doctor saw client #1 at the emergency room. -The neurosurgeon did not feel like surgery was needed. -Doctor connected Client #1 to the pain management department at the hospital. -Client #1 PCP changed Ibuprofen from 800 mg to 600mg and the emergency room prescribed other pain medications.	V 118		
V 736	27G .0303(c) Facility and Grounds Maintenance 10A NCAC 27G .0303 LOCATION AND EXTERIOR REQUIREMENTS (c) Each facility and its grounds shall be maintained in a safe, clean, attractive and orderly manner and shall be kept free from offensive odor. This Rule is not met as evidenced by: Based on observation and interview, the facility failed to ensure facility grounds were maintained in a safe and attractive manner. The findings are: Observation on 10/10/18 at 1:30 p.m. to 2:30 p.m. of the individual apartments revealed: -Apartment 209-6: -There was clothing on the floor and on every furniture item. Difficulties to walk in the apartment. -Apartment 209-7: -There were clothing all of the floor. -Apartment 209-8: -There were piles of clothing on the bedroom floor and chair.	V 736		

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V 736	<p>Continued From page 5</p> <ul style="list-style-type: none"> -Apartment 211-4: <ul style="list-style-type: none"> - Lamp light in the living room was not working; it's the only light in that room. -The closet door in the bedroom was off track. -Dry wall on the living room, about 12 inches long was peeled off. -Apartment 211-1: <ul style="list-style-type: none"> -There was an exposed wired hanging out of the wall in the living room. -Apartment 211-6: <ul style="list-style-type: none"> -Half of the closet door in the bedroom was removed and never replaced. -Apartment 211-5: <ul style="list-style-type: none"> -Air Conditioner was broken for about one month. Window AC was put in; apartment temperature was warm. -Apartment 211-8: <ul style="list-style-type: none"> -Floor tile cracked and peeled in the kitchen. -Laundry room closet door off track. -Apartment 211-10: <ul style="list-style-type: none"> -Bathtub stopper was broken. -Apartment 211-19: <ul style="list-style-type: none"> -Ceiling water damage in the hallway. <p>Interview on 10/10/18 with clients revealed:</p> <ul style="list-style-type: none"> -They had to put in a work order to fix anything broken. -Maintenance takes about one month to fix the requested broken items. <p>Interview on 10/10/18 with the Director of Operations revealed:</p> <ul style="list-style-type: none"> -They have staff that inspected the apartment weekly. -Clients must submit maintenance request to management staff. -Management staff would submit request to the Property Manager of the subdivision. -Management staff worked directly with the 	V 736		

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V 736	Continued From page 6 Property Manager regarding maintenance issues. -Confirmed maintenance took a long time to respond to request.	V 736		