

# Quality Care III, LLC



Date: 7/24

I [REDACTED] am acknowledging that on \_\_\_\_\_ I received an Inservice on the update to the Job description for which I was hired for, and the recent changes to the policy regarding the hiring process for administrative staff by the human Rights Committee of Quality Care III LLC. I have received copies of all updates for personal records.

I do understand that if I have any questions regarding any parts of my job I am to write down all of my concerns and questions to my immediate supervisor.

Staff Signature

[REDACTED]

Date

7/24/18

Qualified Professional

[REDACTED]

BS/PP

Date

7-24-18

# Quality Care III, LLC



Date: 7/24/18

[Redacted]

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Staff Signature

[Redacted]

Date 7/24/18

Qualified Professional

[Redacted]

B5/JP

Date 7-24-18

# Quality Care III, LLC



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[REDACTED]

Date 7-24-18

Qualified Professional

[REDACTED]

BS/QP

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# Quality Care III, LLC



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Staff Signature [REDACTED] Date 7/24/18

Qualified Professional [REDACTED] BS/QP Date 7-24-18



# Quality Care III, LLC



Date: 6-24-18

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Staff Signature [REDACTED]

Date 6-24-18

Qualified Professional [REDACTED]

BS/DP Date 7-24-18

# Quality Care III, LLC



Date: 7-24-18

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Staff Signature [REDACTED] Date 7-24-18

Qualified Professional [REDACTED] BS/JP Date 7-24-18

# Quality Care III, LLC



Date: 7/24/18

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Staff Signature [REDACTED] Date 7/24/18

Qualified Professional [REDACTED] BS/JP Date 7-24-18

# Quality Care III, LLC



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Staff Signature

[Redacted Signature]

Date 7-24-18

Qualified Professional

[Redacted Signature]

BS/PP Date 7-24-18

# Quality Care III, LLC



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Staff Signature

[REDACTED]

Date 7/24/18

Qualified Professional

[REDACTED]

BS/PP Date 7-24-18

## **Human Rights Committee**

### **I. Purpose:**

The objective of this policy is to ensure that all consumers supported by Quality Care III. are afforded the opportunity to exercise them and that rights violations do not occur, in accordance with NCAC 27G. 0504. This policy applies to all locations operated by or under the supervision of Quality Care III.

### **II. Policy**

The Human Rights Committee will monitor all services being provided to consumers supported by Quality Care III. This committee role will be but not limited to the review of restrictive interventions utilized in all facilities; reports of abuse, neglect or exploration; consumer grievances; and the hiring process of all administrative members such as Clinical Staff, QP and office personnel. The committee will also provide needed services that are available in the area program. The responsibility of each member is to ensure that the policies & procedures and practices of the organization is being performed and that each individual that is served rights are withheld to the extent of the law.

### **III. Procedures:**

- A.** The human rights committee will have a least one member who is a professional with training and experience in use of the type of interventions reviewed by the committee and who is not directly involved in the treatment or habilitation of the consumer.
- B.** Other members will consist of: 2- guardians, therapeutic provider, Consumer, President or his/her designee, Habilitation Technician, and Clinical Professionals.
- C.** The President appoints members. All members will serve one (2) year terms beginning January of each year. Members are eligible for more than one 2- year term.
- D.** The committee will receive specific training and orientation, be provide specific copies of related statutes and rules.
- E.** The committee will meet once per quarter or more frequently if needed. Meeting months are as follows: January, April, July and October.
- F.** Committee will maintain minutes of each meeting. The committee will record all activities, documents and any issues taken. The committee will follow up on all action taken. When identifying Clients, Clients are not identified by first and last name in minutes, oral or written reports. Identification is by first name, last name or initials.

May 26, 2009, May, 2015, update 6/2018 added O & F

### **Human Rights Committee**

**G.** Members of the committee shall have access to consumer records on a need to know basis only upon the written consent of the consumer or his legally responsible person as specified in G.S. 122C-53 (a). Committee members must adhere to the same confidentiality requirements as all Quality Care III employees, contractors and other parties involved in provision of services.

**H.** The committee shall review all instances where a rights violation may have or is suspected of occurring.

**J.** The committee will review the frequencies and reason surrounding the use of restraints for behavioral or medical purposes.

**K.** The committee will review medication errors to ensure that people are provided the best treatment and care.

**L.** The committee will review all reports of substantiated allegations of abuse, neglect, mistreatment, and exploitation and other data that reveal Quality Care III practices.

**M.** The committee is to review all behavior plans that include restrictive and intrusive behavior.

**N.** The committee is responsible to review all incident reports to gather data to find trends in behaviors.

**O.** The committee will be responsible for assuring that quality care is being done across the board by being responsible for the hiring process of all office personnel including QP.

The committee will work with the share holders in making sure everyone is properly trained and that continued training continues throughout the employee employment with the agency.

**F.** The committee will meet quarterly during quarterly meetings to hold individual supervision of all administrative team members (this include, QP, nurses, clinical staff) to ensure quality service is being upheld according to everyone job responsibilities.



## Quality Care III LLC

### Admission Assessment

Individual Name:	Last Name:	First:	MI:	DOB:
Guardian of not their own				
Address/Number (Current)				
Emergency Contact				
Address/ Number (Agency) (Home)				
Responsible Person Emergency Contact (Agency)				
Record Number				
Medicaid Number				
Social Security Number				
Gender	Male	Female	Other	
Height/Weight				
Race				
Marital Status:	Single	Married	Divorce	Widowed
Race	Black	White	Indian	Hispanic
Spoken language	Other:			
Have you ever been incarcerated? If yes explain, when, where how long.				
Have you ever been convicted of a crime that involves sexual misconduct? If yes explain				

Are you currently on probation, if so, why, how long and who is the contact person for your probation.				
Explain any restrictions you may have in regard to your probation.				
Have you ever been convicted of possessing of any illegal Substance? If so, when was the conviction and for what substance.				
Have you ever been adjudicated as being incompetent.	Yes	No		
Explain:				
Source of Income	Work- Yes	or No	number of hours work per week	Take home before taxes
Insurance	Medicaid Number:	Medicare Number:	Other:	
Mental Health Diagnosis	Axis I	Axis II	Axis III	
	Axis III	Axis IV		
List of Medication	1).	2).	3).	4).
	5).	6).	7).	8).
	9).	10).		
Allergies				

Primary Physician	
Address/Number	
Psychiatrist	
Address/Number	
Dentist	
Address/Number	
Care Coordinator	
Agency	
Address/Number	
Pharmacy	
Address Number	
Preferred Hospital	
Needs/ Strength	

Follow-Up

Signature of Individual/  
or Legally Responsible  
Person

Date:

Person Completing Assessment \_\_\_\_\_ Date \_\_\_\_\_

Quality Care III LLC. Treatment Team Summery

Consumer Name: [REDACTED]

Record Number: [REDACTED]

Date: 05/30/2018

I. Introduction: [REDACTED]

Team Members Present: (See Attachment)

II. Agenda: update on his care and recent behaviors

III. Overview: current parole Violation

iv. Strengths: he has a support system that supports him.

v. Goals- To help his sister gain guardianship and planning for his return from jail.

vi. Crisis Intervention- Continue to monitor all behaviors and changes in his care

vii. Comments/Follow-up. During the meeting [REDACTED] care coordinators were present alone with MR. [REDACTED] the owner of Quality Care III LLC, and [REDACTED] sister was via telephone. Well [REDACTED] recently had an incident where he violated his parole and was sent to jail. [REDACTED] was in jail at the time of the meeting. The team wanted to put things in place to present to the judge on [REDACTED] behalf. The team suggested that [REDACTED] sister try and obtain guardianship for him. [REDACTED] is not to have any unsupervised time. [REDACTED] will no longer attend RAC. Mr. [REDACTED] suggested that [REDACTED] get on some type of medication and will be setting him up an appointment with [REDACTED] (Carter Circle of Care). [REDACTED] sister would also like for the team to work on getting [REDACTED] a psychological. [REDACTED] parole hearing is 6-4-2018 and at that time his sister will inform Mike attorney of things that will be put in place in case [REDACTED] is release. The charges that [REDACTED] face is socializing with a minor.

viii. Significant events: when [REDACTED] goes to court and if by chance he is release he must be supervised 24/7.

ix. Summery- continue to monitor and document any negative behavior

Note: No other meeting has been scheduled at this time.

Qualified Professional/responsible person: [REDACTED] BS/QP

Date: 5-30-2018

Treatment Team Meeting

Agency QP\_

Date 5-30-2018

[illegible]

Quality Care III LLC

Admission Assessment

Individual Name:	Last Name:	First:	MI:	DOB:
Guardian of not their own				
Address/Number (Current)	[REDACTED] 15 his own Guardian at this time			
Emergency Contact	[REDACTED]			
Address/ Number (Agency) (Home)	[REDACTED] Dr Sister.			
Responsible Person	[REDACTED]			
Emergency Contact (Agency)	[REDACTED]			
Record Number	[REDACTED] - Quality Care III LLC			
Medicaid Number	[REDACTED]			
Social Security Number	[REDACTED]			
Gender	Male	Female	Other	
Height/Weight	5'10"	180 lbs		
Marital Status:	Single	Married	Divorce	Widowed
Race	Black	White	Indian	Hispanic
Spoken language	English			
Have you ever been incarcerated? If yes explain, when, where how long.	YES, INDIVIDUAL WAS IN JAIL FOR INDECENT LIBERTIES WITH A MINOR. HE WAS CHARGED AND SPENT SEVERAL YEARS			
Have you ever been convicted of a crime that involves sexual misconduct? If yes explain	YES, AS STATED BEFORE MIKE WAS IN JAIL FOR INDECENT LIBERTIES WITH A MINOR. MIKE HAS ALSO MADE SEVERAL UNCOMFORTABLE JO WOMEN IN THE PAST.			

Are you currently on probation, if so, why, how long and who is the contact person for your probation.	<p>IS CURRENTLY ON PROBATION. HE WAS RELEASED BEFORE HE GETS OFF PAROLE. [REDACTED] PAROLE IS THROUGH CLATSOP COUNTY, AND HIS PAROLE OFFICER, IS MR. DRAH.</p>		
Explain any restrictions you may have in regard to your probation.	<p>IS NOT ALLOWED TO BE LEFT UNATTENDED. HE NEEDS 24 HOUR SUPERVISION. MIKE MUST NOT BE AROUND WHERE CHILDREN MIGHT BE. [REDACTED] IS TO REPORT TO PROBATION OFFICER MONTHLY.</p>		
Have you ever been convicted of possessing of any illegal substance? If so, when was the conviction and for what substance.	<p>ALLA.</p>		
Have you ever been adjudicated as being incompetent.	Yes	No	
Explain:			
Source of Income	Work- Yes or No	number of hours work per week	Take home before taxes
Insurance	Medicaid Number: [REDACTED]	Medicare Number: [REDACTED]	Other:
Mental Health Diagnosis	Axis I <u>TBI</u> .	Axis II	Axis III
List of Medication	Axis III	Axis IV	
	1). Tegretol 2). Calcium Citrate 3). Naproxen 375, 4). 5). <u>TBI</u> .	6).	7).
	9).	10).	8).
Allergies			



Primary Physician	
Address/Number	more premium - 336-288-3672.
Psychiatrist	
Address/Number	Monarch.
Dentist	Civil Court Center.
Address/Number	11A.
Care Coordinator	
Agency	[REDACTED]
Address/Number	Stonewall Center. [REDACTED]
Pharmacy	Monarch.
Address Number	[REDACTED]
Preferred Hospital	Wesley Long.
Needs/ Strength	<p>[REDACTED] has the desire to help people, he always like to be the life of the party. He needs all have supervision even though he is very independent. [REDACTED] sometimes get very frustrated. And need for staff to talk to him to calm some of the agitation.</p>

Follow-Up

Make sure he follows all the Rules of his probation unless he could be subject to go back to Jail. [redacted] must Remember he is not Allowed to be Around no children. The Staff must Advocate for [redacted] to get him into therapy to talk about his issues,

[redacted] Probation Officer number 336-803-74847.

Signature of Individual/  
or Legally Responsible  
Person

Date:

Person Completing Assessment

*Dev Bradley B37 GP*

Date 7-16-2018

Name: [REDACTED]

Record Number: [REDACTED]

Medicaid ID: [REDACTED]

ISP Start Date: 2/17/2018

Meeting Date: 1/30/2018

Update: 6/26/2018

### Individual Support Plan For:

[REDACTED]

#### **WHAT PEOPLE LIKE AND ADMIRE ABOUT ME...**

People like my attitude it takes a lot to get me down.  
People admire that have the desire to help people.  
People also like my inner strength.  
I am an Entertainer and people like that.  
People like that I am the spark of the party.

#### **WHAT'S IMPORTANT TO ME...**

What is important to me is learning the will of GOD.  
Being Obedient to in life especially with the word of God.  
My family is important to me.  
Getting my GED is important.  
It is important that I go to church.  
Being able to have peace is very important to me.

#### **RELATIONSHIPS IN MY LIFE...**

##### Natural, Unpaid, and Community Supports:

Sister- [REDACTED]  
Siblings  
IRC

##### Paid Supports:

Quality Care III  
Mr. Pratt (Probation officer)  
Sandhills- Kelvin McRae-Ashley Lucas

Name: [REDACTED]

Record Number: [REDACTED]

Medicaid ID: [REDACTED]

ISP Start Date: 2/17/2018

### WHAT OTHERS NEED TO KNOW TO BEST SUPPORT ME...

Life Situation- [REDACTED] also suffered a TBI from a car accident when he was younger. As he has gotten older his dementia has increased. [REDACTED] can be very manipulative by nature. He also feels that there is nothing wrong with him. [REDACTED] also has charges of sexual assault on a minor therefor cannot be around children. Where ever he is located there can't be a playground in the area. He is also registered as a sex offender.

School/Vocational- [REDACTED] will be going to the IRC to complete his GED. [REDACTED] is also a hard worker and is very capable of working doing multiple types of jobs.

Social Network- [REDACTED] can be very sociable at times. He can also become overly friendly with females to the point where they may feel uncomfortable. [REDACTED] also is a friendly when it comes to most being and can be very helpful to others.

Medical/Behavioral: Medical: TBI- Dementia is increasing as I get older. [REDACTED] has high blood pressure. Behavioral: Can get angry or upset if I don't get my way. I can become aggressive towards others. When I become upset I will use vulgar language towards others.

### WHAT'S WORKING AND NEEDS TO STAY THE SAME OR BE ENHANCED...

What is working is I'm out of jail and having a place to come to.  
My family support that I have.  
My faith. My belief in God.  
Having a team that is supportive of my needs.  
Current Placement  
Going to school getting his GED

### WHAT'S NOT WORKING AND NEEDS TO CHANGE...

What is not working for me at the current time is not having a job.  
Not having 24 hours supervision in the community to keep him from violating his probation.

Name: [REDACTED]

Record Number: [REDACTED]

Medicaid ID: [REDACTED]

ISP Start Date: 2/17/2018

### Crisis Prevention and Intervention

#### Significant Event(s) That May Cause Increased Stress / Trigger Crisis.

(Examples include: anniversaries, holidays, noise, change in routine, inability to express medical problems or to get needs met, etc. Describe what one may observe when the person goes into crisis. Include lessons learned from previous crisis events):

**No changes: 1/30/2018**

People cursing me.

Not being able to sleep because of loud noises.

If I can't have coffee in the morning.

People yelling at me.

People treating me like I am a child.

Being under Pressure.

#### Crisis Prevention and Early Intervention Strategies

(Describe what can be done to help this person AVOID a crisis. Include lessons learned from previous crisis events)

**No changes: 1/30/2018**

Walks away

Time alone Talk to mike about what is bothering him respectfully

Allow him to take deep breathes.

Allow him to watch his Tv shows.

#### Strategies for Crisis Response and Stabilization

(Focus first on natural and community supports. Begin with least restrictive steps, include process for obtaining back-up in case of emergency and planning for use of respite, if an option. List everything you know that has worked to help this person to become stable)

**No changes: 1/30/2018**

Take a walk.

Get some fresh air

Give him his space

Call [REDACTED]

Call Sister- [REDACTED]

Call Parole officer-Mr. Pratt-336-803-7847

Call 911 in case he become a danger to himself or others.

Call Sandhills: Kelvin McRae- 336-3896369 or Ashley Lucas-336-389-6098

Name: [REDACTED]

Record Number: [REDACTED]

Medicaid ID: [REDACTED]

ISP Start Date: 2/17/2018

### Systems Prevention and Intervention Protocols To Support The Individual

(i.e. who should be called and when, how can they be reached? Include contact names, phone numbers, etc. Be as specific as possible)

Designated Crisis Services Provider ☐ In-Home Skill Building provider ☐ Personal Care Provider  
☒ Residential Supports provider  
☐ Back-Up Staffing Agency for Individual/Family Directed Services – Employer of Record

Name of Agency: \_\_\_\_\_ Quality Care III \_\_\_\_\_

Contact Person: \_\_\_\_\_ Erick Bradley \_\_\_\_\_

Day-Time Phone #: \_\_\_\_\_ 336-558-1742 \_\_\_\_\_ After-hours Phone #: \_\_\_\_\_

Other

### Specific Recommendations For Interacting With The Person Receiving a Crisis Service

Talk calmly to Michael.  
Bring up prayer.

### Behavioral Supports Needed

Behavior Support Plan is required if

- Rating is  $\geq 13$  for children (ages 21 and under)
- Rating is  $\geq 10$  for adults (ages 22 and over)
- Any individual identified as a Community Safety Risk based on self injury or dangerousness to others

Supports Intensity Scale /  
Behavioral Rating

Community Safety Risk  
based on self injury or  
dangerousness to others?

☐ Yes  
☐ No

Name: [REDACTED]

Record Number: [REDACTED]

Medicaid ID: [REDACTED]

ISP Start Date: 2/17/2018

### Primary Care Physician

Name:

Phone:

### Risk Summary

Area of Support on Risk/Support Needs Assessment	Risk/Support Identified	
	Yes	No
Demographic Information	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Material Supports	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Physician Supports	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Professional Supports	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Medication Supports	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Medical Treatment Supports	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Health and Wellness Supports	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Health Screenings /Preventative Care	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Nutrition Supports	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Vision Related Supports	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Hearing Related Supports	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Supports for Communicating Needs	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Positive Behavior Supports	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Safety Supports in Home and Community	<input type="checkbox"/>	<input checked="" type="checkbox"/>

All identified risks/supports must be included  
in/addressed within the plan.

### Back-Up Staffing Plan

Agency-Directed Services OR Individual/Family Direction / Agency With Choice (AWC) Model	Who	Contact #
Agency Back-Up (mandatory)	Quality Care III	336-558-1742
Non-Paid Back-Up (in the event of an emergency)	[REDACTED]	[REDACTED]
Individual/Family Direction / Employer of Record (EOR) Model*	Who	Contact #
Back-Up Staffing Agency (Back-Up Staffing Agency must be included, even if EOR does not anticipate needing to use this agency)		

\* Employer of Record will ensure that Back-Up Staffing Plan for Individual/Family Directed Services is reviewed at least quarterly and that this review is documented.



Name: [REDACTED]

Record Number: [REDACTED]

Medicaid ID: [REDACTED]

ISP Start Date: 2/17/2018

### Action Plan

\* For short-range goals, see provider plan

**Long Range Outcome :** [REDACTED] wants to be continue to be happy. He wants to be able to get supported employment so he can get more income. He also want to become more independent and do things more for himself. [REDACTED] also wants to complete his GED through the IRC program. [REDACTED] also wants to improve his overall behaviors when he becomes upset and interacts with others.

**Where am I now in Relationship to the Outcome?** (Reason for outcome/Justification):  
[REDACTED] needs assistance with coordinating and getting to doctor's appointment, ensuring that he takes his medications and with overall managing of his health and safety. [REDACTED] also is on Probation for sexual assault on a minor and needs to be supervised at all times while in the community. [REDACTED] recently left his day facility and went to a minor's home that he met at church but was met at the home by her parents. [REDACTED] went to jail for about a week for violating his probation. Due to recent events, [REDACTED] need 24 hours of supervision\$ at all times. [REDACTED] also needs to seek outpatient therapy to help with his sexualized behaviors. Without those continued monitoring services and prompting [REDACTED] behaviors would decline.

Service / Support to Reach Outcome	Who will provide Support & Location(s)* (where service/support will be provided)	Estimated Frequency for Each Location (e.g. 75% of hours, 3 out of 5 days, 2 hours/day)	Target Date
<b>Supervised Living Level II</b>	<b>Quality Care III 1,4</b>	<b>365 day year/7 days a week</b>	<b>2/17/19</b>
Service / Support to Reach Outcome	Who will provide Support & Location(s)* (where service/support will be provided)	Estimated Frequency for Each Location (e.g. 75% of hours, 3 out of 5 days, 2 hours/day)	Target Date
<b>Personal Assistance</b>	<b>Quality Care III 3,4</b>	<b>32.5 Hours weekly</b>	<b>2/17/19</b>

\* Location Codes: 1-Consumer's Home 2-Day Program 3-Residential Facility 4-Community 5-Place of Employment 6-Volunteer Site 7-Worker's Home 8-Other (Please specify)

**Long Range Outcome :**

**Where am I now in Relationship to the Outcome?** (Reason for outcome/Justification)

Service / Support to Reach Outcome	Who will provide Support & Location(s)* (where service/support will be provided)	Estimated Frequency for Each Location (e.g. 75% of hours, 3 out of 5 days, 2 hours/day)	Target Date
Service / Support to Reach Outcome	Who will provide Support & Location(s)* (where service/support will be provided)	Estimated Frequency for Each Location (e.g. 75% of hours, 3 out of 5 days, 2 hours/day)	Target Date



Name: [REDACTED]

Record Number: [REDACTED]

Medicaid ID: [REDACTED]

ISP Start Date: 2/17/2018

\* Location Codes: 1-Consumer's Home 2-Day Program 3-Residential Facility 4-Community 5-Place of  
Employment 6-Volunteer Site 7-Community 8-Worker's Home 9-Other (Please specify)

### Status of Individual and Family Direction

N/A <input checked="" type="checkbox"/>	Individual is not an Innovations participant
Yes <input type="checkbox"/> No <input type="checkbox"/>	Currently involved with Individual/Family Direction (If yes, skip the next 3 questions)
Yes <input type="checkbox"/> No <input type="checkbox"/>	Orientation to Individual/Family Direction Given
Yes <input type="checkbox"/> No <input type="checkbox"/>	Individual/Family Chose Not To Receive Orientation
Yes <input type="checkbox"/> No <input type="checkbox"/>	Interested in Individual/Family Direction

### Care Coordination

Your Care Coordinator can assist you in the following ways:

- Assisting you with assessment and documentation of your support needs
- Assistance with development of your plan and Individual Budget.
- Monitoring services to ensure that you are receiving services to meet your needs and that you are happy with them.
- Monitoring to ensure that you are healthy and safe.
- Helping you receive information on directing your own services.
- Help you with problems or complaints about services, if necessary.

### Monitoring Plan (✓ all that apply)

- ☒ Minimum of monthly contact  
☐ Minimum of monthly face-to-face contact

Required for the following:

- individuals living in residential placements, including alternative family living homes
- individuals new to the waiver for the first six months
- individuals who have service(s) provided by a guardian or relative living in the same home
- individuals participating in Individual and Family Directed Services

☐ Minimum of quarterly face-to-face contact with individual

☐ Other \_\_\_\_\_

### Issues To Be Resolved

Issue	Discussion At Plan Meeting	Who needs to be involved?	Target Date

Name: [REDACTED]

Record Number [REDACTED]

Medicaid ID [REDACTED]

ISP Start Date: 2/17/2018

### Signature Pages

#### **Innovations Waiver / Level of Care Re-Determination**

- ☐ I certify that there has been no substantial change in the individual's condition and that the individual continues to require an ICF/MR Level of Care.
- ☐ There has been a change in the individual's condition and the individual needs an ICF/MR assessment.

Care Coordinator: \_\_\_\_\_


Date: \_\_\_\_\_

#### **Innovations Waiver / Freedom of Choice**

I understand that enrollment in the Innovations Waiver is strictly voluntary. I also understand that if enrolled I will be receiving Waiver services instead of services in an Intermediate Care Facility for the Mentally Retarded. I understand that in order to be determined to need waiver services, an individual must require the provision of at least one waiver service monthly and that failure to use a waiver service monthly will jeopardize my continued eligibility for the Innovations waiver.

☒ I have chosen Innovations Waiver Services

☐ I have not chosen Innovations Waiver Services

 [REDACTED]  
Signature of Individual or Legally Responsible Person

7-3-18  
Date

Name: [REDACTED]

Record Number: [REDACTED]

Medicaid ID: [REDACTED]

ISP Start Date: 2/17/2018

### Statement of Concern or Disagreement

I, the individual/Legally Responsible Person signing this plan have concerns or disagree with the following issues related to my Individual Support Plan:

### Plan Signatures

By signing this plan, I am indicating agreement with the bulleted statements listed here unless crossed through. I understand that I can cross through any statement with which I disagree.

- My Care Coordinator helped me know what services are available.
- I was informed of the range of providers in my community qualified to provide the service(s) included in my plan and freely chose the providers who will be providing services/supports.
- This plan includes the services/supports I need.
- I participated in the development of this plan
- I understand that Sandhills Center will be coordinating my care with the Sandhills Center network providers listed in this plan

Signature of Individual

Date

6-26-18

Signature of Legally Responsible Person

Date

Signature/Credentials of Care Coordinator

Date

6-26-18

Signature/Credentials of OR (if applicable)

Date

6-26-18

Other Signature

Date

6-26-2018

# SANDHILLS CENTER

## Certificate of Training

*Granted to*

*Name*

*For Successful Completion of*

*Writing Effective Short Range Goals*

*Course Title*

*Date(s)*

*Date(s)*

*Instructor(s)*

*Contact Hours*

*Training Hours*

these  
goals were  
revised after  
Mike violated his  
probation)

Revised

Name: [REDACTED] DOB: [REDACTED] Medicaid Number: [REDACTED] Record Number: [REDACTED]

### ACTION PLAN

The Action Plan should be based on information and recommendations from: **the Comprehensive Clinical Assessment (CCA), the One Page Profile, Characteristics/Observations/Justifications for Goals, and any other supporting documentation.**

**Long Range Outcome:** (Ensure that this is an outcome desired by the individual, and not a goal belonging to others).

[REDACTED] wants to be able to continue to be happy. He wants to be able to get supported employment so he can get more income. He also wants to become more independent and do things more for himself. [REDACTED] also wants to complete his GED through IRC program. [REDACTED] also wants to improve his overall behaviors when he becomes upset and interacts with others.

**Where am I now in the process of achieving this outcome?** (Include progress on goals over the past years, as applicable).

[REDACTED] needs assistance with coordinating and getting to doctor appointments, ensuring that he takes his medication and with overall managing of his health and safety. In the past [REDACTED] has had some issues with eloping but due to the improvement of his behavior and with the direct care most of his behaviors have decreased. Without those continued monitoring services and prompting [REDACTED] behavior would decline.

#### CHARACTERISTICS/OBSERVATION/JUSTIFICATION FOR THIS GOAL: Daily Living Skills Residential- House Hold Chores

WHAT (Short Range Goal)	WHO IS RESPONSIBLE	SERVICE & FREQUENCY
Goal (1) [REDACTED] will Independently keep his room clean and neat at all times	Quality Care III LLC Residential Staff	Daily for the next 6 months

Task: In the morning and throughout the day [REDACTED] will learn to keep his bed made, dresser clean, his clothes put away (either in the dirty clothes hamper or in the closet). Staff should check Michael room throughout the day to make sure that it is neat and clean.

Target Date (Not to exceed 12 months)	Date Goal was reviewed	Status Code	Progress toward goal and justification for continuation or discontinuation of goal.
11/01/2018	05/01/2018		

Status Codes: R=Revised O=Ongoing A=Achieved D=Discontinued

#### CHARACTERISTICS/OBSERVATION/JUSTIFICATION FOR THIS GOAL: Daily Living Skills Residential-Personal Care

WHAT (Short Range Goal)	WHO IS RESPONSIBLE	SERVICE & FREQUENCY
Goal (2) [REDACTED] will Independently to take a shower, and complete all of his personal care goals daily.	Quality Care III LLC Residential Staff	Daily for the next 6 months

Task: Daily in the morning [REDACTED] will be given an initial prompt to get up. Once [REDACTED] is up staff will prompt [REDACTED] when it's time for him to shower. [REDACTED] will independently turn on the water to the appropriate temperature. For safety reason and to prevent any accidents staff should check the water. [REDACTED] should be able to lather and wash his entire body without staff reminding him. After [REDACTED] has completed his shower [REDACTED] will dry himself off and complete all of his other personal care goals.

Target Date (Not to exceed 12 months)	Date Goal was reviewed	Status Code	Progress toward goal and justification for continuation or discontinuation of goal.
11/01/2018	05/01/2018		



Name: [REDACTED] DOB: [REDACTED] Medicaid Number: [REDACTED] Record Number: [REDACTED]

<b>Status Codes:</b> R=Revised O=Ongoing A=Achieved D=Discontinued			
<b>CHARACTERISTICS/OBSERVATION/JUSTIFICATION FOR THIS GOAL: Daily Living Skills Residential-House Hold Chores</b>			
<b>WHAT (Short Range Goal)</b>		<b>WHO IS RESPONSIBLE</b>	<b>SERVICE &amp; FREQUENCY</b>
Goal (3) [REDACTED] will Independently complete a list of household chores.		Quality Care III LLC Residential Staff	Daily for the next 6 months
<b>HOW (Support/Intervention) Task:</b> Daily [REDACTED] will Independently follow a list of chores that is splint up between him and his housemates. After receiving an initial prompt Michael will review the chore list and discuss with staff on what needs to be done. After receiving his directive [REDACTED] will be given whatever he needs to complete the task. [REDACTED] should be able to complete any task independently but if he does need assistance staff should document the task, and what assistance was given in the comment section of the grid. Staff should also document the appropriate prompt that was given to assist [REDACTED] with completing the task, if he did not complete the task independent.			
<b>Target Date (Not to exceed 12 months)</b>	<b>Date Goal was reviewed</b>	<b>Status Code</b>	<b>Progress toward goal and justification for continuation or discontinuation of goal.</b>
11/01/2018	05/01/2018		
<b>Status Codes:</b> R=Revised O=Ongoing A=Achieved D=Discontinued			

<b>CHARACTERISTICS/OBSERVATION/JUSTIFICATION FOR THIS GOAL: Daily Living Skills Residential- House Hold Chores</b>			
<b>WHAT (Short Range Goal)</b>		<b>WHO IS RESPONSIBLE</b>	<b>SERVICE &amp; FREQUENCY</b>
Goal (4) [REDACTED] will Independently do his own laundry.		Quality Care III LLC Residential Staff	7 Days a week for 365 days
<b>HOW (Support/Intervention) Task:</b> After initial prompt [REDACTED] will sort through his clothing separating the colored from the whites and place them in separate piles. Staff will monitor [REDACTED] while he choose which one to wash first. After selecting [REDACTED] will place all items in washing machine, set the appropriate water setting and place the appropriate amount of detergent in washer, and close the lid. When clothes have completed [REDACTED] will take clothes from washer and place them into the dryer. [REDACTED] will place clothes into the dryer, and will set the appropriate temperature. When clothes have completed [REDACTED] will learn to fold and place neatly in his room.			
<b>Target Date (Not to exceed 12 months)</b>	<b>Date Goal was reviewed</b>	<b>Status Code</b>	<b>Progress toward goal and justification for continuation or discontinuation of goal.</b>
11/01/2018	05/01/2018		

Name: [REDACTED] DOB: [REDACTED] Medicaid Number: [REDACTED] Record Number: [REDACTED]

Status Codes: R=Revised O=Ongoing A=Achieved D=Discontinued

**CHARACTERISTICS/OBSERVATION/JUSTIFICATION FOR THIS GOAL: Daily Living Skills Residential-Personal Care-exercise**

WHAT (Short Range Goal)	WHO IS RESPONSIBLE	SERVICE & FREQUENCY
Goal (5) [REDACTED] will Independently learn how to properly communicate his feeling when he gets upset or agitated.	Quality Care III LLC Residential Staff	Daily for the next 6 months

**HOW (Support/Intervention) Task:** Staff should redirect any all negative behavior exhibited by [REDACTED] Staff should immediately redirect [REDACTED] behavior as soon as staff is aware or notice a change in him. Staff should remind [REDACTED] of his behavior and the consequences that can follow if he does not get himself together. Staff should allow [REDACTED] to calm himself down, but if at anytime staff have to redirect him staff should document on a behavior data sheet of the behavior and any triggers. After no more than 10 minutes staff will process will [REDACTED] to help him with solving any issues or concerns he might have. Staff will document the appropriate prompt that was given to him, if no prompt was given or if there were no behaviors staff should place an N/A in the appropriate space on the grid and write on the back of the grid no behaviors.

Target Date (Not to exceed 12 months)	Date Goal was reviewed	Status Code	Progress toward goal and justification for continuation or discontinuation of goal.
11/01/2018	05/01/2018		

Status Codes: R=Revised O=Ongoing A=Achieved D=Discontinued

**CHARACTERISTICS/OBSERVATION/JUSTIFICATION FOR THIS GOAL: Daily Living Skills Residential)**

WHAT (Short Range Goal)	WHO IS RESPONSIBLE	SERVICE & FREQUENCY
	Quality Care III LLC Residential Staff	7 Days a week for 365 days

**HOW (Support/Intervention) Task:**

Target Date (Not to exceed 12 months)	Date Goal was reviewed	Status Code	Progress toward goal and justification for continuation or discontinuation of goal.
11/01/2018	05/01/2018		

Status Codes: R=Revised O=Ongoing A=Achieved D=Discontinued



Name: [REDACTED] DOB: [REDACTED] Medicaid Number: [REDACTED] Record Number: [REDACTED]

## PLAN SIGNATURES

### I. PERSON RECEIVING SERVICES:

- ☐ I confirm and agree with my involvement in the development of this PCP. My signature means that I agree with the services/supports to be provided.
- ☐ I understand that I have the choice of service providers and may change service providers at any time, by contacting the person responsible for this PCP.
- ☐ For CAP-MR/DD services only, I confirm and understand that I have the choice of seeking care in an intermediate care facility for individuals with mental retardation instead of participating in the Community Alternatives Program for individuals with Mental Retardation/Developmental Disabilities (CAP-MR/DD).

Legally Responsible Person: Self: Yes ☐ No ☐

Person Receiving Services: [REDACTED] (when person is his/her own legally responsible person)

Signature: [REDACTED]

(Print Name)

Date: 5/1/18

Legally Responsible Person (Required if other than person receiving Services)

Signature: [REDACTED]

(Print Name)

Date: / /

Relationship to the Individual: [REDACTED]

### II. PERSON RESPONSIBLE FOR THE PCP: The following signature confirms the responsibility of the QP/LP for the development of this PCP. The signature indicates agreement with the services/supports to be provided.

Signature: [REDACTED]

(Person responsible for the PCP)

Quality Care LLC  
(Name of Case Management Agency)

Date: 5/1/18

#### Child Mental Health Services Only:

For individuals who are less than 21 years of age (less than 18 for State funded services) and who are receiving or in need of enhanced services and who are actively involved with the Department of Juvenile Justice and Delinquency Prevention or the adult criminal court system, the person responsible for the PCP must attest that he or she has completed the following requirements as specified below:

- ☐ Met with the Child and Family Team -
- ☐ OR Child and Family Team meeting scheduled for -
- ☐ OR Assigned a TASC Care Manager -
- ☐ AND conferred with the clinical staff of the applicable LME to conduct care coordination.

Date: / /

Date: / /

Date: / /

If the statements above do not apply, please check the box below and then sign as the Person Responsible for the PCP:

- ☐ This child is not actively involved with the Department of Juvenile Justice and Prevention or the adult criminal court system.

Signature: [REDACTED]

(Person responsible for the PCP)

(Print Name)

Date: / /

### III. SERVICE ORDERS: REQUIRED for all Medicaid funded services; RECOMMENDED for State funded services. (SECTION A): For services ordered by one of the Medicaid approved licensed signatories (see Instruction Manual). My signature below confirms the following: (Check all appropriate boxes.)

- Medical necessity for services requested is present, and constitutes the Service Order(s).
- The licensed professional who signs this service order has had direct contact with the individual.
- The licensed professional who signs this service order has reviewed the individual's assessment.

☐ Yes ☐ No  
☐ Yes ☐ No

Signature: [REDACTED]

(Name/Title Required)

(Print Name)

License #: [REDACTED]

Date: / /

#### (SECTION B): For Qualified Professionals (QP) / Licensed Professionals (LP) ordering:

- CAP-MR/DD or
- Medicaid Targeted Case Management (TCM) services (if not ordered in Section A)
- OR recommended for any state-funded services not ordered in Section A.

My signature below confirms the following: (Check all appropriate boxes.) Signatory in this section must be a Qualified or Licensed Professional.

- ☐ Medical necessity for the CAP-MR/DD services requested is present, and constitutes the Service Order.
- ☐ Medical necessity for the Medicaid TCM service requested is present, and constitutes the Service Order.
- ☐ Medical necessity for the State-funded service(s) requested is present, and constitutes the Service Order

Signature: [REDACTED]

(Name/Title Required)

(Print Name)

License #: [REDACTED]

Date: / /

(If Applicable)

### IV. SIGNATURES OF OTHER TEAM MEMBERS PARTICIPATING IN DEVELOPMENT OF THE PLAN:

Other Team Member (Name/Relationship): [REDACTED]

Date: / /

Other Team Member (Name/Relationship): [REDACTED]

Date: / /

update  
7-16-2018

## Short Range Goals

Effective 05/1/2018

Goal (1) [REDACTED] will Independently keep his room clean and neat at all times

Task: In the morning and throughout the day [REDACTED] will learn to keep his bed made, dresser clean, his clothes put away (either in the dirty clothes hamper or in the closet). Staff should check Michael room throughout the day to make sure that it is neat and clean.

Goal (2) [REDACTED] will Independently to take a shower, and complete all of his personal care goals daily.

Task: Daily in the morning [REDACTED] will be given an initial prompt to get up. Once [REDACTED] is up staff will prompt Michael when it's time for him to shower [REDACTED] will independently turn on the water to the appropriate temperature. For safety reason and to prevent any accidents staff should check the water. [REDACTED] should be able to lather and wash his entire body without staff reminding him. After [REDACTED] has completed his shower [REDACTED] will dry himself off and complete all of his other personal care goals.

Goal (3) [REDACTED] will Independently complete a list of household chores.

Task: Daily [REDACTED] will Independently follow a list of chores that is splint up between him and his housemates. After receiving an initial prompt [REDACTED] will review the chore list and discuss with staff on what needs to be done. After receiving his directive [REDACTED] will be given whatever he needs to complete the task [REDACTED] should be able to complete any task independently but if he does need assistance staff should document the task, and what assistance was given in the comment section of the grid. Staff should also document the appropriate prompt that was given to assist [REDACTED] with completing the task, if he did not complete the task independent. will Independently do his own laundry.

Goal (4) [REDACTED] will work towards his GED by completing basic worksheets to help with his math, reading, and social skills.

Task: [REDACTED] is currently not in a day program so while he is at home [REDACTED] needs to be working on some basic skills to help him with gaining the skills he needs to prepare him for when he does return. Staff will provide [REDACTED] with pencil and paper and any other needed material. Staff will support [REDACTED] by answering any question he might have and help him tackle any task. Staff should encourage [REDACTED] by praising him as he complete a step or a task. Staff should always right comment on [REDACTED] progress or lack of progress.

Goal (5) [REDACTED] will Independently learn what is appropriate conversation by being aware of what he say and how he say it.

Task: Staff should redirect any all negative behavior exhibited by [REDACTED] Staff should immediately redirect [REDACTED] behavior as soon as staff is aware or notice a change in him. When [REDACTED] is redirected staff should remind him the consequences that can follow if he does not get himself together. Staff should allow [REDACTED] time to process any negative behavior but if at anytime staff do

have to redirect him staff should document the behavior and any triggers. While [REDACTED] is processing staff should always keep [REDACTED] in their view. After no more than 10 minutes staff will process with [REDACTED] to help him with solving any issues. Staff will document the appropriate prompt that was given to him, if [REDACTED] did not exhibit any negative behavior for that day staff should place in N/A in the appropriate box.

Goal 6) [REDACTED] will learn how to distinguish between what's appropriate and what's not appropriate

Task: [REDACTED] is aware of the stipulations that is surrounded by his probation. by spending no more than 15 minutes daily reviewing through his list of rules and regulations as it relates to the terms of his probation. Staff should assist [REDACTED] to write down some of the do's and don't's that reflex what he can and can not do while on, probation. Staff will document the number of times [REDACTED] needed to be reminded of any of the rules by placing the number of prompts [REDACTED] should be able to complete the task with an initial prompt but after the initial prompt staff should document the appropriate prompt.

Goal 7) [REDACTED] will learn how to manage his health by taking his blood pressure daily

Task: Everyday [REDACTED] should be given an initial prompt on when its time for his morning medication. After taking his morning medication staff will monitor [REDACTED] as he takes his blood pressure. Staff will provide [REDACTED] with blood pressure monitor. Michael will place the cuff on his arm and push the appropriate button. When the machine has stopped. [REDACTED] will document what the pressure was on the appropriate form. Staff will document the appropriate assistance given in the comment section of the grid.

Name: [REDACTED] DOB: [REDACTED] Medicaid Number: [REDACTED] Record Number: [REDACTED]

### ACTION PLAN

The Action Plan should be based on information and recommendations from: **the Comprehensive Clinical Assessment (CCA), the One Page Profile, Characteristics/Observations/Justifications for Goals, and any other supporting documentation.**

**Long Range Outcome:** (Ensure that this is an outcome desired by the individual, and not a goal belonging to others).

[REDACTED] wants to be able to continue to be happy. He wants to be able to get supported employment so he can get more income. He also wants to become more independent and do things more for himself. [REDACTED] also wants to complete his GED through IRC program. [REDACTED] also wants to improve his overall behaviors when he becomes upset and interacts with others.

**Where am I now in the process of achieving this outcome?** (Include progress on goals over the past years, as applicable).

[REDACTED] needs assistance with coordinating and getting to doctor appointments, ensuring that he takes his medication and with overall managing of his health and safety. [REDACTED] is on probation for sexual assault on a minor and needs to be supervised at all the time while in the community. [REDACTED] recently left his day program and went to a minor home that he met in church but was met at the home by the girls parents. [REDACTED] went to jail for about a week for violating his probation. Due to recent events [REDACTED] needs 24 hour supervision at all times. [REDACTED] also needs to seek outpatient therapy to help with his sexualized behaviors. Without those continued monitoring services and prompting [REDACTED] behaviors would decline. In the past [REDACTED] has had some issues with eloping but due to the improvement of his behavior and with the direct care most of his behaviors have decreased. Without those continued monitoring services and prompting [REDACTED] behavior would decline.

#### CHARACTERISTICS/OBSERVATION/JUSTIFICATION FOR THIS GOAL: Daily Living Skills Residential- House Hold Chores

WHAT (Short Range Goal)		WHO IS RESPONSIBLE	SERVICE & FREQUENCY
Goal (1) [REDACTED] will Independently keep his room clean and neat at all times		Quality Care III LLC Residential Staff	Daily for the next 6 months
Task: In the morning and throughout the day [REDACTED] will learn to keep his bed made, dresser clean, his clothes put away (either in the dirty clothes hamper or in the closet). Staff should check [REDACTED] room throughout the day to make sure that it is neat and clean.			
Target Date (Not to exceed 12 months)	Date Goal was reviewed	Status Code	Progress toward goal and justification for continuation or discontinuation of goal.
11/01/2018	07/16/2018		

**Status Codes:** R=Revised O=Ongoing A=Achieved D=Discontinued

#### CHARACTERISTICS/OBSERVATION/JUSTIFICATION FOR THIS GOAL: Daily Living Skills Residential-Personal Care

WHAT (Short Range Goal)		WHO IS RESPONSIBLE	SERVICE & FREQUENCY
Goal (2) [REDACTED] will Independently to take a shower, and complete all of his personal care goals daily.		Quality Care III LLC Residential Staff	Daily for the next 6 months
Task: Daily in the morning [REDACTED] will be given an initial prompt to get up. Once [REDACTED] is up staff will prompt [REDACTED] when it's time for him to shower. [REDACTED] will independently turn on the water to the appropriate temperature. For safety reason and to prevent any accidents staff should check the water. [REDACTED] should be able to lather and wash his entire body without staff reminding him. After [REDACTED] has completed his shower [REDACTED] will dry himself off and complete all of his other personal care goals.			
Target Date (Not to	Date Goal was	Status Code	Progress toward goal and justification for continuation

Name: Michael Ryan

Medicaid Number:

Record Number:

exceed 12 months)	reviewed		or discontinuation of goal.
11/01/2018	07/16/2018		
<b>Status Codes:</b> R=Revised O=Ongoing A=Achieved D=Discontinued			
<b>CHARACTERISTICS/OBSERVATION/JUSTIFICATION FOR THIS GOAL:</b> Daily Living Skills Residential-House Hold Chores			
<b>WHAT (Short Range Goal)</b>		<b>WHO IS RESPONSIBLE</b>	<b>SERVICE &amp; FREQUENCY</b>
Goal (3) [REDACTED] will Independently complete a list of household chores.		Quality Care III LLC Residential Staff	Daily for the next 6 months
<b>HOW (Support/Intervention) Task:</b> Daily [REDACTED] will Independently follow a list of chores that is splint up between him and his housemates. After receiving an initial prompt [REDACTED] will review the chore list and discuss with staff on what needs to be done. After receiving his directive [REDACTED] will be given whatever he needs to complete the task. [REDACTED] should be able to complete any task independently but if he does need assistance staff should document the task, and what assistance was given in the comment section of the grid. Staff should also document the appropriate prompt that was given to assist [REDACTED] with completing the task, if he did not complete the task independent.			
<b>Target Date (Not to exceed 12 months)</b>	<b>Date Goal was reviewed</b>	<b>Status Code</b>	<b>Progress toward goal and justification for continuation or discontinuation of goal.</b>
11/01/2018	07/16/2018		
<b>Status Codes:</b> R=Revised O=Ongoing A=Achieved D=Discontinued			

<b>CHARACTERISTICS/OBSERVATION/JUSTIFICATION FOR THIS GOAL:</b> Daily Living Skills Residential-			
<b>WHAT (Short Range Goal)</b>		<b>WHO IS RESPONSIBLE</b>	<b>SERVICE &amp; FREQUENCY</b>
Goal (4) [REDACTED] will work towards his GED by completing basic worksheets to help with his math, reading, and social skills.		Quality Care III LLC Residential Staff	7 Days a week for 365 days
<b>HOW (Support/Intervention) Task:</b> [REDACTED] is currently not in a day program so while he is at home [REDACTED] needs to be working on some basic skills to help him with gaining the skills he needs to prepare him for when he does return. Staff will provide [REDACTED] with pencil and paper and any other needed material. Staff will support [REDACTED] by answering any question he might have and help him tackle any task. Staff should encourage [REDACTED] by praising him as he complete a step or a task. Staff should always right comment on [REDACTED] progress or lack of progress.			
<b>Target Date (Not to exceed 12 months)</b>	<b>Date Goal was reviewed</b>	<b>Status Code</b>	<b>Progress toward goal and justification for continuation or discontinuation of goal.</b>
11/01/2018	7/16/2018		



Name: [REDACTED] DOB: [REDACTED] Medicaid Number [REDACTED] Record Number: [REDACTED]

<b>Status Codes:</b> R=Revised O=Ongoing A=Achieved D=Discontinued			

CHARACTERISTICS/OBSERVATION/JUSTIFICATION FOR THIS GOAL: Daily Living Skills Residential-Personal Care-exercise			
WHAT (Short Range Goal)	WHO IS RESPONSIBLE	SERVICE & FREQUENCY	
Goal (5) [REDACTED] will Independently learn what is appropriate conversation by being aware of what he say and how he say it.	Quality Care III LLC Residential Staff	Daily for the next 6 months	
<b>HOW</b> (Support/Intervention) Task: Staff should redirect any all negative behavior exhibited by [REDACTED] Staff should immediately redirect [REDACTED] behavior as soon as staff is aware or notice a change in him. When [REDACTED] is redirected staff should remind him the consequences that can follow if he does not get himself together. Staff should allow [REDACTED] time to process any negative behavior but if at anytime staff do have to redirect him staff should document the behavior and any triggers. While [REDACTED] is processing staff should always keep [REDACTED] in their view. After no more than 10 minutes staff will process with [REDACTED] to help him with solving any issues. Staff will document the appropriate prompt that was given to him, if [REDACTED] did not exhibit any negative behavior for that day staff should place in N/A in the appropriate box.			
Target Date (Not to exceed 12 months)	Date Goal was reviewed	Status Code	Progress toward goal and justification for continuation or discontinuation of goal.
11/01/2018	07/16/2018		
<b>Status Codes:</b> R=Revised O=Ongoing A=Achieved D=Discontinued			

CHARACTERISTICS/OBSERVATION/JUSTIFICATION FOR THIS GOAL: Daily Living Skills Residential)			
WHAT (Short Range Goal)	WHO IS RESPONSIBLE	SERVICE & FREQUENCY	
6 [REDACTED] will learn how to distinguish between what's appropriate and what's not appropriate.	Quality Care III LLC Residential Staff	7 Days a week for 365 days	
<b>HOW</b> (Support/Intervention) Task: [REDACTED] is aware of the stipulations that is surrounded by his probation. by spending no more than 15 minutes daily reviewing through his list of rules and regulations as it relates to the terms of his probation. Staff should assist [REDACTED] to write down some of the do's and don't's that reflex what he can and can not do while on, probation. Staff will document the number of times [REDACTED] needed to be reminded of any of the rules by placing the number of prompts [REDACTED] should be able to complete the task with an initial prompt but after the initial prompt staff should document the appropriate prompt.			
Target Date (Not to exceed 12 months)	Date Goal was reviewed	Status Code	Progress toward goal and justification for continuation or discontinuation of goal.
11/01/2018	7/16/2018		

Name: [REDACTED] DOB: [REDACTED] Medicaid Number: [REDACTED] Record Number [REDACTED]

<b>Status Codes:</b>				R=Revised	O=Ongoing	A=Achieved	D=Discontinued
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**CHARACTERISTICS/OBSERVATION/JUSTIFICATION FOR THIS GOAL: Daily Living Skills Residential)**

WHAT (Short Range Goal)	WHO IS RESPONSIBLE	SERVICE & FREQUENCY
6) [REDACTED] will learn how to cope with his sexual misconduct by researching	Quality Care III LLC Residential Staff	7 Days a week for 365 days

**HOW (Support/Intervention) Task:** [REDACTED] is aware of the stipulations that is surrounded by his probation. Staff should assist [REDACTED] to write down some of the do's and don't's that reflex what he can and can not do while on, probation. Staff will document the number of times [REDACTED] needed to be reminded of any of the rules by placing the number of prompts. [REDACTED] should be able to complete the task with an initial prompt but after the initial prompt staff should document the appropriate prompt.

Target Date (Not to exceed 12 months)	Date Goal was reviewed	Status Code	Progress toward goal and justification for continuation or discontinuation of goal.
11/01/2018	7/16/2018		

<b>Status Codes:</b>				R=Revised	O=Ongoing	A=Achieved	D=Discontinued
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**CHARACTERISTICS/OBSERVATION/JUSTIFICATION FOR THIS GOAL: Daily Living Skills Residential)**

WHAT (Short Range Goal)	WHO IS RESPONSIBLE	SERVICE & FREQUENCY
7) [REDACTED] will learn how to manage his health by taking his blood pressure daily	Quality Care III LLC Residential Staff	7 Days a week for 365 days

**HOW (Support/Intervention) Task:** Everyday [REDACTED] should be given an initial prompt on when its time for his morning medication. After taking his morning medication staff will monitor [REDACTED] as he takes his blood pressure. Staff will provide [REDACTED] with blood pressure monitor. [REDACTED] will place the cuff on his arm and push the appropriate button. When the machine has stopped, [REDACTED] will document what the pressure was on the appropriate form. Staff will document the appropriate assistance given in the comment section of the grid.

Target Date (Not to exceed 12 months)	Date Goal was reviewed	Status Code	Progress toward goal and justification for continuation or discontinuation of goal.
11/01/2018	7/16/2018		

<b>Status Codes:</b>				R=Revised	O=Ongoing	A=Achieved	D=Discontinued
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Name: [REDACTED] DOB: [REDACTED] Medicaid Number: [REDACTED] Record Number: [REDACTED]

## PLAN SIGNATURES

### I. PERSON RECEIVING SERVICES:

- ☐ I confirm and agree with my involvement in the development of this PCP. My signature means that I agree with the services/supports to be provided.
- ☐ I understand that I have the choice of service providers and may change service providers at any time, by contacting the person responsible for this PCP.
- ☐ For CAP-MR/DD services only, I confirm and understand that I have the choice of seeking care in an intermediate care facility for individuals with mental retardation instead of participating in the Community Alternatives Program for individuals with Mental Retardation/Developmental Disabilities (CAP-MR/DD).

Legally Responsible Person: Self: Yes ☒ No ☐

Person Receiving Services: (Required when person is his/her own legally responsible person)

Signature: [REDACTED] (Print Name)

Date: 7/16/18

Legally Responsible Person (Required if other than person receiving Services)

Signature: \_\_\_\_\_ (Print Name)

Date: / /

Relationship to the Individual: \_\_\_\_\_

### II. PERSON RESPONSIBLE FOR THE PCP: The following signature confirms the responsibility of the QP/LP for the development of this PCP. The signature indicates agreement with the services/supports to be provided.

Signature: [REDACTED] (Person responsible for the PCP)

BSAP Quality Care LLC (Name of Case Management Agency)

Date: 7.14.2018

#### Child Mental Health Services Only:

For individuals who are less than 21 years of age (less than 18 for State funded services) and who are receiving or in need of enhanced services and who are actively involved with the Department of Juvenile Justice and Delinquency Prevention or the adult criminal court system, the person responsible for the PCP must attest that he or she has completed the following requirements as specified below:

- ☐ Met with the Child and Family Team -
- ☐ OR Child and Family Team meeting scheduled for -
- ☐ OR Assigned a TASC Care Manager -
- ☐ AND conferred with the clinical staff of the applicable LME to conduct care coordination.

Date: / /

Date: / /

Date: / /

If the statements above do not apply, please check the box below and then sign as the Person Responsible for the PCP:

- ☐ This child is not actively involved with the Department of Juvenile Justice and Prevention or the adult criminal court system.

Signature: \_\_\_\_\_ (Person responsible for the PCP) (Print Name)

Date: / /

### III. SERVICE ORDERS: REQUIRED for all Medicaid funded services; RECOMMENDED for State funded services.

(SECTION A): For services ordered by one of the Medicaid approved licensed signatories (see Instruction Manual).

My signature below confirms the following: (Check all appropriate boxes.)

- Medical necessity for services requested is present, and constitutes the Service Order(s).
- The licensed professional who signs this service order has had direct contact with the individual.
- The licensed professional who signs this service order has reviewed the individual's assessment.

☐ Yes ☐ No

☐ Yes ☐ No

Signature: \_\_\_\_\_ License #: \_\_\_\_\_ Date: / /

(Name/Title Required)

(Print Name)

(SECTION B): For Qualified Professionals (QP) / Licensed Professionals (LP) ordering:

- CAP-MR/DD or
- Medicaid Targeted Case Management (TCM) services (if not ordered in Section A)
- OR recommended for any state-funded services not ordered in Section A.

My signature below confirms the following: (Check all appropriate boxes.) Signatory in this section must be a Qualified or Licensed Professional.

- ☐ Medical necessity for the CAP-MR/DD services requested is present, and constitutes the Service Order.
- ☐ Medical necessity for the Medicaid TCM service requested is present, and constitutes the Service Order.
- ☐ Medical necessity for the State-funded service(s) requested is present, and constitutes the Service Order

Signature: \_\_\_\_\_ License #: \_\_\_\_\_ Date: / /

(Name/Title Required)

(Print Name)

(If Applicable)

### IV. SIGNATURES OF OTHER TEAM MEMBERS PARTICIPATING IN DEVELOPMENT OF THE PLAN:



North Carolina Division of Mental Health / Development Disabilities, Substance Abuse Services

Consumer Name : [REDACTED] Record Number: [REDACTED] Medicaid: [REDACTED] Month/ Year [REDACTED]  
 Specify Service: Residential Supports Level 1-4 LME :SANDHILLS Service Provided/ Agency :Quality Care III,LLC

Goals	Key	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
Goal (1) [REDACTED] will independently keep his room clean and neat at all times	I															
Goal (2) [REDACTED] will independently take a shower and complete all of his personal care goals daily.	A															
Goal (3) [REDACTED] will independently complete a list of household chores.	I															
Goal (4) [REDACTED] will work towards his GED by completing basic worksheets to help with his math, reading, and social skills.	A															
Goal (5) [REDACTED] will independently learn what is appropriate conversation by being aware of what he say and how he say it	I															
Goal (6) [REDACTED] will learn how to distinguish What's appropriate and what's not appropriate.	A															
Goal (7) [REDACTED] will learn to manage his health by taking his blood pressure daily	I															
Duration (when required)	A															
Date:																
Initials:																

North Carolina Division of Mental Health / Development Disabilities, Substance Abuse Services

Consumer Name : [REDACTED] Record Number: [REDACTED] Medicaid: [REDACTED] Month/ Year [REDACTED]  
 Specify Service: Residential Supports Level 1-4 LME :SANDHILLS Service Provided/ Agency :Quality Care III,LLC

Goals	Key	1	6	17	18	19	20	21	22	23	24	25	26	27	28	29	30	30
Goal (1) [REDACTED] will Independently keep his room clean and neat at all times	I																	
Goal (2) [REDACTED] will Independently to take a shower and complete all of his personal care goals daily.	A																	
Goal (3) [REDACTED] will Independently complete a list of household chores.	I																	
Goal (4) [REDACTED] will work towards his GED by completing basic worksheets to help with his math, reading, and social skills.	A																	
Goal (5) [REDACTED] will Independently learn what is appropriate conversation by being aware of what he say and how he say it	I																	
Goal (6) [REDACTED] will learn how to distinguish What's appropriate and what's not appropriate.	A																	
Goal (7) [REDACTED] will learn to manage his health by taking his blood pressure daily	I																	
Duration (when required)	A																	
Date:																		
Initials:																		



North Carolina Department of Health and Human Services  
Division of Facility Services \* Adult Care Licensure Section

Tel 919-733-6650 \* Fax 919-733-9379 \* Courier 56-20-05  
2708 Mail Service Center \* Raleigh, North Carolina 27699-2708

Michael F. Easley, Governor  
Carmen Hooker Buell, Secretary

James B. Upchurch, Jr., Chief

December 11, 2001

WOODROW E BRADLEY  
1403 WOODBRIAR AVENUE  
GREENSBORO, NC 27405

**NORTH CAROLINA DEPARTMENT OF HEALTH AND HUMAN SERVICES**  
**Adult Care Licensure Section**

This is to acknowledge that



has successfully passed the Medication Aide Written Exam.



Date of Exam: 12/10/2001

*James B Upchurch Jr*

James B. Upchurch, Jr., Chief  
Adult Care Licensure Section

This is proof of successfully meeting the written examination requirement for administering medications in adult care facilities in North Carolina. **You should keep this original document in the event of a need for verification.** A copy of this document should be maintained by the employer.

# TRAINING CERTIFICATE



has completed the required

*Employee Training*

in

**Medication Administration** (6.0 hours)

and is hereby granted the rights and privileges belonging to that training and achievement.

*(This training is good for 1 year.)*



RN Industries

Shaina N. Crudup, RN

4/16/2018

Training by:

Trainer: Shaina N. Crudup, RN, BSN

Date

American Heart Association

RN#: 152774

# TRAINING CERTIFICATE

[REDACTED]

has completed the required

*Employee Training*  
in

**Medication Administration** (6.0 hours)

and is hereby granted the rights and privileges belonging to that training and achievement.

*(This training is good for 1 year.)*

\*

\*

\*

RN Industries

Training by:

Shaina N. Crudup, RN

Trainer: Shaina N. Crudup, RN, BSN

American Heart Association

RN#: 152774

Shaina N. Crudup 25/1/18

Date