Division of Health Service Regulation (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY (X1) PROVIDER/SUPPLIER/CLIA STATEMENT OF DEFICIENCIES COMPLETED AND PLAN OF CORRECTION **IDENTIFICATION NUMBER:** A. BUILDING: B. WING 06/28/2018 MHL023-171 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDEROR SUPPLIER 609 NORTH WASHINGTON STREET CLEVELAND CRISIS AND RECOVERY CENTER SHELBY, NC 28150 PROVIDER'S PLAN OF CORRECTION (X5) SUMMARY STATEMENT OF DEFICIENCIES ID (X4) ID (EACH CORRECTIVE ACTION SHOULD BE COMPLETE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PRÉFIX DATE CROSS-REFERENCED TO THE APPROPRIATE REGULATORYORLSCIDENTIFYING INFORMATION) TAG TAG DEFICIENCY) V 109 27G .0203 Privileging/Training Professionals V 000 V 000 INITIAL COMMENTS Facility will comply with Phoenix Counseling An annual survey was completed on June 28, Center Competency Based Employment System (CBES) which sets out supervision requirements for 2018. Deficiencies were cited. all staff which indicates: This facility is licensed for the following service Clinical Supervisors categories: 10A NCAC 27G .3100 Nonhospital 4. Shall provide documented routine supervision to Medical Detoxification for Individuals who are assigned employees. The following guidelines shall Substance Abusers, 10A NCAC 27G .3300 Outpatient Detoxification for Substance Abuse, a. A competency-based assessment shall be completed for each employee. 10A NCAC 27G .5000 Facility Based Crisis Service for Individuals of all Disability Groups, b. A written supervision plan shall be developed during the first two weeks of employment and 10A NCAC 27G .1100 Partial Hospitalization and annually thereafter. This plan shall be on a form for Individuals who are Acutely Mentally III. and process approved by the Quality and Performance Improvement Committee (QPIC). V 109 V 109 27G .0203 Privileging/Training Professionals c. Frequency of minimum supervision, for direct care employees shall be: 10A NCAC 27G .0203 COMPETENCIES OF - Associate Professionals (Quarterly QUALIFIED PROFESSIONALS AND individual and/or group supervision and additional individual as requested by employee or indicated as a ASSOCIATE PROFESSIONALS need by supervisor. Shall be supervised by a (a) There shall be no privileging requirements for Qualified Professional (QP). qualified professionals or associate professionals. - Qualified Professionals (b) Qualified professionals and associate (Quarterly individual and/or group supervision and professionals shall demonstrate knowledge, skills additional individual as requested by employee or and abilities required bythe population served. indicated as a need by supervisor. Shall be (c) At such time as a competency-based supervised by a Qualified Professional. employment system is established by rulemaking, During orientation of an Associate Professional (AP) then qualified professionals and associate Registered Nurse (RN); the AP-RN will be professionals shall demonstrate competence. supervised by a QP-RN. Upon completion of (d) Competence shall be demonstrated by orientation the AP-RN will be supervised by QP-RN exhibiting core skills including: supervisor at minimal quarterly individual and/or (1) technical knowledge; (2) cultural awareness: (3) analytical skills; Consumer Transfer for Medical Services Protocol has (4) decision-making; been updated to reflect: (5) interpersonal skills; Non-Emergency Medical Care (6) communication skills; and A. Involuntary Consumer The shift nurse shall complete an (7) clinical skills. Adverse Event Report or DHHS (e) Qualified professionals as specified in 10A Incident and Death Report upon NCAC 27G .0104 (18)(a) are deemed to have notification from the adjunct medical met the requirements of the competency-based care service and submit to facility DHSR - Mental Health director or in the absence of facility director will submit to quality improvement coordinator. JUL 272018 10. The shift nurse shall notify the MD/NP of the findings from the adjunct medical care service and document the Lic. & Cert. Section event in a service note including all contact and attempts to supervisors and medical providers.

B. Voluntary Consumer

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- In the event the consumer is unable to sign PCC Transportation Release of Liability Form or is too acute for transport by facility staff; immediately follow emergency medical care protocol for voluntary consumer. The shift nurse shall contact the nursing supervisor related to transportation issues.
- 7. The assigned facility staff person shall remain with the consumer until allowed to leave by the adjunct medical care service. If the time exceeds one hour, the shift nurse shall contact the adjunct medical care service requesting an update on when our staff will be released. If no update available the shift nurse will contact the nursing supervisor.
- The shift nurse shall complete an Adverse Event Report or DHHS Incident and Death Report upon notification from the adjunct medical care service and submit to facility director or in the absence of facility director will submit to quality improvement coordinator.
- 10. The shift nurse shall notify the MD/NP of the findings from the adjunct medical care service and document the event in a service note including all contact or attempts with supervisors and medical providers.

Emergency Medical Care

- A. Involuntary Consumer
 - 1. The shift nurse will assign facility staff person to monitor consumer one on one until transfer to adjunct medical care service.
 - The shift nurse shall direct law enforcement to the adjunct medical care service should law enforcement arrive at the facility and EMS has already transported consumer to adjunct medical care service.
 - 10. The shift nurse shall complete an Adverse Event Report or DHHS Incident and Death Report upon notification from the adjunct medical care service and submit to facility director or in the absence of facility director will submit to quality improvement coordinator.
 - 11. The shift nurse shall notify the MD/NP of the findings from the adjunct medical care service and document the event in a service note including all contact or attempts with supervisors and medical providers.
- B. Voluntary Consumer
 - The shift nurse will assign facility staff person to monitor consumer one on one until transfer to adjunct medical care service.
 - The shift nurse shall assign facility staff to follow EMS and consumer to the adjunct medical care service. If no staff are available to assign the shift nurse shall contact nursing supervisor.
 - The assigned facility staff person shall

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Division of He	ealth Service Regulation		9.	Adverse Event Report or DHHS Incident and Death Report upon notification from the adjunct medica care service and submit to facility director or in the absence of facility director will submit to quality improvement coordinator. The shift nurse shall notify the MD/ of the findings from the adjunct medical care service and document event in a service note including all contact or attempts with supervisors and medical providers.	al NP
LABORATORY	DIRECTOR'S OR PROVIDER/SUPPLIE	T 73 2 2 C C2		TITLE	2 1 / /
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FORM APPROVED Division of Health Service Regulation (X3) DATE SURVEY (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION STATEMENT OF DEFICIENCIES COMPLETED **IDENTIFICATION NUMBER:** AND PLAN OF CORRECTION A. BUILDING: _ 06/28/2018 B. WING MHL023-171 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDER OR SUPPLIER 609 NORTH WASHINGTON STREET CLEVELAND CRISIS AND RECOVERY CENTER SHELBY, NC 28150 PROVIDER'S PLAN OF CORRECTION (X5)SUMMARY STATEMENT OF DEFICIENCIES ID (X4) ID (EACH CORRECTIVE ACTION SHOULD BE COMPLETE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PREFIX DATE CROSS-REFERENCED TO THE APPROPRIATE REGULATORYORLSCIDENTIFYING INFORMATION) TAG TAG DEFICIENCY) V 109 V 109 Continued From page 1 employment system in the State Plan for MH/DD/SAS. (f) The governing body for each facility shall develop and implement policies and procedures for the initiation of an individualized supervision plan upon hiring each associate professional. (g) The associate professional shall be supervised by a qualified professional with the population served for the period of time as specified in Rule .0104 of this Subchapter. This Rule is not met as evidenced by: Based on record review, and interview the facility failed to ensure that 2 of 3 audited Qualified Professionals (Clinical Director, Registered Nurse #1) demonstrated knowledge, skills and abilities required by the population served. The findings Record review on 6/26/18 for Former Client #4 (FC #4) revealed: -Admitted on 4/28/18 with diagnoses of Stimulant Use Disorder, Bi-Polar Disorder, Anxiety Disorder, Attention Deficit Hyperactivity Disorder, and Hypertension. -IVC (involuntary commitment) petition dated 4/27/18 indicated "chemically dependent since age 22 ...lives with mental health Disorder ...at this time present manic symptoms. This individual at this time is a danger to self as well as members of the household in which heresides with elderly parents ..." -History of racing thoughts, inability to focus, use

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and last use on 4/26/18 ..."

of cocaine and methamphetamine since age 22

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STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		(X2) MULTIPLE CONSTRUCTION A. BUILDING:			(X3) DATE SURVEY COMPLETED	
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V 109	Review on 6/28/18 Registered Nurse and -Date of hire was 9-RN Permanent Licus -BSN (Bachelor of in 2016. Review on 6/28/18 Clinical Director results of hire was 6-Licensed Clinical 6/30/20. Review on 6/26/18 4/2018-6/2018 review on 5/8/18 "During consumer [FC #4] being sent out by 8 services) at 0700 cto the medication where the services of the medication where the services of the services of the medication where the services of the services of the medication where the services of the services of the medication where the services of t	of the personnel record for #1 (RN #1) revealed: /6/16. cense valid through 4/30/20. Nursing) at a state University of the personnel record for the vealed: //10/13. Social Worker valid through of incident reports from				

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Division of Health Service Regulation (X3) DATE SURVEY (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION STATEMENT OF DEFICIENCIES COMPLETED IDENTIFICATION NUMBER: AND PLAN OF CORRECTION A. BUILDING: 06/28/2018 B. WING MHL023-171 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDEROR SUPPLIER 609 NORTH WASHINGTON STREET CLEVELAND CRISIS AND RECOVERY CENTER SHELBY, NC 28150 PROVIDER'S PLAN OF CORRECTION SUMMARY STATEMENT OF DEFICIENCIES (X5)ID (X4) ID COMPLETE (EACH CORRECTIVE ACTION SHOULD BE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX **PREFIX** DATE CROSS-REFERENCED TO THE APPROPRIATE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY) V 109 V 109 Continued From page 3 which time he came out of his room in his underwear. Nursing staff gave him 50mg Benadryl, 2mg Ativan, and 10mg Haldol at 0445. He went back to bed and rested but didn't sleep until 0700. At 0700 consumer was nonverbal, dystonic, would not open his eyes, and had an unsteady gait. While consumer was in his bed, he somehow hit his head on the wall. A 2.5 cm laceration was above his left eyebrow. It was not deep enough to bleed. EMS was called and consumer was transported to hospital ..." -Incident report completed by the LPN (licensed practical nurse). Review on 6/26/18 of the protocol for "Consumer Transfer for Medical Services" revealed: -" ... Non-Emergency Medical Care ... The shift nurse shall contact the MD/NP (Medical Director/Nurse Practitioner) regarding the need for adjunct medical care and obtain a Verbal Order to facilitate transfer of the consumer ... The shift nurse shall ... assign a facility staff person to transport the consumer to the adjunct medical care service ..." -"Emergency Medical Care ... The shift nurse shall call Emergency Medical Services or 911 to request emergency transport of the consumer to the adjunct medical care service...The shift nurse shall notify the MD/NP of the need for emergency medical treatment of the consumer ... Facility staff are not required to go with the consumer and EMS (emergency management services) to the adjunct medical care service ... ' -The protocol does not indicate any prolonged monitoring of the client prior to obtaining additional medical care. -The protocol does not direct nursing staff to contact the Clinical Director.

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Review on 6/27/18 of the Emergency Room

PRINTED: 07/16/2018 FORM APPROVED Division of Health Service Regulation (X3) DATE SURVEY (X2) MULTIPLE CONSTRUCTION (X1) PROVIDER/SUPPLIER/CLIA STATEMENT OF DEFICIENCIES COMPLETED AND PLAN OF CORRECTION IDENTIFICATION NUMBER: A. BUILDING: _ B. WING 06/28/2018 MHL023-171 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDER OR SUPPLIER 609 NORTH WASHINGTON STREET CLEVELAND CRISIS AND RECOVERY CENTER SHELBY, NC 28150 PROVIDER'S PLAN OF CORRECTION (X5) COMPLETE SUMMARY STATEMENT OF DEFICIENCIES ID (X4) ID (EACH CORRECTIVE ACTION SHOULD BE (EACH DEFICIENCY MUST BE PRECEDED BY FULL **PREFIX PREFIX** DATE CROSS-REFERENCED TO THE APPROPRIATE REGULATORY OR LSCIDENTIFYING INFORMATION) TAG TAG **DEFICIENCY**) V 109 Continued From page 4 V 109 Discharge summary dated 5/9/18 for FC #4 -" ...presents the emergency department for altered mental status ... They (staff) stated that he had altered mental status early in the morning and has fallen several times ...according to staff he has fallen several times he has a bruise on his left forehead and right foot ... Head: Abrasion over his left forehead ..." -"presenting with acute encephalopathy ...the patient is laving in bed and is unable to remain still. He kicks and thrashes about at times. He does not open his eyes. He has difficulty following commands ...the patient, although he is able to make verbal tones, does not make any verbal conversation ... X-ray of right foot shows fifth metatarsal fracture ...CT (cat scan) head unremarkable ...agitated ...dehydrated ...disoriented to person, place, time, and situation -" ... Acute encephalopathy has resolved. Agree

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incident.

..."

Orders" revealed:

practical nurse) revealed:

with transferring patient to [behavioral health unit]

Review on 6/27/18 of the "Physician's Standing

- The protocol when Ativan 1mg-2mg for severe agitation is given is to " ... Notify MD/NP if given

-She was a newly hired LPN and was training with Registered Nurse #1 (RN #1) the night of the

medications were administered at 9:00PM. She

Interview on 6/26/18 with the LPN (licensed

-She stated that FC #4 was "fine" when

-The protocol when Haldol 5mg-10mg for psychosis is given is to " ... Notify MD/NP if given Division of Health Service Regulation
STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION DENTIFICATION NUMBER:		(X2) MULTIPLE CONSTRUCTION		(X3) DATE SURVEY COMPLETED		
AND PLAN OF CORRECTION IDENTIFICATION NUMBER		IDENTIFICATION NOWBER.	A. BUILDING:			
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NAME OF I	PROVIDER OR SUPPLIER	STREET AD	DRESS, CITY, S	STATE, ZIP CODE		
CLEVEL	AND CRISIS AND REC	COVERY CENTER		STONSTREET		
		SHELBY,	NC 28150			
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V 109	Continued From pa	ge 5	V 109			
V 103	indicated that his sp was not out of the r -She described the salad, mumbling, a -She did not rement call Provider or at v -She indicated that Director who told his send FC #4 to the r -She did not know wait. -FC #4 was psychologically would redirect him -She stated that "yo going on". Addition him and "he was w -EMS (emergency around 6:30AM.	peech was "slurred but that norm for him". speech for FC #4 as "word nd talked fast". her who actually called the on what time. RN #1 called the Clinical im to wait until morning to				
	speech and "didn't 5/7/18 he assessed episode. The Physicall and gave an or hospitalWhen interviewed on the night of the Physician's Assista symptoms worsen out." -In a later interview (Licensed Practical one who called the Former Client #4 (FThe LPN indicated (FC #4) out." -He could not reme	had some confusion, slurred know where he was". On the FC #4 as having a psychotic ician's Assistant (PA) was on the for FC #4 to be sent to the flabout his contact with the PA incident he first stated that the int (PA) advised him that "if you probably need to send him to he indicated that the LPN flabourse) had actually been the PA and the PA ordered for FC #4) to be sent to the ER. that "[PA] said to send him the indicated that the PA was atted it was "way earlier" that				

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Division of Health Service Regulation (X3) DATE SURVEY (X2) MULTIPLE CONSTRUCTION (X1) PROVIDER/SUPPLIER/CLIA STATEMENT OF DEFICIENCIES COMPLETED IDENTIFICATION NUMBER: AND PLAN OF CORRECTION A. BUILDING: 06/28/2018 B. WING MHL023-171 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDER OR SUPPLIER 609 NORTH WASHINGTON STREET CLEVELAND CRISIS AND RECOVERY CENTER SHELBY, NC 28150 PROVIDER'S PLAN OF CORRECTION (X5) SUMMARY STATEMENT OF DEFICIENCIES (X4) ID COMPLETE (EACH CORRECTIVE ACTION SHOULD BE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PREFIX DATE CROSS-REFERENCED TO THE APPROPRIATE REGULATORYORLSCIDENTIFYING INFORMATION) TAG TAG DEFICIENCY) V 109 V 109 | Continued From page 6 night. -He "didn't know what to do, didn't know whether to IVC (involuntary commitment) him or call the police." He stated that he "went ahead and called [Clinical Director]." -He indicated that he contacted the Clinical Director to discuss the transportation for FC #4. He informed the Clinical Director that the PA wanted FC #4 sent to the ER. -He stated that the Clinical Director said to "just watch him" and wait until the following morning when she and the Director got there and then they would determine what to do. He indicated that they "were fearful that the hospital would send him back". -He did not follow the verbal order given by the PA for FC #4. -He indicated that in the heat of the moment he did not consider the protocol for the transfer for medical services outside of the clinic. -There was no discussion about calling for an ambulance earlier during the night. -FC #4 was not sent to the hospital until the following morning. -He administered a protocol for a combination of Haldol/Ativan/Benadryl for the psychosis but the medications didn't help. He stated that he attempted to call the medical provider about the medications that he had administered but never talked to the PA after the medications were given. He also indicated that he sent a text message to the Nurse Practitioner (NP). Neither contact had been documented. -He stated that FC #4's behaviors got really bad the next morning. He described FC #4 as "catatonic". -He stated that by the next morning FC #4 was "mute, blinking his eyes and jerking his head". -They believed that when he was sitting in his bed

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the following morning he jerked his head and hit

FORM APPROVED Division of Health Service Regulation (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY STATEMENT OF DEFICIENCIES COMPLETED AND PLAN OF CORRECTION IDENTIFICATION NUMBER: A. BUILDING: _ 06/28/2018 B. WING MHL023-171 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDEROR SUPPLIER 609 NORTH WASHINGTON STREET CLEVELAND CRISIS AND RECOVERY CENTER SHELBY, NC 28150 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X4) ID (EACH CORRECTIVE ACTION SHOULD BE COMPLETE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PREFIX DATE CROSS-REFERENCED TO THE APPROPRIATE REGULATORY OR LSCIDENTIFYING INFORMATION) TAG TAG DEFICIENCY) V 109 V 109 Continued From page 7 the wall resulting in a small laceration on his -They had determined that his behaviors were most likely related to side effects of the medications. -He indicated that the Executive Director advised him to call an ambulance when he came in the next morning. Interview on 6/26/18 with the Clinical Director revealed: -RN #1 called her the night of the incident and asked if they should send FC #4 to the hospital. She could not specify the time of the call. -She advised RN #1 that it would not be good for one staff member to transport FC #4 by themselves and if they felt that he needed to go to the hospital then for them to call EMS (emergency management services). She further added that she advised them "if things escalated send him on". -"I cannot remember if the nurse said she talked to the doctor." -"I don't know why they waited." -She had no contact with the on call medical provider that night. -She indicated the protocol for emergencies is individualized. If a client had mental illness they may monitor the client for a while to see if behaviors increased. -In some situations the doctor advised them to monitor the clients for a while and then send to the hospital. -She said that normally she would say do what the doctor advised.

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followed."

-"Directives from the physician should be

Interviews on 6/25/18 and 6/27/18 with the

Nursing Supervisor revealed:

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foot.

head". There was a laceration on his forehead and they believed he fell against the wall. The laceration was superficial and not bleeding. He had no knowledge of FC #4 having injured his

-He instructed RN #1 to call 911 immediately. -He indicated when the on call medical provider issued an order, the order was to be followed. FC #4 should have been sent to the emergency room when the PA gave the order to RN #1.

Division of Health Service Regulation (X3) DATE SURVEY (X2) MULTIPLE CONSTRUCTION (X1) PROVIDER/SUPPLIER/CLIA STATEMENT OF DEFICIENCIES COMPLETED IDENTIFICATION NUMBER: AND PLAN OF CORRECTION A BUILDING: B. WING 06/28/2018 MHL023-171 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDEROR SUPPLIER 609 NORTH WASHINGTON STREET CLEVELAND CRISIS AND RECOVERY CENTER SHELBY, NC 28150 PROVIDER'S PLAN OF CORRECTION SUMMARY STATEMENT OF DEFICIENCIES (X4) ID (EACH CORRECTIVE ACTION SHOULD BE COMPLETE (EACH DEFICIENCY MUST BE PRECEDED BY FULL **PREFIX** PREFIX DATE CROSS-REFERENCED TO THE APPROPRIATE REGULATORYORLSCIDENTIFYING INFORMATION) TAG TAG DEFICIENCY) V 109 V 109 Continued From page 9 Interview on 6/27/18 with the PA (Physician's Assistant) revealed: -She had been on call the night of 5/7/18. -She could not recall any specifics of what had occurred with FC #4. -She could not remember what time she talked to the nurses but indicated that she would have ordered him to go to the ER in an effort to have him further assessed to rule out any other medical problems or anytime she felt that a client may need a higher level of care. Interview on 6/27/18 with the Medical Director revealed: -FC #4 was diagnosed with a "dystonic reaction" which was not life threatening. She indicated that it was quite common and quickly treatable. Symptoms included tremors, jerking, and muscle spasms. -Any anti-psychotic medication can cause the dystonic reaction. It was hard to predict who would have that kind of reaction to the medication. Haldol was a medication that could cause that reaction more often. -FC #4 was prescribed Doxepin and Trazodone for sleep. These medications taken together can increase confusion. She further added that all of the medications that FC #4 took together could increase confusion. -The protocol of Haldol, Benadryl, and Ativan given to FC #4 was not contraindicated. It was administered because he was so psychotic. - The order given by the PA (physician's assistant) should have been followed. The expectation for all nurses was that they follow medical orders. -She indicated that there usually was no problem with nursing staff following the orders. -She stated that the reasons for waiting until

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morning were "not right" and she was concerned

about medical orders not being followed.

Division of Health Service Regulation (X3) DATE SURVEY (X2) MULTIPLE CONSTRUCTION (X1) PROVIDER/SUPPLIER/CLIA STATEMENT OF DEFICIENCIES COMPLETED. IDENTIFICATION NUMBER: AND PLAN OF CORRECTION A. BUILDING: B. WING 06/28/2018 MHL023-171 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDEROR SUPPLIER 609 NORTH WASHINGTON STREET CLEVELAND CRISIS AND RECOVERY CENTER SHELBY, NC 28150 PROVIDER'S PLAN OF CORRECTION SUMMARY STATEMENT OF DEFICIENCIES (X4) ID COMPLETE (EACH CORRECTIVE ACTION SHOULD BE (EACH DEFICIENCY MUST BE PRECEDED BY FULL **PREFIX** PREFIX CROSS-REFERENCED TO THE APPROPRIATE DATE REGULATORYORLSCIDENTIFYING INFORMATION) TAG TAG DEFICIENCY) V 109 Continued From page 10 V 109 -When the NP (Nurse Practitioner) or PA sends a patient to the emergency room it was normally to determine if other medical problems were involved or when a patient showed signs of decline. -"He should have been sent to the ER (emergency room)." This deficiency is cross referenced into 10A NCAC 27G .5003 Operations (V271) for a Type A1 rule violation and must be corrected within 23 days. V 118 V 118 27G .0209 (C) Medication Requirements V 118 Procedure for obtaining signatures for written orders 10A NCAC 27G .0209 MEDICATION has been updated to indicate: REQUIREMENTS Shift nurse will gather all orders needing (c) Medication administration: signatures on Monday, Wednesday and Friday and (1) Prescription or non-prescription drugs shall will ensure each ordered is signed within 72 hours of only be administered to a client on the written it being written by presenting orders to MD/NP and order of a person authorized by law to prescribe checking each order to ensure it was signed and dated. (2) Medications shall be self-administered by Nursing Supervisor will monitor to ensure that shift clients only when authorized in writing by the nurse gathers all forms needing signatures and client's physician. presents to MD/NP on Monday, Wednesday and (3) Medications, including injections, shall be Friday. administered only by licensed persons, or by unlicensed persons trained by a registered nurse, Medical Records Clerk will monitor to ensure pharmacist or other legally qualified person and paperwork is signed within time frame. privileged to prepare and administer medications. (4) A Medication Administration Record (MAR) of all drugs administered to each client must be kept current. Medications administered shall be recorded immediately after administration. The MAR is to include the following: (A) client's name; (B) name, strength, and quantity of the drug; (C) instructions for administering the drug;

(D) date and time the drug is administered; and

Division of Health Service Regulation (X3) DATE SURVEY (X2) MULTIPLE CONSTRUCTION STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA COMPLETED **IDENTIFICATION NUMBER:** AND PLAN OF CORRECTION A. BUILDING: B. WING 06/28/2018 MHL023-171 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDEROR SUPPLIER 609 NORTH WASHINGTON STREET **CLEVELAND CRISIS AND RECOVERY CENTER** SHELBY, NC 28150 PROVIDER'S PLAN OF CORRECTION (X5) SUMMARY STATEMENT OF DEFICIENCIES (X4) ID (EACH CORRECTIVE ACTION SHOULD BE COMPLETE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PREFIX DATE CROSS-REFERENCED TO THE APPROPRIATE REGULATORYORLSCIDENTIFYINGINFORMATION) TAG TAG DEFICIENCY) V 118 V 118 Continued From page 11 (E) name or initials of person administering the (5) Client requests for medication changes or checks shall be recorded and kept with the MAR file followed up by appointment or consultation with a physician. This Rule is not met as evidenced by: Based on observation, record review and interviews the facility failed to ensure that all medications administered were ordered by a person authorized by law to prescribe drugs for 1 of 3 audited clients (#1). The findings are: Observation on 6/25/18 at 11:00AM of the medications for Client #1 revealed: -Trazodone (sedative and antidepressant) 100mg, dispensed on 6/19/18. -Mirtazapine (antidepressant) 15mg, dispensed on 6/19/18. -Sertraline (depression, obsessive-compulsive disorder, and post-traumatic stress disorder) 100mg, dispensed on 6/19/18. Record review on 6/25/18 for Client #1 revealed: -Admitted on 6/18/18 with diagnoses of alcohol abuse and severe Depressive Disorder. -The physician orders for Trazodone 100mg, one at bedtime, Mirtazapine 15mg, one at bedtime, and Sertraline 100mg, one daily were given verbally to the nurse on 6/19/18. These orders had not yet been signed by the physician as of 6/25/18.

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Client #1 revealed:

Review on 6/25/18 of the June 2018 MAR for

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signed.

signature at a later date. The orders were never

OPERATIONS

V 271 27G .5003 Facility Based Crisis - Operations

(a) Each facility shall have protocols and

procedures for assessment, treatment,

10A NCAC 27G .5003

V 271

V271

O1LT11

all staff which indicates:

Facility will comply with Phoenix Counseling Center Competency Based Employment System

(CBES) which sets out supervision requirements for

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Clinical Supervisors

- 4. Shall provide documented routine supervision to assigned employees. The following guidelines shall apply:
- a. A competency-based assessment shall be completed for each employee.
- b. A written supervision plan shall be developed during the first two weeks of employment and annually thereafter. This plan shall be on a form and process approved by the Quality and Performance Improvement Committee (QPIC).
- c. Frequency of minimum supervision, for direct care employees shall be:
- Associate Professionals (Quarterly individual and/or group supervision and additional individual as requested by employee or indicated as a need by supervisor. Shall be supervised by a Qualified Professional (QP).
- Qualified Professionals
 (Quarterly individual and/or group supervision and additional individual as requested by employee or indicated as a need by supervisor. Shall be supervised by a Qualified Professional.

During orientation of an Associate Professional (AP) Registered Nurse (RN); the AP-RN will be supervised by a QP-RN. Upon completion of orientation the AP-RN will be supervised by QP-RN supervisor at minimal quarterly individual and/or group.

Nursing supervisor held orientation and supervision at all staff on 06/28/2018 @ 1530 immediately after plan of protection was approved to ensure all staff were aware of changes effective immediately. Contacted all other staff to inform of changes prior to their shift.

Held group supervision in monthly all staff meetings on 07/10/2018 @ 0830 and 7/12/2018 @ 1400 was held by nursing supervisor with supervision of facility director. This included education on recognizing extrapyramidal side symptoms (EPS), delirium tremens, and Wernicke korsakoff syndrome. Education was provided by video presentation by Joseph Freidman, MD and Peter Weidman, MD; handouts; and slides. Staff were given a pre-test to take regarding EPS. Handouts were provided and slides were reviewed prior to the videos. After three videos a post-test was given. Discussion time was provided at the end and a facilitator evaluation was handed out.

Nursing supervisor held nursing meeting on 07/19/2018. Reviewed all protocol changes and ensured competence of knowledge surrounding those. Educated nursing staff of Physician's Desk Reference (PDR) located in E-Notes and how to access this and review any medications each patient is taking.

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DIVISION OF FISCHAR GENERAL CO.	Discussed steps to take to ensure all written orders are signed within a timely manner. Discussed				
	importance of documentation including contact with providers.				
	Education placed in the medication room for nursing staff to review and have access to regarding mental health medications and side effects.				

Division of Health Service Regulation (X3) DATE SURVEY (X2) MULTIPLE CONSTRUCTION (X1) PROVIDER/SUPPLIER/CLIA STATEMENT OF DEFICIENCIES COMPLETED IDENTIFICATION NUMBER: AND PLAN OF CORRECTION A. BUILDING: 06/28/2018 B. WING MHL023-171 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDEROR SUPPLIER 609 NORTH WASHINGTON STREET CLEVELAND CRISIS AND RECOVERY CENTER SHELBY, NC 28150 PROVIDER'S PLAN OF CORRECTION SUMMARY STATEMENT OF DEFICIENCIES (X4) ID (EACH CORRECTIVE ACTION SHOULD BE COMPLETE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PREFIX DATE CROSS-REFERENCED TO THE APPROPRIATE REGULATORYORLSCIDENTIFYING INFORMATION) TAG TAG DEFICIENCY) V 271 V 271 Continued From page 13 monitoring, and discharge planning for adults and for children of each disability group served in the facility. Protocols and procedures shall be approved by the area program's medical director or the medical director's designee, as well as the director of the appropriate disability unit of the area program. (b) Discharge Planning and Referral to Treatment/Rehabilitation Facility. Each facility shall complete a discharge plan for each client that summarizes the reason for admission, intervention provided, recommendations for follow-up, and referral to an outpatient or day program or residential treatment/rehabilitation facility. This Rule is not met as evidenced by: Based on record review and interviews the facility failed to implement protocols and procedures for treatment for adults of each disability group served in the facility effecting 1 of 1 former clients audited (FC #4). The findings are: Cross Reference: 10A NCAC 27G .0203 COMPETENCIES OF QUALIFIED PROFESSIONALS AND ASSOCIATE PROFESSIONALS (V109). Based on record review, and interview the facility failed to ensure that 2 of 3 audited Qualified Professionals (Clinical Director, Registered Nurse #1) demonstrated knowledge, skills and abilities required by the population served. Review on 6/28/18 of the Plan of Protection signed and dated on 6/28/18 by the Executive Director revealed:

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What immediate action will the facility take to ensure the safety of the consumers in your care?
-"All staff will be notified immediately of the

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happens:

all situations if needed."

Describe your plans to make sure the above

-"Email will be sent out of the above changes immediately following approval to all staff.

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PRINTED: 07/16/2018 FORM APPROVED Division of Health Service Regulation (X3) DATE SURVEY (X2) MULTIPLE CONSTRUCTION (X1) PROVIDER/SUPPLIER/CLIA STATEMENT OF DEFICIENCIES COMPLETED IDENTIFICATION NUMBER: AND PLAN OF CORRECTION A. BUILDING: _ 06/28/2018 B. WING MHL023-171 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDER OR SUPPLIER 609 NORTH WASHINGTON STREET CLEVELAND CRISIS AND RECOVERY CENTER SHELBY, NC 28150 PROVIDER'S PLAN OF CORRECTION SUMMARY STATEMENT OF DEFICIENCIES ID (X4) ID (EACH CORRECTIVE ACTION SHOULD BE COMPLETE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PREFIX CROSS-REFERENCED TO THE APPROPRIATE DATE REGULATORY OR LSCIDENTIFYING INFORMATION) TAG TAG DEFICIENCY) V 271 Continued From page 15 V 271 -Copy of all changes will be presented to staff on duty and discussed immediately following approval. -Clinical manager will consult with supervisor prior to making any clinical decisions impacting consumer care. -Clinical manager will meet every morning with Facility Director daily to address clinical issues involving consumer care. -RN supervisor will contact all nurses prior to next shift of all changes to ensure they know the changes. -RN supervisor will ensure nurse on duty present knows and understands changes and will be given copy of all changes and will report these changes off to oncoming staff to ensure they know proper procedures. -RN supervisor will provide oversight of nursing decisions made by the RN and will meet with him weekly to review nursing decisions. -Training will be provided to all staff regarding medication side effects of medications administered to include when to report, how to report and to whom to report by July 13th. ALL ABOVE ACTIONS ARE IN PROCESS NOW" FC #4 had diagnoses of Bi-Polar Disorder and Anxiety Disorder exacerbated by chronic substance abuse for 17 years which most recently led to an involuntary commitment into the facility based crisis unit. On 5/7/18 FC #4 was

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exhibiting psychotic symptoms. The Physician's Assistant on call was contacted regarding the declining condition of FC #4 and ordered that he be sent to the hospital emergency room. RN #1 did not follow the order and instead contacted the Clinical Director who advised him to keep FC #4 at the facility until morning. The Clinical Director and RN #1 made the decision to wait based on staffing issues and hospital response not the

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Division of Health Service Regulation (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY (X1) PROVIDER/SUPPLIER/CLIA STATEMENT OF DEFICIENCIES COMPLETED IDENTIFICATION NUMBER: AND PLAN OF CORRECTION A. BUILDING: _ B. WING 06/28/2018 MHL023-171 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDEROR SUPPLIER 609 NORTH WASHINGTON STREET CLEVELAND CRISIS AND RECOVERY CENTER SHELBY, NC 28150 PROVIDER'S PLAN OF CORRECTION SUMMARY STATEMENT OF DEFICIENCIES ID (X4) ID (EACH CORRECTIVE ACTION SHOULD BE COMPLETE (EACH DEFICIENCY MUST BE PRECEDED BY FULL **PREFIX** PREFIX CROSS-REFERENCED TO THE APPROPRIATE DATE REGULATORYORLSCIDENTIFYING INFORMATION) TAG TAG DEFICIENCY) V 271 V 271 Continued From page 16 health and safety needs of FC #4. FC #4 continued to deteriorate through the night and by morning had sustained a laceration on his forehead as a result of his unresponsive, dystonic condition. Upon examination at the hospital it was also discovered that he had a fractured metatarsal. These failures resulted in a Type A1 violation for serious neglect of FC #4 and must be corrected with 23 days. An administrative penalty in the amount of \$3000.00 is imposed. If the violation is not corrected within 23 days, an additional administrative penalty of \$500.00 per day will be imposed for each day the facility is out of compliance beyond the 23rd day.

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• Sign and date the bottom of the first page of the State Form.

Make a copy of the Statement of Deficiencies with the Plan of Correction to retain for your records. Please do not include confidential information in your plan of correction and please remember never to send confidential information (protected health information) via email.

Send the <u>original</u> completed form to our office at the following address within 10 days of receipt of this letter.

Mental Health Licensure and Certification Section NC Division of Health Service Regulation 2718 Mail Service Center Raleigh, NC 27699-2718

A follow up visit will be conducted to verify all violations have been corrected. If we can be of further assistance, please call Robin Sulfridge at 336-861-7342.

Sincerely,

Kan Roberts

Kem Roberts
Facility Compliance Consultant I
Mental Health Licensure & Certification Section

Cc: Brian Ingraham, Director, Vaya Health LME/MCO
Patty Wilson, Quality Management Director, Patty Wilson LME/MCO
W. Rhett Melton, Director, Partners Behavioral Health LME/MCO
Selenna Moss, Quality Management Director, Partners Behavioral Health, LME/MCO
File

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Lic. & Cert. Section