

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: MHL041-857	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED R 06/27/2018
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NAME OF PROVIDER OR SUPPLIER FRESH START HOME FOR CHILDREN	STREET ADDRESS, CITY, STATE, ZIP CODE 1929 MURRYHILL ROAD GREENSBORO, NC 27403
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V 000	<p>INITIAL COMMENTS</p> <p>An annual and follow up survey was completed on 6/27/18. Deficiencies were cited.</p> <p>This facility is licensed for the following service category: 10A NCAC 27G .1700 Residential Treatment Staff Secure for Children and Adolescents.</p>	V 000		
V 118	<p>27G .0209 (C) Medication Requirements</p> <p>10A NCAC 27G .0209 MEDICATION REQUIREMENTS</p> <p>(c) Medication administration:</p> <p>(1) Prescription or non-prescription drugs shall only be administered to a client on the written order of a person authorized by law to prescribe drugs.</p> <p>(2) Medications shall be self-administered by clients only when authorized in writing by the client's physician.</p> <p>(3) Medications, including injections, shall be administered only by licensed persons, or by unlicensed persons trained by a registered nurse, pharmacist or other legally qualified person and privileged to prepare and administer medications.</p> <p>(4) A Medication Administration Record (MAR) of all drugs administered to each client must be kept current. Medications administered shall be recorded immediately after administration. The MAR is to include the following:</p> <p>(A) client's name;</p> <p>(B) name, strength, and quantity of the drug;</p> <p>(C) instructions for administering the drug;</p> <p>(D) date and time the drug is administered; and</p> <p>(E) name or initials of person administering the drug.</p> <p>(5) Client requests for medication changes or checks shall be recorded and kept with the MAR file followed up by appointment or consultation</p>	V 118		

Division of Health Service Regulation LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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V 118	<p>Continued From page 1</p> <p>with a physician.</p> <p>This Rule is not met as evidenced by: Based on record reviews, observations and interviews, the facility failed to ensure administration of medications was documented immediately following administration and medications were administered on time affecting 2 of 2 current clients (#1 & #2). The findings are:</p> <p>Review on 6/26/18 of client #1's record revealed:</p> <ul style="list-style-type: none"> - Admission date of 6/14/17 - Diagnoses of Major Depressive Disorder, Recurrent, Severe with Psychotic Features, Post-Traumatic Stress Disorder, Unspecified, Schizoaffective Disorder, Depressive Type - Age: 18 - Physician's orders, dated 4/27/28 for the following medications: <ul style="list-style-type: none"> - Vyvanse, 40 mg (milligrams), one by mouth every morning (QAM): 7:00AM, - Adderall 10 mg, one by mouth QAM: 7:00AM; - Clozapine, 125 mg, two by mouth QAM: 7:00AM; - Sertraline HCL, 50 mg one by mouth QAM: 7:00AM; - Metoprolol, 50 mg, one by mouth twice daily (BID): 7:00AM and - Flonase Nasal Spray, 50 mcg (micrograms), 2 puffs QAM in each nostril: 7:00AM. <p>Review on 6/26/18 of client #2's record revealed:</p> <ul style="list-style-type: none"> - Admission date: 3/18/18 - Diagnoses: Conduct Disorder, Adolescent Onset Type; Post Traumatic- Stress Disorder; 	V 118		

Division of Health Service Regulation

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V 118	<p>Continued From page 2</p> <p>Cannabis Use Disorder, Moderate; Other Substance Use Disorder, Moderate; Major Depressive Disorder, Moderate, Recurrent;</p> <ul style="list-style-type: none"> - Age: 15 - Physicians orders for the following medications: <ul style="list-style-type: none"> - Amitriptyline hydrochloride 25 mg, 1 tablet QHS, dated 5/22/2018; - Alclometasone 0.05% ointment, apply to affected area (on face) BID, dated 5/22/2018; - Lexpro (escitalopram) 10 mg, 1 tablet QD, dated - Azelex 20% cream, apply to affected area BID, dated 5/22/18; - Doxycycline hyclate 100 mg, 1 tablet BID, dated 5/22/18; - Gabapentin 300 mg, 3 tablets three times a day, dated 3/9/18. <p>Review on 6/26/2018 of client #2's MARs date 4/1/18 to 6/26/18 revealed:</p> <ul style="list-style-type: none"> - No documentation of administration of the following: <ul style="list-style-type: none"> - Amitriptyline at 7:00AM on May 31; - Alcometasone at 7:00AM on June 24; - Azelex 20% cream at 7:00PM on May 19, 21 & 24; - Doxycycline hyclate at 7:00AM on June 24; and <ul style="list-style-type: none"> - Gabapentin at 7:00PM on June 24. <p>Observation at approximately 8:45AM on 6/26/18 revealed:</p> <ul style="list-style-type: none"> - The Qualified Professional (QP) consulted client #1's MAR and then administered client #1's 7:00AM medications to her; - The Associate Professional (AP) consulted client #2's MAR and then administered client #2's 7:00AM medications to her. <p>Interview on 6/27/18 with client #1 revealed:</p>	V 118		

Division of Health Service Regulation

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V 118	<p>Continued From page 3</p> <ul style="list-style-type: none"> -Took prescribed medications at 7:00AM, 2:00PM and 7:00PM -Medications during the mornings of the school year were administered by facility staff between 7:00AM and 8:00AM -During the summer months medications were administered by facility staff later due to "sleeping in" -Stated medications during the summer months were administered "around 9AM" <p>Interview on 6/27/18 with the AP revealed:</p> <ul style="list-style-type: none"> -Recently assumed the role of the AP -Part of her role as the AP was to administered medications -The prescribed medications for 7:00AM were administered between 6:00AM and 7:00AM during the school year -The 7:00AM medications, administered on 6/27/18, were administered late due to the clients sleeping in. <p>Interview on 6/27/18 with the QP revealed:</p> <ul style="list-style-type: none"> -The morning medications for the clients were to be administered between 7:00AM and 8:00AM -"We have a one hour window. I think it threw the staff off when you all (2 surveyors) arrived. They were kind of flustered ..." -Third shift staff were to administer the 7:00AM medications to the clients -The clients were allowed to sleep in during the summer months and their 7:00AM medications were administered later in the morning. <p>Interview on 6/27/18 with the Owner revealed:</p> <ul style="list-style-type: none"> -Had recently hired new facility staff -"They must have been nervous because you guys (two surveyors) were here." -Medications were usually administered during the school year between 7:30AM and 8:00AM 	V 118		

Division of Health Service Regulation

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V 118	Continued From page 4 -Allowed the clients to sleep in during the summer months -Administered their medications later in the morning -Would discuss with the pharmacist and the medical doctor about adjusting the morning times of the medications administered	V 118		
V 120	27G .0209 (E) Medication Requirements 10A NCAC 27G .0209 MEDICATION REQUIREMENTS (e) Medication Storage: (1) All medication shall be stored: (A) in a securely locked cabinet in a clean, well-lighted, ventilated room between 59 degrees and 86 degrees Fahrenheit; (B) in a refrigerator, if required, between 36 degrees and 46 degrees Fahrenheit. If the refrigerator is used for food items, medications shall be kept in a separate, locked compartment or container; (C) separately for each client; (D) separately for external and internal use; (E) in a secure manner if approved by a physician for a client to self-medicate. (2) Each facility that maintains stocks of controlled substances shall be currently registered under the North Carolina Controlled Substances Act, G.S. 90, Article 5, including any subsequent amendments. This Rule is not met as evidenced by: Based on record reviews, observations, and interviews, the facility failed to store internal and external medications separately affecting 1 of 2 clients (#2). The findings are:	V 120		

Division of Health Service Regulation

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V 120	<p>Continued From page 5</p> <p>Review on 6/26/18 of client #2's record revealed:</p> <ul style="list-style-type: none"> - Admission date: 3/18/18 - Diagnoses: Conduct Disorder, Adolescent Onset Type; Post Traumatic- Stress Disorder; Cannabis Use Disorder, Moderate; Other Substance Use Disorder, Moderate; Major Depressive Disorder, Moderate, Recurrent; - Age: 15 - Physicians orders for the following external medications: <ul style="list-style-type: none"> - Alclometasone 0.05% ointment, apply to affected area (on face) BID, dated 5/22/2018; - Azelex 20% cream, apply to affected area BID, dated 5/22/18; - Physicians orders for 6 other internal medications. <p>Observation at approximately 9:20AM on 6/26/18 of client #2's medications revealed:</p> <ul style="list-style-type: none"> - 2 tubes of alcometasone ointment and 1 tube of Azelex cream were stored in the same plastic box with client #2's internal medications; - The internal and external mediations were not separated. <p>Interview on 6/26/18 with the Qualified Professional revealed:</p> <ul style="list-style-type: none"> - The external medications were usually stored in a zip-lock bag in order to keep them separated from internal medications; - Facility staff must have taken the zip-lock bag out of the medication box. <p>Interview on 6/27/18 with the Owner/Director revealed:</p> <ul style="list-style-type: none"> - Internal and external medications were supposed to be separated by placing the external medications in zip-lock bags. 	V 120		

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V 736	Continued From page 6	V 736		
V 736	<p>27G .0303(c) Facility and Grounds Maintenance</p> <p>10A NCAC 27G .0303 LOCATION AND EXTERIOR REQUIREMENTS (c) Each facility and its grounds shall be maintained in a safe, clean, attractive and orderly manner and shall be kept free from offensive odor.</p> <p>This Rule is not met as evidenced by: Based on observations and interviews, the staff failed to maintain the facility in a safe, clean and attractive manner. The findings are:</p> <p>Observations at approximately 12:55AM on 6/27/18 of the facility grounds revealed:</p> <ul style="list-style-type: none"> - Bedroom #2's door was difficult to close, and when closed, was difficult to open creating a potential impediment to speedy egress in the event of an emergency; - The carpet in bedroom #2 had multiple stains scattered throughout the room and a hole approximately 2 inches in diameter near the door; - An electrical outlet receptacle cover was missing in bedroom #3, leaving the wiring easily accessible to a shock hazard; - The doorknob to bedroom #4 was hanging loose which could potentially make it difficult to open when the door was fully closed. <p>Interview on 6/26/18 with client #1 revealed: -The bedroom door had been hard to open which had caused it to stick.</p> <p>Interview on 6/26/18 with client #2 revealed: -She was not aware of any issues with the facility needing repairs</p>	V 736		

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V 736	<p>Continued From page 7</p> <p>Interview on 6/27/18 with staff #1 revealed: -Was aware one of the client's bedroom door would stick at times -Was not aware there was a hole in the carpet in a client's bedroom -"There's a hole in the carpet? I am not sure when that happened."</p> <p>Interview on 6/27/18 with the Associate Professional revealed: -Had observed a hole in the carpet in one of the client's bedroom -Had observed the bedroom door to a client's room did not shut properly and would get stuck so it difficult to open. -Had no idea how long the bedroom door and carpet had been in need of repairs -Spoke with the Owner about house maintenance.</p> <p>Interview on 6/27/18 with the Qualified Professional revealed: -If the facility needed any repairs, the Owner/Director (O/D) was contacted</p> <p>Observations and interview on 6/27/18 with the O/D revealed: -Observed the carpet in a client's bedroom -"That (the hole in the carpet) wasn't there a few months ago" -Planned to pull up the carpet and put down "wooden planks" -When asked about the client's bedroom door getting stuck, the O/D stated "All we have to do it put some WD-40 on it. It might even be this (removed an over the door hanger) ..." -Stated which ever client was in the bedroom with the swollen door must have slammed the door. -"Look right here (pointed to the hinge on the</p>	V 736		

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V 736	Continued From page 8 door). I will tell our maintenance man to repair the door. He will set it and balance it out so it won't stick anymore ..."	V 736		