

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: MHL009-024	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED R 05/18/2018
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NAME OF PROVIDER OR SUPPLIER CAROLINAS HOME CARE AGENCY, INC	STREET ADDRESS, CITY, STATE, ZIP CODE 1468 RICHARDSON ROAD BLADENBORO, NC 28320
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V 000	<p>INITIAL COMMENTS</p> <p>An annual and follow up survey was completed on May 18, 2018. Deficiencies were cited.</p> <p>This facility is licensed for the following category: 10A NCAC 27G .5600C Supervised Living for Adults with Developmental Disabilities.</p>	V 000		
V 114	<p>27G .0207 Emergency Plans and Supplies</p> <p>10A NCAC 27G .0207 EMERGENCY PLANS AND SUPPLIES</p> <p>(a) A written fire plan for each facility and area-wide disaster plan shall be developed and shall be approved by the appropriate local authority.</p> <p>(b) The plan shall be made available to all staff and evacuation procedures and routes shall be posted in the facility.</p> <p>(c) Fire and disaster drills in a 24-hour facility shall be held at least quarterly and shall be repeated for each shift. Drills shall be conducted under conditions that simulate fire emergencies.</p> <p>(d) Each facility shall have basic first aid supplies accessible for use.</p> <p>This Rule is not met as evidenced by: Based on record reviews and interviews, the facility failed to hold disaster drills, simulating a disaster, quarterly on each shift. The findings are:</p> <p>Interview on 5/17/18 the Qualified Professional stated the facility had 3 shifts as follows: -Day shift: 8 am - 4 pm -Evening shift: 4:00 pm - 12 am -Night shift: 12 am - 8 am</p>	V 114		

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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE _____ TITLE _____ (X6) DATE _____

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V 114	<p>Continued From page 1</p> <p>Review on 5/17/18 of disaster drills between 4/4/17 - 3/31/18 revealed:</p> <ul style="list-style-type: none"> -Quarter #4, 10/1/17 - 12/31/17: Hurricane drills documented 10/8/17 at 3 pm, 10/12/17 at 8 pm, and 10/25/17 at 6:16 am The description of the hurricane drills documented discussions were held with the clients. No documentation a hurricane drill exercise was performed. -Quarter #1, 1/1/18 - 3/31/18: Bomb threat drills documented 2/15/18 at 7:30 pm, 2/2/18 at 8 am, and 2/24/18. The description of the bomb threat drills documented discussions were held with the clients. No documentation a bomb threat disaster drill exercise was performed. <p>Interviews on 5/17/18 client #2 and client #4 stated they could not remember disaster drills.</p> <p>Interview on 5/17/18 Staff #4 stated:</p> <ul style="list-style-type: none"> -For the disaster drills they had discussions with the clients. -For the bomb threat drills they got into "deep" discussions about what to do, and gave the example of finding a strange package. -For hurricane drills they listened to the weather reports to hear if evacuation was needed. <p>Interview on 5/18/18 Staff #2 stated:</p> <ul style="list-style-type: none"> -When asked what they do for a bomb threat disaster drill, Staff #2 stated they could not really practice "like a real one." If there was a bomb threat she would tell clients to go out the exit and to the ditch. She would call EMS people (emergency medical service). -For hurricane drills they listened to the news to see if it was a "bad one." She would listen out for news that they needed to evacuate, and if so, they would go to the nearest school. If they were not able to leave she would put the clients in the hallway. 	V 114		

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V 114	Continued From page 2 -Hurricane drills were more of a discussion with the clients. They did not practice evacuation to a shelter.	V 114		
V 117	27G .0209 (B) Medication Requirements 10A NCAC 27G .0209 MEDICATION REQUIREMENTS (b) Medication packaging and labeling: (1) Non-prescription drug containers not dispensed by a pharmacist shall retain the manufacturer's label with expiration dates clearly visible; (2) Prescription medications, whether purchased or obtained as samples, shall be dispensed in tamper-resistant packaging that will minimize the risk of accidental ingestion by children. Such packaging includes plastic or glass bottles/vials with tamper-resistant caps, or in the case of unit-of-use packaged drugs, a zip-lock plastic bag may be adequate; (3) The packaging label of each prescription drug dispensed must include the following: (A) the client's name; (B) the prescriber's name; (C) the current dispensing date; (D) clear directions for self-administration; (E) the name, strength, quantity, and expiration date of the prescribed drug; and (F) the name, address, and phone number of the pharmacy or dispensing location (e.g., mh/dd/sa center), and the name of the dispensing practitioner.	V 117		

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V 117	<p>Continued From page 3</p> <p>This Rule is not met as evidenced by: Based on observations, the facility failed to maintain labels for all prescription medications affecting 1 of 3 clients audited (client #5). The findings are:</p> <p>Review on 5/17/18 of client #5's record revealed: -19 year old male admitted 4/14/18. -Diagnoses included autism spectrum disorder; mild intellectual disability; disruptive mood dysregulation disorder; attention deficit hyperactive disorder (ADHD); child neglect subsequent disorder; hypertension; and allergic rhinitis. -Order dated 8/2/17 for Flonase 50 mcg (micrograms) 1 spray in each nostril daily as needed. -Order dated 5/16/17 Nicotine patch 21 mg daily. -Order dated 5/16/18 for Benzoyl Peroxide 5%, apply after bath.</p> <p>Observations on 5/18/18 at 5:15 pm of client #5's medications on hand revealed: -No label on Flonase 50 mcg. -Nicotine 21 mg patches loose in the medication box. No label with client name, instructions, prescriber, dispense date, or pharmacy information as required. -No readable label on the Benzoyl Peroxide 5% solution on hand.</p> <p>Interview on 5/18/18 the Qualified Professional stated he would correct situation and inform staff of labeling requirement.</p>	V 117		
V 118	<p>27G .0209 (C) Medication Requirements</p> <p>10A NCAC 27G .0209 MEDICATION</p>	V 118		

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V 118	<p>Continued From page 4</p> <p>REQUIREMENTS</p> <p>(c) Medication administration:</p> <p>(1) Prescription or non-prescription drugs shall only be administered to a client on the written order of a person authorized by law to prescribe drugs.</p> <p>(2) Medications shall be self-administered by clients only when authorized in writing by the client's physician.</p> <p>(3) Medications, including injections, shall be administered only by licensed persons, or by unlicensed persons trained by a registered nurse, pharmacist or other legally qualified person and privileged to prepare and administer medications.</p> <p>(4) A Medication Administration Record (MAR) of all drugs administered to each client must be kept current. Medications administered shall be recorded immediately after administration. The MAR is to include the following:</p> <p>(A) client's name;</p> <p>(B) name, strength, and quantity of the drug;</p> <p>(C) instructions for administering the drug;</p> <p>(D) date and time the drug is administered; and</p> <p>(E) name or initials of person administering the drug.</p> <p>(5) Client requests for medication changes or checks shall be recorded and kept with the MAR file followed up by appointment or consultation with a physician.</p> <p> </p> <p>This Rule is not met as evidenced by: Based on observations, interviews, and record reviews, the facility failed to administer medications as ordered by the physician, and maintain current MARs affecting 3 of 3 clients audited (clients #5, #2, #4). The findings are:</p>	V 118		
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V 118	<p>Continued From page 5</p> <p>Finding #1: Review on 5/17/18 of client #5's record revealed: -19 year old male admitted 4/14/18. -Diagnoses included autism spectrum disorder; mild intellectual disability; disruptive mood dysregulation disorder; attention deficit hyperactive disorder (ADHD); child neglect subsequent disorder; hypertension; and allergic rhinitis. -Order dated 8/2/17 for Flonase 50 mcg (micrograms) 1 spray in each nostril daily as needed. (relief of allergic and non-allergic nasal symptoms, such as stuffy/runny nose, itching, and sneezing) -Order dated 2/5/18 for Meloxicam 7.5 mg (milligrams) daily. (anti-inflammatory; reduces arthritic pain, swelling, and joint stiffness). -Order dated 2/5/18 for Omega-3 GM (Lovaza), 4 capsules daily on an empty stomach. (lower triglycerides to prevent stroke and heart attack) -Order dated 5/16/18 Nicotine patch 21 mg daily. -Order dated 4/4/18 for Seroquel 400 mg, 1/2 tablet QID (4 times daily.) (Mental/mood conditions i.e. schizophrenia, bipolar disorder) -Order dated 8/2/17 for Ondansetron 4 mg every 4 hours as needed (Nausea and vomiting)</p> <p>Review on 5/17/18 and 5/18/18 of client #5's April and May 2018 MARs revealed: -Flonase 50 mcg nasal spray was transcribed and documented daily (ordered PRN). -Meloxicam (Mobic) 15 mg daily at 8 am had been transcribed and documented daily from 4/14/18 - 4/30/18. -Omega-3, 1 capsule daily had been transcribed and documented as given daily in April 2018. -Nicotine 14 mg patch was transcribed and documented daily in April 2018. -Seroquel 400 mg BID (twice daily) at 8 am and 8</p>	V 118		

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V 118	<p>Continued From page 6</p> <p>pm transcribed and documented as given BID in April and May 2018.</p> <p>-Ondansetron 4 mg every 4 hours as needed not transcribed to May 2018 MAR.</p> <p>Telephone interview on 5/18/18 the pharmacy staff stated:</p> <p>-The current order for Flonase was PRN.</p> <p>-In October 2017 the order for client #5's nicotine patch was changed to 21 mg.</p> <p>-3/21/18 client #5's order for Seroquel changed to 400 mg, 1/2 tablet QID.</p> <p>-12/20/17 client #5's order for Omega 3 was written for 4 capsules daily.</p> <p>Finding #2: Review on 5/17/18 and 5/18/18 of client #4's record revealed:</p> <p>-25 year old female admitted 10/4/17</p> <p>-Diagnoses included schizoaffective disorder, bipolar type (by history); moderate intellectual disability; sickle cell anemia (by history).</p> <p>-Order dated 10/4/17 for Lorazepam 1 mg TID (3 times daily) PRN (as needed). (Anxiety)</p> <p>-Order dated 3/26/18 for Ondansetron 4 mg (Zofran) TID as needed.</p> <p>Review on 5/17/18 of client #4's March, April and May 2018 MARs revealed:</p> <p>-Lorazepam had been transcribed to be given "TID/PRN". Medication was documented as administered routinely TID at 8 am, 12 n, and 8 pm.</p> <p>-No Lorazepam 1 mg documented as given April 1-4, 2018 at 12 n.</p> <p>-Zofran had not been transcribed to the May 2018 MAR.</p> <p>Telephone interview on 5/18/18 the pharmacy staff stated the physician had written an order</p>	V 118		

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V 118	<p>Continued From page 7</p> <p>dated 2/7/18 for Lorazepam to be administered PRN. This was an error on the physcian's part. On 3/26/18 he wrote an order to correct the Loraepam order and changed it from PRN to a routine TID order.</p> <p>Finding #3: Review on 5/17/18 and 5/18/18 of client #2's record revealed: -24 year old female admitted 3/26/13. -Diagnoses included schizoaffective disorder, bipolar type; moderate intellectual disability; eczema; and obesity. -Order dated 3/29/18 for Triamcinolone Acetonide 0.1% cream, apply thin layer BID as needed for 2 weeks. (Skin rash) -Hydroxyzine 25 mg every 8 hours as needed for puritis.</p> <p>Review on 5/17/18 and 5/18/18 of client #2's April, and May 2018 MARs revealed: -May 2018 MAR included transcribed for order that read, Triamcinolone Acetonide 0.1% cream to be administered BID as needed. (Order was written for a duration of 2 weeks on 3/29/18). -Order for Hydroxyzine 25 mg every 8 hours as needed was not on the MAR.</p> <p>Interview on 5/18/18 the Qualified Professional stated: -Client #5 was admitted to the facility from an AFL (alternative family living) facility owned by the licensee in April. -Client #5's transcription for the Mobic in April was an error; client #5 had received 7.5 mg in April 2018. -He would follow up with medication discrepancies.</p> <p>Due to the failure to accurately document</p>	V 118		

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V 118	Continued From page 8 medication administration it could not be determined if clients received their medications as ordered by the physician.	V 118		
V 736	27G .0303(c) Facility and Grounds Maintenance 10A NCAC 27G .0303 LOCATION AND EXTERIOR REQUIREMENTS (c) Each facility and its grounds shall be maintained in a safe, clean, attractive and orderly manner and shall be kept free from offensive odor. This Rule is not met as evidenced by: Based on observations the facility failed to maintain the facility in a safe, clean, attractive and orderly manner. The findings are: Observations on 5/16/18 between 3:05 pm and 3:30 pm revealed: -Hole in hall bathroom wall near toilet. -Paint in hall bathroom discolored in a splatter pattern extending approximately 12 inches from the floor. -Client #2's room: Door was split/cracked along the bottom and top sections. Door facing split. Paint worn from painted surfaces of door. Walls discolored in a smudged appearance. No hardware on 2 drawers of nightstand. Finish on dresser worn away. -Kitchen: Cabinet surfaces "sticky" to touch. 3 broken slats in blinds covering patio door. Paneling by the electrical box split and detached from the wall. 2 fly swatters hanging on wall, both split and torn. No cover over the lights above the sink. -Kitchen floor sticky when walked on.	V 736		

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V 736	Continued From page 9 -Front storm door would not close unless forcefully slammed. This deficiency has been cited 3 times since the original cite on 2/22/17 and must be corrected within 30 days..	V 736		